



OHCE OUTREACH

Official Newsletter of Oklahoma Home and Community Education

2021-2022 STATE BOARD MEMBERS

Our Theme: *LIVE LAST*



Back Row: Resource Mgmt. Chair, Margaret Barbour; Cultural Enrichment Chair, Linda Wallis; Awards & Reports Chair, Debbie Wagstaff; Family Issues Chair, Tammy Elliot; SE Dist Rep, Teo Hair; Nomination Chair, Leslye Owen; Promotional Sales, Angela Hudson; W Dist S Region Rep, Pam Vaughn; Arrangements Chair, Mary Bacon; W Dist N Region Rep, Marilyn Gibson; By-Laws Com Chair, Sheila Ely; Leadership Dev Chair, Dee Porter

Front Row: Treasurer Elect, Shem Hamil; Treasurer, Sheila Burnett; Secretary, Pat Chapman; President, Sandy Pogue; President-Elect, Kathy Fentress; Vice President for Programs, Darline Ruyle; Chaplain, Joy Trammell; Editor, Carol Doner

Not Pictured: Parliamentarian, Javonna Earsom; Historian, Shirley Burnett; NE Dist Rep, Rita Lee; Healthy Living Chair, Madaline Kropff; Membership Chair, Linda Swindler; State Project Chair, Marie Jones

Elected Positions Installed: President Elect, Kathy Fentress; Treasurer Elect, Shem Hamil; Vice President for Programs, Darline Ruyle

Appointed Positions Installed: Awards & Reports Chair, Debbie Wagstaff

COMMITTEE CHAIRS AND MEMBERS 2020-2021

Arrangements Committee: Mary Bacon, NE /Chair; Janet Blansett, NE ; Janet Vincent, NE; Marian Stout, WN

Budget Committee: Shelia Burnett, NE /Chair; Karen Pospisil, SE; Elaine Bitsche, WS

By-Laws Committee: Sheila Ely, WS /Chair; Jerri Faulkner, SE ; Kelly Baehler, NE; Nancy Oglesby, NE

Nominating Committee: Leslye Owen, SE/Chair; Janice Barnett, NE; Mildred Taylor, NE; Shirley Burns, SE

Cultural Enrichment Committee: Linda Wallis, NE/Chair; Tonie Bess, WS; Martha Aughe, SE; Sue Rendel, NE

Family Issues Committee: Tammy Elliott, SE/Chair; Elaine James, SE; April Green, SE; Karen Ratzloff SE

Healthy Living Committee: Madaline Kropff, NE /Chair; Susan Nelson, SE; Linda Heilman, WS; Maggie Clinton, SE

Leadership Development Committee: Dee Porter, NE/Chair; Brandy Jones, WN; Rose Anne Jackson, SE; Christine Hammond, SE

Membership Committee: Linda Swindler, NE/Chair; Sharilyn Munroe, NE ; Kay Gray, WS; Donna Rice, WS

Resource Management Committee: Margaret Barbour, SE/Chair; Rita Hunt, SE; Robbie Sloan, SE; Jacque Compton, SE

State Project Chair: Marie Jones, NE/Chair; Rebekah Williams, SE; Tammy Watts, WS; Ashlee Overall, NE

OHCE 2022 State Goals

MEMBERSHIP STATE GOALS – 2022

Emphasis: To Increase Overall Membership and create a passion for OHCE in current and future membership.

Goal: Recruit new members, instill a renewed interest for OHCE in current membership and encourage former OHCE members to rejoin.

Marketing, Recruitment and Recognition

OHCE DEVELOP RECRUITMENT PLAN – RECRUIT, RETAIN, REJOIN

– Encourage County membership to promote membership growth.

MARKET OHCE - Take every opportunity to make OHCE and its logo visible, labels, iron-on and decals. Encourage OHCE members to wear OHCE item, i.e., name badges and t-shirts and etc. to non-OHCE functions.

Encourage OHCE members to become Master Family Consumer Science Volunteers.

Develop a brochure describing OHCE activities within your community. Develop a county or group OHCE business card. A brochure template is on the website: www.ohce.okstate.edu.

Write articles for newspapers announcing upcoming events, special workshops, and local group meetings; utilize community calendar.

Develop social media outlets such as Facebook for county and local groups to establish a connection with the community to encourage new membership and provide information about upcoming events.

Encourage the use of electronic devices in such a way as to be able to hold meetings in the event that regular meetings can't be held in person, such as Zoom.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$25, \$15, \$10

1st, 2nd, 3rd - **Local** Group Award Books: \$25, \$15, \$10

Membership Recruitment Growth

1. Awards will be given to the established county and established local groups with the greatest percentage of growth. This percentage is the number of new members from July 1 to June 30 by the number of members. Membership numbers will be verified by State Treasurer.
2. Use the Membership Recruitment Award form and submit this to the State Awards Chair by February 1st.
3. Submit one for county and one for local. A short paragraph or summary **must** accompany the report, telling a little about how some new members were reached.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$50, \$30, \$20

1st, 2nd, 3rd - **Local** Group Award Books: \$50, \$30, \$20

OHCE Week

THIS REPORT IS AN AWARD BOOK AND WILL BE JUDGED FOR YOUR OHCE WEEK EVENT

Plan events to promote membership and bring awareness to OHCE.

