



**Texas County 4-H**  
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Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. The Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, national origin, religion, gender, age, disability, or status as a veteran, and is an equal opportunity employer.

# Texas County



# 4-H Handbook 2020-2021

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## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## What is 4-H?

4-H is the youth phase of the cooperative Extension Service,  
Oklahoma State University.

4-H is “learning by doing,” Volunteer leaders, teen leaders, Extension agent and interested adults assist youth in acquiring knowledge, developing life skills and forming attitudes that will enable them to become self-directing, productive and contributing members of society.

4-H is “involvement.” Youth families, peers and the community actively participate in the learning process

4-H creates a sense of belonging, of being involved, wanted and helped. 4-H allows one to share thoughts and skills with others.

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4-H challenges minds and directs growth, development. 4-H unlocks and opens doors to new ideas while developing citizens and leaders who are concerned with others.

4-H is helping young people grow.

## 4-H Moto

“to Make the Best Better:

## 4-H Pledge

“I Pledge my Head to clearer thinking,, My Heart to greater loyalty, My Head to larger service, and My Health to better living for my club my community, my county and my world”

# Texas County By-laws

## Article 1-Order of Business

The order of business for all local and county meetings shall follow Roberts Rules of order

## Article 2-Standing Committees

## Youth Council

## Objectives

- ◆ To provide an opportunity for youth to be involved in the planning and carrying out of the 4-H program in the County
- ◆ To provide an opportunity for youth to express the needs and interest of their own age group
- ◆ Provide an opportunity for youth to have experience in specific training such as parliamentary procedure, officer training, etc.

## Membership

- ◆ The members of the Youth Council Shall consist of county 4-H members over the age of 13, regardless of race, color, national origin, sex religion and physical or mental handicap.

## Officers

- ♦ The officers of the Youth Council shall be president, Vice President, Secretary, Reporter, Recreational Leader, PVA Representative

## Election of Officers

- ◆ The officers of the Youth Council will be elected by secret ballot each fall by clubs of the County. Club members that vote are to be enrolled in 4-H
- ◆ Officers will have the opportunity to campaign for the office position at the County Fair.
- ◆ Applications will be due to the County Office a Week before County Fair
- ◆ Once elected Youth Council officers contract is due to County Office by November 1<sup>st</sup>

## Requirements

- ◆ Must be at least 13 years or older.
- ◆ Enrolled in 4-H club work no later than January 1<sup>st</sup> for the year elected
- ◆ Candidates for officer position must attend each local club and give a 3-5 min speech, from July 1st to August 24th .
- ◆ All elected officers must complete and turn in a record book as a qualification to hold office
- ◆ Persons filing for president must previously serve as a county officer
- ◆ Candidates applying for officer positions must be holding or have held a local 4-H club office.
- ◆ Must have current year officer contract signed and on file at the county office by the deadline.
- ◆ Must participate in **ALL** county events throughout the 4-H year in a leadership role (Should attend all County Events to assist the 4-H Educator and Adult volunteer's leaders, to set examples, and to encourage all members.

**Term of office**

- ◆ The term of service for all officers shall be one year. At youth council, officers may succeed themselves in the same office of Youth Council for 2 years in a row if elected
- ◆ The term of Youth Council can be until member Graduates from High school, as long as member is 13 and older enrolled in 4-H.

# Notes

# Notes

## **Duties of Youth Council Officers**

### **President**

1. Attend All Meeting, Call and adjourn the meeting on time
2. Keep the meeting on schedule. The president should not dominate the meeting.
3. Maintain interest among members always set a good example of leadership.
4. Counsel with adult 4-H Leaders and volunteers.

### **Vice President**

1. Serve in absence of the President
2. Promote the 4-H club program by speaking to Civic groups, 4-H groups in local area.
3. Perform all duties delegated to them by the President
4. Assist president on questions of parliamentary procedure

### **Secretary**

1. Call roll of members at club.
2. Record minutes of all county 4-H meetings
3. Take care of any correspondence so delegated by other officers or by leader
4. Perform duties delegated by the president
5. Work with Reporter to develop information to share in the county through social medial and other means.

### **Publics Relations**

1. Be well informed of county events and activities and post information on social media or local newspapers.
2. Assist in developing marketing and promotional materials for county events
3. Seek out information from 4-H members and county information to display on local social web sites.
4. Must work closely with club leader.
5. Responsible for taking photos at County events

### **Recreation Leaders**

1. Promote 4-H enthusiasm.
2. Plan activities and game at local meetings. \_

### **PVA Representative member**

1. Serve as liaison for the Youth Council
2. Attend PVA meetings
3. Represent Texas County Youth Council by participating in County activities and events.
4. Practice the life skills of self-responsibility, organization, time management and communication.

### **Parent Volunteer Association**

#### **Objectives**

- ◆ Function as a coordinating group on
- ◆ Events, activities, and Programs
- ◆ Relation with community and County support group
- ◆ To coordinate the efforts of sponsors, leaders, parents, 4-H members, and Public Spirited Citizens
- ◆ To further, the acceptance of the broad image of 4-H Club work to determine and secure the need finical support for –achievement banquets and awards, such as ribbons, cash awards and trips.
- ◆ To assist County Educator in developing well-planned out/well organized plan for 4-H club work with in the county.

#### **Membership**

- ◆ The PVA shall consist of 4-H leaders, volunteers, parents, and 2 youth council representatives. Each club in the county needs to be represented by an individual at the meetings.
- ◆ Members of the PVA can be anyone irrespective of race, color, national origin, sex, religion, and physical or mental Handicap.

### **County Committees**

#### **Objectives**

- ◆ To coordinate events on the county level

#### **Membership**

- ◆ The committee members shall consist of two adults, two senior 4-H'ers and Two junior 4-H'ers.
- ◆ Members of committees will be selected by the County Educator, or can volunteer to be on Committees.

## **Committees.**

### **Budget Committee/Fundraising Committee**

- ♦ Will call a budget committee meeting in time for approval to start the new 4-H year.
- ♦ Present budget and keep record of what was proposed and what was spent. Submit records and bank statements at end of year for annual audit
- ♦ Have a meeting at the end of each year to make suggestions and proposals for upcoming budget.
- ♦ Will call a meeting at the beginning of the 4-H year to discuss fundraising opportunities for the county. And be responsible for delivering information and running fundraisers.
- ♦ Will work hand in hand with the budget committee.
- ♦ This committee is responsible for the work of the Concession stand at the Fair Grounds.
- ♦ i.e. work schedule for the County Fair, Junior Livestock show

### **Promotion Committee**

- ♦ Will plan and set up decorations for the 4-H Department at the County Fair
- ♦ Will plan countywide promotion for Texas County 4-H for national 4-H week/Month.
- ♦ Will plan promotion of 4-H at any time during the year deem necessary.

### **Food Show/ Showdown Committee**

- ♦ Provide ideas for classes and schedule the event
- ♦ Encourage participation
- ♦ Assist with set-up and clean-up, decorations
- ♦ Assist with selecting a location and judge.
- ♦ Contact sponsors of awards.
- ♦ Fashion Review Committee
- ♦ Provide ideas, judges, location for completion
- ♦ Decorate stage if desired
- ♦ Record judges result and awards.
- ♦ Assist with set-up and lean-up; also help provide an area for changing clothes.

### **Shooting Sports**

- ♦ Certifying members in selected areas
- ♦ Put on County Fun shoots and trainings.
- ♦ Job Readiness
- ♦ This committee will provide a location for the event. And will provide and area to conduct the interviews and an area for the contestants to fill out his or her application
- ♦ Assist with set-up and lean-up
- ♦ Encourage participation
- ♦ Select and contact judges.

### **Social Committees**

- ♦ Will be responsible for both Winter and summer Socials
- ♦ Plan and coordinate Junior and Senior trips, Exchange Trips
- ♦ Article 3-Admendments

### **Section 1.**

- ♦ This constitutions and by-laws may be amend by a 2/3 of the eligible voting members present in a regular meeting.

### **Section 2**

- ♦ Proposed amendment shall be presented one meeting before that in which a vote will be taken.

### **Do Your Ears Hang Low?**

Do your ears hang low?  
Do they wobble to and fro?  
Can you tie them in a knot?  
Can you tie them in a bow?  
Can you throw them o'er your shoulder  
like a continental soldier?  
Do your ears hang low?

