



OHCE OUTREACH

Official Newsletter of Oklahoma Home and Community Education

Our 2021-2022 Theme: ***EDUCATION***

YOUR 2020-2021 STATE BOARD



Top Row: President, Sandy Pogue; Vice President For Programs, Debbie Mote; Secretary, Pat Chapman; Treasurer, Shelia Burnett; Awards & Reports, Kathy Fentress; Parliamentarian, Javonna Earsom; Historian, Shem Hamil; Chaplain, Joy Trammell

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Not pictured: Cultural Enrichment Committee Chair, Linda Wallis, State Project Chair Marie Jones

Elected Positions Installed: Sandy Pogue, President; Debbie Mote, Vice President for Programs, Pat Chapman, Secretary; Shelia Burnett, Treasurer; **Appointed Positions Installed:** Kathy Fentress, Awards & Reports Chair; Javonna Earsom, Parliamentarian; Shem Hamil, Historian; Joy Trammell, Chaplain; Carol Doner, Editor; Angela Hudson, Promotional Sales

COMMITTEE CHAIRS AND MEMBERS 2020-2021

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Budget Committee: Shelia Burnett, NE/Chair; Karen Pospisil, SE; Elaine Bitsche, WS

By-Laws Committee: Sheila Ely, WS /Chair; Jerri Faulkner, NE; Darline Ruyle, SE; Marie Jones, NE

Nominating Committee: Leslye Owen, SE/Chair; Janice Barnett, NE; Mildred Taylor, NE; Jacque Compton, SE

Cultural Enrichment Committee: Linda Wallis, NE; Tonie Bess, WS; Martha Aughe, SE; Sue Rendel, NE

Family Issues Committee: Tammy Elliott, SE/Chair; Lydia Troyer, NE; April Green, SE; Shirley Burns, WS

Healthy Living Committee: Madaline Kropff, NE /Chair; Susan Nelson, SE; Linda Heilman, WS; Kelly Baehler, NE

Leadership Development Committee: Dee Porter, NE/Chair; Brandy Jones, WN; Rose Anne Jackson, SE; Christine Hammond, SE

Membership Committee: Linda Swindler, WN/Chair; Sharilyn Munroe, NE ; Kay Gray, WS; Donna Rice, WS

Promotional Sales: Angela Hudson SE/Chair, Leslye Owen, SE., Darline Ruyle, SE;

Resource Management Committee: Margaret Barbour, SE; Frances Whinery, SE; Rita Hunt, SE; Robbie Sloan, SE

OHCE 2021 State Goals

MEMBERSHIP STATE GOALS – 2021

Emphasis: To Increase Overall Membership and create a passion for OHCE in current and future membership.

Goal: Recruit new members, instill a renewed interest for OHCE in current membership and encourage former OHCE members to rejoin.

Marketing, Recruitment and Recognition

OHCE DEVELOP RECRUITMENT PLAN – RECRUIT, RETAIN, REJOIN

– Encourage county membership to promote membership growth. Membership Matters! Why OHCE? Why Recruit? Why Retain? Why Rejoin?

MARKET OHCE - Take every opportunity to make OHCE and its logo visible, labels, iron-on and decals. Encourage OHCE members to wear OHCE item, i.e., name badges and t-shirts and etc. to non-OHCE functions.

Promote OHCE among local gardening groups – such as Master Gardeners.

Encourage OHCE members to become Master Family Consumer Science Volunteers.

Develop a brochure describing OHCE activities within your community. Develop a county or group OHCE business card. A brochure template is on the website: <https://education.okstate.edu/outreach/fcs/ohce>.

Write articles for newspapers announcing upcoming events, special workshops, and local group meetings; utilize community calendar.

Develop social media outlets such as Facebook for county and local groups to establish a connection with the community to encourage new membership and provide information about upcoming events.

Encourage the use of electronic devices in such a way as to be able to hold meetings in the event that regular meetings can't be held in person.

Clarify membership forms for 50+ years.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$25, \$15, \$10

1st, 2nd, 3rd - **Local** Group Award Books: \$25, \$15, \$10

Membership Recruitment Growth

1. Awards will be given to the established county and established local groups with the greatest percentage of growth. This percentage is the number of new members from July 1 to June 30 divided by the number of members. Membership numbers will be verified by State Treasurer.
2. Use the Membership Recruitment Award form and submit this to the State Awards Chair by February 1st.
3. Submit one for county and one for local. A short paragraph or summary **must** accompany the report, telling a little about how some new members were reached.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$50, \$30, \$20

1st, 2nd, 3rd - **Local** Group Award Books: \$50, \$30, \$20

OHCE Week

THIS REPORT IS AN AWARD BOOK AND WILL BE JUDGED FOR YOUR OHCE WEEK EVENT

Plan events to promote membership and bring awareness to OHCE. Publicize local and county events in newspapers, radio, etc., and Facebook.

Please send, in a 3-brad folder with pocket, including a cover page with submitters name, address, and phone number of chairman or contact person. Include a one-page report of your activities, be sure to use 1-inch margins, in Times New Roman Font 12. Pictures are limited to one page, can have 9 pictures, shingled if needed, and 1 page of newspaper articles, etc. Please include a short paragraph summarizing the project(s), and place in pocket of folder.

These will be shared in some form at the OHCE State Meeting.

Send report to State Membership Chair by June 1, 2021.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$25, \$15, \$10

1st, 2nd, 3rd - **Local** Group Award Books: \$25, \$15, \$10

County Photography

Photo must be an OHCE activity and members(s), in color, photo should be no larger than 5 x7 inches.