Publicize local and county events in newspapers, radio, etc. and Please send, in a 3-brad folder with book.

pocket, including a cover page with submitters name, address, and phone number of chairman or contact person. Include a one-page report of your activities, be sure to use 1-inch margins, in Times New Roman Font 12. Pictures are limited to one page, can have 9 pictures, shingled if needed, and 1 page of newspaper articles, etc. Please include a short paragraph summarizing the project(s), and place in pocket of folder.

These will be shared in some form at the OHCE State Meeting.

Send report to State Membership Chair by June 1, 2022.

Awards:

1st, 2nd, 3rd - **County** Award Books: \$25, \$15, \$10

1st, 2nd, 3rd - **Local** Group Award Books: \$25, \$15, \$10

County Photography

Photo must be an OHCE activity and members(s), in color, photo should be no larger than 5 x7 inches.

Photo must be taken by an OHCE member during the previous year.

Please mount photo on a mat board no larger than 5 x 7 inches; do not attach to a folder.

LABEL should be place on the back of mat board: include name, county and district. Label the names of the OHCE members in the picture. Also, place a label briefly describing the activity, pictured and place on front of matting.

Each county may submit 3 entries (may or may not be taken by the same person). Please write the name of the OHCE members in the picture on the back as well.

Photos will be judged on photography skills.

Photos become property of OHCE for promotional purposes.

Photos are due to the Awards and Reports Chair by February 1, 2022.

Awards: 1st, 2nd, 3rd: \$25, \$15, \$10

Member Recognition

50, 60 plus - year members and groups should submit the

appropriate forms found in Section XII in the Policy and

Procedure manual and on the website ohce.okstate.edu for recognition to the **Membership Committee Chair and to the state office by June 1, 2022.** Please include personal story or remembrance of individual.

At the local level conduct new member induction teas/brunches, events to honor 5/10/15 etc. year members, recognize former, current and future members.

Committee Members:

Linda Swindler, WN Chair

Sharilyn Munroe, NE Member

Kay Gray, WS, Member

Donna Rice, WS, Member

MEMBERSHIP RECRUITMENT AWARD ENTRY FORM

Entry Deadline: February 1

Send entries to: OHCE Reports and Awards Chair

Name of County:			
Name of local established group (if applicable):			
A. Number of current members as of July 1:			
B. Number of new members gained from July 1 – June 30 :			
Percentage of growth (B divided by A):			
Name of person submitting entry:			
Address:			
Phone Number:			
Email Address:			

CRITERIA FOR JUDGING OHCE WEEK REP

This award report will be 2 pages only:
 Page 1: Entry form (this sheet)
 Page 2: Description of the local/group projects or activities, which led to this growth!

If have county and local groups to submit –you must submit each one as a separate award entry.

	Judge #1	Judge #2	Judge #3
Items needed to complete report: 0-10 points 3 brad folder with pockets The folder label must include: OHCE Week, Local Group (if applicable), County, and District 1 page report of your activities Use 1" margins and Times New Roman Font 12 1 page of pictures (limited to 1 page) Limit of 9 pictures - may be shingled 1 page of newspaper articles/other Short Summary Paragraph of the project Place Summary in the pocket of the folder			
Story: Describe situation 0-10 points			
Objectives 0-10 points			
c. Describe process 0-20 points			
d. Result of project(s) 0-25 points			
E-mails, Thank You notes and other items: that are related to your OHCE Week Activities 0-20 points			
Include Summary paragraph: (Plus or minus 5 points) If no summary is included: Minus 5 points If summary is included: Plus 5 points -5 or +5 points			
Total points [100 points possible]			

CRITERIA FOR JUDGING OHCE WEEK REPORTS

OHCE Week
 Local Group Name
 County
 District

Suggestions or comments:

CULTURAL ENRICHMENT STATE GOALS 2022

Focus: Our goal is to enrich our lives and lives of those around us by being more involved in our culture and preserving our past.

A. Community Projects

Promote enrollment in and assist 4-H Clubs with specific project areas.

Partner with local agencies like chambers of commerce to locate and work together on a project.

Encourage members to interact with programs that serve the older population. For example nursing homes, assisted living places, nutrition centers or senior citizens centers.

B. Explore Oklahoma

Visit a museum or park in your district; for example, city, county, state, or national parks, preserves, or memorials (Secure information on senior discounts and group rates).

Identify a historic place in your county and write an essay or create a brochure about it. You can work with the visitor's center or chamber of commerce.

Attend festivals in your area of another culture. Learn how to cook a dish from another culture or learn how to do a craft from another culture.

C. Explore the World

Explore the World without leaving Home through different methods, materials and speakers. Learn about a country/ location, special holiday, their traditions, their etiquette, what they are eating for the occasion, clothes worn, etc.

D. Heritage Skills

Record oral and written history of family, community, and the heritage of OHCE skills

Interview and record family members, community leaders, OHCE members, and Community leaders.

Encourage OHCE members to become Master FCS volunteers to assist educators with their programs.

Promote family knowledge regarding etiquette (e.g., restaurant dining, table setting, and use of cell phone/ electronic devices at family gatherings/mealtime/public restaurants, etc.).

