Sample Cultural Enrichment Report

The _X_ Group of _Y_ County OHCE planned through the Cultural Enrichment Committee a project that addresses the State Cultural Enrichment Committee goal of emphasizing patriotism. The specific project was voted on as a resolution presented at OHCE Council meeting and was adopted by membership with a majority carry vote: "_Y_ County Cultural Enrichment Committee resolves that the OHCE membership shall emphasize patriotism by pledging allegiance to both the US and state flags at each local and county meeting, event, and workshop for the coming year." (Related Materials A)

Through a concerns questionnaire sent to the county membership last year, a Cultural Enrichment related concern was identified about the decreasing evidence of patriotism. (Related Materials B) The committee reported theresults through in an e-mail (Related Materials C) to county membership. For use at events, the committee members prepared a tri-fold display of US Flag etiquette. Brochures were obtained through Boy Scouts of America to share with interested individuals.

The tri-fold was displayed at a total of 15 events plus it was borrowed by the local high school social studies teacher for educational use with 150 high school students in 6 classes. And at a county news writing workshop, open to the public and well attended by community leaders, the prepared tri-fold was prominently displayed on the refreshment table and the Pledge of Allegiance was recited before the workshop was begun as per the Cultural Enrichment Committee resolution.

The result of the project was impressive. The same questionnaire mailed to OHCE membership at the end of the year (**Related Materials D**) had a response increase from members from 35% to 60% returned questionnaires. The evidence of patriotism was positively increased by 25%, a remarkably significant positive increase. The project involved an estimated 1000+ participants at 15 events observing the tri-fold, and 200 brochures (**Related Materials E**) were purchased for the high school, placed into teacher mailboxes, and distributed to social studies students as part of their curriculum.

The future of the successful project addressing the State Cultural Enrichment Committee goal of emphasizing patriotism is that with American Legion and Boy Scouts of America to expand the project's reach to Elementary schools in <u>Y</u> County for the next year.

Sample Healthy Living Report

X Group of _Y_ County OHCE planned through the Healthy Living Committee a project that addresses the County and State Healthy Living Committee goal of supporting emotional well-being through self-care. The project proposed in a county committee resolution (**Related Materials A**) at OHCE Spring Council was adopted by a majority vote then also adopted by _X_ Group. The resolution proposed supporting well-being through providing healthy snacks for the OSU Extension Services FCS Educator's Tia-Chi program during the summer months. Plans were announced in local news articles using new writing skills learned in a recent workshop.

A questionnaire (**Related Materials B**) of membership showed self-care is a need, so the committee decided with the FCS Educator to address the need through implementing a new exercise challenge, supporting the Tia-Chi program, and using fruit and water snacks for events.

The new year-end questionnaire (**Related Materials C**) indicates a total of 15 events that included fruit and granola snacks with water rather than cookies and soda reducing the caloric intake at those events for an estimated 1000 participants for the year by over 250,000 calories. Ten participants in the Tia-Chi program reported no falls as opposed to 4 falls the previous year, and 20 members accepted the exercise challenge reporting having walked over 250 additional exercise miles in 4 months. Membership self-evaluations showed a significant increase of 10% in well-being and self-care as reflected in the post program evaluations. (**Related Materials D**)

The future of these successful programs of <u>Y</u> County Healthy Living Committee that reflect the State Healthy Living Committee goal to support emotional well-being through self-care includes expanding the programs for the next year with Health Department and high school consumer education class assistance. The exercise challenge will be expanded to include the community through a new emphasis in our organization on writing effective newspaper articles and challenges to Chamber of Commerce members. An improved reporting plan is being developed and contributions of prizes for top performers will soon be announced.

***Similar reports can be written for other committees using the same template but viewing the projects from different angles reflecting the identified state goals the local or county group chooses to emphasize for the year.

Plan, plan, plan! Then report, report!