Do your ears hang high?  
Do they reach up to the sky?  
Do they droop when they are wet?  
Do they stiffen when they're dry?  
Can you semaphore your neighbour  
with a minimum of labour?  
Do your ears hang high?

Do your ears flip-flop?  
Can you use them for a mop?  
Are they stringy at the bottom?  
Are they curly at the top?  
Can you use them for a swatter?  
Can you use them for a blotter?  
Do your ears flip-flop?

Do your ears hang out?  
Can you waggle them about?  
Can you flip them up and down  
as you fly around the town?  
Can you shut them up for sure  
when you hear an awful bore?  
Do your ears hang out?

### **Pass It On**

It only takes a spark to get the fire going,  
And soon all those around,  
Will warm up to it's glowing.  
That's how it is with God's love.  
Once you've experienced it  
You spread his love to everyone,  
You want to pass it on.  
What a wondrous time is spring,  
When all the trees are budding,  
The birds begin to sing,  
The flowers start their blooming  
That's how it is with God's love,  
Once you've experienced it.  
You want to sing, it's fresh like spring,  
You want to pass it on.

### **Da Moose, Da Moose**

*(leader sings a line, everyone repeats. It's more fun to do it in an accent.)*

Da moose, da moose!  
Swimming in the water.  
Eating all his dinner.  
Where does he go?  
He went to sleep.  
He went to sleep.  
(repeat twice, first quieter then louder)  
Dead moose, dead moose!  
Floating in the water.  
Not eating all his dinner.  
Where did he go?  
He de-com-posed.  
He de-com-posed.  
He de  
com  
posed!

### **Car Song**

I'm a little pile of tin,  
Nobody knows what shape I'm in,  
I've got 4 wheels and a running' board,  
I'm not a Chevy and I'm a Ford.  
Honk, honk, rattle, rattle, crash,  
beep, beep  
Honk, honk, rattle, rattle, crash,  
beep, beep  
Honk, honk, rattle, rattle, crash,  
beep, beep  
Honk, honk, honk, honk, honk.

### **Singing in the Rain**

*Chorus:*  
Singing in the rain, just singing in the rain.  
What a glorious feeling...  
I'm ch, ch, ch, ch, ch, ch, ch, woo.  
Ch, ch, ch, ch, ch, ch, ch, woo.  
Thumbs up. (repeat)  
*Chorus*  
Elbows back. (repeat)  
*Chorus*  
Chest out. (repeat)  
*Chorus*  
Butt out. (repeat)  
*Chorus*  
Head back. (repeat)  
*Chorus*  
Tongue out. (repeat)  
*Chorus*  
Turn around and sit down

# 4-H Songs

## **Twist and Shout**

Leader (Chorus)

Come on, come on, come on, 4-H'ers  
Twist and Shout  
Come on, come on, come on, 4-H'ers  
Let it all out.

(Verse 1)

We're here at Round up  
Just boogie on down  
Catch the excitement  
All around

Repeat Chorus

(Verse 2)

You know you look so good  
You know you look so fine  
Come on, come on, come on,  
4-Hers  
Sing it one more time.

Bom, Bom, Bom, Bom

(Repeat verse 1 and the chorus)

## **It's a Small World**

It's a world of laughter, a world of tears;  
It's a world of hope and a world of fears.  
There's so much that we share that it's time we're aware.  
It's a small world after all.

Chorus

It's a small world after all,  
It's a small world after all,  
It's a small world after all,  
It's a small, small world.

There is just one moon and one gold-en sun  
and a smile means friendship to every one.  
Though the mountains divide and the oceans are wide, It's a small world after all.

Chorus.

## **Just a Boy and a Girl**

Just a boy and a girl in a little canoe  
with  
the moon shining all around.  
And as he plied his paddle, you could-  
n't  
even hear a sound.  
So they talked and they talked 'till the moon  
grew dim.  
He said you better kiss me or get out  
and  
swim So what's a girl to do in a little  
canoe  
With the moon shining all a, boats  
floatin' all  
a, girls swimming all a round  
Oh yeah

## **Echo (Chorus)**

Come on 4-Hers  
Twist and shout  
Come on 4-Hers  
Let it all out

(Verse 1)

Here at Round up  
Boogie on down  
Catch the excitement  
All around

Repeat Chorus

(Verse 2)

Looks so good  
Looks so fine

Come on 4-Hers  
One more time

## **Banana Song**

Bananas unite.  
Peal bananas, peal, peal bananas.  
Eat bananas, eat, eat bananas.  
Go bananas, go, go bananas.  
Peal to left, peal to the right,  
Peal down the middle and um take a bite.

# 4-H Program Policies

Welcome to the world of 4-H!! The Texas County 4-H program is full of opportunities for your family to work, play and learn together. This publication is designed to help you participate in the 4-H program. If you need further clarification on any of the information include in this handbook, please call the office at 580-338-7300 or check the web page at [oces.okstate.edu/texas/4-h](http://oces.okstate.edu/texas/4-h) or like Texas County 4-H Facebook page.

The 4-H club year (referred to as the current 4-H year) is based on a fiscal and program year beginning September 1st and ending August 31st. Members may enroll at any time during the year provided they meet the age requirements. 4-H age will be determined by the youth's public school grade as of September 1 each year. A child's "grade division" will not change until re-enrollment on September 1. Youth may enroll in 4-H on September 1 if they are 8 AND in the 3rd grade. If they turn 8 after September 1 and are in 3rd grade, they will not be eligible to enroll in 4-H until the next 4-H year but they may participate as a Cloverbud. 4-H membership ends on August 31 following the completion of the 12th grade or having reached the age of 19 on or before September 1, whichever comes first. Graduated high school seniors may complete their 4-H career by exhibiting in the fall fairs.

Cloverbud members may only participate in noncompetitive activities on a local or county basis as deemed appropriate by the OSU Extension Staff and Parent-Volunteer Association/Council. District and state activities will not be provided for Cloverbuds

## **A 4-H Program Fee was implemented September 1, 2016**

- The cost is \$20 per year and applies to all 4-H youth enrollment (Cloverbuds and 4-H members).
- If a youth is enrolled between September 1 and August 31 of the 4-H year, the full \$20 fee will be collected. There will be no pro-rated fee based on enrollment date.
- **The payment must be remitted to the county Extension Office within 30 days of enrollment or the enrollment will be rolled back to inactive or new enrollment will be deleted.**
- Families with three or more children will pay a maximum of \$60 in 4-H program fees. The definition of family is identified as children living at the same address. [4h.okstate.edu/about4-h/what-is-4-h/joinoklahoma-4-h](http://4h.okstate.edu/about4-h/what-is-4-h/joinoklahoma-4-h)





# 4-H Code of Conduct

Rules Participants and Parents Need to Know:

I. In seeking uniformity in the conduct expected at each county, district, state, national, and international 4-H event, the following guidelines have been developed.

- ◆ Each participant has a reasonable expectation to enjoy a positive program experience. Therefore, the misbehavior of one participant, or a group of participants, will not be permitted to impact negatively on the program experience of others. Most programs are short in duration, so prompt action is required when problems occur.
- ◆ Realizing these guidelines are not “all inclusive”, the Extension Service reserves the right to make adjustments to the Code of Conduct.
- ◆ All rules and regulations governing an activity, event or facility use will be discussed with educators, certified volunteers, parents and 4-H'ers prior to or at the beginning of each event.
- ◆ All 4-H'ers are under the supervision of any Extension staff or certified volunteer assigned to the event.
- ◆ If the 4-H'er is found in violation of the Code of Conduct and disciplinary action is required his/her parent/guardian will be notified immediately and the 4-H'er may be suspended from participation in county, district, state, national and international 4-H activities and/or membership revoked. As deemed necessary, the appropriate County, District or State 4-H Office will be notified of disciplinary action.
- ◆ If in the event any misconduct is deemed in violation of a law, the appropriate law enforcement agency will be notified.
- ◆ Participants dismissed from a program for disciplinary reasons will not receive a refund on any fees paid to attend.
- ◆ If a 4-H'er wishes to appeal the disciplinary action he/she must appeal in writing through their County Extension Office. Appeals must be filed within 30 days following notification of punishment. As necessary, the State 4-H Leader shall appoint an appeal board, no sooner than 30 days following the date of notification of the disciplinary action.
- ◆ ☐ Participants are responsible for securing their belongings. Neither Oklahoma State University, nor ext. staff or certified volunteer, is responsible for lost or stolen items. Leave excess money and valuables at home. Valuables brought to the program are at participants' risk and can only be used at free or other authorized times.