E. Provide Financial Aid and Scholarships

Sayre Scholarship Fund-OHCE donations are encouraged to contribute to scholarship fund for the purpose of fostering educational development for American women of any age who resides in a state of a CWC member society and must be enrolled in a minimum of nine credit hours. Up to four \$500 scholarships are awarded each year depending on the amount available.

Pennies for Friendship (Associated Country Women of the World projects)

Dimes for CWC "Smile Train". Suggest each member collect dimes or small coins that can be inserted into a 10 oz. water bottle.

Norma Brumbaugh Scholarship- \$500 scholarships are given each year to three (3) qualified FCS Extension Educators who are approved by the Cultural Enrichment committee and the Associate Dean, Cooperative Extension Family and Consumer Sciences. Funds are paid directly by OHCE and presented annually by the OHCE Cultural Enrichment Chair. Increase visibility of this scholarship among OHCE members and educators.

The State OHCE Cultural Enrichment Committee has set the following guidelines for Brumbaugh scholarship applicants:

Scholarships must be used for professional improvement, such as credit or non-credit courses or participation in the National Extension Association of Family and Consumer Sciences Meeting.

Recipients should remain in Extension Service work after receiving the award. If a recipient leaves Extension within two (2) years of receiving the award, the recipient is required to refund the award in full to Oklahoma Home and Community Education.

Recipient must submit a report to the chair of the Cultural Enrichment committee by July 1 of the year following s election of the award. The report should include photos and explain how the award was used and what the benefits were.

An award recipient may apply for a second consecutive year. One who has received an award for two (2) consecutive years must wait five (5) years after the second award to apply again.

Awards

1st, 2nd, 3rd - County Award Book: \$25, \$15, \$10

1st, 2nd, 3rd - Local Group Award Book: \$25, \$15, \$10

Linda Wallis, NE district - Chairman

Toni Bess, WS, Martha Aughe, SE, Sue Rendel, NE - Members

2022 HEALTHY LIVING STATE GOALS

Community Awareness for Healthy Living

GENERAL GOAL:

Encourage OHCE members to be active proponents of their own health and safety

Health and Safety Issues Suggested Emphasis:

- Healthy Eating and Active Living
- Supporting Emotional Well-Being
- Safety and Our Environment

Suggested Projects:

- Benefits of Bulk (Fiber can be fun!) – **District Workshop, State Workshop**
- The Power of Yogurt – **Leader Lesson (15 minute or longer)**
- Diet and Inflammation – **District Workshop, State Workshop**
- What are Health Disparities? **Leader Lesson (15 minute)**
- Internet Food Safety Myths **Leader Lesson (15 minute Awards:**

1st, 2nd, 3rd –County Award Book: \$25, \$15, \$10

1st, 2nd, 3rd –Local Group Award Book: \$25, \$15, \$10

Committee:

- Madaline Kropff, NE Chair
- Susan Nelson, SE Member
- Linda Heilman, WS Member
- Maggie Clinton, SE Member

2022 STATE PROJECT GOALS: OKLAHOMA HUNGER

Mare Jones State Project Chair

Become A Younger Hero

Our goal is to raise awareness, support local efforts, and collaborate to connect people to resources to reduce the youth food insecurity crisis within our own communities.

Here are just a few ideas to start your creative juices:

Support existing programs such as "Back Pack," "Snack Sack," etc. by increasing the number of children served and/or identify unserved children in underserved areas during non-scheduled school periods.

Support community collaborative efforts emphasizing child hunger relief.

Contribute resources (money, supplies, volunteer man hours) to local pantries.

Recognize and raise awareness of youth hunger needs in underserved communities.

HISTORY STATE GOALS - 2022

Continue to encourage each county to make sure they have a historian.

Try to keep all information collected in an organized manner.

Have all new groups send in their information to State Historian.

Provide a workshop at the Districts or State Meeting.

Shirley Burnett, State Historian

FAMILY ISSUES STATE GOALS – 2022

Slogan: Educate families to promote individual character and community service for present and future generations.

Objective: To help families unite and improve home and community life.

Oklahoma Family Fundamentals

Increasing family skills across all generations-with program curriculum such as *Take a Stand*, (on bullying) and *Manners Matter*.

Helping parents and grandparents with family communication. Understand family relationships and/or household dynamics, and multigenerational families.

Financial Education for limited budgets
Teaching individuals how to budget

Helping to develop home life skills such as canning, sewing and manners

Preparing to care for others with special needs and the elderly; and to receive assistance when needed.

Learn to utilize electronic communications such as Zoom. So that individual members have a healthy and safe way to interact within our organization at the state, county and/or local level.

Developing Community Outreach

Discover how to increase involvement and assistance to Community Coalitions and create alliances with other community and county organizations.

Small community service projects: "Examples" Tooth Fairy Pillows, Cool Ties, Nursing Home Projects, provide school supplies for needy children, identify & volunteer or donate to Abuse Centers, organize a book drive for local needs.

Neighborhood Community Social event such as: Potluck Supper, Ice Cream Social

Volunteer to tutor or mentor community adults and children.

Protecting Your Family

Raising awareness of possible mental help needs within family.

Raise awareness of proper storage and disposal of prescription medication.

