Local Resources Available BECKHAM COUNTY

<u>Health Lifestyles / Mental / Behavioral Health</u>

BECKHAM CO. OSU EXTENSION SERVICE 301 E. Main, Suite 3, Sayre, OK 73662 580-928-2139

- Co-Parenting for Resilience Classes
- Nutrition Information
- Child Development Information
- Budgeting & Money Management Information

DEPARTMENT OF HUMAN SERVICES 102 S 3rd St, Suite 5, Sayre, OK 73662 580-928-4000

- Temporary Assistance to Needy Families
- Food Stamps
- Daycare Assistance
- Medical Assistance
- Employment Assistance
- Social & Rehabilitative Services

WESTERN OKLAHOMA FAMILY CARE CENTER

609 West E Avenue, Elk City, OK 73644 580-225-5500

- Utilities Bills Assistance
- Clothing & Household Needs
- Dental & Medical Clinic
- Pharmacy Assistance
- Benevolent Services
- Educational Activities

HEART TO HEART PREGNANCY CLINIC PO Box 2122, 500 S Lusk, Elk City, OK 73648 580-225-4642

Text: 580-821-HOPE

- Pregnancy Testing
- Ultrasounds
- Mentoring
- Material Support

COMMUNITY ACTION DEVELOPMENT CORPORATION

(Main Office) 105 South Main, PO Box 989 Frederick, OK 73542 (580)335-5588

Beckham County Office 304 W Main Sayre, OK 73662

Toll free: 1-800-524-5552

- Emergency Assistance
- Referrals

580-928-2199

- Voluntary Income Tax Assistance
- Rx Program
- Affordable Care Act
- Child Care

ACTION ASSOCIATES

10651 US HWY 183, Clinton, OK 73601 580-323-8700

- Individual & Family Counseling
- 24 Hour Crisis Hotline 580-323-2604
- Services for Victims/Survivors of Domestic Violence, Sexual Assault, Stalking and Human Trafficking

GREAT PLAINS YOUTH AND FAMILY SERVICES, INC.

901 S. Broadway Ave. Hobart, OK 73651 580-726-3383

- Parenting Skills Training
- Coping Social Skills
- Mentoring
- Emergency Shelter Homes
- Addiction Information and Treatment
- Child Care Resource & Referral
- Individual & Group Counseling

RED ROCK BEHAVIORAL HEALTH 3080 W. 3rd, Elk City, OK 73644 580-225-5136

- Adult and Children's Outpatient Therapy services
- Case Management Services
- Screening Intake and Referral Services
- Psychiatric Rehabilitation Services
- Adult and Children's Medication Clinic Services
- Services to Homeless Individuals
- Peer Support Services
- Emergency Services
- Wellness Activities and Support
- Health Team Services
- Adult Drug Court
- Intensive Outpatient Services.

Substance Abuse/Addictions

ALCOHOLICS ANONYMOUS

• Group Counseling

Elk City Southside Group (Behind Holiday Inn) 105 Meadow Ridge Dr., Elk City, OK 73664 (Behind Holiday Inn) Meets Sunday, Monday, Tuesday, Wednesday, Thursday, Friday at 8:00pm

Elk City Original Group St. Matthews Catholic Church 3001 E State HWY 66, Elk City, OK 73644 Meets Monday at 12:00 noon & 7:00pm; Tuesday, Wednesday, Thursday, Friday at 12:00 noon

Erick Alcoholics Anonymous Group 100 E 1240 Rd., Erick OK 73645 Meets Thursday at 8:00 pm

Hope Group 11366 N 1780 Rd., Sayre, OK 73662 Meets Monday, Wednesday, Friday at 8:00pm

Sayre A.A. Group 1310 N 2nd St., Sayre, OK 73662 Meets Monday at 6:00pm, Wednesday at 8:00pm, Saturday at 12:00 noon

Food Bank

Beckham County Supportive Services 609 W. Ave. E., Elk City, OK 73644 580-243-0770 Monday & Wednesday 2:00 pm - 5:00 pm

St. Mathews 3001 E. Highway 66 Access Rd. Elk City, Ok 73644 580-225-0067 Tuesday 12:00 pm – 2:00pm