Photo must be taken by an OHCE member during the previous year.

Please mount photo on a mat board no larger than 5 x 7 inches; do not attach to a folder.

LABEL should be place on the back of mat board: include name, county and district. Label the names of the OHCE members in the picture. Also, place a label briefly describing the activity pictured and place on front of matting.

Each county may submit 3 entries (may or may not be taken by the same person). Please write the name of the OHCE members in the picture on the back as well

Photos will be judged on photography skills.

Photos become property of OHCE for promotional purposes.

Photos are due to the Awards and Reports Chair by February 1, 2021.

Awards: 1st, 2nd, 3rd: \$25, \$15, \$10

Member Recognition

50, 60 plus - year members and groups should submit the appropriate forms found in Section XII in the Policy and Procedure manual and on the website <https://education.okstate.edu/outreach/fcs/ohce> for recognition **to the Membership Committee Chair and to the state office by June 1, 2020**. Please include personal story or remembrance of individual.

At the local level conduct new member induction teas/brunches, events to honor 5/10/15 etc. year members, recognize former, current and future members.

Committee Members:

Linda Swindler, WN Chair

Sharilyn Munroe, NE Member

Kay Gray, WS, Member

Donna Gray, WS, Member

MEMBERSHIP RECRUITMENT AWARD ENTRY FORM

Entry Deadline: February 1

Send entries to: OHCE Reports and Awards Chair

Name of County:			
Name of local established group (if applicable):			
A. Number of current members as of July 1:			
B. Number of new members gained from July 1 – June 30 :			
Percentage of growth (B divided by A):			
Name of person submitting entry:			
Address:			
Phone Number:			
Email Address:			

CRITERIA FOR JUDGING OHCE WEEK REP

	Judge #1	Judge #2	Judge #3
Items needed to complete report: 0-10 points 3 brad folder with pockets The folder label must include: OHCE Week, Local Group (if applicable), County, and District 1 page report of your activities Use 1" margins and Times New Roman Font 12 1 page of pictures (limited to 1 page) Limit of 9 pictures - may be shingled 1 page of newspaper articles/other Short Summary Paragraph of the project Place Summary in the pocket of the folder			
Story: Describe situation 0-10 points			
Objectives 0-10 points			
c. Describe process 0-20 points			
d. Result of project(s) 0-25 points			
E-mails, Thank You notes and other items: that are related to your OHCE Week Activities 0-20 points			
Include Summary paragraph: (Plus or minus 5 points) If no summary is included: Minus 5 points If summary is included: Plus 5 points -5 or +5 points			
Total points [100 points possible]			

Suggestions or comments:

This award report will be 2 pages only:

Page 1: Entry form (this sheet)

Page 2: Description of the local/group projects or activities, which led to this growth!

If have county and local groups to submit –you must submit each one as a separate award entry.

CRITERIA FOR JUDGING OHCE WEEK REPORTS

OHCE Week
Local Group Name
County
District

CULTURAL ENRICHMENT STATE GOALS 2021

Focus: Our goal is to enrich our lives and lives of those around us by being more involved in our culture and preserving our past.

A. Community Projects

1. Promote enrollment in and assist 4-H Clubs with specific project areas.
2. Emphasize patriotism, i.e. voting, reviewing flag etiquette, and also provide voter registration information.
3. Locate a historical building/site in your area in order to identify areas that could be enhanced with historical specific items, i.e. kitchen items, quilts, antique/period, etc.
4. Volunteer as a reading prompter for children in libraries, etc. when safe to do so.

B. Explore Oklahoma

1. Visit a museum or park in your district; for example, city, county, state, or national parks, preserves, or memorials (Secure information on senior discounts and group rates).
2. Attend festivals in your area of another culture.
3. Organize a Barn Quilt Trail Tour.

C. Heritage Skills

1. Record oral and written stories of how the COVID-19 Pandemic of 2020 has affected you, and/or family and community. Encourage OHCE members, 4-H members and friends to write a story or make a video of their experiences and how it has altered their lives.
2. Record oral and written history of family, community, and the heritage of OHCE skills
 Interview and record family members, community leaders, OHCE members, and Community leaders.
3. Conduct virtual online classes to instruct “Creative Leisure” such as; various quilting techniques, painting, wreath-making, or needlecraft, etc.
4. Encourage OHCE members to plan a meeting to assist with teaching 4-H and FFA members crochet, knitting, cooking and organize days to share talents with them by following the best practices and guidelines set by OSU Extension whether it be virtual or face to face.
5. Plan a special event and ask members about their individual cultures and/or invite speakers from other cultures to share their food, dress and customs at holidays, etc.
6. Conduct a Virtual Field Trip to “Explore the World without leaving Home”. Suggestions: Designate a Country/location, Special Holiday, their Traditions, what they are eating for the occasion, clothes worn, etc.
7. Promote family knowledge regarding etiquette (e.g., restaurant dining, table setting, and use of cell phone/electronic devices at family gatherings/mealtime/

D. Provide Financial Aid and Scholarships

1. Ruth B Sayre Scholarship Fund-OHCE donations are encouraged to contribute to scholarship fund for the purpose of fostering educational development for American women of any age who resides in a state of a CWC member society and must be enrolled in a minimum of nine credit hours. Up to four \$500 scholarships are awarded each year depending on the amount available.
2. Pennies for Friendship (Associated Country Women of the World projects)
3. Dimes for CWC “Zero Hunger Challenge”. Suggest each member collect dimes or small coins that can be inserted into a 10 oz. water bottle. Funds will support the Feeding America project.
4. Norma Brumbaugh Scholarship-\$500 scholarships are given each year to three (3) qualified FCS Extension Educators who are approved by the Cultural Enrichment committee and the Associate Dean, Cooperative Extension Family and Consumer Sciences. Funds are paid directly by OHCE and presented annually by the OHCE Cultural Enrichment Chair.