Family Emergency Planning & Response Training from the Office of Homeland Security

Neighborhood Watch Party

Internet Protection Safety Education

Military Support

Continue to send packages and letters to military personnel. i.e. save coupons to be sent to military to use in their commissaries.

Encourage support to the military family by forming support groups and including them in group and county activities.

Help in forming support groups for wounded veterans, and service personnel in communities: i.e. Wounded Warriors cancelled stamp project. Website: Stamps Wounded Warriors; quilt projects, i.e. Home of the Brave and Quilts of Valor.

Contact and assist local VFW centers as needed.

Promoting Family Literacy

Volunteer to read to pre-school or young elementary age children. Check with county educator for available programs i.e. Raising Young Readers.

Implement reading programs such as F.R.E.D. (Families/Fathers reading every day).i.e. Texas Tech curriculum to encourage family time and use of libraries. i.e. Make bags to use with children, fill with age-appropriate books and activities. Work with location programs for distribution.

Adopt a "book box" project using information gained through www.littlelibraries.com for your area or underserved community in your county.

Life Essay

Each county conducts a life essay contest according to the state guidelines as listed. County winners should be submitted to the state awards chair for judging.

Write about ONE EVENT OR TIME IN LIFE, for the purpose of providing future generations a written picture of life. Spelling and punctuation are not judged, but clarity of ideas is important

The goal is to compile the best stories as deemed by the family issues committee members into a possible future publication as a fundraiser for OHCE.

Rules of the Life Story Essay Contest

Two entries per county

One entry per person

Entry must be written by an OHCE member in good standing.

Entries will only be judged if they are placed in a 3-brad paper folder with pockets for 8½ x 11 paper. The information is needed in the following order; Life story, name of the author, address, county, district and year written on the upper right-hand corner of the label affixed on the folder.

The essay must be on a typewriter or computer using Times New Roman font 12 size and double-spaced with a 1-inch left hand margin. It should be one to three pages in length.

Do not include photographs, clipart, news clippings or page protectors.

All life essays submitted for state judging must include the current signed Life Essay "Release Form" statement by the author giving OHCE the right to read publicly and publish, electronically on OHCE website for public viewing without further financial compensation to the author.

County winner essays must be submitted to the OHCE Awards Chair postmarked by February 1st.

Awards:

1st, 2nd, 3rd - County Award Book: \$25, \$15, \$10

1st, 2nd, 3rd - Local Group Award Book: \$25, \$15, \$10

1st, 2nd, 3rd - Life Essay: \$25, \$15, \$10

Committee:

Tammy Elliott, SE Chairman

Elaine James, SE Member

Karen Ratzloff, SE Member

April Green, SE Member

As the new **President Elect**, this will be an exciting year for me! I am honored to serve all OHCE members in this new leadership role. Thank you for your support and confidence in me to fulfill this office. President, Sandy Pogue, has already begun mentoring me, and I am looking forward to new experiences and leadership growth during this coming year. I'm excited about being together again and working together to strengthen our OHCE organization. It's going to be an amazing year!

Kathy Fentress, President Elect

STATE NOMINATING COMMITTEE

It's that time of year again. Time to think about a position on the OHCE state board. These positions will end at the close of the annual state meeting in 2022 and the new one will begin at the close as well. The 4 District Representative positions begin at the close of the district meeting. All elected positions are a 2 year term.

If you are currently serving in an Appointed or committee position and wish to continue to, you need to submit an application. If you want to change, fill out an application.

If you want to see what the board does and aren't sure if it will be for you. Please call me or another board member and ask questions. We suggest if you will be new to the board to join as a committee member to get your toes wet.

Application needs to be post marked by February 1, 2022. If you are considering a position as a District rep get those applications in quickly. It is still a Deadline of February 1.

We look forward to reading all those applications. Positions are below.

Elective offices to be filled are:

Secretary

District Representative (4)

Appointed Positions:

Parliamentarian

Chaplain

Outreach Newsletter Editor

Historian

Promotional Sales

Appointed committee chairman and members to be filled are:

Arrangements

By-Laws

Budget

Cultural Enrichment

Healthy Living

Membership

Leadership Development

Committee members only

Nominating

Make sure your mail you application to

Leslye Owen

13 Jo Ellen Dr.

Shawnee, OK 74804

Or email to leslyejowen@outlook.com

Leslye Owen Committee Chair 405-823-1066

Janet Barnett member

Mildred Taylor member

Shirley Burns member

2022 LEADERSHIP DEVELOPMENT STATE GOALS

Leadership Development refers to any activity that develops and enhances the quality of leadership attributes, leadership abilities and leadership attitudes of an individual or organization.

Leadership Skills are based on leadership behavior such as decision making toward the greater good. Skills alone do not make leaders—style and behavior do. For effective leadership training and development, start with leadership behavior. The plan of action is to annually emphasize developmental steps toward encouraging individual and organizational leadership skills.