II. The following actions will be considered a serious breach in conduct. This is not an all-inclusive list of conduct violations.

# Citizenship and Community Service

*There's no end to the good ideas that can make a difference.*

Here are some suggestions:

- Scrub and paint a public school.
- Collect toys for families who lost homes in fires or floods.
- Give food to a food bank.
- Clean up your neighborhood.
- Take flowers to a senior citizen's home.
- Do yard work for the elderly or disabled.
- Make pans of lasagna for a homeless shelter.
- Visit a veterans home.
- Clean out your attic and give clothes to the Salvation Army.
- Have a walk-a-thon for your favorite cause.
- Clean a park or hiking trail.
- Paint over graffiti.
- Plant flowers in public places.
- Serve lunch at a soup kitchen.
- Raise money to buy books for your library.
- Reach out to abused women in shelters.
- Read to a child.
- Give free blood-pressure tests.
- Take your pet to visit hospital patients and shut-ins.
- Have a marathon sewing session to make quilts for AID babies, layettes for poor children, one-size-fits-all dresses for rape victims whose clothing is taken as evidence.
- Clean and repair wheelchairs.
- Have a puppet show for needy kids.
- Have a community garage sale for a cause.
- Offer computer-training to low-income adults.
- Have a benefit carwash or airplane wash.
- Bake banana bread for seniors and deliver it with a song.
- Support our military troops.
- Recycle cans and give money to a homeless family that needs a security deposit for an apartment.
- Tape record books for learning disabled children or the blind.
- Fulfill a wish for a needy family.
- Collect warm clothing.
- Adopt a school.
- Adopt a grandmother/grandfather.
- Do a joint project with local jail prisoners.
- Make a canned food donation part of admission to your high school football game.
- Hold a party, picnic or scavenger hunt for special needs children.
- Have a senior prom for residents of a nursing home or adult day-care center.
- Build shelves and fill them at a food bank.
- Replant trees in fire-damaged areas.
- Test the vision and hearing of pre-school children and the disabled.
- Do practice job interviews for teens, college students and challenged adults.
- Clip coupons and go on a shopping spree for a shelter.
- Winterize the home for seniors.
- Give manicures and hairdos to hospice patients.
- Hold a drug-awareness march.
- Start a friendship with a shut-in.
- Give warm socks to the homeless.
- Volunteer to walk dogs for ill people.
- Hold a benefit concert.
- Clean a creek.
- Build a playground or reclaim it from trash.
- Beautify a shelter for battered women.



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# Officer Responsibilities

## President

1. Attend All Meeting, Call and adjourn the meeting on time
2. Keep the meeting on schedule. The president should not dominate the meeting.
3. Appoint committees
4. Maintain interest among members always set a good example of leadership.
5. Counsel with adult 4-H Leaders and volunteers.

## Vice President

1. Serve in absence of the President
2. Promote the 4-H club program by speaking to Civic groups, 4-H groups in local area.
3. Perform all duties delegated to them by the President
4. Assist president on questions of parliamentary procedure

## Secretary

1. Call roll of members at club.
2. Record minutes of all county 4-H meetings
3. Take care of any correspondence so delegated by other officers or by leader
4. Perform duties delegated by the president
5. Work with Reporter to develop information to share in the county through social media and other means.

## Treasurer

1. Shall keep and accurate record of all receipts and disbursements for local club.
2. The Treasurer's book shall be audited at the end of the year by a committee appointed by the President.
3. The Treasurer's records shall be kept in the County Extension Office and shall become the property of the county.

## Reporter

1. Be well informed of county events and activities and post information on social media or local newspapers.
2. Assist in developing marketing and promotional materials for county events
3. Seek out information from 4-H members and county information to display on local social web sites.
4. Must work closely with club leader.
5. Responsible for taking photos at club events

## Recreation Leaders

1. Promote 4-H enthusiasm.
2. Plan activities and game at local meetings.

## Youth Council member

1. Serve as liaison to your local club
2. Attend Youth Council meetings
3. Represent local 4-h club by participating in Youth County activities and events.
4. Practice the life skills of self-responsibility, organization, time management and communication.

# 4-H Code of Conduct Continue

- ◆ Assault or Personal Harm – Inflicting physical or emotional harm on self or others.
- ◆ Prohibit the possession, distribution, sale or use of illegal drugs/substances, alcoholic beverages; any form of tobacco or vapor products, fireworks; and/or weapons (does not limit the use of approved sporting arms when and where authorized).
- ◆ Sexual Misconduct - Coed visitation in the residence halls is permitted in designated common areas only not in sleeping rooms. No boys will be allowed in girls' rooms nor will girls be allowed in boys' rooms, either as individuals or groups. It is recognized that circumstances may arise for justifiable exceptions to this policy. However, in every case, permission for exceptions must be secured from chaperone in advance.
- ◆ Theft, Misuse or Abuse of Public or Personal Property - Any damages caused by neglect or misuse will be charged to the responsible party. Replacement cost will be charged to anyone who removes or damages property. Any individual found tampering with any fire equipment (i.e. fire extinguishers, fire alarms, smoke detectors, etc.) will be dismissed from the Program immediately. Participants may not interfere with any security system or tamper with locks in participant rooms and other areas. All furniture must remain unchanged and kept in place.
- ◆ Search of Property - If a question regarding any of the above is raised, 4-H member consents to a search of his/her room and/or personal property. Failure to comply will result in violation of the Code of Conduct.

III. The following actions will be considered a breach in conduct. This is not an all-inclusive list of conduct violations.

- ◆ Breaking curfew and/or disturbing the peace - Participants will abide by nightly curfews and remain in there until morning.
- ◆ Violating the Dress Code ☐ Use of Abusive and Offensive Language
- ◆ Bullying and Harassment – Physical, emotional or electronic harassment/harm against self, fellow participants or staff. ☐ Vandalism and Pranks will not be permitted.
- ◆ Unexcused Absence from the activities of the event - Participants are to remain on the event site and attend all workshops, classes, and planned social or recreational activities for the duration of the program unless program activities require otherwise. If a participant needs to leave campus or event site for some reason, supervising ext. staff or certified volunteer must have prior written approval from the parent or guardian, and agree to grant specific permission.
- ◆ Unauthorized use of Vehicles during the event - Participants are not allowed to drive or ride in personal vehicles during the dates of the program unless they receive specific permission to do so from their supervising extension staff or certified volunteer. While we understand that some participants will drive to the event, our policy is that participants should not be driving during the event. Participants may be asked to turn their car keys in to the supervising staff or certified volunteer for the duration of the program.

# Oklahoma 4-H & FFA Show Ring Code of Ethics

FFA junior exhibitors will be required to wear for show: the official FFA jacket, clean pressed jeans, clean shirt with collar, regulation FFA tie and white shirt are optional. 4-H junior exhibitors will be required to wear for show: jacket that is representative of 4-H, clean pressed jeans, clean shirt with collar, tie or scarf optional. Because apparel requirements are pre-determined for junior dairy and junior horse exhibitors, they will be required to wear the 4-H or FFA emblem when showing in their respective competitions. Exhibitors must adhere to the dress code in order to be allowed in the show-ring. The dress code also will be enforced during the Premium Auction and while junior exhibitors are appearing before the media or other special functions where they are representing their organization. In extremely hot weather, show management may modify the jacket requirement.

Believing it is in the best interest of all youth livestock exhibitors and breeders of livestock to maintain a reputation of integrity and to continue to present a wholesome and progressive image in the show-ring, the following list of practices are considered unacceptable in the presentation of livestock. The use of such practices or procedures is, therefore, considered a violation of the rules and Regulations governing this show.

Final interpretation of the following rules will be made by show management. Management decisions are final.

1. The exhibitor must be the sole owner of any animals shown in his/her name. Junior exhibitors must have owned, cared for daily and fed market animals from not later than the date nominated or date listed in premium list of show. All other animals, including dairy animals, must be owned by or transferred to the exhibitor by the required date listed in the show premium list.

