



OHCE OUTREACH

Official Newsletter of Oklahoma Home and Community Education

Our Theme: CHANGE



Our membership always steps up and helps the community. During this pandemic you did that by making masks. We are over 37 thousand masks. That is with over 50 counties reporting to me. I am keeping a running total per county along with hours and costs involved. As of May 4, 2020, the total masks made are 37,070 masks, hours to make masks is 18,535. Cost per mask which includes materials and time to value each mask at \$10.00 makes the cost \$370,070.00. When you look at this way think of the impact you have made. Yes, you are doing this because you want to help the community and these numbers never really entered your mind. Well they should, your time is valuable no matter how you use it in the community. You are AWESOME!!!! I will make sure each county has these numbers for the volunteer hours sheet. I am so proud of everyone for the effort in these trying

times.

Because of the annual meeting being cancelled the state board is going to have a special meeting to address election of the secretary and when the new board will take office. We will update everyone via the educators and advisors.

I really don't have much else to say other than if you have Facebook go ask to join the OHCE State Presidents page. There is a live video weekly from me with information and chit chat. It is also a place for members to share events and news from the groups and counties.

The planning committee made the tough decision to cancel the state meeting. This wasn't an easy decision to make. Make sure you read Debbie Mote's article for more details.

Keep up the great work and all you do for others. God Bless and I can't wait to see you, I have a hug waiting for you.

Leslye Owen, OHCE State President



Dear OHCE Members:

As I write this article I think of the first time I met you. It was during the annual conference in Oklahoma city celebrating your 75th anniversary. What a glorious day it was. I immediately fell in love with this group and its leaders. You have helped me grow as an Extension administrator and also as a human being and family man. You helped me strengthen my beliefs in the power of home and community education. You have been there with me during the great celebrations and also the difficult times. Most importantly, you have been, are, and will continue to be a strong force in shaping the lives of many people in the state and even beyond its borders.

As we approach OHCE's 85th Anniversary, I thank you for giving me an opportunity to serve you for the last ten years. I especially thank all board members, inclusive of the OHCE presidents I served since 2010: Javonna Earsom, Sue Gilliam, Pam Vaughn, Shirley Burns, Debbie Mote and Leslye Owen.

As several of you know, new career opportunities for my wife and I have come knocking on our door. My wife will be joining the faculty there and I will become the Dean & Director for Extension and Engagement at West Virginia University. We will be only 4 hours away from our daughter. I look forward to working with your counterpart organization there, the Community Education Outreach Service, and take with me what I learned from you. I would try to remain in touch and give you the updates about my family that you like so much.

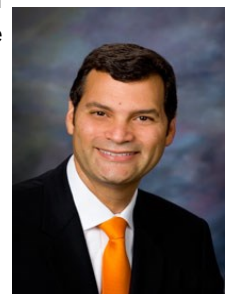
As part of my transition away from OSU, Dr. Gina Peek has agreed to serve on an interim basis in my role starting June 15, 2020. Later a national search will take place to select my replacement. Dr. Peek is no stranger to OHCE and I am sure she will be an outstanding state advisor to you. Please welcome her with open arms. Your district advisors, Brenda Miller and Susan Routh, whom I am so grateful for, will continue to support you as always. I also recognize the previous district advisors who also shaped my role with OHCE: Gloria King, Cindy Conner, Lani Williams, and Recia Garcia. They showed me the true value of OHCE and the important relationship with OSU Extension Family & Consumer Sciences and 4-H Youth Development.

I will be thinking about you during your next state meeting, whenever it takes place due to this pandemic. In the meantime, please stay safe and healthy.

With sincere love and respect,

Dr. Jorge H. Atiles

Associate Dean, Extension, Engagement & Continuing Education, Oklahoma State University



Southeast District 2020 Meeting News



First of all I want to say how honored I have been to have been your District Rep for the last 2 meetings. I have so enjoyed getting to know some of you better and working with such wonderful groups. I know that Teo Hair, Murray County, your new 2020-2022 SE District Rep, will be a wonderful person to work with and I look forward to the next two District Meetings.

The SE District members met in Sulphur, on March 10th at Crossway Baptist Church. The theme for the meeting was "OHCE - Keys for the Future". Tables were set various Cake Plates, along with decorated keys. A special Thanks goes to AARP, who helped sponsor the meeting!

We started with 281 registered. The meeting was well attended with 246 attendees recorded at roll call and 13 presenters and 5 other special guests for a total attendance of 264. Because some workshops were presented twice to allow more opportunities to attend, a total of 35 workshop opportunities were made available during the three sessions. OCES State Specialists presented 5 workshops, State Board Members—7 workshops, OHCE Members - 14 workshops, AARP—1 workshop, and 3 very talented guest presenters did the remaining 8 workshops. During Session III we offered a driving tour of the Chickasaw National Recreation Area. Attendees were extremely pleased with the variety and quality of the workshops. A big "Thank You" goes out to all the presenters. Everyone did a fantastic job!

And the food!! Murray County had a wonderful lunch with their members individually serving each guest. Very special indeed.

During the meeting, \$588.13 was donated to the SE District 4-H Scholarship endowment. The silent auction did well as a fund raiser for the 2021 District Meeting, and \$100.00 cash was given away at the end of the meeting, along with other door prizes.

