

RALLY DAY ENTRY FORM

(One (1) Form Per Participant)

March 6, 2020 – 6:30 p.m.

To Be Held at St. Cecilia Catholic Church – 1304 N. Dorothy Avenue, Claremore
(Return this form to the OSU Extension Office by February 28, 2020 by 5:00 p.m.)

NO EXCEPTIONS

(No Live Animals Permitted)

(Please Print All Information)

NAME: _____ PHONE: _____

CLUB: _____ AGE (as of 8/1/19) _____

Circle Age Division:

*Cloverbud (5-8)

Intermediate (Grades 6, 7 & 8)

Junior (Grades 3 (and 8 years old), 4 & 5)

Senior (Grades 9, 10, 11 & 12)

Presentation Type: (Check Each Presentation You Plan To Enter)

____ Cloverbud Show & Tell

____ Speech

____ Illustrated Presentation → ____ Individual ____ Team**

____ PowerPoint Presentation

____ Extemporaneous

____ 4-H Ritual

Title of Presentation:

Speech: _____

Illustrated
Presentation: _____

**Team Member Name: _____ Age (as of 8/1/19) _____

PowerPoint
Presentation: _____

(Brief Description of Your Presentation: _____
_____)

*Show &
Tell: _____

Bread Award: _____ Dairy Award: _____ Peanut Award: _____ Water Award: _____

NO LIVE ANIMALS PERMITTED

ROGERS COUNTY 4-H RALLY CONTEST

1. Category guidelines are discussed below and on the following pages.
2. Participants may enter any or all of the classes per their age group.
3. Champions of each age division in each category will receive an award, to be determined by the Rally Day Committee. Ribbons will be awarded to all others. Except for Cloverbuds who will receive participation ribbons or certificates.
4. NO LIVE ANIMALS ARE PERMITTED
5. **Entry Forms Are Due By February 28, 2020, 5:00 p.m.** (NO EXCEPTIONS)

NOTE: Cloverbud activities are designed to be an enjoyable experience for youth 5 to 8 years of age. Through county events and activities we want to provide these Cloverbuds with the opportunity to become familiar with the 4-H program. In order to discourage competition, Cloverbuds will not be ranked in order, they will receive participation ribbons or certificates only.

CATEGORY GUIDELINES

Regular Speeches: Any subject, no visuals.

Juniors:	Grades 3 (and 8 years old) 4 & 5	- 3-5 minutes
Intermediate:	Grades 6, 7 & 8	- 5-7 minutes
Seniors:	Grades 9, 10, 11 & 12	- 5-7 minutes

Illustrated Presentations: Includes **both** demonstrations and illustrated talks. Props must be used to qualify for this event. Teams and individuals will compete for the same awards. Teams consist of two (2) people only. Both must be in the same category. In presenting a team illustrated presentation, both members must share in the presentation equally.

Cloverbud Show-N-Tell:	5-8 years	- under 3 minutes
Juniors:	Grades 3 (and 8 years old) 4 & 5	- 3-5 minutes
Intermediate:	Grades 6, 7 & 8	- 5-7 minutes
Seniors:	Grades 9, 10, 11 & 12	- 5-7 minutes

Extemporaneous Speech: Members are given a topic relating to 4-H or current issue and one minute to prepare a speech. You should follow regular talk format with introduction, body and closing.

Juniors:	Grades 3 (and 8 years old) 4 & 5	- 3-5 minutes
Intermediate:	Grades 6, 7 & 8	- 5-7 minutes
Seniors:	Grades 9, 10, 11 & 12	- 5-7 minutes

PowerPoint Presentation: Presentations may be on any topic and should incorporate multiple usage features.

Juniors:	Grades 3 (and 8 years old) 4 & 5	- 3-5 minutes
Intermediate:	Grades 6, 7 & 8	- 5-7 minutes
Seniors:	Grades 9, 10, 11 & 12	- 5-7 minutes

4-H Ritual: Members learn the 4-H Ritual and the meaning (Ribbons Only Awarded.)

Speech Guidelines

1. Props are not to be used in this type of presentation.
2. Pre-registration is required by the due date.
3. Results will be announced and awards presented at the conclusion of all events. Ribbons will be given to the participants at that time. Blue, red and white ribbons will be given per participant. The top two individuals per age division will be awarded Grand and Reserve Grand.
4. Recommended Speech Length:

Juniors:	Grades 3 (and 8 years old) 4 & 5	- 3-5 minutes
Intermediate:	Grades 6, 7 & 8	- 5-7 minutes
Seniors:	Grades 9, 10, 11 & 12	- 5-7 minutes

*****If a child turns 9 between January 1 and the day of the event they are considered to be 9 years of age; however other age requirements may apply.*****

DEVELOPING A SPEECH

A speech is the most effective means of communication between individuals. The most effective speech is the one that most clearly expresses what the speaker has in mind.

1. Select a subject that you are familiar with and you have a knowledge and interest.
2. Narrow the topic so it can be covered in a short period of time.
3. Consider your audience - number, age and interest.

