

**I have
done this**

**I need to
do this**

**This does not
apply to me**

Is your lighting good enough?

Use a nightlight between the bedroom and the bathroom

Place a lamp next to the bed; consider having a lamp on each side of the bed

Avoid dark areas: Create an even wash of light outside of your home

Make certain that there is good lighting in stairways

Keep a flashlight handy in case the power goes out in your home

Install light switches at the top and bottom of the steps

Make certain the sidewalk or pathway leading to your home is well lit

Replace light bulbs as they burn out