Blister beetles are common in southern and eastern areas of the United States (Figure 1). Of the species that occur in Oklahoma, the most common is the striped blister beetle (*Epicauta occidentalis*). This species comprises 75% of all blister beetles in the state. The striped blister beetle has several black and orange stripes along the back (Figure 2). All fatalities caused by blister beetle toxicity in horses examined by Oklahoma State University veterinarians have been caused by the striped blister beetle. Several species with spotted, black or gray coloration (Figure 3) are also found in Oklahoma and other areas.

All of these beetles contain the blistering agent “cantharidin” in their hemolymph (the blood of insects). There is variation in average cantharidin content among the species, but it has been consistently higher (about 5mg/beetle) in the striped blister beetle than in the other species (about 0.5 mg/beetle). Cantharidin is highly toxic when ingested by livestock, especially horses, and may cause illness and even death in these animals. It is a very stable compound that retains its toxicity to livestock even when dried remains of beetles, that have been killed in the harvesting process, are fed along with forage. Cantharidin is produced only by male blister beetles and is stored until mating. Thus, mating status determines whether females contain the toxin.

Cantharidin may cause irritation to the lining of the stomach, small intestine, bladder and urethra in horses.

**Beetle Life Cycle**

Blister beetles complete one generation per year. Adult beetles mate and the females lay eggs during the summer in shallow cavities in the soil. These eggs hatch in the fall and the larvae immediately begin searching for grasshopper eggs to consume. Grasshopper eggs are laid in clusters of up to 30 or more within 1 to 2 inches of the soil surface during the late summer and fall. Blister beetle larvae devour clusters of eggs, then overwinter in the soil and emerge as adults in late spring or early summer. When infesting alfalfa, beetles prefer to feed on blossoms but will feed on leaves if blossoms are not present. Pigweed, goldenrod, goat head, puncturevine, peanuts, soybeans and many other plants also serve as hosts for these beetles.
Emergence of adult blister beetles typically occurs after the first cutting of alfalfa is completed. Striped blister beetles have not been collected by OSU entomologists before May 14 in Oklahoma, and in many years, it is mid-June or later before they become active. Generally, first cutting of Oklahoma alfalfa is in late April or early May. Activity of the adult blister beetle ceases in early fall, which should ensure an October cutting free of beetles. Consequently, it is possible for hay producers and buyers to obtain forage harvested at times of the year when there is little chance of beetle infestation.

Avoiding Blister Beetle Contamination

Striped blister beetles are gregarious, and frequently large numbers (swarms) congregate in small areas of fields (Figure 4). This habit makes them easier to see when harvesting, but it also increases the chances that remains of beetles killed in the harvesting process may be concentrated in a few hay bales or portions of bales, unless special precautions are taken.

Blister beetles normally do not migrate long distances. In alfalfa, they are often found within 50 yards of the field margin. Therefore, scouting for blister beetles should be concentrated along field borders. When spraying fields for control of other insect pests, also spray border areas to reduce chances of blister beetle migration.

Blister beetle contaminated hay is almost always the result of beetles being crushed prior to baling. This usually happens when the swather goes through a swarm of beetles. Beetles are killed by the crimper rollers and trapped in the hay. Remains of blister beetles may be concentrated in a small portion of the hay from a field. Beetles are also killed and trapped when forage is driven on before the beetles have had time to escape. If left alone, the vast majority of blister beetles leave alfalfa shortly after cutting. Cutting without using crimpers and avoiding wheel traffic on freshly cut alfalfa are two of the best ways to avoid problems.

Other measures alfalfa producers can take to avoid blister beetles in the hay are:

- Maintain weed control within and outside the field.
- Spraying fence rows and field borders can help prevent migration into fields.

- Inspect fields shortly before cutting and spray only the infested areas if beetles are found.
- Harvest before bloom, if possible.

The insecticide Sevin is registered for blister beetle control in alfalfa. It has given good results under Oklahoma conditions. Use Sevin at 0.5 to 1.0 quarts per acre. It has a 7-day waiting period before harvest. Warrior (many generics) is also registered for blister beetle control in alfalfa and has a seven-day waiting period before harvest.

In addition to these compounds, other chemicals have been used in controlling blister beetles in alfalfa. Malathion and the Permethrin products (at lower rates) have no waiting period between application and harvest; however, their labels do not list blister beetles as a target pest. Furthermore, the efficacy of these products on blister beetles in Oklahoma has not been thoroughly tested.

**Things an Alfalfa Buyer Should Do**

- Know your alfalfa supplier.
- Ask producers what precautions were taken to avoid the presence of blister beetles in forage.
- Inspect hay before feeding if presence of blister beetles is suspected.
- If feeding small amounts of alfalfa, examine each flake for concentrations of dead blister beetles.
- Purchase hay harvested before May or after September. This will not guarantee a lack of problems with blister beetles but will reduce the risks significantly.
- Clinical signs can begin to appear 3-6 hours after ingestion. Aggressive therapy, if caught early, can help with survival rates.
- If symptoms appear, call your veterinarian immediately.

**Blister Beetle Poisoning in Horses**

Symptoms in horses are dependent on the amount of cantharidin eaten. If a large amount of cantharidin is consumed, a horse may die within 6 hours. If a small amount is consumed, only depression or mild colic (pawing, looking to the side, stretching) may occur. A frequent symptom of cantharidin illness is placing the muzzle in water and playing in the water with the lips and tongue. Severe poisoning may result in low blood calcium and magnesium. These low electrolyte levels may cause stiffness or an exaggerated “goose-stepping” gait. An exaggerated contraction of the diaphragm may also occur. Horses that survive at least 24 hours have better survival rates but may strain frequently and void small amounts of darkened urine (blood in urine). Any horse showing these symptoms should be promptly examined by a veterinarian and the forage inspected for presence of blister beetles. As there is no way to completely eliminate the threat of blister beetles in alfalfa, the prudent approach for management is to take all possible precautions to reduce the likelihood that they are present.