Local Resources Available WASHITA COUNTY

<u>Health Lifestyles / Mental / Behavior Health</u>

WASHITA CO. OSU EXTENSION SERVICE 125 W. Main, Cordell, OK 73632 580-832-3356

- Co-Parenting for Resilience Classes
- Parenting & Child Development Information
- Nutrition Information
- Budgeting & Money Management Information

DEPARTMENT OF HUMAN SERVICES 106 Lowber Lane, Cordell, OK 73632 580-832-3391 or 1-800-734-7519

- Temporary Assistance to Needy Families
- Food Stamps
- Daycare Assistance
- Medical Assistance
- Employment Assistance
- Social & Rehabilitative Services

WESTERN OKLAHOMA FAMILY CARE CENTER

609 West E Avenue, Elk City, OK 73644 580-225-5500

- Utilities Bills Assistance
- Clothing & Household Needs
- Dental & Medical Clinic
- Pharmacy Assistance
- Benevolent Services
- Educational Activities

ACTION ASSOCIATES 10651 US HWY 183, Clinton, OK 73601 580-323-8700

- Individual & Family Counseling
- 24 Hour Crisis Hotline 580-323-2604
- Services for Victims/Survivors of Domestic Violence, Sexual Assault, Stalking and Human Trafficking

COMMUNITY ACTION DEVELOPMENT CORPORATION

(Main Office) 105 South Main, PO Box 989 Frederick, OK 73542 (580)335-5588

- Emergency Assistance
- Referrals
- Voluntary Income Tax Assistance
- Rx Program
- Affordable Care Act
- Child Care

Washita County Office: 122 South 3rd Street, PO Box 447 Sentinel, Ok 73664 (580)393-2216

• Frozen Meals to Seniors and Persons with Disabilities

FIRST CHOICE PREGNANCY CENTER 100 W College Ave., Weatherford OK 73096 580-772-7900 or text 580-789-9871

- Pregnancy Testing
- STD Testing & Treatment
- Pregnancy Options
- Ultrasounds
- Mentoring Program
- Post Abortion Support

MULTI-FAMILY YOUTH AND FAMILY SERVICES

600 Avant, PO Box 104, Clinton, OK 73601 580-323-3322

- Outpatient Counseling
- Parent Child Interactive Therapy
- Play Therapy

Continue on back

GREAT PLAINS YOUTH AND FAMILY SERVICES, INC.

901 S. Broadway Ave. Hobart, OK 73651 580-726-3383

- Parenting Skills Training
- Coping Social Skills
- Mentoring
- Emergency Shelter Homes
- Addiction Information and Treatment
- Child Care Resource & Referral
- Individual & Group Counseling

RED ROCK BEHAVIORAL HEALTH SERVICES 90 N 31st, Clinton OK 73601 580-323-6021

- Adult and Children's Outpatient Therapy services
- Case Management Services
- Screening Intake and Referral Services
- Psychiatric Rehabilitation Services
- Adult and Children's Medication Clinic Services
- Services to Homeless Individuals
- Peer Support Services
- Emergency Services
- Wellness Activities and Support
- Health Team Services
- Adult Drug Court
- Intensive Outpatient Services.

Substance Abuse / Addictions

ALCOHOLICS ANONYMOUS

• Group Counseling

Cordell Group Church of Christ N College St. & 4th Street, Cordell 73632 Meets Tuesday at 7:00pm and Saturday at noon

New Leaf Group Cumberland Presbyterian Church 205 OK-44, Burns Flat, OK 73624 Meets Tuesday, Friday, Saturday at 7:00pm

Broad Highway Group 310 Pueblo Trail, Burns Flat, OK 73647 Meets Wednesday at 8:00pm

Dill City Group 815 Roach Street, Dill City, 73641 Meets Monday and Thursday at 8:00pm

Food Bank

JUDAH HOUSE OF SI'ON 312 N Glenn English, Cordell, OK 73632 580-660-0592

Beckham County Supportive Services 609 W. Ave. E., Elk City, OK 73644 580-243-0770 Monday & Wednesday 2:00 pm - 5:00 pm