

# Master FCS Volunteer Program Post-Test

Name: \_\_\_\_\_ Date: \_\_\_\_\_

County: \_\_\_\_\_ County Educator: \_\_\_\_\_

Email Address: \_\_\_\_\_ OHCE Group: \_\_\_\_\_

## Instructions

Read each question carefully and then print the letter of the correct answer next to the question or write your response to an open-end question in the space provided. If a question has more than one correct answer it will say "mark all that apply".

## MODULE 1 – COOPERATIVE EXTENSION

- 1) \_\_\_\_\_ **Land Grant Institutions have 3 missions. These are:**
  - a. Teaching, Extension and Finance
  - b. Research, Teaching and Athletics
  - c. Extension, Research and Politics
  - d. Research, Teaching and Extension
  
- 2) \_\_\_\_\_ **The second Morrill Act of 1890 required states to show race was not an admission criteria for their land-grant institution and:**
  - a. Admit people of all races and colors
  - b. Provide cash for states to designate a separate land-grant institution for persons of color
  - c. Provide cash for states to start research farms
  - d. Provide land for Native American tribally-controlled colleges and universities
  
- 3) \_\_\_\_\_ **Cooperative Extension was established by the Smith Lever Act in 1914 to:**

Share educational information on agriculture and home economics to individuals who did not attend college

  - a. \_\_\_\_\_ not attend college
  - b. Start local 4-H clubs
  - c. Boost enrollment at Land Grant Institutions
  - d. All of the above

- 4) \_\_\_\_\_ **Extension Family & Consumer Sciences mission is to:**
- a. Provide knowledge, the benefit of which is the teaching of essential life skills to today's individuals and families
  - b. Use evidence-based research and provide the science that helps to solve the complex and diverse challenges faced by today's families.
  - c. Empower families to pursue improvements to their quality of life
  - d. All of the above
- 5) \_\_\_\_\_ **Family & Consumer Sciences as a field of study or discipline was formerly known as:**
- a. Domestic Science
  - b. Home Economics
  - c. Both A and B
  - d. None of the above
- 6) **Identify two roles for Extension Family & Consumer Sciences Volunteers in your state.**
- 7) \_\_\_\_\_ **Family & Consumer Sciences Volunteers often serve in the following roles:**
- a. Serving on local and state advisory committees
  - b. Extending the work of Family & Consumer Sciences Educators by helping design and conduct educational programs
  - c. Helping in an Extension Office
  - d. All of the above
- 8) \_\_\_\_\_ **The core programming areas of Family & Consumer Sciences are:**
- a. Rural Vitality, Financial Capability, Nutrition and Health Literacy, Home Safety and Energy Efficiency, Child and Family Resiliency, Disaster Preparedness
  - b. Food, Nutrition and Health; Food Preservation and Horticulture
  - c. Food, Financial Capability, Community Vitality, Marketing and Consumerism, Agri-Tourism
  - d. Financial Management and Housing; Human Development/Aging and Textiles

9) \_\_\_\_\_ **The role of Family & Consumer Sciences is to enhance the lives of individuals and families. This is accomplished by:**

- a. Providing free childcare so parents can attend college classes
- b. Offering educational programs in the core areas of Family & Consumer Sciences
- c. Offering educational programs in certain crafts
- d. None of the above

10) \_\_\_\_\_ **Which of the following shows how Family & Consumer Sciences core areas are interrelated?**

- a. A young family is struggling to eat nutritiously on a limited income
- b. A working couple is trying to decide on proper care for elderly parents while living within a budget
- c. Answer a
- d. Answer a and b

## **MODULE 2 – LEADERSHIP & PUBLIC POLICY**

11) \_\_\_\_\_ **What questions should you ask when analyzing an audience? (Mark all that apply)**

- a. What are my audience's interests?
- b. What is my audience's knowledge and understanding of the subject?
- c. How well does my audience know me?
- d. What do I need to do to customize my message to my specific audience?
- e. What are my audience's expectations?