The host counties; Hughes, Murray, Pontotoc, Pottawatomie and Seminole, both Educators and members, did a fabulous job making the 2020 SE District Meeting such a success!

But get ready. The 2021 SE District Meeting is looking like a fun and informative day together in McAlester, Oklahoma, on March 11, 2021. Our host counties are Haskell, Latimer, Leflore and Pittsburg. You won't want to miss this one! The theme will be based around the railroad. What fun.

Pat Chapman, SE District Representative 2018-2020

Northwest District cancelled because of Covid 19. Everyone please take care of yourselves and your loved ones.

God bless, **Sandra Judge, NWD representative.**

Moving Forward...

I can not express how proud I am of each of you. We had an excellent 2020 SE District meeting. There is a lot to coordinate a meeting of that size, I was excited to be part of the planning. I have heard nothing but great reviews on everything from breakfast, work shops and of course the lunch. Thank you so much.

I am looking forward to being your SE District Rep for next 2 years. I am very sure it will not be long before our lives will be back to normal.

With the Covid 19 virus it has been hard on so many. May God be with each of you.

Teo Hair , SE Dist Rep 2021-2022

News from the Western District – Southern Region:

As we all know we were not able to have our 2020 District Meeting this year and we missed seeing everyone's smiling faces.

Comanche, Cotton, Jefferson and Stephens Counties were scheduled to host the 2021 meeting, but have graciously allowed Caddo, Canadian and Grady to serve as hostess as planned for this year. We will be in Mustang as planned.

We do not have a date at this time but will get that information to you later.

The 2021 District Meeting will be in Mustang as planned for this year.

The members of the host counties hope you and your family are all well and hope to see you at the State Meeting.

Debra E. Stevenson, SW District Representative

Country Women's Council USA,

offers up to four Ruth B. Sayre Memorial Scholarships each year to a woman who is a legal resident of the USA, who shows a financial need, and who has the ability to complete her education. The Scholarship recipient or recipients shall be paid up to the amount of \$500 for a year's period of study, the money to be sent to the educational institution she is attending for tuition and/or books. The recipients may apply the succeeding year. Donations are accepted for the continuance of this scholarship. Please visit the website for more information regarding the requirements, application and donation form.

Country Women's Council USA continues to promote the worldwide project Zero Hunger collecting dimes nationwide with 50% going to Feeding America and 50% going to ACWW to feed the world. In 2018 - 2019 \$18,552 was raised by CWC USA members and split 50/50.

An announcement from ACWW: Every year since 2012, ACWW members have used 'ACWW Day' on 29 April to raise awareness of our Association, promote our work, and raise money to support Pennies for Friendship. This is a really important day, and we are always so grateful and inspired by your efforts. This year, recognizing the challenges and risks in walking in our communities globally, and the financial insecurity caused by the current Pandemic, ACWW has taken the decision to postpone Women Walk the World with the aim of celebrating it for 2020 on 15 October, coinciding with the International Day of Rural Women. This isn't planned as an ongoing change, but rather a chance to give everyone time to get through this difficult time, and hopefully celebrate later in the year. This is in line with World Health Organization guidance, which we support in advising people to stay safe and stay at home. We will be using this opportunity to produce new fundraising and awareness-raising materials, as well as developing a theme for the day that should help you engage your community with the work of ACWW. We will also be working on digital fundraising solutions in case the current conditions stay in place until October.

The Country Women's Council USA and ACWW Area conference will be in Indianapolis, Indiana, on September 12 - 16, 2020. The conference will be hosted by the Indiana Extension Homemakers' Association, for more information visit our website cwcusa.org.

Javonna Earsom, CWC USA Treasurer

Greetings! I hope this finds everyone safe and well. It *would* have been wonderful to see all your smiling faces in March; however, for circumstances far out of my reach, it did not happen. I did see the great ladies of the SE District. It was a wonderful district meeting and I was so enthused to travel on to the next three.

And, this is how things go! I thought I had come up with the (almost) perfect workshop for all you hard-working secretaries. We had an excellent forty-five minutes in Sulphur! Thank you to all the ladies that attended that session for your wonderful input and ideas! I always feel like the best workshops are ones that people actively engage in the topic and you did that.

I, like most of you, were looking forward to our 85th State Meeting! I had big plans for our incoming secretary! At some point, I will be the bearer of all things secretarial! I do hope you have a trailer hitch on your vehicle??? :-)) I have thoroughly enjoyed the past two years as your secretary! I would encourage anyone to apply for a position on the state board. There are so many great and inspiring women and men to work with!

Everyone take care - wear one of those masks that you worked so diligently to produce! When the request came from Dr. Atilas and Leslye posted it in her updates, I warned all my peeps -- the state was about to be inundated with masks! You did not let me down! Until we meet again! **OHCE PROUD!!!!**

Pam Vaughan *State Secretary*

OHCE State Nominating Committee

The state nominating committee will be presenting a slate of proposed officers for the 2020-2022 years.

Thank you to everyone that sent their paperwork in. We have a few openings for your consideration: Arrangement Member, Budget Member (NW, NE), By-Laws (NW), Leadership, Resource Management (NW, NE). If you would like to serve in any of these please send your paperwork to me as soon as possible.