The state OHCE Cultural Enrichment Committee has set the following guidelines for Brumbaugh scholarship applicants:

- A. Scholarships must be used for professional improvement, such as credit or non-credit courses or participation in the National Extension Association of Family and Consumer Sciences Meeting.
- B. Recipients should remain in Extension Service work after receiving the award. If a recipient leaves Extension within two (2) years of receiving the award, the recipient is required to refund the award in full to Oklahoma Home and Community Education.
- C. Recipient must submit a report to the chair of the Cultural Enrichment committee by July 1 of the year following selection of the award. The report should include photos and explain how the award was used and what the benefits were.
- D. An award recipient may apply for a second consecutive year. One who has received an award for two (2) consecutive years must wait five (5) years after the second award to apply again.

Awards

1st, 2nd, 3rd - **County Award Book:** \$25, \$15, \$10
 1st, 2nd, 3rd - **Local Group Award Book:** \$25, \$15, \$10

- Linda Wallis, NE district - Chairman
- Toni Bess, WS district - Member
- Martha Aughe, SE - Member
- Sue Rendel, NE - Member

FAMILY ISSUES STATE GOALS – 2021

Slogan: Educate families to promote individual character and community service for present and future generations.

Objective: To help families unite and improve home and community life.

Oklahoma Family Fundamentals

- Increasing family skills across all generations-with program curriculum such as *Take a Stand*, (on bullying) and *Manners Matter*.
- Helping parents and grandparents with family communication. Understand family relationships and/or household dynamics, and multigenerational families.
- Financial Education for limited budgets
 - Teaching individuals how to budget
- Helping to develop home life skills such as canning, sewing and manners
- Preparing to care for others with special needs and the elderly; and to receive assistance when needed.
- Learn to utilize electronic communications such as Zoom. So that individual members have a healthy and safe way to interact within our organization at the state, county and/or local level.

Developing Community Outreach

- Discover how to increase involvement and assistance to Community Coalitions and create alliances with other community and county organizations.
- Small community service projects: “Examples” Tooth Fairy Pillows, Cool Ties, Nursing Home Projects, provide school supplies for needy children, identify & volunteer or donate to Abuse Centers, organize a book drive for local needs.
- Neighborhood Community Social event such as: Potluck Supper, Ice Cream Social
- Volunteer to tutor or mentor community adults and children.

Protecting Your Family

- Raising awareness of possible mental help needs within family.
- Raise awareness of proper storage and disposal of prescription medication.
- Family Emergency Planning & Response Training from the Office of Homeland Security
- Neighborhood Watch Party
- Internet Protection Safety Education

Military Support

- Continue to send packages and letters to military personnel. i.e. save coupons to be sent to military to use in their commissaries.
- Encourage support to the military family by forming support groups and including them in group and county activities.
- Help in forming support groups for wounded veterans, and service personnel in communities: i.e. Wounded Warriors cancelled stamp project. Website: Stamps Wounded Warriors; quilt projects, i.e. Home of the Brave and Quilts of Valor.
- Contact and assist local VFW centers as needed.

Promoting Family Literacy

- Volunteer to read to pre-school or young elementary age children. Check with county educator for available programs i.e. Raising Young Readers .
- Implement reading programs such as F.R.E.D. (Families/Fathers reading every day).i.e. Texas Tech curriculum to encourage family time and use of libraries. i.e. Make bags to use with children, fill with age-appropriate books and activities. Work with location programs for distribution.
- Adopt a “book box” project using information gained though www.littlelibraries.com for your area or underserved community in your county.

Life Essay

- Each county conducts a life essay contest according to the state guidelines as listed. County winners should be submitted to the state awards chair for judging.
- Write about ONE EVENT OR TIME IN LIFE, for the purpose of providing future generations a written picture of life. Spelling and punctuation are not judged, but clarity of ideas is important
- The goal is to compile the best stories as deemed by the family issues committee members into a possible future publication as a fundraiser for OHCE.

Rules of the Life Story Essay Contest

- Two entries per county
- One entry per person

Entry must be written by an OHCE member in good standing.

Entries will only be judged if they are placed in a 3-brad paper folder with pockets for 8½ x 11 paper. The information is needed in the following order; Life story, name of the author, address, county, district and year written on the upper right-hand corner of the label affixed on the folder.

The essay must be on a typewriter or computer using Times New Roman font 12 size and double-spaced with a 1-inch left hand margin. It should be one to three pages in length.

Do not include photographs, clipart, news clippings or page protectors.

All life essays submitted for state judging must include the current signed Life Essay “Release Form” statement by the author giving OHCE the right to read publicly and publish, electronically on OHCE website for public viewing without further financial compensation to the author.

County winner essays must be submitted to the OHCE Awards Chair postmarked by February 1st.

