

Master Family & Consumer Sciences Volunteer Program

Toolkit for Volunteer Development

www.masterFCSvolunteerprogram.info



Extension Family & Consumer Sciences Volunteers

Master Family & Consumer Sciences Volunteer Program

Lesson Objectives

After participation in this lesson, you will be able to:

- State the relationship between Cooperative Extension and Family & Consumer Sciences volunteers
- Identify two roles of Family & Consumer Sciences volunteers in their state
- Learn the history of the first Family & Consumer Sciences volunteer base
- Explore various opportunities for engagement



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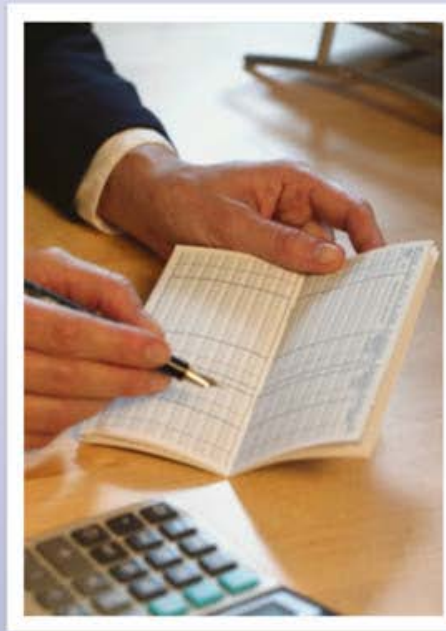
Volunteer Experiences Vary By:

- Tasks
- Time available
- Knowledge
- Public rapport
- Expertise and skill



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Volunteer Opportunities



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Volunteer Roles

- Teaching
- Mentoring
- Coordinating
- Providing meeting space and materials



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Volunteer Roles

Mentoring Individuals



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Examples of Family & Consumer Sciences and Related Master Volunteer Programs

- Master Food Volunteer Program
- Master Clothing Construction Volunteer Program
- Master Wellness Program
- Master Gardeners Program
- Master Naturalist Program



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Volunteer Roles

- Organize educational events and projects
- Assist with demonstrations



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Volunteer Roles

- Serve on committees
- Set program priorities



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Volunteer Roles

- Prepare media and materials
- Share information informally



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Volunteer Roles

Lending a Helping Hand



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Master Financial Education Volunteer



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Seniors Home Energy & Safety Master Volunteer Program



*A National
Extension
Homemaker
Award Winner!*



... a volunteer community program to help seniors understand the benefits of weatherizing their homes, inform them of local assistance programs, and to apply weatherization materials to their homes.



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Master Food Volunteer



The Master Food Volunteer Program helps Extension reach community members with up-to-date, research-based knowledge on food preparation, nutrition, food safety, and physical activity.



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Volunteers in Action: Human Development



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Master Wellness Volunteer Program

Training topics:

- MyPlate guidelines
- Food safety
- Health and physical activity
- Finding reliable resources on the internet
- Nutrition across the life span



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Volunteers Enhance Extension Outreach Capacity



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Tomato Clubs



Club girls receive a demonstration on preparation for the canning of vegetables. May Quarles Collection, Extension Service History, Special Collections Department, Mitchell Memorial Library, Mississippi State University



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Canning Clubs



This photograph shows the Rogers Minervian Club with their pressure cookers and canned goods, circa 1940. Negative# N008351
Rogers Historical Museum, Rogers, Arkansas

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Rural Electrification Outreach



Farm wives learned how electric stoves, washers, and water heaters could improve their homes.



**Volunteers have been a major part of
Extension Family & Consumer Sciences since the beginning**

Home Demonstration Clubs



Extension Homemaker



Family & Community Educators



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The role of volunteers will vary by Family & Consumer Sciences program, time commitment, and by state. But volunteers, regardless of title or program affiliation, are vital to the Extension Family & Consumer Sciences program.

Agents /Educators+ Volunteers = Accomplish Extension Mission



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In Review

- Volunteers Take on Many Roles
- Volunteers Help Accomplish the Mission of Family & Consumer Sciences and Extension



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Activity

Identify two roles of Extension Family & Consumer Sciences
Volunteers in your state.



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