Debra E. Stevenson, Nominating Committee Chair

2019 STATE PROJECT: Women's Health Education

I'm disappointed in the lack of reports received for the State Project but the ones I did get were very good. I'm sure other groups and counties did projects that would have qualified. Hopefully we will see more reports next time. Missed seeing everyone at District meetings and State Board meeting. Looking forward to seeing everyone in the future. Hope to see you soon!

Thanks, Marilyn Gibson, State Project Chair
State Project Chair

Hello, hope all are well. We have certainly missed everyone and the activities. I can tell by all the reports that Family Issues is still current and in the forefront. We look forward to being together again and sharing.

Darline Ruyle, FAMILY ISSUES COMMITTEE Chairman

Celebrate Dr. Jorge Atilas 10 years of Service and wish him well on his new adventure!

Friends and colleagues that would like to make a monetary contribution towards the OSU quilt being presented to Dr. Atilas, should send donations to:

Donna Jung, OEAFCS Treasurer
P.O. Box 519
El Reno, OK 73036-0519

Please make checks out to OEAFCS with "Atilas" on the memo line. Contributions which exceed the cost of the gift will be donated in honor of Dr. Atilas to CE-FCS Ambassadors, which will support his vision of endowing the account for \$1 million.

Friends and colleagues may choose to make an individual monetary contribution in his honor to CE-FCS Ambassadors at <http://secure.osugiving.com/hsee-donate>.

Friends and colleagues wishing to send a card should mail them to:



Jorge Atilas
135 Human Sciences
Stillwater, OK 74078

Healthy Living Report

Some people have seen life during this quarantine as nothing but trouble, trouble, trouble. They have lived the last six weeks internally focused which has caused them a lot of misery and that is horrible on your health. Ecclesiastes 5:19 says, "To make the most of what God gives you both in the bounty and the capacity to enjoy it, accepting what's given and delighting in the work." I can honestly say that my heart is happy, and I have enjoyed my time quarantined.

I am thankful that I have March's tank of gas still in my car, and I have been to Walmart only three times in the last six weeks. So what have I been doing in my quarantined time that's made me so content...sewing masks.

I knew that Kuzin Kamp, my local OHCE group, was a giving group. We have sewn quilts for Quilts of Valor, children's hospitals, Oklahoma Highway Patrol, Moore tornado victims, and Warner flood victims. These are just what I can remember off the top of my head, so when we heard about the need for masks to protect the healthcare workers during this quarantine, we opened up our hearts and our machines full throttle.

Our six members with the help of some of our mothers, children, husbands and grandchildren have donated over 2,500 masks. We have averaged making 500/week during this adventure. These masks have been donated to nursing homes, hospitals, Home Health operations, McAlester Prison system, transportation operations, and doctors' offices locally and across the state. We even sent 100 masks to Oregon to supply an United States Coast Guard ship. One member and her granddaughter made masks and went door to door in their hometown donating them in hopes of protecting their whole community.

Before retiring, I would end my senior English classes reading Ecclesiastes 3:1-8, "To everything there is a season." In verse seven it says, "There's a time to tend, and a time to sew." So "sew" we did. And we are still sewing.

I have looked at this quarantine as a heart happy time. With each cut, iron, sew, turn, fold, pleat, bind, and stretch I have said silent prayers for the recipients of the masks. I am so proud to be a part of a local and statewide organization who refuses to let life pass us by in misery, but who sees everyday as the time to enjoy where God has put us, and that is great news for our health. Sew on and stay safe and stay healthy

Robbie Sloan, SE Chair **Kelly Baehler NE Member**

AWARDS and REPORTS NEWS

What a topsy-turvy year for all of us. So many events have not happened, and now it will not be possible to have our State meeting. It is so disappointing that awards and certificates will not be presented in person this year. However, our priority must be the health and safety of all of our members. The best that can happen at this time is to recognize these AMAZING members who have gone above and beyond in the 2019 year in this newsletter. The member awards are listed first and the **project award book results** can be found in the **Committee sections**.

The committees have done a great job getting the project reports evaluated and the results reported to me. All Committee Chairs, members, and others who helped are so appreciated, and I thank each of you for all your time and effort to get this done. It certainly was not easy having to mail and pass books around from place to place. But it is done! GREAT JOB!

Now for some exciting news. **Congratulations are in order for our OHCE Member Award District Winners/State Nominees!** These ladies are **State Nominees and are among the top 4 members in the state in their category. Because of their energy, commitment, and passion for OHCE they are eligible for the top honors in the State. Good luck to each nominee!**

Northeast District:

Young Member Kristy Jones from Pawnee County
Rookie Member Sharilyn Munroe from Tulsa County
Member of the Year Dee Porter from Payne County
Heart of OHCE Pat McNally from Payne County

Southeast District:

Young Member Tori Roberts from Bryan County
Rookie Member Joyce Sherril from Atoka County
Member of the Year Pat Accountius from Bryan County
Heart of OHCE Martha Aughe from Cleveland County

West District North:

Young Member Kari Weiland from Dewey County
Rookie Member Brandy Jones from Dewey County
Member of the Year Marilyn Gibson from Woodward County
Heart of OHCE Sue Grose from Beaver County

West District South:

Rookie Member Susan Fa Galde from Caddo County
Member of the Year Tonie Bess from Stephens County
Heart of OHCE Donnita Hall from Stephens County

The following is a list of ALL the **District Nominees**. Each of these ladies was a county winner chosen to represent her county at her District meeting. Many were not recognized at a District meeting so that is being done here. I encourage all groups and counties with member award nominees to make an extra effort to acknowledge these ladies for their hard work and all that they bring to your groups, your counties, and OHCE.