Awards:

- 1st, 2nd, 3rd - County Award Book: \$25, \$15, \$10
- 1st, 2nd, 3rd - Local Group Award Book: \$25, \$15, \$10
- 1st, 2nd, 3rd - Life Essay: \$25, \$15, \$10

Committee:

- Tammy Elliott, SE Chairman
- Lydia Troyer, NE Member
- Shirley Burns, WS Member
- April Green, SE Member

HEALTHY LIVING STATE GOALS - 2021

Community Awareness for Healthy Living

GENERAL GOAL:

Encourage OHCE members to be active proponents of their own health and safety

Health and Safety Issues Suggested Emphasis:

- Healthy Eating and Active Living
- Supporting Emotional Well-Being
- Safety and Our Environment

Suggested Projects:

- Understanding Generational Health (Inherited diseases)
- Recognizing Risks of Self-Medication
- How Medical Marijuana Works and Which Conditions It Treats
- Immunizations and Vaccines: Benefits, Risks, and Effectiveness * **Leader Lesson**
- Physical and Emotional Factors Older Adults
- Living Alone and Loving It
- Laughter Therapy
- Understanding Expiration Dates: Creating a Safer Home Environment
- The Dating Game
- Supporting Emotional Well-Being * **Leader Lesson**

Awards:

- 1st, 2nd, 3rd -County Award Book: \$25, \$15, \$10
- 1st, 2nd, 3rd, - Local Group Award Book: \$25, \$15, \$10

Committee:

- Madaline Kropff, NE Chair
- Susan Nelson, SE Member
- Linda Heilman, WS Member
- Kelly Baehler, NE Member

Congratulations are in order for the OHCE Week winning reports!

These winners are as follows:

County:

Cherokee County, NE District Wilma Baldrige and Susie Eden

Local:

Aprons & Lace –Cherokee County Wilma Baldrige and Susie Eden

Sunshine Group –Stephens County Vcki Zimmerman

Liberty Group – Harper County Marilyn Gibson

These counties and groups did a fantastic job going forward with their **OHCE Week activities** and getting their reports submitted. We all know everything has been harder this year, so “hats off” to each of these groups and counties for hanging in there and getting the job done!

The final award to be given is **Madelyn’s Award**. This award is given to the county in each district that submits the most member award and project award books. This year instead of a 4th place, there was a tie for 3rd place.

Congratulations to the following Madelyn’s Award winners!

Cherokee County – NE District 1st Place 28 total reports

Stephens County – SW District 2nd Place 22 total reports

Cleveland County – SE District 3rd Place 15 total reports

Woods County – NW District 3rd Place 15 total reports

After all the last reports came in, the final tally for Awards & Reports for 2020 totaled 275.

NE District = 113 NW District = 42

SE District = 73 SW District = 47

Thank you to each and every member who took the time to submit a report entry! Each of you contributed greatly to members across the state by sharing your accomplishments, ideas, and projects with all of us.

For all awards and reports to be submitted by February 1, 2021, please use **ONLY** the updated Member Award Applications and Project Report Book instructions. Older versions may not have the correct information. All applications, forms, and instructions can be found on the OHCE website. Please remember that the reports that are due February 1, 2021, are based on this year’s **2020** goals. **NO** reports based on 2021 state goals are eligible to be submitted in February. The State Project has 2020 goals, and State Project reports based on 2020 are eligible. The State Project will change for 2021 and projects based on the new State Project are not eligible for reports until February, 2022.

We all need to stay busy in these times of limited contact and the extra stress that brings. OHCE is the best way to be busy and engaged with our communities and the world around us. The needs of our communities did not stop because of Covid-19. Most likely there are more needs than ever, and OHCE members can meet many of those needs with varied and creative projects. So, please vigilantly seek opportunities and be a positive light in this year of so much negativity. Keep the faith. Work to serve. Report the work. And most of all, stay safe and well!

Kathy Fentress, Awards & Reports Chair

2021 LEADERSHIP DEVELOPMENT STATE GOALS

Leadership Development refers to any activity that develops and enhances the quality of leadership attributes, leadership abilities and leadership attitudes of an individual or organization.

Leadership Skills are based on leadership behavior such as decision making toward the greater good. Skills alone do not make leaders—style and behavior do. For effective leadership training and development, start with leadership behavior. The plan of action is to annually emphasize developmental steps toward encouraging individual and organizational leadership skills.

Goals:

- Promote diversity and inclusion by understanding the diverse population.
- Encourage establishment of county chairman for Leadership Development
- Encourage members ownership and involvement in their local and county organizations by developing effective members through team building.
- Foster leadership in new members through shared roles that build confidence in new skills.
- Encourage ongoing participation in the Master Family & Consumer Sciences Volunteer Program by increasing state-wide certification 50% annually by providing group training at local and county levels.
- Offer opportunities for OHCE members, 4-H groups and community organizations on these suggested topics:
 - a) Leadership styles
 - b) Importance of Communication Channels
 - c) Knowledge of Proper Parliamentary Procedure by Conducting Effective Meetings
 - e) Managing and coping with individual, group and societal changes.
- Develop the next generation of leaders. Encourage participation in community forums to address local issues using public deliberation, and through the education of citizens on their voting rights, privileges and responsibilities; with potential implementation grants such as Leadership Development and Civic Engagement (LDCE), and Ambassadors.

Leadership Project Report must be on a **LEADERSHIP** project, be submitted by a county or local group, written in story form with 1 to 3 pages

- OHCE members and group involvement
- How did the project network with non-members and/or groups
- Type of leadership exhibited
- List the objective, action taken, and results
- Photos and news articles are required

LEADERSHIP PROJECT AWARD

1st, 2nd, 3rd - **County Awards:** \$25, \$15, \$10

1st, 2nd, 3rd - **Local Awards:** \$25, \$15, \$10

Masters FCS Volunteer Programs COUNTY PERCENTAGE BASED PARTICIPATION AWARDS

1st, 2nd, and 3rd place certificates

Committee Members:

Dee Porter, NE Chair

Brandy Jones, WN district S Member

Rose Anne Jackson, SE Member

Christine Hammond, SE Member

RESOURCE MANAGEMENT STATE GOALS – 2021

A. Focus Area I: Resource Management

Objective: Increase positive consumer and community practices and actions that protect family finances, homes, and communities. Take measures to protect personal assets.

