



State of Orange: A Cowboy Day of Service



This spring, Oklahoma State University President Kayse Shrum announced a visionary new service project — State of Orange: A Day of Cowboy Service. Over 3,000 participants answered the call to make a difference at more than 350 event locations nationwide, demonstrating how the university's land-grant mission extends beyond the classroom and into the community.



OSU students, alumni, faculty, staff and friends were invited to join us for an orange-filled service project as we live out the Cowboy Code and help those in need. The Tulsa County OSU Extension Service organized a Diaper Drive to benefit Tulsa County Transitional Living Center and Emergency Infant Services.



OSU Extension will be at the Tulsa Farmers Market the third Saturday each month. It was great visiting and sharing information with everyone that stopped by. Stacey Jones, Family and Consumer Sciences Educator will be there with some of the Oklahoma Home and Community Education members in May. Agriculture Educator, Hannah Hough will be there in June. The remaining months will have 4-H, Master Gardeners, Community Nutrition Education Program, and Strong Dads programs highlighting their areas. Come see us to learn more about our all of our programs, events and activities.





OSU EXTENSION TULSA COUNTY MASTER GARDENERS

You are welcome anytime to come to the garden any time to learn, or just to enjoy. Spring and summer plants are in the ground and gorgeous.



Brian Jervis
Horticulture
Educator

Yay Class of 2023! Designing and planting beautiful flower beds in front of Habitat for Humanity homes.

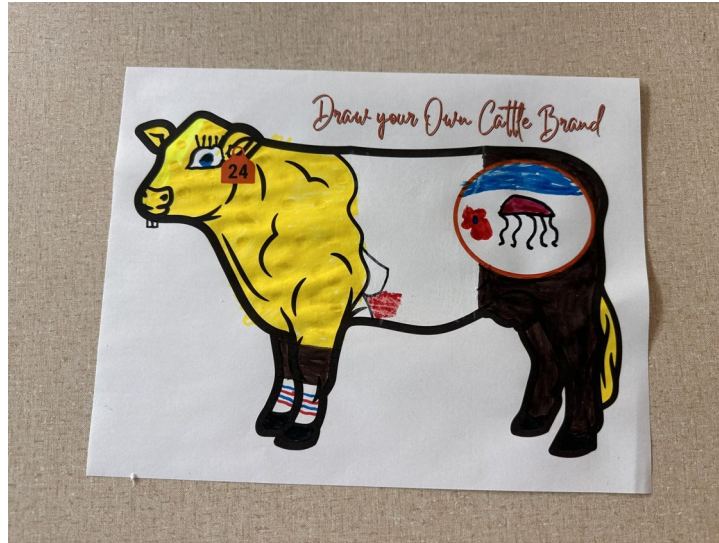
Festival season started with Jenks Herb Festival, which was fun. We were able to visit with 25 people in two hours. Several were interested in our upcoming Garden Tour and becoming a Master Gardener. The breeze was nice until it wasn't, it whipped one of our sand tubes off and it came crashing down just behind us with sand flying everywhere. It took all hands on deck to get everything down and packed up safely. It was a great team working together!!





AGRICULTURE

On May 2, I went back to Monroe MS Demonstration school and taught 100 students about beef cattle, what they provide to us for food, by-products, and about cattle branding. Aside from hamburger, over 40 cuts of meat can be cut from a beef carcass. such as a ribeye steak or roasts. With branding, students learned that it's an important tool for rancher's to show ownership of their livestock visually permanently and that it isn't very painful. They then got to design their own brand and color cattle with markers. Each student was very creative, asked good questions, and learned valuable things about where their food comes from such as marshmallows and glues coming from the hide (hair and skin) of cattle while chewing gum, deodorant, and crayons utilize by-products from fat rendered off beef carcasses.



Hannah Hough

**Urban
Agriculture/
4-H Youth
Development
Educator**



OSU EXTENSION 4-H YOUTH DEVELOPMENT

We held Fashion Revue at OSU Tulsa the end of April. The traditional sewing classes and Style Cents along with the addition of Impressive Dress categories. Everyone did a great job and looked great! Thank You to everyone who attended and participated! A very special Thank You to the judges for their time. Members also raised money for Change for Change by having participants vote on their favorite decade of fashion, with the 1980's winning with \$15.63. They raised a total of \$46.47.



