

# TULSA COUNTY EXTENSION

## **Holiday Greetings from Tulsa County OSU Extension**

As the year comes to a close, we want to extend our sincere thanks for your support and partnership. Whether you participated in our programs, volunteered your time, or collaborated with our team, you helped make 2025 a successful and meaningful year.

We hope your holidays are full of joy, good food, and time spent with the people who matter most. Here's to a relaxing season and an exciting new year ahead!

Thank you for being part of the

Tulsa County OSU Extension community— we look forward to working with you in the new year.

Warmest holiday wishes, Tulsa County OSU Extension



# FOOD ON THE MOVE EVENTS



















## First Aid/CPR/AED Training

Tulsa County OSU Extension staff completed First Aid/CPR/AED training with Eddy Tijerina, Tulsa County Safety Coordinator. This was the 4th Quarter Safety training for our office.





## OSU EXTENSION

## TULSA COUNTY MASTER GARDENERS

#### EXPLORING INSECTS... ANOTHER BIG SUCCESS IN 2025!

The 2025 Exploring Insects program was a tremendous success, thanks to the dedication of our Master Gardeners, interns, volunteers, teachers, and partnering schools. This year's event brought hands-on insect and spider education to **980 students** across **16 schools**, and the enthusiasm from participants made it one of our best years yet.

#### PROGRAM SNAPSHOT

•Schools Participating: 16 Schools and 980 students

•9 public including 1 TPS with 56 students and 8 schools from the suburbs with 599 students

•7 private schools with 315 students and

•5 homeschool families (10 students)

•Sessions:

•AM session: 8 schools - 492 students

•PM session: 8 schools - 488 students

Classes/Teachers: 46Educational Booths: 20

•Volunteers: ~220 Master Gardeners

•Intern Participation:

•2024 Interns - 41 slots, 40 filled

•2025 Class – 22 total (11 AM, 11 PM)

This incredible turnout reflects the strong partnerships we've built with teachers and schools, as well as the commitment of our Master Gardeners, who provide engaging, research-based learning experiences for youth each fall.

#### WHAT TEACHERS HAD TO SAY

Teachers praised this year's event for being well-organized, hands-on, and highly educational:

"It was very beneficial and educational. I appreciate all the time and effort that went into putting all of it together! It made learning about spiders and insects a lot more fun!"

"Everything was so well organized. I loved the enter and exit signs... very clean building also."

"Absolutely! It is so well run and hands on – it's an amazing experience!"

"So organized! We appreciate the number of volunteers, being escorted in groups, and the content of each station."

"Each year is better and better. Keep up the great work!"

The hands-on, interactive booths continue to be a highlight, keeping students engaged while allowing them to explore the world of insects up close.



Brian Jervis
Horticulture
Educator

**Tom Ingram** 



Horticulture Program Assistant



## **OSU EXTENSION**

## TULSA COUNTY MASTER GARDENERS

EXPLORING INSECTS... ANOTHER BIG SUCCESS IN 2025!

#### STUDENT FAVORITES

Our favorite reviews always come from the kids—and they did not disappoint this year!

"It was the best time of my life!"

"All of it was so fun. You don't need to change anything."

"My favorite was the hissing cockroaches because I got to let it crawl on me."

"My favorite was the lady beetle one because I got a lady bug pet."

"My favorite activity was Olympics—I had fast reactions and I jumped like insects!"

"My favorite was eating bugs because they were yummy!"

"I didn't have a least favorite. I loved them all."

From insect Olympics to observing spiders, holding cockroaches, and even tasting edible bugs, students left excited and full of stories to share.

#### THANK YOU TO OUR VOLUNTEERS

This program would not be possible without the **220 Master Gardeners**, dedicated interns, and countless volunteers who set up booths, guided students, and made the experience unforgettable.

Your expertise, enthusiasm, and passion for education continue to make

Exploring Insects one of our most impactful youth programs each year.























Brian Jervis
Horticulture
Educator

**Tom Ingram** 



Horticulture
Program
Assistant

Photo Credit: Mitchell Alcala/OSU Agriculture



## **AGRICULTURE**

## November Highlights from Tulsa County OSU Extension Agriculture & Natural Resources

November was a productive and purpose-driven month for advancing agricultural education and supporting producers across Tulsa County and beyond. Hannah Hough, Tulsa County Agriculture Educator, continued her commitment to strengthening local agriculture through professional development, producer education, and youth enrichment programming. To deepen her technical expertise and better serve forage and pasture-based operations, Hannah spent a full day in Stillwater at the *Forages 101 In-Service Training*. This intensive session provided updated, research-based knowledge in forage systems and pasture management—tools she is already applying in consultations with area producers as they prepare for the 2025 growing season.

On November 13th, she launched the **2025–2026 Tulsa County Master Cattleman Program**, a 13-class, 34-credit-hour series that will run through April 2026. Hannah opened the series by teaching *Body Condition Scoring in Beef Cows*, equipping participants with foundational skills to improve herd health, reproductive success, and operational efficiency. This year's cohort includes 16 engaged students representing five counties—an encouraging sign of regional collaboration and continued interest in OSU Extension's flagship livestock program.



Hannah also coordinated and hosted the **2025 Green Country Pesticide Conference**, offering licensed private applicators an opportunity to earn CEUs while staying current on pesticide laws, herbicide management, and safe application practices. Ensuring applicators have access to reliable, research-based training directly contributes to safer operations, improved environmental stewardship, and better outcomes for Oklahoma agriculture.