1. Action

- Provide lesson on methods for managing assets, basic budgeting and financial tools, and protection of assets.
- Encourage all OHCE members to become Master Family and Consumer Sciences Volunteers
- Encourage better time management among all OHCE members
- Eliminate food waste with menu planning and better shopping practices

2. Resources

- a. Annualcreditreport.com – The official website for receiving your free annual credit reports.
- b. Protecting Yourself – Educate members about the kind of review and planning needed to protect assets including: insurance, inventories, the role of checking credit in avoiding identity theft, and estate planning (suddenly single)
- c. Extension educators and specialists
- d. Local Insurance agent
- e. Oklahoma Insurance Department
- f. FDIC website: fdic.gov
- g. NICU website
- h. FTC.gov website
- i. Consumerfinance.gov
- J. Create support groups for newly single persons to gain resources for emotional support and financial information

B. Focus Area II: Environmental

Objective: To increase and promote actions of individuals, families, and communities to promote and practice water and energy conservation and positive recycling practices.

1. Action

- a. Provide information on what can be recycled and what happens to recycled materials.
- b. Organize community clothing swap.
- c. Encourage club members and communities to develop good water conservation practices and use of water testing, both town and rural water.
- d. Educate and encourage others in maintaining and repurposing clothing and household items.
- e. Recognize impacts and critical roles that individuals may have on personal and community environments and development.
- f. OHCE clubs will develop and/or maintain a community planting project using Oklahoma proven plants.
- g. Donating books to the local library
- h. Repurposing old furniture

Resources

- a. Save One Gallon a Day-A county and state-wide initiative to increase awareness and participation in water conservation. Each club can develop ideas for saving water.
- b. More Energy at Home – Five easy steps for saving on home energy. (teach to 4-H)
- c. Healthy homes-Teach consumers no and low-cost healthy homes practices.
- d. Fact sheets related to fruit, vegetable, plant, and tree varieties that grow best in Oklahoma.
- e. Encourage community beautification.
- f. Healthy Housing: A program that is designed to teach consumers the seven principles of healthy housing. By maintaining a healthy home, consumers will reduce risk while maintaining or increasing well-being.
- g. Department of Environmental Quality (DEQ) 707 North Robinson, Oklahoma City (405) 745-7120
- h. County Commissioners.
- i. OSU County Educators and 4-H Environmental Stewardship Team members.
- j. Public Libraries and Internet.
- k. Legislators.
- l. OSU Specialists.
- m. US Ag Recycling Inc. 1-800-654-3145.
- n. Salvation Army or local thrift store (for recycling).
- o. OK Environmental Management Authority, 1505 Rock Road, (405) 262-0161.
- p. Water Resource Board, 3800 North Classen Blvd., (405) 530-8800.
- q. Keep Oklahoma Beautiful Project - For flyers, presentations, and information (405) 521-1044.

- r. Beautification Coordinator, Oklahoma Department of Transportation (ODOT); 200 NE 21st, Oklahoma City, OK 73105, (405) 521-4037.
- s. Master Gardener programs.
- t. Local Nurseries and Landscapers
- U. Use landscape plants that need less water.

3. Observe Special Days

- A. Earth Day.
- B. Adopt-A-Highway program.
- C. Organize and/or support “Household/Farm Hazardous Waste” Collection.
- D. Arbor Day, last full week of March.

Awards:

- 1st, 2nd, 3rd- **County** Award Book: \$25, \$15, \$10
- 1st, 2nd, 3rd- **Local** Group Award Book: \$25, \$15, \$10

Committee:

Margaret Barbour, SE district, chair
 Frances Whinery, SE district, Member
 Robbie Sloan, SE district, member
 Rita Hunt, SE district, Member

STATE PROJECT: OKLAHOMA HUNGER

During the August State Board Meeting, OHCE membership voted to focus on **HUNGER** as the 2021-2022 State Project. This is a daunting task and needs participation of each OHCE member.

The State Project Committee will identify short range goals, identify available resources, and assist in the implementation and coordination of set goals

Right now, the State Project Committee needs your help. This four (4) member group is to represent each OSU district. If Hunger is one of your concerns, please contact Nominating Committee Chair, Leslye Owen; 405/823-1066 (cell) at your earliest convenience. Thank you in advance.

FYI: In this "New Normal" time, meetings will be held via computer, and/or phone coordinated by OSU Staff. .

Marie Jones
 State Project Chair

Family Issues Plans

The Family Issues Committee met during the fall board meeting to plan our 2021 year. We will be offering a workshop at each district meeting. Our workshop this year will be on Fidget Blankets. Make plans to attend this workshop at your district meeting.

Tammy Elliott
 Family Issues Chair



2021 MEMBERSHIP DUES

COUNTY TREASURERS:

It's that time of year again! As always the state dues for 2021 are due to the state by November 1, 2020. You should be collecting the money and membership forms from all your local groups on or before October 15th. Copies of all membership forms should be taken to the County Educator (or office) to compile a new Master Membership Roster. Please send this new Membership Roster along with a completed Treasurer form and a County check made payable to **OHCE** equal to \$12.50 per member. Any other contributions can be included in this check providing you note on the Treasurer form to which entities you wish to donate the amounts. **The number of members on the roster MUST match the number of paid members.** Please be certain that the information is put in the proper format that each county office has for their records.