Goals:

- Promote diversity and inclusion by understanding the diverse population.
- Encourage establishment of county chairman for Leadership Development
- Encourage members ownership and involvement in their local and county organizations by developing effective members through team building.
- Foster leadership in new members through shared roles that build confidence in new skills.
- Encourage ongoing participation in the Master Family & Consumer Sciences Volunteer Program by increasing state-wide certification 50% annually by providing group training at local and county levels.
- Offer opportunities for OHCE members, 4-H groups and community organizations on these suggested topics:
 - a) Leadership styles
 - b) Importance of Communication Channels
 - c) Knowledge of Proper Parliamentary Procedure by Conducting Effective Meetings
 - d) Managing and coping with individual, group and societal changes.
- Develop the next generation of leaders. Encourage participation in community forums to address local issues using public deliberation, and through the education of citizens on their voting rights, privileges and responsibilities; with potential implementation grants such as Leadership Development and Civic Engagement (LDCE), and Ambassadors.
- Provide grant writing workshops to better understand the Leadership Development and Civic Engagement (LDCE) and Ambassador Grants.

Leadership Project Report must be on a **LEADERSHIP** project, be submitted by a county or local group, written in story form with 1 to 3 pages
OHCE members and group involvement

How did the project network with non-members and/or groups

Type of leadership exhibited

List the objective, action taken, and results

Photos and news articles are required

LEADERSHIP PROJECT AWARD

1st, 2nd, 3rd - **County Awards:** \$25, \$15, \$10

1st, 2nd, 3rd - **Local Awards:** \$25, \$15, \$10

Masters FCS Volunteer Programs COUNTY PERCENTAGE BASED

PARTICIPATION AWARDS

1st., 2nd, and 3rd place certificates

Committee Members:

Dee Porter, NE Chair

Brandy Jones, WN Member

Rose Anne Jackson, SE Member

Christine Hammond, SE Member



RESOURCE MANAGEMENT STATE GOALS – 2022

A. Focus Area I: Resource Management

Objective: Increase positive consumer and community practices and actions that protect family finances, homes, and communities. Take measures to protect personal assets and technology management for the 21st century.

Action

Provide lesson on methods for managing assets, basic budgeting and financial tools, and protection of assets.
Encourage all OHCE members to become Master Family and Consumer Sciences Volunteers.
Encourage better time management among all OHCE members.
Eliminate food waste with menu planning and better shopping practices.
Managing resources online.
Safe practice in disposing of old medication.

Resources

Annualcreditreport.com – The official website for receiving your free annual credit reports.
Protecting Yourself – Educate members about the kind of review and planning needed to protect assets including: insurance, inventories, the role of checking credit in avoiding identity theft, and estate planning (suddenly single) including online sites and resources
Extension educators and specialists
Local Insurance agent
Oklahoma Insurance Department
FDIC website: fdic.gov
NICU website
FTC.gov website
Consumerfinance.gov
Create support groups for newly single persons to gain resources for emotional support and financial information
SSA.gov – Social Security Administration
Healthcare.gov – Healthcare marketplace
FDA.gov
Local Prevention Networks – medication disposal information
Oklahoma Department of Environmental Quality (DEQ)

B. Focus Area II: Environmental

Objective: To increase and promote actions of individuals, families, and communities to promote and practice water and energy conservation and positive recycling practices.

Action

Provide information on what can be recycled and what happens to recycled materials.
Organize community clothing swap.
Encourage club members and communities to develop good water conservation practices and use of water testing, both town and rural water.
Educate and encourage others in maintaining and repurposing clothing and household items.
Recognize impacts and critical roles that individuals may have on personal and community environments and development.
OHCE clubs will develop and or maintain a community planting project using Oklahoma proven plants.
Donating books to the local library
Repurposing old furniture

Resources

Save One Gallon a Day-A county and state-wide initiative to increase awareness and participation in water conservation. Each club can develop ideas for saving water.
More Energy at Home – Five easy steps for saving on home energy. (teach to 4-H)
Healthy homes-Teach consumers no and low-cost healthy homes practices.
Fact sheets related to fruit, vegetable, plant, and tree varieties that grow best in Oklahoma.
Encourage community beautification.
Healthy Housing: A program that is designed to teach consumers the seven principles of healthy housing (Keep it (1) dry, (2) clean, (3) safe, (4) well-ventilated, (5) pest-free, (6) contaminant-free, (7) maintained). By maintaining a healthy home, consumers will reduce risk while maintaining or increasing well-being.
Department of Environmental Quality (DEQ) 707 North Robinson, Oklahoma City (405) 745-7120
County Commissioners.
OSU County Educators and 4-H Environmental Stewardship Team members.
Public Libraries and Internet.
Legislators.
OSU Specialists.
US Ag Recycling Inc. 1-800-654-3145.
Salvation Army or local thrift store (for recycling).
OK Environmental Management Authority, 1505 Rock Road, (405) 262-0161.
Water Resource Board, 3800 North Classen Blvd., (405) 530-8800.
Keep Oklahoma Beautiful Project - For flyers, presentations, and information (405) 521-1044.
Beautification Coordinator, Oklahoma Department of Transportation (ODOT); 200 NE 21st, Oklahoma City, OK 73105, (405) 521-4037.
Master Gardener programs.
Local Nurseries and Landscapers
Use landscape plants that need less water.
RecycleOK.org
Hud.gov – Healthy Homes

Observe Special Days

Earth Day.
Observe National Safe Drinking Water, month of May.
Adopt-A-Highway program.
Organize and/or support “Household/Farm Hazardous Waste” Collection.
Arbor Day, last full week of March.