2019 YOUNG MEMBER OF THE YEAR NOMINEES

Sarah Cookson, Cherokee County, NE District
 Kristy Jones, Pawnee County, NE District
 Hattie Potter, Woods County, NW District
 Taylor Elliott, McClain County, SE District

Gloria Viveros, Kay County, NE District
 Kari Weiland, Dewey County, NW District
 Tori Roberts, Bryan County, SE District

2019 ROOKIE MEMBER OF THE YEAR NOMINEES

Eyvone York, Cherokee County, NE District
 Marshel Morrison, Mayes County, NE District
 Geneva Bertges, Okfuskee County, NE District
 Felicia Fisher, Pawnee County, NE District
 Sharilyn Munroe, Tulsa County, NE District
 Linda Warner, Alfalfa County, NW District
 Kimberly Jones, Woods County, NW District
 Joyce Sherril, Atoka County, SE District
 Lily Stubbs, Cleveland County, SE District
 Rikel Bundy, McCurtain County, SE District
 Jan Bohannon, Oklahoma County, SE District
 Mary Parrish, Grady County, SW District

Pam Williams, Logan County, NE District
 Rhonda McCormick, Noble County, NE District
 Donna Cook, Payne County, NE District
 Donna Stilwell, Rogers County, NE District
 Thelma Lowrance, Wagoner County, NE District
 Brandy Jones, Dewey County, NW District
 Brenda Rea, Woodward County, NW District
 Jaan Vaughn, Carter County, SE District
 Melissa Spurlock, McClain County, SE District
 Mary Mueller, Murray County, SE District
 Susan Fa Galde, Caddo County, SW District



2019 MEMBER OF THE YEAR NOMINEES

Wilma Baldrige, Cherokee County, NE District
 Celia McGuire, Delaware County, NE District
 Pat Ley, Okfuskee County, NE District
 Connie Fuss, Pawnee County, NE District
 Euvah Bryant, Rogers County, NE District
 Carol Erikson, Woods County, NW District
 Theda Dodson, Atoka County, SE District
 Jovita Black, Carter County, SE District
 Kathy Langley, McClain County, SE District
 Carolyn Engel-Wilson, McCurtain County, SE District
 Beverly McAdams, Grady County, SW District

Dorothy Vogel, Craig County, NE District
 Patsy Smithheisler, Noble County, NE District
 Bessie Diveley, Ottawa County, NE District
 Dee Porter, Payne County, NE District
 Jessie McCormick, Alfalfa County, NW District
 Marilyn Gibson, Woodward County, NW District
 Pat Accountius, Bryan County, SE District
 Shem Hamil, Cleveland County, SE District
 Tracie Sousa, Murray County, SE District
 Debbie Davison, Caddo County, SW District
 Tonie Bess, Stephens County, SW District

Greetings from Debbie Mote, Vice President of Programs

It is with a saddened heart as I announce the news about our OHCE 85th Anniversary State Meeting. However, I must announce that our **2020 OHCE State Meeting has been CANCELLED!**

This has not been an easy decision and you may or may not agree with the decision that has been made. I ask you to please listen with an open heart to a few of the reasons:

First and foremost is the health and concern for all of our members attending the State Meeting. This is a scenario that could happen. Everyone coming could be as far as they know healthy. Then the last day or a few days afterwards come down with the virus symptoms and test positive. Everyone then at the meeting as well as the hotel staff would have been exposed. Would one of our members die from this? We don't know for sure but possibly. I would feel so guilty over insisting that we have the meeting and someone lose their life plus feel guilty for having a family go through this loss. As much as I love OHCE, I could not live with this guilt.

If we could even have the meeting in July at this time is unknown. OSU staff does not return to work until June 1st. That is the date as of right now. However, we do not know at this time if OSU will be allowing their staff to travel nor the number that they will allow to be in a meeting. If they cannot travel then Ag Conferences (Jandra & Stacy) would not be able to attend. They are the friendly faces you see when you go to register at the conference. We can't do without them. Our Educators and OSU Specialists would also not be able to attend. The Educators make up a large portion of the rooms at the Embassy Suites.

Having a Conference is very costly just for the venue. In order to keep the price affordable for OHCE, we have to guarantee a certain number of hotel rooms. Without the Educators booking their rooms we would not meet our quota. **THANK YOU EDUCATORS!!** We know our numbers would be low this year no matter when we would have it.

As of this writing, the Embassy Suites has had limitations put on them from their headquarters. They can only have 174 people in the ballroom (location of our meeting and where we have our meals) and no breakout rooms. With this number, only the Voting Delegates and the State Board would be able to attend. These limitations could go until the end of the year. They just don't know.