*** IMPORTANT *** By November 1 send an exact duplicate of all information to the OSU State Secretary. (All forms can be found on the [OHCE Website](#) under **RESOURCES** and then **FORMS**) It is **VERY** important that this information be received. When member information is not received in a timely manner those paid members cannot receive the benefits of their membership.

DO NOT SEND INDIVIDUAL MEMBERSHIP FORMS with this first mailing! Only send individual forms when you have members that may be joining late. Again, be sure these are added to your rosters and uploaded to the State office as *they are received*. You are to send one master list with all information on or before November 1.

EDUCATORS:

It would be extremely helpful if you send a *clean* copy with current information for each paid member. It is confusing when there are some names marked through, deleted and several counties have different methods to divide groups with color coding, etc. This is fine for your records, but if you could turn off the color codes before sending, it would be greatly appreciated. Electronic versions are preferred, providing you make sure your County Treasurer has put the check and the Treasurers Form in the mail.

If you have any questions or concerns about your county treasurer responsibilities, please do not hesitate to call or you may email me and I will respond as quickly as possible.

Shelia Burnett, OHCE State Treasurer
25106 S Oak Street, Claremore 74019
Cell: 918-697-8606

Leadership and Citizenship Engagement Grant Information

Would you like financial assistance for a project to develop strong leadership in your county?

What is the purpose of the LDCE grant?

LDCE grants are to provide seed money for any program whereby attendees can develop and refine leadership skills through specific training. The proposed training or program must clearly foster leadership development.

Who can apply?

Oklahoma Home and Community Education (OHCE) members, Oklahoma Cooperative Extension Service (OCES) staff and/or an individual or group sponsored by OHCE or OCES

What is the amount that can be applied for?

Any amount up to **\$1,500.00** maximum per applicant.

Is there a deadline to apply?

Yes. The deadlines are April 1 and October 15.

How does a county/individual apply?

Fill out the application forms and electronically send to Sue Rendel, LDCE Convener; srendel@sbcglobal.net

Where can I find the application forms?

The forms are on the OHCE website under Resources/Grant category. You may also contact any of the members on the grant committee:

Sue Rendel, srendel@sbcglobal.net Dee Porter, dwaylad4@yahoo.com
Dr. Gina Peek, gina.peek@okstate.edu Cathleen Taylor, cathleen.taylor@okstate.edu
Brenda Miller, brenda.k.miller@okstate.edu

How long does it take to get results from committee?

Applications are electronically sent to Convener
Convener electronically sends them to each committee member for review.
Applicant will be notified of the results within ten (10) days or less.
The committee may ask for additional information or clarification resulting in a slight delay.
Suggestions may be given to assist applicant and an opportunity will be given to make changes if the committee deems necessary to insure approval.

Timeline for completion of Grant project?

Project must be completed within one year of approval.
If there is a delay in completion on behalf of the grant applicant, committee must be notified and approval for additional time may be granted.

The LDCE committee encourages you to consider applying for a grant up to \$1,500.00. We want to hear from you and will assist anyway possible with your grant application.

Sue Rendel, LDCE Convener

I would like to thank the board for their decision to transfer the remaining funds from the discontinued La Presiosita to the Country Women's Council Ruth B. Sayre Scholarship fund. Thank you for your support and generosity to the educational endeavors that our organization supports.

From the CWC:

"Ruth Buxton Sayre was known as the "First Lady of the Farm" and inspired millions of rural women around the world to improve themselves and their communities with her practicality, humor, decency, and common sense. As a young farm mother, she began her life work in striving for better conditions for farm women and their families by organizing her neighbors for college extension classes. She earned high posts in state, national and international organizations and served as ACWW President from 1947-1953.

Country Women's Council USA, offers a Ruth B. Sayre Memorial Scholarship each year to a woman who is a legal resident of the USA, who shows a financial need, and who has the ability to complete her education. The Scholarship recipient or recipients shall be paid up to the amount of \$500 for a year's period of study, the money to be sent to the educational institution she is attending for tuition and/or books. The recipients may apply the succeeding year.

The applications may be found along with additional information on the CWC USA website at cwcusa.org. Deadline to apply is April 1st each year. The scholarship winner names will be posted after June 1.

Donations are accepted for the furtherance of educational development of American women."

**Javonna Earsom,
CWC USA Treasurer**



After receiving the nomination for president, I began to read more about the history and the establishment of what we now know of as Oklahoma Home and Community Education. What I read reinforced in my mind the purpose of our organization, which is "to develop leadership, to promote and extend the best interests of the family, home, and community, and to study Family Consumer Sciences and put into practice research-based methods for improving family life."

I decided then that the theme I wanted to promote during this first year of my presidency is Education using the quote by an unknown author, "Education is the wings on which dreams fly." We have the power to learn and to teach. We can learn from other people, such as members, specialists and other researchers on better practices for all areas of our life. We can teach. We can impart information or show how to do certain skills to help people in our families and communities have a better life. We can be the wings on which their dreams fly.

On August 7th, the OHCE board had a zoom meeting to set the goals for 2021. I'm supposing this is the first time a meeting such as this has occurred through technology instead of in-person. Theoretically, I knew it would work, but, in reality, I was nervous about this format. I'm very pleased to tell you that we had a successful board meeting and goal-setting meeting. You will see the goals for each committee in this newsletter. On Thursday, the board voted to donate the remaining funds in the La Preciosita project to the Ruth B. Sayre Scholarship Fund through CWC/USA. This scholarship is open for any woman who wants to complete her postsecondary education. For details on applying, please contact me, Javonna Earsom, or Debbie Mote. The board also voted to have hunger in Oklahoma as our theme for a state project. The nominating committee has been working on establishing a committee for this project. Once the committee meets and establishes goals for the project, you will be able to find those on the OHCE website - <https://education.okstate.edu/outreach/fcs/ohce>.

