

## **RULES FOR COUNTY PHOTOGRAPHY CONTEST**

1. Photo must be of an OHCE activity and members, in color, with photo no larger than 5x7 inches.
2. Photography must be taken by an OHCE member during the previous year.
3. Please mount photo on mat board no larger than 5x7 inches, do not attach to a folder.
4. LABEL should be placed on the back of the mat board: include name, county, and district. Write the name of the OHCE members in the picture on the back as well. Also place a label briefly describing the activity pictured and place on front of the matting.
5. Each county may submit 3 entries (may or may not be taken by the same person).
6. Photos will be judged on photography skills.

**Photos become the property of OHCE for promotional purposes.**

## **RULES FOR LIFE STORY ESSAY CONTEST**

1. Two entries per county, one entry per person.
2. Entry must be written by an OHCE member in good standing.
3. Entries will only be judged if they are placed in a 3-brad paper folder with pockets for 8 ½ x 11 paper. Information is needed in the following order: Life story, name of author, address, county, district, and year written on the upper right-hand corner of the label affixed to the folder.
4. The essay must be written on a typewriter or computer using Times New Roman font, size 12 and double-spaced with a 1-inch left-hand margin. It should be 1-3 pages in length.
5. Do not include photographs, clipart, or news clippings.
6. All life essays submitted for state judging must include the signed Life Essay "Release Form" statement, by the author, giving OHCE the right to read publicly and publish or post electronically on OHCE website for public viewing without further financial compensation to the author.
7. County winner essays must be submitted to the OHCE Awards Chair, postmarked by February 1<sup>st</sup>.

**LIFE ESSAY RELEASE FORM  
FAMILY ISSUES COMMITTEE**

I hereby authorize Oklahoma Home and Community Education, Inc. (OHCE) to read publicly and publish without further financial compensation, my entry for the Life Essay Contest.

By signing this form, I agree to release all rights to the essay that I have entered.

I understand that my essay may be published in book form and sold as a fundraiser with OHCE receiving all the profits or published electronically on the OHCE website for public viewing.

Story Title: \_\_\_\_\_

Print OHCE Member's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, & Zipcode: \_\_\_\_\_

County: \_\_\_\_\_

Telephone Numbers: (    ) \_\_\_\_\_ (    ) \_\_\_\_\_

Email Address: \_\_\_\_\_

OHCE Member Signature: \_\_\_\_\_

Date: \_\_\_\_\_