2. In breeding classes, beef, dairy, sheep and swine entries must be registered and recorded in the sole name of the exhibitor. Tattoos, brands, registry association tags and flock tags must match the papers and be correctly located. Swine ear notches must be correct and healed; purebred barrows must have healed ear notches in both ears.

3. All exhibitors are expected to care for and groom their animals throughout the show. An exhibitor may be assisted by his or her immediate family (limited to parents, brothers and sisters), agricultural education teachers, county or chapter. The official 4-H volunteer leader for a county group, as designated by the County Extension Staff will be permitted to assist the youth under his or her supervision. The exhibitor must be present and assisting with and/or grooming his or her animal in preparation for showing.

4. Any junior exhibitor entering livestock in competition must be present to lead any show said animal in competition or the animal will be disqualified and entry fees will not be refunded. Any infraction of rules will cause forfeiture of any premiums earned. The only exceptions to this rule are where a bonafide owner has more than one animal in a given class and due to an extreme emergency the bonafide owner is not able to be in attendance. Such cases must be approved by the management. Each animal offered for sale must be handled in the ring by a bonafide owner.

5. Do not misrepresent the age of the animal for the class in which it is shown. Market steers and lambs must follow the tooth rule as printed in the premium list of the show. Birth dates, transfer dates and other information on registration papers must be correct.

6. Treating or massaging any part of the body internally or externally with an irritant, counter-irritant or other substance to temporarily straighten a weak back or loin; to produce unnatural animation or to cause swelling or changes in contour or handling qualities is prohibited.

7. Minimizing the effects of crampiness or to affect handling qualities or contour by feeding or injecting drugs, depressants or applying pack (hot or cold) or using any artificial contrivance or therapeutic treatment except normal exercise is prohibited.

8. Striking the animal to cause swelling is prohibited.

# Goals for Local Members and Clubs

## Club Members

- ◆ Attend every local meeting. Attending 75% of the local meetings is a good goal!
- ◆ Know and understand the 4-H Ritual.
- ◆ Read county 4-H Newsletter and Handbook.
- ◆ Set goals for and complete all projects in which you are enrolled by studying and doing what is in the project manuals.
- ◆ Give at least one 4-H talk or Illustrated Presentation during the year at local meetings and county contests.
- ◆ Exhibit at the County Fair and Food Show.
- ◆ Keep records on 4-H work and complete County Report Form. Turn this into the County Extension Office on the second Friday in July.

## Local Clubs

- ◆ Club participation in County Events.
- ◆ Participate in Conservation, Safety, and other community projects.
- ◆ Have your 4-H club meeting visited by the Extension Educators.



# Oklahoma 4-H & FFA Show Ring Code of Ethics

## Local Clubs



9. Surgery or any other procedure performed to change the natural process of growth, maturation, contour or appearance of any animal, to include teeth is prohibited. Not included are removal of teat or horns, clipping and dressing of hair and trimming of hooves.
10. The injection or insertion of foreign materials under the skin or into the muscle is prohibited.
11. The use of alcoholic beverages in the feed or as a drench is prohibited.
12. Forced filling of any type by any means to include stomach pumps is prohibited.
13. No alteration or simulation with respect to color of hair will be permitted on any junior animals. This included all products, natural or manmade; false switches are not permitted. If alteration or addition is detected by a show official or through a protest, the exhibitor, organized group or individual involved will be disqualified and barred from exhibiting. These grooming rules apply to both sexes, all species for the duration of the junior division of the show. In swine, no powdering, oiling, painting or dressing other than water will be permitted.
14. The use of any chemical and/or compound that is not approved by the Food and Drug Administration for use in meat-producing animals and the illegal use of approved chemicals and/or compounds is prohibited. All animals shall be subject to test (blood, urine and tissue) for foreign substances that exceed the acceptable levels and established by the U.S. Department of Agriculture and/or the Food and Drug Administration. All animals shall be subject to test (blood, urine and tissue) for foreign substances that exceed the acceptable levels and established by the U.S. Department of Agriculture and/or the Food and Drug Administration. A positive test will result in disqualification, forfeiture of any premiums and/or future competition at this show. All medications at the show will be administered by licensed veterinarians only.
15. Balancing the udder by abnormal means including the use of a mechanical contrivance or the injection of fluid or drugs, setting the teats and/or including (sealing the ends) with a mechanical contrivance or with the use of a chemical preparation, treating or massaging the udder or its attachments with an irritant or counter-irritant will not be permitted. The use of common products such as fly spray, ointment or liniment in excess to the extent that it is irritating is included as an irritant.
16. Criticizing or interfering with the Judge, other exhibitors, breed representatives or show officials before, during or after the event may result in an individual or group being expelled, placed on probation, declared ineligible or barred from exhibiting at the event.
17. Exhibitors are forbidden from asking buyers to give or sell back animals sold through the auction. Any such attempt by any exhibitor or by another person representing an exhibitor will be considered a breach of sale etiquette and the exhibitor will be barred from showing livestock at this show.
18. Exhibitors, organized groups or any individual switching animals at any time and changing ear tags and other forms of identification will be barred from showing and will forfeit all prizes and premium money.
19. Junior exhibitors and other adults involved with the exhibitors are expected to adhere to the General Rules and Regulations of Junior Livestock Shows, including the ShowRing Code of Ethics as well as the Rules and Regulations governing the Junior Division.
20. Any violation of the rules and Regulations Incorporated in the premium list, the Show-Ring Code of Ethics and the Junior Division Rules and Regulations may result in forfeiture of all premiums and awards, disqualification and expulsion or probation of the exhibitor or organized group the exhibitor represents any individual or livestock involved. Probation, disqualification, expulsion or other disciplinary action of the show management will be final. Such action will require application for readmission under such terms as the management may prescribe before the group or which is a member of show support organizations including the Oklahoma Association of Fairs and Festivals, the American Livestock Show and Rodeo Managers Association and the International Association of Fairs and Expositions, may affect the eligibility of the violators for participation in any show throughout the county, regardless of the show's membership in these organization. Members should be aware that at all state and district 4-H & FFA livestock Shows, it is against the rules to have a muzzle on a lamb.



#### **Goodwell Cloverbuds \*\***

Rebecca Brace  
beccag\_03@hotmail.com  
Assisted by  
Amy Peterson  
amy.peterson@seaboardfoods.com

#### **Goodwell Eagles\*\***

Rebecca Brace  
beccag\_03@hotmail.com  
Assisted by  
Amy Peterson  
amy.peterson@seaboardfoods.com

#### **Guymon Cloverbud\*\***

#### **Guymon Jr 4-H Club\*\***

Consuelo McFadden  
consuelomcfadden@gmail.com

#### **Guymon 4-H Club\*\***

Sherry Lindley  
slindleyatptsi@gmail.com

#### **Hardesty Cloverbuds**

#### **Hardesty 4-H Club\*\***

#### **Hooker Cloverbuds**

#### **Loyal Doers\*\***

Brad James  
brad.james1742@gmail.com  
Assisted BY  
Sharron Gorman  
sharrong80@hotmail.com  
Christi Werner  
dougandchristiewer-  
ner@hotmail.com

#### **Texas County Livestock Project Club \***

Sharen Wilson  
wilson.sharen@gmail.com  
Assisted by:  
Kathrine Martian  
Henke.k11@gmail.com

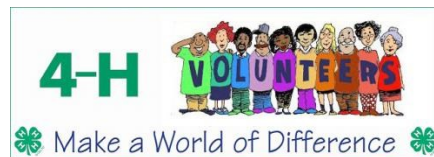
#### **Texhoma Tumbleweeds\*\***

#### **Tyrone 4-H Club\*\***

Sheila Rogers  
s.nadean@hotmail.com

#### **Yarbrough 4-H \*\***

Britni Keylon  
bkeylon@yarbrough.k12.ok.us



\*\*Chartered Club– a 4-H Club that has agreed to meet established standards

\*Project Club-A club that meets and their focus its main in one project area

## **Denver Western Roundup**

The Western Region 4-H conference is a four-day trip made by chartered bus. It is held in January in Denver, Colorado.

#### **Objective:**

- To offer 4-H delegates an opportunity to participate in a planned educational experience.
- To provide an opportunity to work and learn in a cooperative atmosphere.
- To show the cultural arts, and business opportunities of a major metropolitan area.
- To honor official 4-H delegates by providing them a new and enjoyable experience.