In closing, I want to thank the board for all their hard work and you for all your support, for being flexible and adaptable as we try to continue on with the work we love doing - volunteering our time, resources, and knowledge for the betterment of our families and communities.

Sandy Pogue, OHCE State President

HISTORY STATE GOALS - 2021

Continue to encourage each county and local group to appoint a historian to keep important records for that county or group.

- Encourage county and local group historians to submit items for archive to the State Historian.
- Collect an oral history from more mature OHCE members or members of your community.
- Collect information on the newest local groups - date formed and how they came about?
- Gather other pertinent OHCE history items.
- Encourage historians to get a paragraph written by their County Presidents about the achievements during their term. It's a great way to create a history in your county.
- Communicate with OSU Library Archives regarding storage of items that won't fit in a folder.
- Provide a workshop at Districts or State Meeting.

**Shem Hamil
State Historian**

PLEASE NOTE THE NEW AND PHONE NUMBER



You have a new State Treasurer!
Starting OCTOBER 1, 2020
please send all billings & deposits to:

Shelia Burnett, OHCE State Treasurer
25106 S Oak Street, Claremore, OK 74019
Cell: (918) 697-8606

2020-2021 LEADERSHIP DEVELOPMENT COMMITTEE

Leadership skills are based on leadership behavior such as a decision making toward the greater good. One of the goals of OHCE Leadership Development is participation in community forums to address local issues using public deliberation and through the education of citizens on their voting rights privileges and responsibilities. A few ways to help implement this goal are applying for grants from the Leadership and Civic Engagement (LDCE) and Ambassadors. The Committee encourages your county and clubs to learn how to apply for these grants.

Dee Porter

OHCE Leadership Development Committee Chair

Resource Management Committee Report

I want to thank committee members Frances Whinery and Robbie Sloan and Cindy Clampet, OSU Resource Management Specialist for their help during the OHCE Goals Planning meeting via zoom in August. We went over the goals for 2021 and added donating books to your library, repurposing old furniture and use landscape plants that need less water. Cindy Clampet will present a workshop on Manage Your Time SO It Does Not Manage You and the Resource Committee will present a workshop on Attracting Pollinators to Your Garden at all four districts.

Margaret Barbour, Resource Management Chair

PROMOTIONAL SALES

If you are wishing to place an order from the Promotional Sales, please visit the OHCE State President updates and information **FACEBOOK PAGE** to see photos and prices. Please feel free to contact me to place your order.

Angie Hudson, Promotional Sales Chair

(405) 826-3269 ohcepromotionalsales@gmail.com

Online Forms on OHCE Website:

Please go to OHCE Website at <https://education.okstate.edu/outreach/fcs/ohce> Click on top right corner, Resources, and Forms. You will need the new Adobe Reader and it can be downloaded from the website.

1.County Officer Form: For those who are responsible for filling out the County Officer Form, this is an Excel form for reporting your County Officers. The report is due by November 1. The State Advisor's office has stated that only this new form will be accepted. Others will be returned.

2.New Membership Form: Once you open it in Adobe Reader, you will just click on the first question and then after typing, tab from one question to the next. At the end next to the signature line click on the submit button and it will automatically print the form for you to give to your local/county treasurer who will give it to your educator. After printing, please save the document with "firstname-lastname.pdf".

3.Member Award Forms: Click on the appropriate Member Nomination Form (there are 4) and it will open, right click and Save As to your computer. You will then open the document from your computer in Adobe Reader, click on the first question and then tab from one question to the next. Once you have completed the document, you will need to use "Save As" the same name to save it to your computer. You can now e-mail your form to your county president or extension office for them to complete. They will then e-mail it back to you for printing and completing your book with picture, bradded folder, etc. Please check out the Criteria on the website for any changes.

NEWS FROM YOUR VICE-PRESIDENT

The State Committees met in August via Zoom along with Department Heads from OSU. I am very pleased and proud of our committees. We were able to branch out into "rooms" on Zoom and then come back together as one group. Our committees mastered the task set before them.

A big THANK YOU to Dr. Gina Peek for setting up Zoom and getting everyone in the right room so we could carry on with the task before us. This just goes to show what OHCE can do. We do not let any obstacles stand in our way. Thank you ladies for a job well done. Some goals remained the same, some were tweaked and new exciting goals were added. Take a look to see what goals will work not only for your county but also for your local groups.

The 2021 State Meeting is scheduled to be held at the Embassy Suites downtown Oklahoma City on July 11-13. The theme will be "You Hit A Home Run With OHCE". Plans are underway for a great time. We are planning to hear the Life Story winners from 2020 and also recognize the Award Winners for 2020. I want to make sure they get their time to be showcased.

It is never too early to start making plans for a wonderful meeting. Our Sunday Evening event will be "Christmas In July". It will be a round robin of 4 different make and take Christmas Crafts. What fun that will be. Looking forward to seeing all of you at the District Meetings.