I know the disappointment you are all feeling. Many of us have put in a lot of hours already. But who knew our Beloved Country would be hit with such a devastating virus. But **WE WILL** overcome this. **WE ARE OHCE!!!!**

Our "85th Anniversary" was going to be beautiful. Let me at least share a few of the highlights: we were going to start our Sunday Eve off with "Christmas in July". You would have had 4 make n take Christmas crafts to take home with you. The "Friendship Banquet" on Monday Night – the centerpieces on each table were going to be a short bouquet of white roses with sapphire blue tulle covering the square vase. The lights were going to be dimmed with special downlights shining down on only the centerpieces. Then we were going to have blue uplighting along the walls. Our entertainment for the evening was a young couple that were going to be singing Broadway Duets. There were going to be Diamond name plates for all of our Distinguished OSU guests as well as our Award Winner nominees. Everyone was going to receive a beautiful sculpted long stem rose. Our workshop presenters were going to receive a beautiful diamond paper weight with OHCE engraved on it as a Thank You gift in a sparkling sapphire blue gift box. We had wonderful workshops planned that hopefully we can carry over to next year. I really think you would have loved our Anniversary Celebration.

Rest assured we will Hit It Out of the Ballpark next year. Let's put this year behind us as we begin planning for our 2021 State Meeting. Our theme for 2021 will be "You Hit A Homerun With OHCE". Yes, it is going to be a baseball theme. **The date for 2021 will be July 11-13.** So mark your calendars.

My plans for 2021 are to recognize our 2020 Award Winners during the luncheon on Monday before we recognize our 2021 Award Winners at the Friendship Banquet Monday Night. If time permits I would also like to have the Life Essay Winners from 2020 read. I just want our work to not go in vain.

So with all this being said, Let's be safe and always check on each other as we put this year behind us and move on to planning for 2021. This will even give everyone more time to save for the meeting!! See you all soon -

Debbie



2019 HEART OF OHCE NOMINEES

Susie Eden, Cherokee County, NE District
 Geneva Conner, Mayes County, NE District
 Carolyn Ritchey, Ottawa County, NE District
 Pat McNally, Payne County, NE District
 Holly Eller, Tulsa County, NE District
 Sue Grose, Beaver County, NW District
 JoDe Bradt, Woods County, NW District
 Donna Moore, Atoka County, SE District
 Martha Aughe, Cleveland County, SE District
 Leah Haxton, McClain County, SE District
 Elizabeth Hays, Oklahoma County, SE District
 Jyme Tiner, Grady County, SW District
 Lowayne Piercey, Washita County, SW District

Peggy Pendergraft, Delaware County NE District
 Lori Henderson, Noble County, NE District
 Brenda Rolland, Pawnee County, NE District
 Connie Wells, Rogers County, NE District
 Loretta Sharp, Alfalfa County, NW District
 Jovita Lang, Garfield County, NW District
 Betty Adams, Woodward County, NW District
 Shirley Harrison, Carter County, SE District
 Jacque Compton, McCurtain County, SE District
 Susie Edgar, Murray County, SE District
 Nancy Cox, Canadian County, SW District
 Donnita Hall, Stephens County, SW District

Each of these ladies who did not have a District meeting received her certificate and/or winner's gift by mail in April.

!!!! THE BIG ANNOUNCEMENT !!!! STATE MEMBER AWARD WINNERS



Young Member of the Year:	Kari Weiand	Dewey County
Rookie Member of the Year:	Sharilyn Munroe	Tulsa County
Member of the Year:	Marilyn Gibson	Woodward County
Heart of OHCE:	Martha Aughe	Cleveland County

Sincere congratulations to each of these four ladies! They have earned the highest honors that OHCE awards. Please let

Congratulations to the winners in the Membership categories of Recruitment, Percentage of Growth, and Photography. Years of Service is also reported in this article.

Membership Recruitment

County Winners:

1st Place - Ottawa County
 2nd Place - Grady County
 3rd Place - Tulsa County

Sue Rendel
 Jyme Tiner
 Cheryell Romere

Membership Promotion & Fun Days
 Fashion Show
 Paint & Potluck

Local Winners:

1st Place - Harris OHCE, McCurtain County
 2nd Place - Aprons & Lace, Cherokee County
 3rd Place - Rainbow OHCE, Murray County

Pat Chapman
 Susie Eden
 Javonna Earsom

Cookies with Mrs. Claus
 Recruit and Retain
 Funding Projects

Outstanding Project - Grady County

Jyme Tiner

Fashion Show



Membership Recruitment % of Growth

County Winner:

1st Place - Cherokee County

Ann Lamons

13% growth

Local Winners:

1st Place - Owasso Jewels, Tulsa County
 2nd Place - Woodall, Cherokee County
 3rd Place - Grow and Share, Woods County

Dolores Williams
 Francine Ridenhour
 Janet Cunningham

91% growth
 55% growth
 38.5% growth

Photography

1st Place - Harris OHCE, McCurtain County
 2nd Place - Oowala OHCE, Rogers County
 3rd Place - Acorns OHCE, Washington County

Jacque Compton
 Glenda Payne

Heart Pillows to Advanced Heart Care
 Drive By Fruiting for Elderly
 The Flag

Leadership Development **Congratulations to these 2019 Project Report Book Winners!**