#### **Specific Requirements:**

- Must be at least 14 years old by January 1 of the year making trip.
- Must have submitted a State Report Form.
- Must have completed at least one year of 4-H work.

**Cost:** estimated \$750-\$1000

## **4-H Jr. Trip**

- ⇒ • Is for Juniors 9—13 years old
- ⇒ • Must have submitted a County Report Form (Record Book).
- ⇒ • County Federation Officers can go as teen leaders. They will be responsible for the welfare of the younger 4-H'ers.

## **4-H Summer Camp**

- All 4-H members from Texas County are eligible to attend.
- Three days of fun-filled activities and workshops in early June
- Camp Black Mesa, near Kenton Okl

**Cost:** estimated \$75-\$100.







This is a ten-day trip during the summer to Washington D.C. to attend a citizenship short course at the National 4-H Center.

**Objectives:** To place emphasis on:

- The national and international aspect of citizenship.
- Becoming effective participants in our democratic government.
- Better understanding and appreciation for our American heritage.
- Responsibility of the individual to self and others.
- Leadership training for action back home.
- Provide an opportunity to share ideas and experiences with older youth from across the nation.

**Specific Requirements:**

- Candidates must be 14 years of age or a sophomore at the time of the trip.
- 4-H'ers must be awarded the trip on the county level.
- The individuals chosen will be those who can take responsibility and will help with home, community and state programs after training has been received.
- May only attend once.
- Must attend scheduled orientation session.

**Cost:** estimated \$1,200 to \$1,500

## Western District Leadership Conference

This leadership in training conference is for outstanding senior 4-H members from each county in the Northwest District. It is held each year during the state teachers meeting in October.

Each 4-H member attending will be trained to return to their local county and use the skills gained on the county as well as local level.

**Specific Requirements:** 4-H'ers must be 13 years of age or older. Teen officers are encouraged to attend this conference.

**Cost:** estimated \$100

# The 4-H Name and Emblem

## What is the 4-H Name & Emblem?

The official 4-H Emblem is a clover with four leaves and an "H" on each leaf. The clover's stem must point to the right as you look at the image. The 4-H Emblem is not a plain four-leaf clover. The 4-H Emblem should appear in specific colors and in its entirety. The 4-H Name & Emblem belongs to the 4-H Youth Development Program, under the authority of USDA and anyone wishing to use it must obtain permission to use it ahead of time.

## How Do I Get Permission to Use the 4-H Name and Emblem?

It depends on who you are and for what reason you wish to use the 4-H Name & Emblem: 4-H Club or Program member or volunteer leader? Commercial vendor? Event, activity or program affiliated with 4-H? Private, non-profit organization? If you are a 4-H member or volunteer, you are permitted to use the 4-H Name & Emblem once your program is chartered with the official 4-H Charter from 4-H National Headquarters at the Institute of Food and Agriculture (NIFA), within the United States Department of Agriculture (USDA). If you are a commercial vendor, private organization or any other entity, you need to contact either the local Cooperative Extension Service office or the State 4-H Office to determine what steps you need to take for your use of the 4-H Name & Emblem.

## Did You Know?

The 4-H Name & Emblem is a highly valued mark within our country's history. It is in a category similar to the Presidential Seal and the Olympic Emblem. This federal protection makes it a mark into and of itself with protection that supersedes the limited authorities of both a trademark and a copyright. As a result, responsibility and stewardship for the 4-H Name & Emblem were not given to the U.S. Patent Office but were given to a higher level of the federal government, a member of the Cabinet, the Secretary of Agriculture. The Secretary has responsibility for the 4-H Name and Emblem, at the direct request of Congress. The "18 USC 707" is the statement in the United States Code that outlines the protection of the 4-H Name & Emblem.

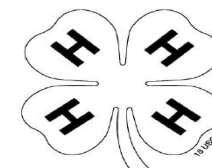
## How to use the Emblem?



Preferred



Accepted



Accepted



4-H Kids Club

Appropriate Use



Inappropriate Use



# 4-H Events

## Events & Activities

September-	
Youth Council Meeting	
Oklahoma State Fair Exhibits Due	
Record books Due	
County Special Awards form Due	
Committee Meeting	
October-	
Youth Council Meeting	
National 4-H Week	
Fall Paper Clover Campaign	
4-H Honors Night	
District Leadership Conference	
OYE Nominations Orders Due	
Extension Office Open House	
Quartile PVA Meeting	
November-	
Youth Council Meeting	
OYE Nominations Due	
OYE Swine Nominations Order Due	
Thanksgiving Holiday	
December-	
Heritage Center Community Service	
Yearly Club Plan Due	
Youth Council Christmas Party	
OYE Swine Nominations Due	
Christmas Holiday	

\*\*\*This calendar of events is not all encompassing. 4-H members will be notified via email, newsletter of additions or changes to these events.

## Oklahoma State Roundup

Pre-registration forms are due in the county office in April.

Roundup is a state conference for 4-H members 13 to 19 years of age. It includes special activities, programs, workshops, competitive events and election of state and district officers.

### Objectives:

- To provide opportunities for youth to participate in leadership training that will help them develop a stronger 4-H program in the community, county and state.
- To involve youth in learning experiences that will afford specific skills and information in areas of interest, as well as in leadership and citizenship.
- To offer information about career opportunities and to stimulate interest in preparing for a career.
- To provide inspiration for promoting 4-H.
- To recognize the achievement of 4-H members and direct public attention to the programs of 4-H.
- To offer opportunities for youth to make new friends, share experiences and establish individual goals.

### Specific Requirements:

- Members must have reached his/her 13th birthday by January 1 of the year attending or have completed the 7th grade.
- 4-H members who meet specific requirements must agree to participate in a competitive event or activity at state 4-H Roundup to be eligible to attend.
- 4-H members must attend a county meeting for Roundup orientation.
- 4-H members must sign a code of conduct and a medical release (RAM) and give it to the individuals that are attending Roundup.

**Cost:** estimated \$150-\$200



# Trips



January-	
New Year's Day	
Youth Council Meeting	
4-H Has Talent Entries Due	
Martian Luther King jr. Day Holiday	
4-H Has Talent/ Winter Social	
PVA Meeting	
Texas County Jr Livestock Show Entries Due	
District Stock Show Entries Due	
District 4-H Has Talent Contest	
Citizenship Washington Focus Forms Due	
February-	
Pickens Scholarship Due	
County Talks Contest	
Committee Meeting	
Texas County JR Livestock Show	
District Stock Show	
OYE Entries Due	
March-	
Youth Council Meeting	
Oklahoma Youth Expo	
State Record Book Workshop	
April-	
Youth Council Meeting	
Final State Record Book Due	
PVA Meeting	
Fashion Review	
Spring Paper Clover Campaign	
Volunteer Appreciation	



May-	
Pioneer Day Parade	
Youth Council Meeting	
Committee Meeting	
Black Masa Camp	
District Horse Show	
Roundup Entries Due	
June-	
Youth Council Meeting	
Workshop Days	
State Horse Show	
District Contest Days	
State Volunteer Conference	
Citizen Washington Focus Trip	
District Volunteer Conference	
July-	
Youth Council Meeting	
Summer Social	
County Overnight Camp	
Cloverbud Day Camp	
PVA Meeting	
Roundup	
August-	
Youth Council Meeting	
County Fair	
County Quiz Bowl Contest	
Record Book Workshop	

# Oklahoma Key Club

Membership in the Oklahoma 4-H Key Club is an honor extended only to top 4-H members. It is an honor that you must work hard for, but upon receiving the award, you and your Cooperative Extension Staff will feel pride and satisfaction for a job well done.

## History

Since 1950, 4-H Key Club has been recognizing the accomplishments of Oklahoma youth in the 4-H Program. The club seeks to honor those 4-H members who possess leadership, loyalty, and a sense of responsibility to the total 4-H program.

## Objectives

The objectives of this organization are:

1. To recognize the outstanding accomplishments of Oklahoma's very top 4-H members.
2. To provide a common bond among former 4-H members.
3. To further develop 4-H work in Oklahoma.

