

**FAMILY &
CONSUMER
SCIENCES**



Strengthening Families, Farms, Communities, and the Economy

Master Family & Consumer Sciences Volunteer Program

Toolkit for Volunteer Development

www.masterFCSvolunteerprogram.info



Value of Family & Consumer Sciences

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Lesson Objectives

After participation in this lesson, you will be able to:

- Describe at least three ways Family & Consumer Sciences benefits society
- Identify at least two major national impacts of Family & Consumer Sciences programming



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How Much Is This Worth?

Helping Military Families Cope with
Deployment of a Family Member?



blog.usnavyseals.com



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How Much Is This Worth?

Helping Families Make Wise Financial
and Credit Decisions



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Housing: How Much is this Worth?

Helping families understand energy issues as well as how to
create and maintain a safe and healthy home



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How Much Is This Worth?

Helping Individuals and Families Make Healthy
Lifestyle Choices



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Benefits of Family & Consumer Sciences

Teaches Essential Life Skills



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Benefits of Family & Consumer Sciences



Helps families meet and solve complex
and diverse challenges



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Benefits of Family & Consumer Sciences



Empowers people to improve their quality of living



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Benefits of Education



Public Policy



Live and Work in
Diverse Society



Future Preparedness



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Family & Consumer Sciences Education



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Rural Vitality

- Regional Rural Development Center documented 32,000 jobs created or saved.



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Financial Capability



Between March, 2002 and January 2008, of the 33,580 individuals surveyed using follow-up survey techniques :

- 41% percent reported using one or more recommended financial management practices;
- 46% reported they developed plans to achieve retirement and/or future income goals;
- 57% reported that they had increased their financial security;
- 74% reported that the program was valuable to them.



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Financial Capability

Cooperative Extension Saves Week 2010 impact:

- **25 million** media contacts including television, radio, websites, posters, flyers, billboards, direct mail, exhibits, and electronic mail
- **193,850 people** participated in public events in 25 states
- **189,847 individuals** increased their knowledge related to personal savings
- **20,499 youth and adults** set a savings goal with a cumulative monthly sum of **\$2,410,205**



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Nutrition & Health Literacy

Expanded Food and Nutrition Education Program (EFNEP)



Operated through the 1862 and 1890 land-grant institutions in every state, the District of Columbia, and in the six U.S. territories.

Peer educators reach over **½ million limited-resource families and youth each year**. More than 80 percent of EFNEP families report living at or below 100 % of poverty, and nearly 70 percent indicate being of minority status.



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EFNEP

Annual data shows graduates:



Improve their diets

92% report more closely following MyPyramid recommendations, including an increase of about 1.4 servings of fruits and vegetables



Improve their nutrition practices

88% improve nutrition practices, such as making healthier food choices and reading nutrition labels



Stretch their food dollars farther

83% improve food resource management practices, such as planning meals and shopping with a grocery list



Handle food more safely

66% improve food safety practices, such as storing and thawing food properly



Increase their physical activity rates

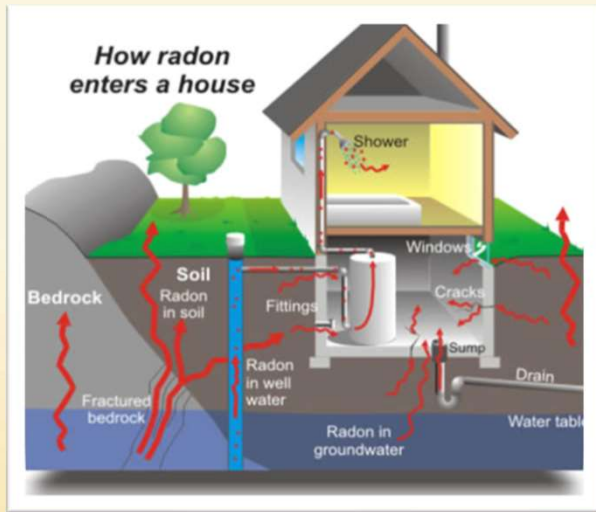
40% more often do at least 30 minutes of moderate physical activity each day

For more information visit: www.nifa.usda.gov/efnep



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Home Safety & Energy Efficiency



- As a result of University of Georgia's Radon Education program, 1,449 homes were mitigated and 1,362 homes were built using radon-resistant new construction. Reducing radon in homes translates to decreased rates of radon induced lung cancer. An estimated medical savings for lung cancer prevention of 1,449 persons is \$85,424,328.
- North Carolina educators reached appropriately 209,663 consumers through energy education; home energy audits were conducted with 239 homeowners and 82 completed surveys at 6 months that validated the value of this program in saving energy.



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Child & Family Resiliency



University of California Cooperative Extension

Texas AgriLife Extension Service
Texas A&M System

**OPERATION
READY**
Resources for Educating About Deployment and You

Operation Ready



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Disaster Preparedness/Response



- From 2009 through 2012, over 23.2 million inhabitants of the counties represented in the Strengthening Community Agrosecurity Planning program are better safeguarded from the negative effects of a potential agricultural disaster.
- A Winter Survival Kit app was developed by North Dakota State University for smartphones to help people stranded during winter storms with tools and information. The Winter Survival Kit was downloaded by more than 58,000 users within the first year.



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How Much Is This Worth?



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In Review

Family & Consumer Sciences Valued



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Post Test



Please proceed to the next slide to begin the post test.



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Post Test

Family & Consumer Sciences benefits society by:

- ☐ A) Teaching individuals and families the value of fast food.
- ☐ B) Teaching essential life skills to today's individuals and families.
- ☐ C) Using popular opinion to help families solve problems.
- ☐ D) None of the above.

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Correct - Click anywhere to
continue

Incorrect - Click anywhere to
continue

Your answer:

You did not answer this question
completely

Submit

Clear

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Which of the following is a national impact of Family & Consumer Sciences programming?

- ☐ A) Project Taking Charge (PTC:) A program to help teens learn how to spend money.
- ☐ B) Master Naturalist: a program to teach volunteers to conserve and manage natural resources.
- ☐ C) Master Food Volunteers: a program to teach volunteers about nutrition, food safety, wellness and home food preservation.
- ☐ D) Both a and c

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Correct - Click anywhere to
continue

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Your answer:

You did not answer this question
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Submit

Clear

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References

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