Stay safe. **Debbie Mote Vice-President for Programs**

Greetings from the FCS Extension State office! During the COVID pandemic, OHCE members have needed to rethink and retool efforts. You pivoted and were able to conduct virtual meetings and continue with education efforts. I am proud of the work that you are to accomplish during COVID. Just one example: the home sewn facemask project. As of July 15, 2020, OHCE members created 43,904 facemasks. I keep a few masks in my office that can be provided to someone in need. The cheerful fabric and careful construction make these a hallmark of OHCE. Thank you for your commitment to making an impact in Oklahoma. Your good work makes a difference!



GINA PEEK, Ph.D.
INTERIM ASSOCIATE DEAN
 Extension, Engagement, and Continuing Education College of Education and Human Sciences

2021 SE DISTRICT Meeting

I am Teo Hair. I live in Wynnewood, America on a small produce farm with my husband, the ol' Cowboy. I have been a member of OHCE since 2004. First in Sequoyah County and now Murray County. I have had the privilege to be President in both counties. I was on the State Project committee 2018/2019. With all of our new challenges and restrictions it will be a very interesting time.

The 2021 SE district meeting will be held in McAlester. The hosts are LeFlore, Latimer, Haskell and Pittsburg counties. These ladies have already worked hard on getting things together. The theme is "Get on board with OHCE." It will be a great ride. Workshops discussed: The state and district lessons and officer/committee workshops will not be decided until August. Other suggestions of workshops: Canning workshop by Barbra Brown, Choctaw Nation for cultural program, Master Wellness program by Michelle Bonicelli, Gardening by David Cantrell or Faye Smith has a suggestion for speaker, Corn husk dolls- Faye has contact person, Genealogy provided by McAlester. Genealogical Society, Cheese master from Lovera's, AARP Workshop, Diabetes, card making, sewing workshops.

IF! IF! We are not back to normal, the OHCE board has already discussed a virtual conference. We have been meeting with Zoom and seems to be working very well. But there is nothing like human contact.

I wish each of you a blessed life, and hope to meet with you soon. Please contact me if you have any questions.

Teo Hair teo.hair@gmail.com 918/775/1364



**West District OHCE Meeting (Southern)
MARCH 26, 2021**

Host Counties: *Caddo, Canadian & Grady*

WS District meeting is tentatively scheduled for March 26, 2021 at Mustang First Baptist Church; however, the church is following CDC guidelines and not scheduling events at this time.



The 2021 WS District committee is planning a Zoom meeting in the near future. At this time, all plans made for the 2020 meeting will be utilized to the best of our ability. The planning committee will follow WN District and create a "Plan B", if not a "Plan C". We will make every effort to conduct the meeting as usual.

The theme for the district is *OHCE - Recipe for Life*. Cost will stay the same at \$20. Lodging information will be released as soon as it comes available. In a conversation with Debra Stevenson, immediate past WS rep, she told me the 2020 caterer has agreed to provide lunch; she did not supply the name of the caterer.

Below are pictured some of the goodies the ladies of Caddo, Canadian and Grady counties have prepared for meeting favors and presenter gifts.



Caddo, Canadian and Grady counties look forward to hosting our OHCE friends next March; please put us on your calendar!

Pam Vaughan, WS District Rep

WORKSHOPS

- AARP
- Oklahoma Wheat Commission
- Origami/Math Magic
- Oklahoma Cattle Women's
- New Ideas on Quilting
- Quick Sewing Projects
- Cooking with Spices

STATE NOMINATING COMMITTEE

The **state nominating committee** will be working on the positions that are available for the 2021-2023 term. These terms begin at the close of the state meeting in July 2021 and end at the close of the state meeting July 2023. All positions on the state board are 2 year terms.

The state board works on the state goals, developing workshops the committees present at district and state meetings and they work very hard to make sure things run smoothly.

The positions that are to be filled are as follows;

Elected offices: Vice-president of programs, President elect and Treasurer

Appointed positions: Awards Chair

Committee Chair and 3 committee member for Resource management and Family issues

We have also chosen a state project that will focus on Oklahoma hunger and need 3 committee members for that committee.

You can visit our website at <https://education.okstate.edu/outreach/fcs/ohce/> to print the form for odd years. I believe it is a fillable form. You find the form under resources, then the forms tab.

The policy book is also on our website and has the duties and responsibilities of the state offices and committee chairs. Please visit the policy book and read it will help you decide. You can also call or email me with any questions.

Remember if you are serving on the resource or family issues committee at the present time and want to continue to serve on that committee you must send me a new form.

Deadline is February 1st. Must be post marked by the first.

I look forward to seeing new faces. You will learn so much and make new friends.

Leslye Owen, Nominating chair

N E District PLANS

Treasury carry-over from 2019 was reported as \$7803.00 Decision was made to schedule the 2021 meeting on March 16, if possible but discussed reverting to the 18th or 19th if necessary.

The 2020 District meeting was cancelled due to COVID 19 prompting the discussion for keeping the planned theme of "A Timeless Treasure" and using the already purchased Bags, Badges and Banner from this year. Agreement was made by all present.

Over the next few weeks representatives from both Lincoln and Creek counties will be reviewing schools, churches and other venues for a determined location.

Further discussions were Speakers, possible hostess aprons, workshops as well as how to handle COVID 19 should that continue to be a problem in March of 2021.

Rita Lee, N E District Representative

West District North Meeting

West District North Region plans to meet March 25, 2021 at Fairview at fairgrounds with Blaine, Major and Woods counties as hosts with theme "OHCE is Rockin' and Rollin' ". We will have lots of great workshops.

Thanks, Marilyn Gibson. West District North Region Rep



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Okla. City, OK 731

Oklahoma Home and Community Education, Inc
6520 Alameda St.
Norman, OK 73026

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