County Winners:

1 st Place -- Ottawa County	Sue Rendel	Learning Fun Develops Leaders
2 nd Place -- Cleveland County	Rose Ann Jackson	Going Beyond the Basics
3 rd Place -- Stephens County	Sheila Ely	Master Volunteer Training

Local Winners:

1 st Place -- Oak Grove, Noble County	Debbie Mote	Leaders Reaching Out to Leaders
2 nd Place -- Comanche Homemakers, Stephens County	Rose Cox	4-H Achievement Banquet
3 rd Place -- Aprons & Lace, Cherokee County	Susie Eden & Wilma Baldrige	Master Volunteers

Outstanding Project: -- Owasso Jewels, Tulsa County Donna Welda The Benefits of Leader Lessons

The **Family Issues Committee** announces their 2019 project report book winners! There were 14 county reports, 20 local group reports, and 35 **Life Stories** submitted. A great job was done by all who submitted reports.

Family Issues

County Winners:

1 st Place -- Ottawa County	Sue Rendel	Teddy Bears for Kids and Cops
2 nd Place -- Caddo County	Debbie Davison	Quilts of Valor
3 rd Place -- Rogers County	Marlene Alsip	Raising Young Readers



Local Winners:

1 st Place -- Seiling Community Homemakers, Dewey	Brandy Jones	Nursing Home Paintings
2 nd Place -- Oak Grove, Noble County	Jackie Galloway	Special Surprise Quilt of Valor
3 rd Place -- Harris OHCE, McCurtain County	Carolyn Engel-Wilson	Blending Sewing & Forestry



Outstanding Project -- Ottawa County Sue Rendel Teddy Bears for Kids and Cops

Life Stories

1 st Place -- Melody Durant	A Day in the Life of an Offender ID 1394724	Pittsburg County
2 nd Place -- Teo Hair	How Many Ladies Can Keep a Secret	Murray County
3 rd Place -- Rhonda McCormick	An Empty Nest	Noble County

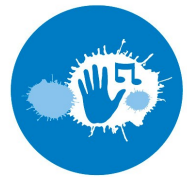
The **Cultural Enrichment** committee received 10 county reports and 16 local group reports. **Congratulations to these report winners!**

County Winners:

1 st Place -- Atoka County	Joyce Sherril	Saving the Museum
2 nd Place -- Stephens County	Vicki Malone	Covers
3 rd Place -- Cleveland County	Margaret Barbour	Finding Your Roots

Local Winners:

1 st Place -- Oak Grove, Noble County	Janet Vincent	Tour Okla. On a Tank of Gas
2 nd Place -- Sunshine OHCE, Stephens County	Barbara Cox	Old Duncan Cemetery Tour
3 rd Place -- Patchwork Friends,	Elizabeth Kinzie	Photo Scavenger Hunt



Outstanding Project -- Rising Star, Payne County Mickey Wolff Wreaths Across America

Great job! Congratulations to these **Healthy Living** project report book winners.

County Winners:

1 st Place -- Stephens County	Jane Mitchell	Physical and Mental Health
2 nd Place -- Carter County	Sandy Alexander	Sharing through Library Windows
3 rd Place -- Woods County	Paula McMurphy	Cardiovascular Health Awareness

Local Winners:

1 st Place -- MOM's OHCE, Pottawatomie County	Angela Hudson	Sweeping the Cobwebs
2 nd Place -- Oak Grove, Noble County	Janet Vincent & Debbie Mote	Health of Veterans Remembered
3 rd Place -- Aprons & Lace, Cherokee County	Wilma Baldrige	Healthy Gums and Your Heart

Outstanding Project -- MOM's OHCE -- Pottawatomie Angela Hudson Sweeping the Cobwebs

Congratulations to these Resource Management project report book winners!

County Winners:

1 st Place – Cherokee County	Wilma Baldrige	Okla. Proven Plants for Pollinators
2 nd Place – Stephens County	Brenda Weaver	Fundraiser for Charis Center, Inc.
3 rd Place – Woods County	Janet Cunningham	Improving Our Environment

Local Winners:

1 st Place – Woodall OHCE, Cherokee County	Francine Ridenhour	Eyeglass Collection
2 nd Place – Aprons & Lace, Cherokee County	Susie Eden	Community Clothing Swap
3 rd Place – Lunch Bunch OHCE, Payne County	Lee Ann Barton	Privacy Cover Project
Outstanding Project – Woodall OHCE, Cherokee County	Francine Ridenhour	Eyeglass Collection

Thank you to everyone who sent in member award applications, Life Stories, photos, and project report books this year. So much outstanding work and many amazing projects were done in 2019, and it is these applications and reports that show the true scope of what OHCE members contribute to their homes and communities around the State. Everyone who participated in this process is to be commended. With these amazing members and the body of work reported in all the project report books, everyone wins. **Congratulations** to all for a job well done!