Awards:

1st, 2nd, 3rd - County Award Book: \$25, \$15, \$10
1st, 2nd, 3rd - Local Group Award Book: \$25, \$15, \$10

Committee:

Margaret Barbour, SE district, chair
Jacque Compton, SE district, Member
Robbie Sloan, SE district, member
Rita Hunt, SE district, Member

2022 Membership Dues

COUNTY TREASURERS:

It's that time of year again! As always the state dues for 2022 are due to the state by November 1. You should be collecting the money and membership forms from all of your local groups on or before October 15th. Copies of all membership forms should be taken to the County Educator (or office) to compile a new Master Membership Roster. Please send this new Membership Roster along with a completed Treasurer Form and a County check made payable to OHCE equal to \$12.50 per member. Any other contributions can be included in this check providing you note on the Treasurer Form to which entities you wish to donate the amounts. **THE NUMBER OF MEMBERS ON THE ROSTER MUST MATCH THE NUMBER OF PAID MEMBERS.** Please be certain that the information is put in the proper format that each county has for their records.

IMPORTANT By November 1, send an exact duplicate of all information to the OSU State Office. (All forms can be found on the OHCE Website under RESOURCES and then FORMS). It is VERY important that this information be received. When member information is not received in a timely manner those paid members cannot receive the benefits of their membership.

DO NOT SEND INDIVIDUAL MEMBERSHIP FORMS WITH THIS FIRST MAILING. Only send individual forms when you have members that may be joining late. Again, be sure these are added to your rosters and uploaded to the State office as they are received. You are to send one master list with all information on or before November 1.

EDUCATORS: It would be extremely helpful if you send a clean copy with current information for each paid member. It is confusing when there are some names marked through, deleted and several counties have different methods to divide groups with color coding, etc. This is fine for your records, but if you could turn off the color codes before sending, it would be greatly appreciated. Electronic versions are preferred, providing you make sure your County Treasurer has put the check and the Treasurers Form in the mail.

If you have any questions or concerns about your County Treasurer responsibilities, please do not hesitate to call or you may email me and I will respond as quickly as possible.

DUE TO THE FACT WE HAD A LATER THAN USUAL PLANNING MEETING, THIS NEWSLETTER IS A BIT LATER THAN USUAL. PLEASE COMPLETE THE ABOVE REQUESTS AS QUICKLY AS POSSIBLE SO THAT WE MAY GET BACK ON TRACT WITH OUR REPORTING.

Shella Burnett, OHCE State Treasurer

25106 S. Oak Street, Claremore, OK 74019

Cell: 918-697-8606



LDCE Grant Application Due October 15

The Leadership Development and Citizen Engagement (LDCE) grant application is due October 15, 2021 and again April 1, 2022. The LDCE grant is a maximum \$1,500 award that is available to Extension educators as well as to OHCE members. The ideal situation is for a county educator to partner with an OHCE member, group, or volunteer. At one time there was no specific due date for LDCE grant applications, but please note that there are deadlines and the next one is coming up very soon.

The LDCE grant is intended to fund projects that clearly promote leadership development. The funds can be used to help fund a training that is designed to develop specific leadership skills. Examples might include diversity training or officer training—perhaps in parliamentary procedure. Participation in a local leadership class would be eligible for funding. The grant can also fund projects that are expected to be important to a particular community and address issues of public concern such as public safety, recycling, bullying, etc.

Even though the deadline is fast approaching for the October 15th cycle, if you have a project in mind, you have time. The proposal is only expected to be 1-2 pages in length and an outline is provided for you. Information about the LDCE grant, including the application form, may be found on the [OHCE Resources webpage](#). If you do not have the link, just go to OHCE.okstate.edu and choose Resources from the menu on the right.

Applications are due to [Brenda Miller](#), LDCE Committee Convener, by October 15, 2021.

Submitted by Dee Porter

Greetings from the FCS Extension State office! It was wonderful to see some of you at the recent OHCE State Board and Planning Meeting. The room was filled with energy as we talked about goals and upcoming programs. I look forward to the state and district lessons that OHCE membership voted on; I am certain that the members will be pleased with the selections. The topics range from developing OHCE to dealing with stress. I am reminded of the phrase flexy, flexy, flexy. As always, thank you for your commitment to making an impact in Oklahoma. Your good work makes a difference! Let's continue to take care of ourselves and our friends.

GINA PEEK
INTERIM ASSOCIATE DEAN
 Extension, Engagement and Continuing
 Education College of Education and
 Human Sciences



From Family Issues Committee Chair

The Family Issues Committee met during the fall board meeting to plan our 2022 year. We will be offering two workshops at each district meeting this year. If it works for each district, our afternoon workshop will be a continuation of the morning workshop, but it is not required that you attend both. Our morning workshop will be, *Ways to Jumpstart the "New Normal"* and the afternoon workshop will be a continuation or as we like to call it part 2, *Applying Mindfulness & Communication Techniques to Jump Start the "New Normal"*. We hope you make plans to attend one or both workshops at your district meeting.

Tammy Elliott Family Issues Chairman

Resource Management News

I want to thank Megan Montieth, OSU Resource Management Specialist, committee members Rita Hunt, Robbie Sloan and Jacque Compton for their help during the OHCE State Goals Planning Meeting October 5, 2021 in Stillwater.

