

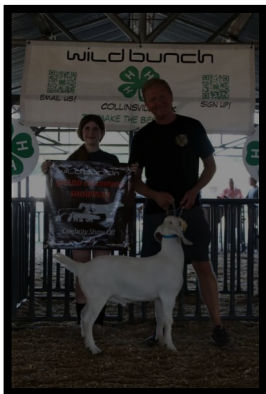


TULSA COUNTY EXTENSION

August 2024 Highlights

2024 Wild Bunch Celebrity Show Off was a BLAST!!! Thank you to everyone who was able to make it! A very special "Thank You" to all of the celebrities that showed support for the 4-H

program by participating in the Celebrity Show Off. Thank you for supporting the 4-H youth in your town and in our county.





OSU EXTENSION 4-H YOUTH DEVELOPMENT

The Celebrity Showoff presented by Wild Bunch 4-H was a fantastic event where local celebrities were given the opportunity to learn



how to groom and show livestock with the



assistance of Wild Bunch club members. I had the pleasure of being paired with Kendall who taught me how to show her goat. It was a fun

and educational experience that allowed me to gain a deeper understanding and appreciation for the hard work that goes into showing goats. I am grateful for the opportunity to participate in such a unique and rewarding event!



Baylee White

**4-H Youth
Development
Educator**

We are excited to announce our new Tulsa County 4-H officers for the 2024–2025 year. During the August 22nd meeting we held our annual officer elections. Each candidate had a chance to campaign and deliver a speech to their fellow county members before voting took place. The officers elected will serve the community this year with dedication and enthusiasm. We look forward to the leadership and positive impact they will bring to our 4-H program.

Ainsley - President

Alice - Vice President

Katelyn - Secretary

Joslyn - Reporter & Public Relations

Luke - Song & Recreation Leader

Matt - Parliamentarian





OSU EXTENSION 4-H YOUTH DEVELOPMENT

YFR 4-H Member, Fiona Carpenter, created a county-wide PSA for International Dog Day. She included a recipe for healthy peanut butter, banana, and oats dog cookies.

2 cups oats, blended in a blender
½ cup peanut butter
2 ripe bananas
blend into a dough
cut dough with dog bone cookie cutters
bake at 350 degrees for 25-30 minutes
enjoy!



Kim Arnold

Urban 4-H



OSU STEM Innovator
and YFR 4-H Member, Joslyn O'Daniel,
shared her robot exhibit at MakerFaire
at the Tulsa State Fairgrounds.



OSU STEM Innovator and YFR 4-H Member,
Natalie Reyes, presented her popular Acids
& Bases and How Bread Rises Workshop to
Impact 4-H Club. Natalie has
traveled all over the state of
Oklahoma to universities,
schools and club presenting
her workshops this year.





OSU EXTENSION
4-H YOUTH DEVELOPMENT

School has started which means so has school programming! Friday, August 23 I had the opportunity to meet a new group of First graders at Darnaby Elementary. The lesson was over Bee's Wax, which the students got to make and take home their very own bee's wax candle. I am so excited to start another year with another great group of kiddos! Here is to year number 3!



**Kylie
Nicholson**

**Ag Literacy/
STEM**





AGRICULTURE



On August 19, Hannah kicked off the Fall Small Acreage series with class #1, Beginner/ Small-Scale Farmers and Ranchers resources with special guest speaker Josh Campbell who is the OSU State Extension Specialist for Beginning

Farmers and Ranchers. He shared with participants where to start in an agricultural endeavor, what resources of knowledge are available to them, grants/funding/ ag lending available to them, and things to consider when getting started. During the program, Hannah and Josh spent time with each participant to see what their goals were, what type of operation they had/ wanted to have, and give recommendations specifically for them. The rest of the series will be happening in August, September, and October with topics including Backyard chickens, Composting, Canning Apple Butter, sourdough bread workshop, and medicinal herbs. This program is a collaboration between educators in our office from agriculture, horticulture, and family consumer sciences. From the success of the spring small acreage class earlier this year, the fall series was a way to continue to offer educational programs to meet the needs of our county. Series in Tulsa County came about. At our office, we were receiving many calls asking about container gardening, small acreage farming, homesteading, and how large of a piece of land someone would have to buy to produce local food for their family. In the spring, we started the series offering courses on resources for beginner/small farms and ranches, gardening, water bath canning, pressure canning, and cattle production on small acreages. Our program was successful, participants found it helpful, and we decided to continue the program twice a year. Through the spring participants' evaluation of the program, we discovered a new set of topics that would help meet those needs.



Hannah Hough

**Urban
Agriculture/
4-H Youth
Development
Educator**



Green Country Pesticide Conference

Wednesday November 13, 2024, 11:00AM-5:00PM

Learn about updates in herbicide application, annual plans, sprayer calibration, invasive species, and economics. Sessions offer continuing education units (CEU's) for private applicators, pending Oklahoma Department of Agriculture, Food, & Forestry (ODAFF) approval. Up to 5 CEU's total. Trade show and complimentary lunch included.

Topics

- **New Technologies & Updates in Herbicide Application**
- **Building an Annual Herbicide Application Plan**
- **Hands-On Sprayer Calibration Workshop**
- **Identifying Invasive Species in Pastures**
- **Economics for Herbicide Application**

RSVP

➤ **Pre-registration deadline**

Wednesday, November 6
Call to register: 918-746-3725
Cost: \$15 - pay at the door (cash or check only) *RSVP is needed for complimentary lunch

➤ **Location**

Rogers County Building
416 S Brady St
Claremore, OK 74017

➤ **Contact for Questions**

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EXTENSION

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Persons with disabilities who require alternative means for communication, program information, or reasonable accommodation need to contact Hannah Hough at 918-746-3725 or Hannah.K.Hendryx@okstate.edu at least two weeks prior to the event.