The 2019 Awards & Reports statistics are as follows:

Member Award Applications/Reports	77
Project Award Report Books	114
Life Stories	35
Photography	45

TOTAL ENTRIES	271



This year, it is going to be hard to accomplish many of our goals and get many of the projects we had planned completed. However, I encourage all of us to keep doing the best we can to be of service to our families and communities. Adversity forces us to grow and change and overcome. We just have to get creative, think out of the box, maybe change the way we do some things, and look for new opportunities as they come – and they do come. OHCE groups and counties across the state can accomplish great things even in uncertain times. In fact, uncertain times may be the times that our OHCE organization shines the brightest. Just remember that when we as OHCE members work on projects, achieve our goals, and promote the mission of OHCE, someone receives a benefit. That is what we are all about. So keep doing. Keep reaching out and helping others. Keep pushing just that little bit harder. The results might be a big surprise! And when the year ends up being more successful than we might think it could be, please report on group and county activities. Share with all of us what will surely be some inspiring and inspired projects!

May we all make this journey safely and be better for having made it. God Bless.

Kathy Fentress, Awards & Reports Chair



MEMBERSHIP DUES DEADLINE

The cut-off date for OHCE membership dues and member information for your official 2020 county membership numbers is **July 1**.

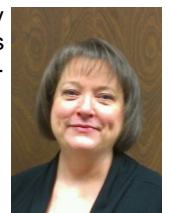
The count of paid OHCE members is sent to the state office by the state treasurer on July 1 each year. This count is the official number of your county's paid members for the year.

Each county should use this date as the official cut-off date. The number of members that have paid dues by July 1 will be the number referred to as the official count for 2020 when determining your county's membership gains or losses. To help with accuracy of the reporting, I will be contacting those whose numbers reported to the state office don't match with dues received before this deadline.

If you have any questions or need to verify your county's numbers please do not hesitate to contact me.

Karen Pospisil, State Treasurer

ohcetreasurer@gmail.com



ACWW World President's Newsletter—April 2020

Dear Friends,

My father was a remarkable storyteller. He was able to paint vivid pictures with his words—being it stories of hardship or laughter. As a child I enjoyed all his stories and as an adult, I enjoyed him when his face lit up while recalling his youth and reliving his life experiences.

The art of good storytelling is regarded as tapping into empathy and the human experience.

What will our stories be when we recall the impact of the Coronavirus on our lives? How will we choose our words when one day will share our experiences with our children and grandchildren? Will it be stories to inspire them of the way we responded to the effect of the global spreading of the novel virus? Or recollection of the negativities of the challenging circumstances we are currently facing?

Our records of our experiences will effect them as well—even though they have not been part of it—they will learn from our example and the way we faced the crisis.

In a recent report I received from UN Women, it is clear that women have been hit hard by COVID-19 as women constitute 70 per cent of the workers in the health and social sector globally and are on the frontlines of the response.

The evidence is also mounting that the economic impacts will hit women harder, as more women work in low paying, insecure and informal jobs. Disrupt, including movement restrictions, are likely to compromise women's ability to make a living and meet their families' basic needs, as was seen in the Ebola crisis.

Many of these women are our members. I am concerned for all our members and my heart goes out to those members who are ill, have lost loved ones, who are taking care of ill or elderly family members and who are working under difficult circumstances within the confined space of their homes.

Below you will find a link to take part in ACWW's Covid-19 Impact Survey. This will take place every two weeks until the WHO announces the Pandemic is under control globally and used to inform ACWW's advocacy work at the UN and with other international bodies. Your participation is critical, so please do share this as far and wide as possible—and take part!

And then there is also the impact of loneliness owing to enforced isolation.

No one quite knows how the isolation enforced by a pandemic disease will affect people. Visiting local clubs, attending society meetings and religious services and time spent with family and friends bring social structure and joy to many of us. These events are particularly important those who don't work or can't go out on their own, owing to age or health conditions. If older and sick people have to remain from these activities for months on end, their lives will be worse, and relationships that once sustained them, may prove hard to rebuild. Inevitably, it will be more difficult to re-establish connections.

Therefore, be encouraged to keep in touch with fellow-members, friends and relatives. Recently Suzanne Garret, a dear friend and fellow-ACWW member shared a quotation: "Life is not about waiting for the storms to pass, its about learning to dance in the rain!"

As much else in the Coronavirus pandemic, the response within ACWW will depend on the level of social solidarity we feel and the degree to which we're willing to look out for each other. Social isolation and loneliness among, older, sicker populations isn't something caused by the virus, but it will be worsened by it. The question is whether the intensity of the problem will force us to see, and respond to pain we typically ignore.

When the Coronavirus storm is over, and a friend pulls me in for a hug, I will take time to appreciate the gift of an embrace!

Storytelling is one of human's most basic and effective forms of communication. In fact, researchers at the Yale Child Study Centre are even finding that storytelling—especially between children and parents—or a caregiver—is a key component of our neurological development, and a skill that will ultimately help create a well-adjusted and resilient youth.

"Do all you can, with what you have, in the time you have, in the place where you are".

These words were said by Nkosi Johnson. He died at the age of 12. Up to that point he was a campaigner for children with HIV and AIDS such as himself. Even at his young age, he experienced life not to be fair and not everyone gets equal opportunities.

In his words we find a story of encouragement which should be our stories about our experiences of the affect of Coronavirus pandemic.