The program is based on standards, and individuals meeting these standards are eligible to become members. Key Club is an honor society for 4-H members who have done outstanding work in the organization. Once 4-H'ers become Key Club members, they are obligated to support the 4-H organization throughout their lives, both financially and with their time, and stay updated with Oklahoma 4-H and Oklahoma 4-H Key Club.

## Qualifications for Membership

The applicant:

1. Must be a 4-H member.
2. Must be at least 15 years old or older on January 1, on the year of application.
3. Must submit completed application form by April 1.
4. Must accumulate the minimum number of points (400) on the application form.
5. Must be approved by the county Cooperative Extension Staff.
6. Must make at least one presentation to a 4-H group about Key Club.
7. Must make at least one presentation to a non-4-H group, such as non-4-H youth or adults, about the 4-H Program in general.

## Awards

Donor: Boatman's First National Bank of Oklahoma

County: Every applicant who qualifies for Key Club is eligible to receive a Key Club certificate and key. The donor will provide up to two keys for each county.

State: A trip to National 4-H Congress and a state scholarship are available to Key Club members through the Oklahoma 4-H record book system.



# Beef Production Award

**Objectives:** Any member in the Beef project interested to spread their knowledge and passion for Beef Science.

**Minimum Requirements:**

- Jr. 9-13, Sr. 14+
- Application must be completed
- Various points could be awarded depending on Project work.



Applications available at the Extension Office.



# Pork Production Award

**Objectives:** Any member in the Beef project interested to spread their knowledge and passion for Pork Production.

**Minimum Requirements:**

- Jr. 9-13, Sr. 14+
- 4-H member must present a talk or demonstration on pork in a competitive event and to a group other than 4-H.

Applications available at the Extension Office.

# 4-H 1000 Point Member

- Each year any 4-H member that has 1000 or more points will receive a 4-H 1000-point award.
- This award will be based on the Texas County 4-H Point Sheet, which will be due at the time of County Record Books.
- 4-H members that earn 1000 points or more will receive this award at Honors Night.
- Award will be awarded at the direction of the Texas County OSU Extension Staff.
- Point Sheet and Letter must be turned in when 4-H record books are turned in.



## Lamb Lead & Fashion Reviews

Rules & Regulations for Texas County

Conducted at the Texas County Jr. Livestock show

**Rules:**

1. Contestants must be a 4-H or FFA member and reside and be enrolled in a Texas County School or enrolled in the Texhoma, Texas School System. Contestants do not have to be in a sheep exhibitor in the Jr. Livestock Show in order to participate.
2. There are two contests. 1. self-made, 2. Non-Self Made. You may enter both
3. Contestants must furnish his or her own garment and it must have a minimum of 60% wool.
4. Any lamb may be led in competition and must be trained to lead with halter. Nothing but the halter can be worn by the lamb. The lamb does not have to be owned by contestant.
5. Registration for this event will be accepted in the OSU extension office until 5pm on Friday prior to the Texas County Jr. Livestock Show.
6. Interviews will be held in the conference room at the Texas County Activity Center 1 hour prior to lead contest
7. A. copy of "The Wool Story:" can be picked up at the Extension Office.
8. Age Divisions  
Junior 8 and in 3rd Grade to 13 years old  
Senior 14-18 years old and not a high school graduate

**Judging Standards**

1. all contestants will be interviewed concerning general information about his or her garment and the lamb they are leading
2. Mode of dress selection should be attractive and appropriate for contestant's age division
3. Pose and appearance
4. Control and presentation of ewe.

## Make it Yourself with Wool

State and District

In the three District Contests we will use a percentage of the contestants to advance to State and will be determined by the number of entries in each District. Funding is a problem this year, with no funding from the state sheep industry.

What are the judging criteria?

- ◆ Appropriateness to contestant's lifestyle
- ◆ Coordination of fabric/yarn with garment style and design □ Contestant's presentation
- ◆ Construction quality
- ◆ Creativity Judging is private and the judges' decision is final.



## 4-H Design and Construction

Top 2 Intermediate and Advance have opportunity to compete at state Level.

**Objective:** The Fashion Revue Contest gives 4-H'ers an opportunity to master skills in Structural Design, Clements of Design, Partials of Design, and Decorative Design in the area of Apparel Design and Construction, Interior Design and Construction and Hobbies/Textile Design and Construction.

**Age Divisions:** Cloverbud-5-8 years old  
Beginner-9-11 Years Old  
Intermediate-12-14 Years Old  
Seniors- 15 years and up

**General Rules:** All fashion reviews entries must be constructed by the 4-H members. 4-H members must be present at the event and model garment for judging purposes or cannot compete for Grand or Reserve Champion.

### Apparel Design & Construction:

#### **Level 1:** (ages 9-10)

- ⇒ Simple Tops
- ⇒ Simple bottoms
- ⇒ Sewn Fashion Accessory
- ⇒ Yarn/thread Fashion Accessory
- ⇒ Sewn Costumes

#### **Level 2:** (ages 11-12)

- ⇒ One piece garment with facing
- ⇒ Simple bottom with pocket &/or Waistband or facing
- ⇒ Two piece garment
- ⇒ Sewn fashion accessory
- ⇒ Yarn/thread fashion accessory
- ⇒ Sewn Costume

#### **Level 3:** (ages 13-14)

- ⇒ Blouse/shirt with sleeves and Closure
- ⇒ Bottom with zipper &/or pockets
- ⇒ 2 piece garment
- ⇒ Garment with button holes &/or zipper
- ⇒ Sewn fashion accessory
- ⇒ Sewn Human Costume

#### **Level 4:** (ages 15 and up)

- ⇒ 1 piece lined or unlined garment
- ⇒ Unlined 2 piece ensemble/coordinate
- ⇒ Lined 2 piece ensemble/coordinate
- ⇒ Sewn Human Costume



### Interior Design and Construction/Hobbies and Textile Design

Same categories as State and County Fair. Can be found in Newsletter and Fair books.

# Clifford Hatcher Award

## **Objective**

To recognize the Texas County Junior 4-H boy and girl as the outstanding Junior 4-H member during the year.

## **Basis of Selection**

- Must have completed one full year as a Texas County 4-H member.
- Must not be over 13 years of age as of January 1 of current 4-H year.
- Must submit a Texas County Junior 4-H member evaluation application when requested (available at OSU Extension Office).
- Applications are based on the honor system. Committee reserves the right to question application.
- May only receive once.

## **Donor**

Clifford Hatcher Award committee

Application can be found online or in Extension office for Pickup

## Texas County Hall of Fame

## **Objectives**

The objectives of this organization are:

- To recognize the outstanding accomplishments of Texas County's very top 4-H members.
- To provide a common bond among former 4-H members.
- To further develop 4-H work in Texas County.

The program is based on standards. Individuals meeting these standards are eligible to become members.

## *Qualifications for Membership*

The applicant:

- Must be a 4-H member.
- Must be at least 15 years old or older on January 1, on the year of application.
- Must submit completed application form by the published state record book deadline.
- Must accumulate the minimum number of points (400) on the application form.
- Must be approved by the responsible county Cooperative Extension Educator.
- Must make at least one presentation to a 4-H Group.
- Must make at least one presentation to a non-4-H Group, such as non-4-H youth or adults, about the 4-H youth development program.

# Farm Bureau Leadership Award



## Objective

To encourage 4-H members to show leadership abilities with 4-H projects and 4-H activities.

## Basis of Selection

- Submit a County Report Form (Record Book) for the year the award is made and the year prior.
- Based on current year of work.
- May only be received once.
- One boy and/or one girl in in their junior or senior year of high school.
- Discretion of Texas County Farm Bureau.

# Fairboard Award

## Objective

- To recognize one Texas County 4-H member as the most outstanding 4-H member during the year.
- To encourage 4-H members to strive to make the best better, to serve others, to exhibit leadership and citizenship and to do satisfactory project work.

## Basis of Selection

- Submit a completed county Report Form (Record Book) 7th year and up.
- Have been a 4-H member for more than 3 years.
- Participated in local and county activities and projects.
- Is a local or county officer.
- Exhibited genuine enthusiasm for 4-H work influencing others.
- Willingness to assist others in 4-H.
- May only be received once.

## Donor

Texas County Fairboard

# Texas County Jr Hall of Fame

Must have earned Clifford Hatcher Achievement Award.