OSU EXTENSION TULSA COUNTY MASTER GARDENERS

Tulsa Master Gardeners have a remodeled Demonstration Garden. Come by and see the garden in person—it is beautiful! Watch the interview with Tom Ingram on KTUL.

[Tulsa Master Gardeners have a remodeled Demonstration Garden! \(ktul.com\)](http://ktul.com)



Brian Jarvis
Horticulture
Educator



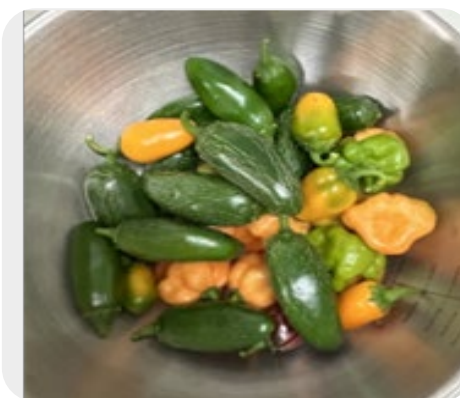


OSU EXTENSION
**FAMILY AND
CONSUMER SCIENCES**

Stacey Jones

**Family and
Consumer
Sciences/4-H**

SALSA WORKSHOP IN REVIEW



A wonderful time was had by all
at the Salsa Canning Workshop
presented by Tulsa County OSU
Extension Educator, Stacey Jones.



Family and Consumer Sciences

Most of our 2024 Programming Year has been completed. The remainder of our workshops are filled to capacity. Thank you to everyone that participated in our workshops throughout the year and special thanks to our **Master Gardeners** for providing a variety of produce that we used in many of our programs. We appreciate you all!

Scheduling for new FCS Workshops will begin in March of 2025!



TULSA COUNTY EXTENSION



**Maritza
Martinez**
**Strong Dads
Field Program
Coordinator**
Bilingual



Lacey McCause
**Strong Dads
Field Program
Coordinator**

The OSU Strong Dads program recognizes the challenges that many men face in parenting, including financial pressures, societal expectations, and the need to adapt to new roles. Historically, support for fathers has been lacking, but this



program aims to change that by offering education, coaching, and various support services to fathers in the Tulsa County area. The program provides classes in both English and Spanish, helping fathers develop the skills they need to thrive in their roles.

To date, Strong Dads of Tulsa County has graduated many fathers, and the program is committed to continuing its mission of serving these men and their families. Starting on September 9, Strong Dads Field Coordinator Lacey McCause will host an English class at the Tulsa Central Library, while Bilingual Field Coordinator Maritza Martinez will begin a Spanish taught class on August 27 at Martin Regional Library. The program's outreach and support play a crucial role in empowering fathers and strengthening families in the community.

Field Coordinator Lacey McCause also extends her expertise to teaching within a facility in the Oklahoma Department of Corrections. Reflecting on her experiences, she notes, "Prisons are made of stone and metal, and you're not supposed to have a whole lot of feelings, but these men are still desperate to be with their children., the Strong Dads class provides a rare opportunity for incarcerated fathers to open up and be vulnerable, regardless of their backgrounds. Through this program, they learn from each other and build a supportive community, fostering a sense of connection and growth that transcends the barriers of their environment". Lacey

has received feedback from staff within the prison who have noticed a positive impact on the men who have participated in the Strong Dads program. One officer observed a noticeable difference in the way these graduates interact with their children and families during visits. This feedback highlights the effectiveness of the program in fostering stronger relationships and emotional growth among the fathers, even within the challenging environment of a correctional facility.



Extension Staff



Jan Dawson

County Extension Director

Kim Arnold

Urban 4-H Educator

Martiza Martinez

Fatherhood Field Coordinator

Hannah Hough

Urban Agriculture Educator

Brian Jervis

Horticulture Educator

Stacey Jones

Family & Consumer Sciences

Educator

Lacey McCause

Fatherhood Field Coordinator

Kylie Nicholson

Ag Literacy/STEM Educator

Baylee White

4-H Youth Development

Educator



Upcoming Events and Activities

September 2024

| | |
|--------------|---|
| 2 | Labor Day-Office Closed—will be entered as Holiday Pay |
| 6 | Fall Focus on Forage from 9:30 – 11:30 at John 3:16 Mission |
| 4, 11.18, 25 | Master Gardener Class |
| 9 | Tulsa County Fall Livestock Show in Owasso |
| 9 | OHCE Presidents Quarterly Meeting |
| 14 | Youth Mental Health Conference, Tulsa County Extension Office |
| 16 | OHCE Executive Board Meeting |
| 16 | OHCE Budget Meeting at 1:00 pm, OSU Extension Office |
| 16 | Composting - Class 3 in the Fall Small Acreage Series |
| 17 | OHCE Business Meeting and Fun Day |
| 17 | 4-H Achievement Banquet |
| 21 | Monarchs on the Mountain at Chandler Park, 9-1 |
| 21 | Master Gardeners at Tulsa Farmer's Market |
| 24 | Lunch and Learn, Tulsa Central Library at 12:00 PM |
| 26 | Lunch and Learn, Hardesty Regional Library at 1:00 PM |
| 27 & 28 | Master Gardeners at the Rose Festival in Broken Arrow |



Contact Information

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Tulsa, OK 74112

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Fax: 918-746-3704

Website: <https://extension.okstate.edu/county/tulsa/index.html>

Facebook: <https://facebook.com/TulsaCountyOSUEExtension>

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