

Mental/Behavioral Health:

- **Tri-City Youth & Family Center**  
14625 N.E. 23<sup>rd</sup> St.  
Choctaw, OK 73020  
(405) 390-8131
- **Family Builders**  
415 N.W 5<sup>th</sup> St.  
Oklahoma City, OK 73102  
(405) 232-8226
- **Calm Waters**  
4334 NW Expressway Suite 101  
Oklahoma City, OK  
(405) 841-4800
- **Sunbeam Family Services**  
1100 NW 14<sup>th</sup> St.  
Oklahoma City, OK  
(405) 528-7221
- **NorthCare**  
2617 General Pershing Blvd  
Oklahoma City, OK  
(405) 272-0660
- **RedRock Behavioral Health Services**  
4400 N Lincoln Blvd  
Oklahoma City, OK  
(405) 424-7711
- **The Child Study Center**  
1100 NE 13<sup>th</sup> St.  
Oklahoma City, OK  
(405) 271-5700
- **Pivot, Inc.**  
201 NE 50<sup>th</sup> St.  
Oklahoma City, OK  
(405) 235-7537

Substance Abuse/Addictions:

- **A Chance to Change Foundation-Counseling**  
5228 Classen Boulevard  
Oklahoma City, OK  
(405) 840-9000
- **The Recovery Center**  
1215 NW 25<sup>th</sup> St.  
Oklahoma City, OK  
(405) 525-2525
- **The Child Study Center**  
1100 NE 13<sup>th</sup> St.

Oklahoma City, OK  
(405) 271-5700

- **Pivot, Inc.**  
201 NE 50<sup>th</sup> St.  
Oklahoma City, OK  
(405) 235-7537

Individual/Couple Counseling:

- **Tri-City Youth & Family Center**  
14625 N.E. 23<sup>rd</sup> St.  
Choctaw, OK 73020  
(405) 390-8131
- **Family Builders**  
415 N.W 5<sup>th</sup> St.  
Oklahoma City, OK 73102  
(405) 232-8226
- **Canadian County Youth & Family Services**  
7565 E Highway 66  
El Reno, OK  
(405) 262-6555
- **Bilingual Counseling Services, Fabiana Males Med., LPC**  
2 East 11<sup>th</sup> St. Suite 111  
Edmond, OK 73034  
(405) 473-6980
- **NorthCare**  
2617 General Pershing Blvd  
Oklahoma City, OK  
(405) 272-0660
- **RedRock Behavioral Health Services**  
4400 N Lincoln Blvd  
Oklahoma City, OK  
(405) 424-7711
- **The Child Study Center**  
1100 NE 13<sup>th</sup> St.  
Oklahoma City, OK  
(405) 271-5700
- **Pivot, Inc.**  
201 NE 50<sup>th</sup> St.  
Oklahoma City, OK  
(405) 235-7537
- **Edmond Family Counseling**  
1251 N. Broadway  
Edmond, OK  
(405) 341-3554

Religious groups: Divorce Care Support Groups

- **McFarlin Memorial United Methodist Church**  
419 S. University Blvd  
Norman, OK  
(405) 321-3484
- **Bethany First Church of the Nazarene**  
6789 NW 39<sup>th</sup> Expressway  
Bethany, OK  
(405) 789-2050
- **Council Road Baptist Church**  
2900 North Council Road  
Bethany, OK  
(405) 789-3175
- **Chapel Hill United Methodist**  
2721 W. Hefner Road  
Oklahoma City, OK  
(405) 751-0755
- **Crossings Community Church**  
14600 N. Portland  
Oklahoma City, OK  
(405) 755-2227
- **Westmoore Community Church**  
12609 S. Western Ave.  
Oklahoma City, OK  
(405) 378-0100
- **Edmond Church of Christ-Children's Program Offered**  
801 South Bryant Ave.  
Edmond, OK  
(405) 341-3353
- **First Baptist Church of Moore**  
301 N. 27<sup>th</sup> St.  
Moore, OK  
(405) 793-2600
- **Southpointe Church**  
13300 Straka Farm Road  
Oklahoma City, OK  
(405) 706-7815
- **Henderson Hills Baptist Church**  
1200 E. I-35 Frontage Rd.  
Edmond, OK  
(405) 341-4639
- **Metropolitan Baptist Church-Children's Program Offered**  
7201 West Britton Rd.  
Oklahoma City, OK  
(405) 722-2500
- **Quail Springs Baptist Church**  
14613 N. May Ave  
Oklahoma City, OK  
(405) 755-9240
- **North Church**  
1601 W Memorial Rd  
Oklahoma City, OK  
(405) 341-1200

For more information:  
<http://www.divorcecare.org>

Family Violence:

- **Care Line Helpline**  
(405) 848-2273
- **Child Abuse Hotline**  
(800) 522-3511
- **YWCA-Domestic Violence Hotline**  
(405) 917-9922
- **24-Hour Safeline**  
(800) 522-7233
- **Oklahoma City Police Department's victim services program**  
(405) 297-3422
- **Latino Community Development Agency**  
(405) 236-0701 (for help in Spanish)

Financial Planning:

- **Consumer Credit Counseling Service**  
(405) 789-2227  
Locations in Bethany, Mid-Del, Edmond, Norman and South OKC

Co-Parenting Internet Resources

**Oklahoma Supreme Court Network**  
([www.oscn.net](http://www.oscn.net)): Includes court case information, legal forms, 2005 standard visitation schedule, and Early Settlement Mediation programs.

**Oklahoma Bar Association**  
([www.okbar.org](http://www.okbar.org)): Includes contact information for county associations, community outreach services, low or no cost brochures.

**Calm Waters** ([www.calmwaters.org](http://www.calmwaters.org)); OKC agency that provides free support groups for adults and children who have experienced divorce or the death of a loved one. Also teach "Calming the Storms of Divorce" seminar for divorcing parents.

**Protective Order forms:**  
[http://www.oscn.net/static/forms/aoc\\_for\\_ms/protectiveorders.asp](http://www.oscn.net/static/forms/aoc_for_ms/protectiveorders.asp)

**Consumer Credit Counseling Services of Central Oklahoma** ([www.ccsok.com](http://www.ccsok.com)): Offers Personal Money Power workshops, free fact sheets, homebuyers and homeowners education, online counseling.

**Oklahoma 529 College Savings Plan**  
([www.ok4saving.org](http://www.ok4saving.org)): Program for Oklahoma families to save for higher education. Offers choice of investment options and flexibility to use at any qualified higher education institution in the U.S. or abroad. Oklahoma income tax deduction.

**National Center for Fathering**  
([www.fathers.com](http://www.fathers.com)): Includes tips for dads, national initiatives to get dads involved in their children's lives, research-based training from the national center available.

**VINE**-(877) 654-8463 toll free automated system operated by the state attorney general's office notifies victims by phone or email when an offender is released from custody. [www.vinelink.com](http://www.vinelink.com)

## Co-Parenting APPS

**2Houses-** Provides a joint calendar for both co-parents to edit and update scheduled events. Parents can also update medical records, child related expenses and upload photos to share.

**Kidganizer-** Promotes positive communication for cop-parents who do not always communicate well face to face. It also features custody and expenses management.

**Cozi-** Shared calendar app for co-parents that can link to many other calendars. This app also allows children to view and access the calendar and be part of the scheduling.

**Life360-** Allows co-parents to view the location of their children which can help create peace of mind. The app can also allow children to view the locations of their parents.

**Our Family Wizard-** Provides space to share information, manage expenses, and allow access to legal services.