12) \_\_\_\_\_ **Which of the following is NOT a recommended speaker strategy?**

- a. Speaker maintains eye contact
- b. Speaker gives the impression they are always right
- c. Speaker puts energy and personality into presentation through varying their tone, loudness, movements, etc.
- d. Speaker makes only 2 or 3 points
- e. Speaker gets attention of audience

13) \_\_\_\_\_ **Which of the following can be considered effective forms of written communication with Extension clientele?**

- a. Newsletters
- b. Emails
- c. Letters
- d. A and B
- e. All of the above

14) \_\_\_\_\_ **Listening is an important part of communication. Which of the following can be considered important listening skills?**

- a. Maintain eye contact
- b. Repeat what speaker is saying in your own words
- c. Not interrupting speaker
- d. All of the above

15) \_\_\_\_\_ **All Reasonable Efforts means that an employee or volunteer will use a combination of actions designed to communicate to all persons, particularly underrepresented groups, that Extension sponsored club membership and program participation are open and that all are welcome and encouraged to become members or participate in educational programs. Which of the following is an example of All Reasonable Efforts?**

- a. Call friends and invite them to an Extension program
- b. Announce all Extension programs in your church bulletin  
Develop announcements, flyers, and posters to be placed in locations frequented by the
- c. underrepresented group
- d. Only advertise program on website

16) \_\_\_\_\_ **One strategy to make all learners feel welcomed and encouraged to participate during a program is:**

- a. Make sure you present your opinion and feelings about a subject
- b. Listen to others opinion but let participants know you have the correct answer  
Use empathy and intuition to understand another point of view and accept there is more
- c. than one way to do something
- d. Treat all participants exactly the same

- 17) \_\_\_\_\_ **Facilitators have many roles. These include:**
- a. Be prepared, Guide the group, Treat people fairly, Remain neutral
  - b. Guide the group, State your opinion first, Allow one person to dominate the discussion  
Set an agenda, Cut the meeting short so you can attend another program, Vote on all
  - c. decisions
  - d. Guide the group, Never clarify, Encourage side conversations

- 18) \_\_\_\_\_ **Which of the following are strategies for dealing with difficult situations during a meeting? (Mark all that apply)**
- a. Set ground rules
  - b. A friendly reminder of rules such as “one person speaks at a time”
  - c. Refocus the discussion to keep participants on track
  - d. During the discussion, point out that one group member is talking too much

- 19) \_\_\_\_\_ **Which of the following are considered in kind resources? (Mark all that apply)**
- a. Provide a meeting space for a program
  - b. A professional presents an educational program for no charge
  - c. Money from the local governing board
  - d. Provide food for a nutrition class

- 20) \_\_\_\_\_ **Which of the following are places to seek resources?**
- a. Local Business
  - b. Websites
  - c. Schools
  - d. All of the above

## MODULE 3 – MARKETING & BRANDING

21) \_\_\_\_\_ Which of the following is the Family & Consumer Sciences brand symbol?



22) \_\_\_\_\_ The Family & Consumer Sciences brand is important to use because:

- a. Family & Consumer Sciences will experience an increase in recognition
- b. The brand creates a clear and unified symbol for the field
- c. The brand symbol is pretty
- d. A and B

23) \_\_\_\_\_ Family & Consumer Sciences benefits society by:

- a. Teaching individuals and families the value of fast food
- b. Teaching essential life skills to today's individuals and families
- c. Using popular opinion to help families solve problems
- d. None of the above

24) **Take a moment of reflection and answer the following questions:**

**How will you best be of service to your Extension faculty and staff? What skills, expertise, and activities will you be able to provide? How will your volunteer work improve your local community?**

25) \_\_\_\_\_ **Volunteers are important to the Cooperative Extension because:**

- a. They extend the educational work of the paid Extension staff
- b. They can be an advocate for Cooperative Extension
- c. They help keep Extension work relevant by helping to identify needs in the community
- d. All of the above

26) \_\_\_\_\_ **The Volunteer Management Database:**

- a. Is only for sharing newsletters
- b. Is only for Extension employees
- c. Is an online system for recording volunteer hours
- d. Is available on Saturday and Sunday

27) **Develop a 30-Second elevator speech about Family & Consumer Sciences Extension and write it in the space below**

28) \_\_\_\_\_ **Which of the following is an appropriate way to contact a government official?**

- a. Going to their office without an appointment
- b. Calling them at home in the evening
- c. Visiting them at home
- d. Sending them a well written, polite letter

29) \_\_\_\_\_ **The following are ways to market Family & Consumer Sciences programs:**

- a. Newspaper article
- b. Radio and television spots
- c. Flyers in prominent places
- d. All of the above

**Please send your completed test to the address below for grading:**

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