In addition to producer-focused programming, Hannah continued her monthly **Agricultural Literacy** sessions with the Tulsa Boys' Home. This month featured a returning favorite—leatherworking. Residents crafted handmade leather gifts for staff members as Christmas presents, blending practical skills, creativity, and service in a way that builds confidence and connection.

Through each of these initiatives, Hannah remains committed to delivering high-quality, research-based education that strengthens agricultural knowledge, supports responsible stewardship of land and livestock, and invests in the people who make Oklahoma agriculture thrive.



**Hannah Hough** 

Urban
Agriculture/
4-H Youth
Development
Educator



**Stacey Jones** Family and Consumer Sciences/4-H



## **OSU EXTENSION FAMILY AND**

## **CONSUMER SCIENCES**

## LIFE SKILLS at TULSA BOY'S HOME

This week at the Tulsa Boys Home, our life skills session focused on learning how to measure ingredients correctly and making Rice Krispie Treats. The boys practiced using measuring cups and spoons, learned the difference between dry and liquid measurements, and followed simple steps to combine ingredients. This hands-on approach helped them

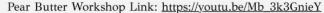


understand why accurate measuring matters in cooking.

After practicing measurement skills, the boys worked together to make a batch of Rice Krispie Treats. They followed the recipe, took turns adding ingredients, and practiced communication and teamwork throughout the activity. The session gave them a fun way to build confidence in the kitchen while learning skills they can use in everyday life.



The Tulsa County OSU Extension, Family and Consumer Sciences, recently presented a Pear Butter Workshop for the Tulsa County Master Gardeners. The workshop went well with 19 in attendance. The Pear Butter Workshop was also filmed for our Small Acreage Workshop participants. If you would like to view this informative Workshop, just click the link below. Happy canning!



















## OSU EXTENSION 4-H YOUTH DEVELOPMENT

At Marrs we learned how to make pumpkin pie in a bag and how to catch a turkey! No turkeys were harmed in the process.







Kylie Nicholson

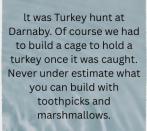
Ag Literacy/ STEM





















## OSU EXTENSION 4-H YOUTH DEVELOPMENT

Tulsa County 4-H Officers led activities for the members who attended the VOICE meeting in November.



Tulsa County 4-H

County Officers have been busy promoting the upcoming 4-H Christmas party on Facebook as well as making announcements about the event.











**Baylee White** 

4-H Youth

Development

Educator

## Donation item list for the Christmas service project. We will be working with

The Spring again this year! Bring your donations to the Christmas party on December

5th.

### Home & Personal Care

- · Shampoo & Conditioner
- · Aprons
- · Heavy-duty washing gloves
- · Hairbrushes and hairstyling products
- Styrofoam cups, bowls, saucers and divided dinner plates
- · Plastic forks, spoons, and knives
- Dinner napkins
- Zip-lock bags and Brown Paper Bags
- Paper towels and toilet paper
- Bath towels and wash clothe
- Kitchen-size trash bags (13 gal.)

## Guest Children

- · Children's socks
- · Laundry detergent
- Car seats for infants, toddlers, and older kids (NEW)

Wishlist

- Single and double strollers (NEW)
- Baby teething rings
- · Baby oil, lotion, and shampoo
- · Kids toothpaste
- · Diapers and pullups (of all sizes)
- · Coloring books and board games
- · Backpacks and School Supplies

### Office Supplies

- · Legal-sized notepads
- · File Folders
- · Flat screen computer monitors
- · Computer memory cards
- Batteries (AAA, AA, C, D and 9 volt)
- Postage stamps
- Envelopes, 9 x 12 and 10 x 13
- · Rolls of Scotch tape
- · Copy paper (20 lb., 8-1/2 x 11)
- · Black permanent markers
- · Masking tape



# OSU EXTENSION 4-H YOUTH DEVELOPMENT

The Tulsa County 4-H Horse Club participated in a show practice event at the Tulsa State Fairgrounds on Saturday, November 22 in preparation for the 2025 Tulsa County 4-H Horse Show in December. They also held their November meeting at the OSU Extension Office and worked on their Sand Springs Christmas Parade float and Christmas Community Service Project.







**Kim Arnold** 

**Urban 4-H** 









## **Extension Staff**



Jan Dawson

County Extension Director

Kim Arnold Urban 4-H Educator

Martiza Martinez
Fatherhood Field Coordinator

Hannah Hough
Urban Agriculture Educator

Brian Jervis
Horticulture Educator

Stacey Jones
Family & Consumer Sciences
Educator

Kylie Nicholson

Ag Literacy/STEM Educator

Baylee White

4-H Youth Development

Educator



## **Upcoming Events and Activities**

## December 2025

2

3	New Master Gardener Class	
4	4-H Christmas Party	
5	Master Gardeners Monthly Meeting	
¦9	Master Cattleman Class	
10	New Master	TAINA E
l I	Gardener Class	WE WISH YOU A V
¦11	OHCE Holiday	
] [	Luncheon, 11:00	
AM,	<b>Extension Office</b>	Morro
11-13	Tulsa Farm Show	Merry

Master Cattleman Class

13 Master CattlemanClass25-26 Christmas Holiday,

Office Closed



#### **Contact Information**

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