Interview

Submit a County Record Book

Must Have Earned 1000 Point Club Award.

## Note:

Award winners recognized at Honors Night

8x10 photo of Jr. winner will hang in the Texas County OSU

Extension Office

May only win ONCE.

Application can be found online or in Extension office for Pickup

## 4-H Impressive Dress



The 4-H Impressive Dress activity gives the 4-H members an opportunity to demonstrate their skills in selection of an outfit and accessories for a special occasion. Preferably, the garments were chosen from an existing wardrobe of ready-to-wear or home-sewn garments.

This activity is designed to give the 4-H members some basic training and experience in being well-dressed for most occasions. The choice of Classic style rather than fads is encouraged.

A 4-H'er may enter only one (1) garment in each class for a total of 5

**Age Divisions:** Cloverbud-5-8 years old  
Junior 8-13 Years Old  
Seniors- 14 years and up

### CLASS 1

#### School Wear

(Garments to wear to school, fairs, dates, movies, spectator sports, shopping, etc.)

### CLASS 2

#### Casual Western Wear

(Garments to wear to rodeos, western events, school, etc.)

### CLASS 3

#### Active Sportswear

(Garments to wear to play tennis, skiing, jogging, any active sports etc.)

### CLASS 4

#### Church Wear

(Garments to wear to church or special occasions)

### CLASS 5

#### Party Wear

(Garments to wear to formal events, proms, or very special occasions)





# Cupcake Wars

## RULES OF PLAY

*Teams will consist of 2-3 team members.*

### Cupcake Wars

Each team will display three cupcakes.

Each team will bring “naked” cupcakes. The cupcakes should have no frosting and be in the paper wrappers only.

Each team will bring the frosting mixed in bowls. The frosting should not be tinted prior to contest. Teams will tint and place in frosting bags, if needed at the contest. Frosting can be either store bought or homemade. If store bought, can be either white or chocolate frosting.

If teams are using fondant they can use either homemade or purchased fondant. Teams are allowed to purchase tinted (colored) fondant to use or may tint fondant off site.

Teams are allowed to use purchased edible decorating items. Only edible items can be used on the cupcakes.

1. Teams will report to the Oklahoma Expo Hall building for check in. There will be three team divisions.

The age and grade will be as of September 1, 2018:

Junior Division: minimum age 8 years old and in 3<sup>rd</sup> grade, grades 3, 4 and 5

Intermediate Division: grades 6, 7 and 8

Senior Division: grades 9, 10, 11 and 12

*There will be no move ups to make teams. Counties are limited to three teams.*

2. An orientation will be provided for all participants.
3. Each team will be directed to a preparation station.
4. Each team will have thirty minutes to prepare the dish, and clean up the preparation area. Teams are allowed to bring their presentation scripts with them. Teams are allowed one picture no bigger than 8 x 10 of the item they are creating. It must not have any writing or directions on the picture.
5. Each team must provide their own equipment.
6. Food safety: Teams should practice proper food safety and be prepared to discuss food safety practice used by their team in their presentation to the judges. Judges will observe preparation to assist in determining the score.
7. Presentation: When time is called, each team will present their dish and provide the following information: introduction, Creative dish name, Two major nutrients, Food preparation principles  
Food Safety. All team members must participate in the presentation; all team members must have a speaking role.  
Judging time will include:  
Four minutes for the presentation (THERE WILL BE NO TASTING). One minute for judges to score (No comments will be given)  
No talking and no writing allowed among any team members while waiting to give the team presentation.
8. Clean-up: Teams must clean up their preparation areas. Clean-up time is included in the 30-minute preparation allotment.
9. Placings will be based on rankings of teams by judges. Judges' decisions are final. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placings will be awarded.
11. An awards program will be held at the conclusion of the judging process for each group.

# OHEE Health Award



## Objective

- To encourage 4-H members to practice good health in their everyday lives.
- To promote good health practices to others.
- To make others aware of good health practices.

## Basis of Selection

- Turn in a complete county Report Form (Record Book).
- Show evidence of following or teaching good health practices to others.

# OHEE Safety Award

## Objectives

- To encourage 4-H members to practice safety in their homes, farms and highways.
- To promote safety in their communities.
- To make others more safety conscious.

## Basis of Selection

- Turn in a completed County Report Form (Record Book).
- Show evidence of project work in safety. Report should show that more was done than just school work or programs attended. Should give programs or do a display, a talk or illustrated presentation.

# OHEE Citizenship Award

## Objective

To recognize Texas county 4-H members who have exhibited outstanding Citizenship accomplishments in the local, county and/or state 4-H program.

## Basis of Selection

4-H member's involvement and citizenship activity in 4-H.  
Evidence shown of total citizenship activity.  
Evidence of promoting citizenship in their local and/or on the county level.



# Gate Sign

## Objective

To encourage 4-H members to submit a completed County Report Form (Record Book).

## Basis of Selection

Will be awarded to a 4-H member the first time the member submits a completed County Report Form (Record Book). Presented at the County Achievement Banquet.

# Texas County Banker's Award

## Objective

To encourage 4-H members to participate in and the completion of 4-H projects. To encourage 4-H members to strive for growth and accomplishments.

## Basis of Selection

The second year that a 4-H member submits a completed County Report Form (Record Book).

## Donors

Bank of the Panhandle, Guymon  
City National Bank, Guymon  
First National Bank, Hooker  
Anchor D Bank, Texhoma, Goodwell, Guymon



## Award

4-H Jackets presented at the County Achievement Banquet

# 4-H Graduation Award

## Objective

To assist Texas County last year 4-H members with their continuing education.

## Basis of Selection

Submit a completed County Report Form (Record book) for 9th year work.

## Award

\$100 cash.



# Food Show

## Food Show Rules

1. Show is open to all enrolled 4-H members, both girls and boys.
2. Recipes are required for each entry except for Food Preservation Exhibits.
3. Entry time will be determined.
4. Exhibits should be placed on a paper plate or cardboard to fit the exhibit and placed in a zip locked bag. Label giving name, club and year of work to be securely fastened to the underneath side of plate or cardboard.
5. Sweepstakes winners will be selected in each division. The selection will be made of the following points: 1st place—4 points; 2nd place—3 points; 3rd place—2 points; all others—1 point.
6. We will not be responsible for foods and/or dishes left after release time.
7. Awards will be presented following the tabulation of points.

*Eye appeal is IMPORTANT!!! Use your imagination to present your food as attractive as possible!*

## Divisions & Classes

Recipes in manual may be used or you may use any recipe. You may exhibit one, two or all three of the following in each category

**For a Detailed list of the guidelines, sample forms, etc. Contact the Office**

# Food Showdown

## 4-H Food Showdown guidelines

1. Participants must be currently enrolled in 4-H
2. Each team will have a maximum of 3 members and all team members must be from the same county.
3. An Entry Fee may be required to cover the cost of ingredients for the contest – see registration information for details
4. Attire – participants should wear the following:
  - A. Clean aprons, lab coats, or chef's coats
  - B. Closed Toe Shoes
  - C. Long pants
  - D. Hair coverings (caps, bandanas, skull caps, hair nets) are required and long hair must be tied back. Each team will have the option of wearing coordinated clothing
5. Resource materials provided for each team at the contest include:
  - A. My Plate for Kids
  - B. FightBac
  - C. Cooking Food Safely is a Matter of Degrees, Nutrient Needs at a Glance
  - D. Altering recipes for Good Health
  - E. Kitchen Safety
  - F. 4-H Food Showdown Worksheet
  - G. Copies of grocery receiptsNo other resource materials will be allowed. Cell phones or other electronic devices will not be permitted in the contest area. Teams may not use their personal copies of the resources during the contest
6. Supply Box. Teams must bring their own items from home. Any extra equipment will be confiscated and the team may be disqualified.
7. Judges reserve the right to disqualify teams practicing dangerous use of the equipment
8. Participants with disabilities. Any participant who requires auxiliary aids, special accommodations, or has food allergies must contact county 4-H office at least two weeks prior to the competition