Photos courtesy of Alice Geary.



Kim Arnold

Urban 4-H



YFR April Meeting

The Broken Arrow Mounted Patrol paid a visit to the YFR monthly meeting in April.



Officer Poole and Nacho gave a very informative presentation.



Photos courtesy of Kyla Hart





OSU EXTENSION 4-H YOUTH DEVELOPMENT

In April, I conducted a train the trainer in-service using Ag in the Classroom curriculum. County Educators from around the Northeast District participated in the day long in-service. Each participant left with books and curriculum to teach in school and at after school and summer programs.



**Kylie
Nicholson**

**Ag Literacy/
STEM**



Nikki Brice, 4-Heritage BA reported that their club had Natalie Reyes, Teen Leader President, out to speak at their April meeting. Natalie did a workshop on Acids and Bases. Nikki reported that the entire meeting was filled with laughter and engagement during the workshop.





OSU EXTENSION 4-H YOUTH DEVELOPMENT

Vacant

4-H Youth Development Educator

4-H Day at the Capitol

Tulsa County 4-H officers along with 4-H members from all corners of the state convened at the Oklahoma Capitol April 18th to engage in discussions with legislators about the positive influence 4-H has in their lives and communities. Tulsa County 4-H officers meet with



legislators from the Tulsa area and shared about 4-H with them. Governor Stitt signed House Bill 1066, which requires students to be given excused absences for participating in approved 4-H activities.

This marks the 25th year that Oklahoma 4-H'ers have visited the Capitol to learn about the importance of advocacy and make connections with state lawmakers.





OSU EXTENSION FAMILY AND CONSUMER SCIENCES

The FCS Department has been busy with workshops in the month of April!

Stacey Jones
Family and
Consumer
Sciences/4-H



April 8th was the Small Acreage Workshop where Flower Arranging was the topic.

April 10th people from around Tulsa County came and learned about the wonderful joys of fermentation.

Here are some of the participants trying new fermented foods.



April 27th was the Herbs and Spices Workshop in which some of the participants were challenged to put their taste buds to work naming the different herbs and spices.

The Master Gardeners did a fantastic job at producing some of the herbs and spices for that workshop.



April 29th was Channel 6 Cooking Corner in which Herb Preservation was the topic which you can view here. <https://youtu.be/JnVWNNcG5sY?si=WstTbDTo8yDclDQc>

May and June are filled with food preservation starring jellies and jams!





TULSA COUNTY EXTENSION

Strong Dads Graduation April 2024



**Maritza
Martinez**
**Strong Dads
Field Program
Coordinator**
Bilingual



Lacey McCause
**Strong Dads
Field Program
Coordinator**

On Saturday, April 20th, five Hispanic dads graduated from the Papás Fuertes program. The graduation was attended by their families and fellow friends from Rogers County. The menu included a beef and chicken Taco Bar with flan and cupcakes for dessert. One of the graduating fathers, Hector Pena delivered a heart felt and touching speech regarding



his participation in the Papás Fuertes Cohort 2. During his speech, Hector, read out loud a letter he wrote to his children during lesson 12. This letter to his children included where he had been every Tuesday evening for the past 12 weeks and one thing in particular he had learned that he would be applying in his every day life so he can be a 24/7 Papá Fuerte. This moved many to tears including Hector Pena himself. It is a beautiful thing to see these fathers evolve over the twelve weeks. However, it is a more beautiful thing to hear a father verbalize what he had learned in the Papás Fuertes classes to his children in front of an audience. It was an amazing experience to say the least. We are building a community of 24/7 Papás Fuertes, one Cohort at a time.



Written and submitted by Maritza Martinez

Extension Staff



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Fatherhood Field Coordinator

Kylie Nicholson

Ag Literacy/STEM Educator

Vacant

4-H Youth Development
Educator



Upcoming Events and Activities

May 2024

- 2 Tulsa County 4-H Food Showdown
- 5-11 OHCE Week
- 8 110th Anniversary of OSU Extension
- 12 Happy Mother's Day
- 16 VOICE meeting
- 18 OSU Extension at Tulsa Farmers Market
- 21 OHCE Leader Lessons in Bartlesville
- 21 & 22 4-H Vet Science Program in Stillwater
- 23 BUNCO, 10:00 am to noon at OSU Extension
- 27 Extension Office Closed for Memorial Day



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