We went over the goals and decided to add managing resources online and safe practice in disposing of old medications.

Megan Montieth will be presenting a workshop on Medical Identity Theft at all districts. Medical Identity theft can be a real burden if it happens to you. A thief may use your name or health insurance number to get care for themselves. The workshop will help you detect signs of medical identity theft, protect your medical information, and what to do if you notice mistakes or find out your identity has been used.

Margaret Barbour. Resource Management Chair.

Our theme for this past year has been education. Education is the wings on which dreams fly. This phrase was coined at an unknown time by an unknown author. I dare say, one of the reasons each one of us has joined this organization is because we like to learn new things. Being a life-long learner is important to us. I hope over the past year you have been able to engage in learning something new. Maybe it was a new craft or food preservation method while you were stuck at home. I made a new baby quilt pattern called "Ring Around the Rosy" for my granddaughter that was born during the pandemic. Many of us learned new technological skills, including ZOOM, which we used to conduct the business of our organization. Maybe you used those same skills to connect to church services or with family or friends you couldn't see in person. We learned we can be flexible when it comes to the holidays and all our family traditions that are dear to us. We learned that, just like a flexible rubber band stretches, we can stretch ourselves to reach beyond our norms. I pray that in the years ahead, we will all continue to learn, grow, and stretch beyond our box, our comfort zone.



On the front of the 2020 Handbook there is a statement that reads, "Working together to build better communities through education with leadership and service." One of the main reasons I love this organization is the leadership we take to serve in our communities across the state. With that in mind, I have chosen the phrase, "Live Last" as the theme for my second year as State President. This phrase is actually inspired by scripture when Jesus said to his apostles, "If anyone wants to be first, he must be the very last, and the servant of all." Mark 9:35 NIV I believe the words "Live Last" will serve as a reminder and encouragement for all of us to live our lives putting other's needs before our own, to daily live the "Golden Rule". Remember, most of us learned the Golden Rule in elementary school. I remember exactly which class I learned it in. It was 1st grade with Mrs. Pierce. "Do unto others what you would have them do unto you." In other words, treat others the way you want to be treated. Do for others when you see there is a need. Live Last. Whether it is giving your change for Women Empowered projects through ACWW, or a Hunger in Oklahoma project, or a project for any of our wonderful standing committee goals, thank you for putting the needs of others first and living last.

This newsletter includes the goals of our committees. Thank you for being patient while waiting for these to be published. We still had to be flexible from our normal schedule this year, but hopefully, next year we will be able to get back on the schedule to which we are accustomed. Please, never hesitate to reach out to me if you have questions or concerns. I look forward to the year ahead and working with new members of the state board. I wish you the best as you take these goals and plan in your counties what community service projects you want to focus on in 2022. I pray your Thanksgiving and Christmas times are filled with family, fun, and laughter.

Sandy Pogue, OHCE State President

NEWS FROM YOUR VICE-PRESIDENT of PROGRAMS

Hello Everyone, Plans for the 2022 State Conference are progressing .The theme is "All aboard for OHCE".

The date is July 10- 12,2022. At present plans are to return to the Champion Conference Center in OKC.

If you have a workshop you would like to present please let me know. Thank you so much



Darline Ruyle,
Vice President of Programs

PROMOTIONAL SALES

If you are wishing to place an order from the Promotional Sales, please visit the OHCE State President updates and information **FACEBOOK PAGE** to see photos and prices. Please feel free to contact me to place your order.

Angie Hudson
(405) 826-3269
ohcepromotionalsales@gmail.com

News from the State Project Committee...

This State Board meeting has come and gone, leaving members with a multitude of exciting challenges. Come join the State Project Team during 2022 District Meetings as we present current activities and share strategies to implement our goals: how to **"Become A Youth Hunger Hero**

A happy time, this was the first time all committee members were together at the same time and place == how exciting and profitable. We welcome new committee member: Ashlee Overall, Tulsa County.

Happy and Safe Holidays

Ashlee Overall
Tammy Watts
Rebekah Williams
Marle Jones, Chair



PAST OHCE PRESIDENTS
in attendance at 2021 State Meeting

Back Row: Leslye Owen, Pam Vaughn, Debra Stevenson
Front Row: Shirley Burns, Debbie Wagstaff, Sheila Ely

I AM HAPPY TO BE SERVING AS YOUR CHAPLAIN.

I WOULD LIKE TO INTRODUCE MYSELF AND SHARE A THOUGHT OF THE DAY WITH MY FELLOW OHCE MEMBERS.



MY NAME IS JOY TRAMMELL. I LIVE IN CHESTER AND HAVE BEEN MARRIED FOR 36 YEARS TO MY HUSBAND RON, WE HAVE 2 WONDERFUL CHILDREN AND 4 GRANDCHILDREN, WHO KEEP OUR LIVES EXCITING AND BUSY. I HAVE BELONGED TO THE DEWEY COUNTY OHCE CLUB FOR ONLY 5 YEARS BUT I HAVE BEEN AN OLD YHO MEMBER AND CURRENTLY A SEILING COMMUNITY HOMEMAKER MEMBER FOR OVER 35 YEARS, BOTH OF THESE CLUBS HAVE A LOT OF THE SAME PRINCIPLES AS OHCE.