#### Rules of Play

1. Teams will report to the designated location for check-in during their assigned time
2. Each team will be directed to a cooking/preparation station. There will be a written clue and a covered set of secret ingredients at each station. Amounts of secret ingredients will be provided, but no recipe. Do not uncover your secret ingredient box or read the clue until directed. The secret ingredients will represent a recipe from one of the following categories: Main Dish, Fruits and Vegetables, Breads and Cereal, and Nutritious Snacks.
3. Educational Resources will be located at each station
4. Each team will have 40 minutes to prepare the dish, plan a presentation, and clean up the preparation area
5. Each team may be given a challenge/obstacle to overcome during the contest
6. Only participants and contest officials will be allowed in food preparation areas
7. Preparation of food and presentation
  - A. Preparation: Each team will be given secret ingredients and will create a dish using the clue provided and items from the provided common pantry. Note cards and the food showdown worksheet may be used to write down the recipe the team invents, along with notes related to nutrition, food safety, and cost analysis. Teams need to be exact on ingredients used, preparation steps, cooking time, temperature, etc.
  - B. Kitchen safety: Each station will have kitchen safety resources. Follow the steps listed to ensure proper kitchen safety. Be prepared to discuss safety practices used in the team presentation to the judges.
  - C. Nutrition: Each station will have a variety of nutrition resources/references. Each team must name key nutrients in their dish and their functions and identify where the dish belongs on MyPlate. Refer to the nutritional information provided at each station.
  - D. Cost Analysis: Prices will be available for each secret ingredient. Find the secret ingredient on the list and calculate the price of the dish along with the price per serving. Teams will determine the number of servings per recipe
  - E. Presentation: When time is called, each team will present their dish, to a panel of at least two judges, according to the criteria on the scorecard. Teams must be able to communicate with the judges effectively. All team members must participate in the presentation, with at least two of them having a speaking role.

Judging time will include:

  - i. 5 minutes for the presentation
    - 1) Introduction
    - 2) What did you prepare and why did you select that method
    - 3) How does the dish fit into a healthy diet and MyPlate?
    - 4) How food safety concerns were addressed
    - 5) Serving Size and cost per serving (of secret ingredients only)
  - ii. Judges questions (approximately 3 minutes)
  - iii. Time between team presentations for judges to score and write comments

F. Clean-up: Teams must clean up their preparation areas. Clean-up time is included in the 40 minute preparation allotment. Teams should plan to not have access to a kitchen facility; therefore dirty dishes should be placed into a designated dirty dish plastic container or box to be cleaned at the conclusion of the contest. Leftover food should be disposed of properly. Common pantry items not used must be returned to the common pantry area.
8. Placing will be based on rankings of teams by judges. Judges results are final.
9. Top Senior Team will represent Canadian County at District

## Reporter Award

#### Objective

To encourage 4-H members to create a Photo Album record of the club's activities and members

#### Basis for Selection

- Submit a Photo Album from the year
- Based on current Year of work
- Awarded to 1 club reporter each year

#### Book Must

- 10x12 or bigger
- Pictures must have captions explain the picture or event going on
- Be creative (can include)
  - Fliers from events that the club has put on
  - pictures of members conducting and participating in meeting
  - Activities giving presentations/demonstrations
  - 4-H county, club, state trips and experiences,
  - Newspaper articles, news releases
- As many pages as needed

## Secretary's Award

#### Objective

- To recognize the Out Standing Secretary in Texas County who complete secretary book and keeps accurate records of the clubs meeting throughout the year.
- To encourage secretaries to keep accurate records for the year, to look back on if needed in the future.

#### Basis of Selection

Secretary must complete the Texas County Secretary book, and include minutes, agendas.

## I Dare You Award

#### Requirements:

1. Must be a 4-H member in good standing.
2. Must be a junior or senior in school.
3. Winner will be selected from Hall of Fame applicants
4. Hall of Fame judges will select winners from applications.

Award: Presentation of "I Dare You" book and certificate.  
Sponsor: Brad and Arleen James



# County Medals



## Objectives

- To strive for greater accomplishment each year.
- To set goals for yourself and follow through.

County project awards presented at the County 4-H Achievement Banquet are based on work recorded in the County 4-H Reports Form which is due the second Friday in September.

A 4-H member must be 8 and in the 3rd grade of the current year to qualify for a medal.

## Criteria for County Medals:

- Submit a completed County Report Form (Record Book)
- Completion of any of the following will enhance your chances of being awarded a county medal in a project area.
- Give a talk or an illustrated presentation at the local, county or state level and report it in the project area.
- Participate in at least one 4-H or community citizenship project and report in the project area you wish to receive a medal. It should relate to the project area.
- Enter at least one exhibit and/or participate in a citizenship or leadership activity at the Panhandle Exposition in the project area.
- County medals will be awarded at the discretion of the OSU Extension staff.

# County Leader of the Year

## Purpose

- Draw attention to the importance of volunteer leaders to the County 4-H program.
- Provide appropriate recognition for 4-H leaders that are doing an outstanding job in their local community or the county program.
- Select a leader to represent Texas County for the State Leader of the Year.

Texas County Leader of the Year will receive paid registration to the State Volunteer Leaders Conference in July



## Guidelines:

4-H Has Talent is a talent sharing activity held on county, district, and state level. The county and district programs are competitive. The state program is designed for recognition of 4-H'ers with outstanding ability and is held in conjunction with Roundup.

## Objectives:

To help boys and girls:

- \* Develop leadership capabilities and cooperative attitudes.
- \* Discover, develop, and demonstrate talents which they may have.
- \* Develop an appreciation for talent and the performing arts.
- \* Develop poise, confidence, and skill by appearing before an audience.
- \* Open doors to vocational or professional careers.
- \* Encourage continuation of special or formal training.
- \* Develop socially by working with fellow 4-H members.
- \* Provide opportunities for wholesome recreation by "sharing fun".

## Who May Participate:

4-H members who meet age requirements and have been enrolled at least 30 days prior to the day of the event.

## Classification of Acts:

Musical—Vocal, instrumental, or combination of both. Must be strictly musical in nature.

Dramatic—Plays or readings, either humorous or serious.

Novelty—Stunts, skits, acrobatic or rhythmic acts, folk dances or games, baton twirling, pantomiming, or any combination of these.

Large Group—5 or more participants

Small Group Act—2—4 participants

Individual Act—1 participant (may have accompanist)



# Talks Contest

Talks are activities designed to encourage 4-H members to speak in front of a group. Communication skills are probably the most important skills a young person can develop to help him or her through life.

Resources available at the County Extension Office include:

514 Speak Talk & Express Yourself

515 Learning Common Skills Manual 2

360 Helpful Hints for Talks

361 The Demonstration (Illustrated Presentation)

491 The Art of Debating

Vivid and vibrant visuals can also be found in leaders handbook

**Talk time limit** (no visual aids or props)

Seniors (14 and up) 5-7 minutes

Juniors (9-13 years) 3-5 minutes

**Age Categories**

Junior—9-13 years as of January 1, current year of event

Senior—14 years and older as of January 1, current year of event

## Illustrated Presentation

The categories are:

Cloverbuds, ages 5 to 8—3 to 7 minutes

Juniors, ages 9 to 13 —5 to 12 minutes

Seniors, ages 14 and older —5 to 12 minutes

**Illustrated Talk**

An illustrated talk is one means of sharing information and educating an audience about a specific subject—usually a project area you are enrolled in. It is an oral presentation which utilizes posters/illustrations or object to emphasize/illustrate specific information.

**Demonstration**

A means of sharing information with an audience by showing “how” to do something. The member, while talking, shows how to make an item or complete a task. When a demonstration is done, the 4-H member has a finished product to show.

**PowerPoint Presentation**

## Video Contest

Videos can be your story, the story of how 4-H made a difference in your community, a story about the past, the present, or the future. Videos can bring issues to life, food insecurity, water conservation, health crises, safety concerns, or environmental topic. The best stories are your stories, the topics you believe in and are passionate about.

**Expectations**

1. Videos are limited to 2 minutes
2. Music should be royalty-free, no copyrighted material (No current or pop music. Music can be used from <http://freeplaymusic.com>, <http://incompetech/m/c/royalty-free/> or similar royalty-free websites)
3. Videos must clearly represent and highlight 4-H

## Reading with Children

Reading with Children Presentation, an *individual* event, it will recognize members for demonstrating acceptable and creative early childhood techniques while presenting a selected piece of children’s literature to an imaginary group of children. Youth will select their own book, determine the appropriate age group, and use creative visuals in their presentation.

