

Local Resources Available (McCurtain)

Mental/Behavioral Health:

- Cornerstone Counseling Service
(580) 286-2000
- Idabel Mental Health Center
(580) 286-6639
- Legacy Family Health
(580) 286-5050

Substance Abuse/Addictions:

- Idabel Mental Health Center
(580) 286-6639
- Zen Gee Counseling & Substance Abuse
Assessment
(580) 326-9590

Individual/Couple Counseling:

- Misti Luke, LSCW Private Practice
(580) 212-2283
- Harbiorbend Counseling
(580) 286-5800

Nonprofit organizations:

- Little Dixie Transit
(580) 326-3466
TOLL FREE 1-888-766-9839
- Little Dixie Homeownership Center
580-326-5434
- Little Dixie Headstart
(866) 326-7581

Religious groups:

- First Baptist Idabel
(580) 286-3379
- First Assembly of God Broken Bow
(580) 584-6546
- Redland Methodist Church
(580) 245-2468

Family Violence:

- Family Crisis Center
605 E 12th St Ada, OK 74820
(580) 436-3504
- Family Violence Intervention
(580) 326-8323
- Oklahoma Safe line (Domestic Violence,
Sexual Assault, Stalking)
(800) 522-7233

Financial Planning:

- CareOne Debt Relief Services
(866) 223-6241