MY GOAL OF BEING AN ACTIVE CLUB MEMBER IS TO UPHOLD AND TO FOLLOW IN MY MOTHERS FOOTSTEPS. TO BE A GOOD FAITHFUL SERVANT TO MY COMMUNITY AND GOD. I LOOK FORWARD TO MEETING YOU ALL.

OH LORD, WHEN I GROW WEARY PLEASE HELP ME TO REMEMBER EACH AND EVERY DAY:

- TO COUNT MY BLESSINGS AND NOT MY CROSSES;
- TO COUNT MY GAINS AND NOT MY LOSSES;
- TO COUNT MY LAUGHS AND NOT MY TEARS;
- TO COUNT MY JOYS AND NOT MY FEARS;
- TO COUNT MY HEALTH AND NOT MY WEALTH;

2022 SE DISTRICT Meeting

The SE District planning committee from Carter, Love, Marshall, Bryan and Johnston Counties met September 20, 2021. They have made major decisions. The meeting will be held March 8th at the Ardmore Convention Center 2401 N Rockwell Road, Ardmore, OK 73401.. Cost will be \$25 per person. The increase is due to an increase in meal and venue prices. The theme is "Back in the saddle with OHCE."

Holiday Inn I35 next to the convention center will have rooms available. Members need to reserve rooms as soon as possible. Cost \$94 plus tax. Rooms will be listed SE District OHCE. 580/226/3333

The committee requests all board members and committee chairs that will be giving morning workshops to complete forms and return by November 1st. We also have forms for workshops which will be needed to register in advance. These workshops have a fee and may be paid with registration.

A few of the workshops are Leather tooling, making your own key fob, table runner demo, glass plate flowers yard art, WWII code talkers, Container gardens and several more.

Teo Hair teo.hair@gmail.com 918/775/1364

WEST DISTRICT SOUTH REGION

March 25, 2022 **BE A FLAMINGO**

The West District-South Region will hold its District Meeting on March 25, 2022 at the First United Methodist Church in Duncan. *Be a Flamingo – Stand Tall, Stand Out, Stay Balanced, Dream Big* is the theme for the event. Committee meetings have been very productive. Night-before meal will be held at the church hosted by Stephen County’s Sunshine Group at 6pm. Officers will be able to tour the facility and access their workshop rooms. The Oklahoma Wheat Commission will provide cinnamon rolls to begin the day on Friday. A box lunch will be served. Rooms will be blocked at two hotels in Duncan. Detailed registration (\$25) information will be in the Spring Edition of the newsletter.

Pam Vaughn, West District South Representative

2022 West District North Meeting

Saturday March 26 , 2022 at the Event Center at the Fair Grounds in Woodward. Host countries are Dewey , Ellis and Woodward.

Thanks, Marilyn Gibson. West District North Region Rep

N E District PLANS

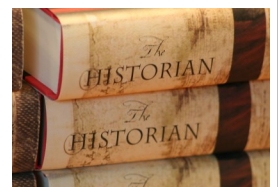
Greetings from the Northeast District. Planning Meetings have been very fruitful with March 29, 2022, as first choice for next year’s meeting and of course alternate dates. A trip to view the Armed Forces Reserve building in Wagoner County left us almost breathless with the beauty both inside and out, many rooms for workshops and demonstrations as well as more than six hundred parking spaces. The theme was readily agreed upon, Officers were selected, and assignments divided among Wagoner, McIntosh and Muscogee counties. Brainstorming time went too fast with many suggestions on which to work. Many things were accomplished, and we look forward to meeting again on October 25th. Get ready for 2022 to be a very exciting year for OHCE! There is a lot of work to complete these meetings, but it is very rewarding.

Rita Lee, N E District Representative

Hello Everyone,

I’m so excited to be your new state Historian. If you are a county or local group Historian and have any questions, I would love to hear them. Please consider appointing a county Historian if your county doesn’t have one. Our history is so important to preserve and protect. I look forward to seeing everyone at the District meetings and State meeting next year!

TIP: I know you think everyone does it, but they don’t. Please write names on the back of photos with a pencil, photo safe ink or a piece of tape so that future generations will know the names of the people in the photos. We are out of the habit because of digital photos and we need to make sure we document member’s names.



Thank you and see you soon!

Shirley Burnett, State Historian



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Okla. City, OK 731

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Norman, OK 73026

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FALL 2021 OHCE.OKSTATE.EDU

OHCE OUTREACH VOLUME 30

OHCE OUTREACH ADDENDUM

Awards and Reports Chair

What an honor it is to be your new Awards & Reports Chair. I am so looking forward to renewing old acquaintances and meeting new members of OHCE. It was so wonderful getting to see everyone at the State Meeting. I am looking forward to going to all the District Meetings and getting to recognize some outstanding members

Be sure to elect your Heart, Member, Rookie and Young Member. We have some awesome members that do so much for your communities. Let's get these awards sent in. From local, to county, to district and on to state, we have many that are so deserving of these awards.

Hopefully your groups have been meeting and working on projects. Remember to send in your reports for 2021. The reports MUST be postmarked by February 1st to be judged. Please send all reports to:

Debble Wagstaff
Awards & Reports Chair
PO Box 94
Morrison, OK 73061