At the time of writing, our Central Office is on a lockdown and the CEO and Staff members are working from their homes as they no longer have access to the office building. I am thankful to mention that they all are well and keeping safe as possible, however some have underlying health issues that make them more vulnerable.

On behalf of the Board and the Membership, I would like to extend my appreciation for them for "doing all they can, with what they have, in the time they have in the places they are".

Take care and be safe and healthy.

Magdie

ACWW World President

ACWW Covid-19 Impact Survey #1



Gina Peek is a Wisconsin native and first-generation college graduate. A graduate of the land grant system, Gina attended the University of Georgia for both her master's (May 2004) and Ph.D. (December 2009) degrees. Upon graduation, she joined the Department of Design, Housing and Merchandising in the College of Human Sciences as the Oklahoma Cooperative Extension Service (OCES) state housing and consumer specialist. Gina became department graduate coordinator in January 2016 and Associate Department Head in July 2018. Gina firmly believes in the land grant mission: teaching, research, Extension.

The College of Human Sciences tagline "Solving human problems ... enhancing human lives" sums Gina's philosophy. The land-grant university has the honor of serving by providing unbiased research-based education to solve human problems and enhance human lives. Gina feels it her duty to bring this philosophy to life.

When not at the office, Gina enjoys spending time with two teenage daughters, Jenkins (17) and Hampton (14). Favorite recreational activities include biking, running, and swimming. And, growing roses!

Gina Peek, Interim Associate Dean, Extension, Engagement & Continuing Education Interim Assistant Director, FCS-OSU Extension



I would like to make a collage of members and friends in our masks. Please send what you have to ohceeditor@gmail.com or text to 405-760-8388. Thanks! Carol Doner

My, how the last 2 years have flown by! Guess the old adage that 'Time flies when you're having fun' is true!

I have been so honored and blessed to have been given your trust and the opportunity to serve as your state treasurer these past 2 years. I have totally enjoyed traveling all over this beautiful state, meeting lots of

wonderful people & making **new friends. I was so looking forward to seeing familiar faces again at all the District & the State meetings, but alas....**

I'm eagerly anticipating next year when hopefully everything will get back to normal.

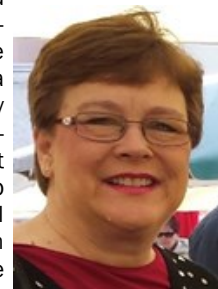
So this is not goodbye but rather a '**See you later!**'

Karen Pospisil, State Treasurer
ohcetreasurer@gmail.com

President-Elect Sandy Pogue

will take office as President at the close of the 2020 OHCE State Meeting. Here is a little information to help you know her better.

Sandy grew up in a ranching family in Stephens County close to the town of Velma. She was involved in 4-H from the age of nine to nineteen, serving as State 4-H Secretary in 1978-79. When Sandy was a little girl, she attended Extension Homemakers meetings with her mother, Sheila Ely, who has been a member for over sixty years and served as State President of our organization from 1978-1980. When Sandy got married at the age of nineteen, she naturally joined Extension Homemakers. She was attending college and eventually withdrew to start a family. After her son was two and a half, she knew it was God's plan all along for her to teach teenagers. So, she went back to college at East Central and completed her degree in Vocational Home Economics. Sandy had let her membership lapse in Extension Homemakers, but after becoming a Home Ec teacher in her hometown of Velma, she decided to restart the Velma group, that had disbanded. It was about this time in the early '90s that Home Economics became known as Family and Consumer Science. A couple years later, Oklahoma Extension Homemakers withdrew from the national organization and became Oklahoma Home and Community Education. In 1999, Sandy felt it was time to be the Velma-Alma School Counselor. When she was accepted into that position, it was decided to disband the Velma OHCE group again. Sandy worked as school counselor until 2008, when her health and family situations began to change and she decided it was best to leave the school.



In January 2009, Sandy joined OHCE for the third time. She became a member of Sunshine OHCE, where her mother had become a member. She has served as her local group President and Stephen County President, as well as chairman of the Cultural Enrichment Committee at both levels. She first served on the state board as a member of the Cultural Enrichment Committee under the tutelage of Connie LaGrow. She has learned a lot about the organization from her mother, Connie, and countless other members. Following the committee work, Sandy served as SW District Representative and then as State Awards and Reports chair for one and a half terms.

Sandy has been married now for more than forty years to Kent Pogue, a rancher and oilfield pumper. They have two sons, who have followed in the ranching tradition. One son is married to a teacher and they have Sandy's two adorable grandsons.

Sandy feels privileged to be able to serve as State President in the coming two years. She believes we are an organization of strong people and we will get through this strange and crazy time we are living in right now. Recently, her daughter-in-law posted this saying by Lori Deschene, "Sometimes all you can do is accept there's not much you can do. And sometimes all you can control is how well you let go of control." Sandy has kind of used this as a barometer of how she is handling her daily life during this "stay at home" order. She's certainly getting some work done on unfinished projects!



PLEASE NOTE! If you have any **expenses you need to be reimbursed for**, those need

to be sent to
Leslye Owen for approval before **July 1**.

Claim forms can be found on the OHCE website under the Resources /Financial tab. <https://humansciences.okstate.edu/fcs/ohce/resources.html>





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OHCE State Conference Edition!



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