Collect Information

1. Learn more about your subject than you will need to know for a short speech.
2. Think about the experience you have had and why you chose this topic.
3. Read about the subject in books, magazines, and 4-H publications.
4. Ask others their opinion (teachers, parents, 4-H agent and leaders, or people experienced in your subject area).

Organize Your Talk

1. Introduction - should be short and get the attention of the audience.
2. Body - longest, most important part, contains the heart of your carefully selected 3-5 main points. Give the facts, and tell a story, including your ideas in the body portion of your talk. Be sure to stick to your subject.
3. Conclusions - summarize your main points. End your talk so that the audience knows you are finished, you may even want to ask if there are any questions. This is your last chance to impress the audience, so plan your conclusion carefully and with an impact.

Presentation

1. Be prepared.
2. Be confident.
3. Be enthusiastic.
4. Be natural.
5. Be well-groomed.
6. Become a good communicator.

PUBLIC SPEAKING

Public speaking is the most effective means of communication between one person and another. The 4-H public speaking contest and project is designed basically to communicate ideas, thoughts and knowledge from one 4-H'er to another, or to many individuals. The most effective speech or illustrated presentation is the one that is presented most clearly and makes an impression on those in your audience. Consequently, your audience has participated in a learning experience provided by you.

Public speaking helps you to formulate into words and actions what you believe, it helps you to think on your feet and gives you confidence in expressing yourself. In order to excel in public speaking you must begin as young as possible and speak as often as possible. Nothing can take the place of experience and practice.

Developing Your Presentation

I. Selecting a Topic

- a. Select something you are interested in or have some knowledge about the subject.
- b. Consider your audience, their interest, the age group to whom you are speaking and consider what they would like to know.
- c. Narrow your subject to something you could cover in 5-10 minutes.

II. Gathering Material

- a. Review a variety of information on your topic.
- b. Include personal experiences, suggestions from self or others, and other items to make the presentation personalized.

III. Method of Delivery

- | | |
|----------------|-------------------------------|
| a. Eye Contact | f. Audience |
| b. Posture | g. Notes, Memorize or Outline |
| c. Voice | h. Attitude |
| d. Gesture | I. Unexpected |
| e. Dress | |

Preparing the Presentation

I. Introduction

- a. Inform audience
- b. Hook audience

II. Body

- a. Select two to five main points to cover
- b. Stick to topic/subject

III. Conclusions

- a. Restate main ideas
- b. Summarize--briefly
- c. Closing--appeal for action from audience

Once you have written your presentation try reading it to a friend or family member. You may find reading to a tape recorder also helpful. The purpose is to check the order and flow of your presentation. Make the necessary changes as needed.

Use an outline to practice your presentation. Each time you practice, vary your words a little. Don't memorize your presentation, concentrate on your main ideas, not on certain words. Then, if you forget a phrase you can use another way to express the same idea. This way you won't get stuck.

The movers and shakers of this world are men and women who get their ideas across without question. When you have mastered the art of making a good speech or illustrated presentation, presented with poise and charm, you will have learned many things. You will find that the ability to speak before a group will remain as a lifelong asset. You will also learn a lot about yourself and your best style of presentation. You will also learn how to research and organize the facts about a topic.

Though winning gives us a thrill of greater importance is the trying, the learning and the knowledge gained. How effectively you communicate will effect you throughout your life, your home, your work, your community and your future.

EXTEMPORANEOUS SPEECH GUIDELINES

The following rules are from the State Guidelines used at Round Up. The Rogers County 4-H will utilize these rules for the Intermediate and Senior age categories. The Junior Extemporaneous Speech guidelines will be a modification of the state rules.

Junior Guidelines

1. Participants will be expected to prepare a speech on a given topic relating to 4-H. The subject matter for those topics will relate to general 4-H information.
2. Participants will be allowed to draw 3 topics and within 2 minutes must select 1 topic and report the topic to the person supervising the drawing.
3. Participants will have five (5) minutes to prepare their speech once they have selected their contest subject.
4. The question must be stated in the exact words before the speech begins or as part of the speech. The contestant must hand the question to the judge before beginning to speak.
5. Participants will draw topics at seven (7) minute intervals and have only five (5) minutes for preparation. **NO ONE** is allowed to consult with the participants after they have selected a topic.
6. Participants must present their speech within five (5) minutes of selecting the topic.
7. Recommended speech length is two (2) - five (5) minutes for Juniors.
8. Judge may ask one question following the speech. Questions will be relevant and designed to secure verification, clarification or amplification.
9. No materials may be utilized by participant to prepare for the presentation, except paper and pencil. Paper and pencil will be provided for individual.
10. Each contestant will be permitted to make notes during the preparation time.
11. Participants must give all notes used during the speech to the judge concluding the speech.
12. Extemporaneous speeches will be judged on the following criteria: organization, delivery, how closely speaker followed the rules (time limits, number of words on notes, etc.)
13. Results will be announced and awards presented at the conclusion of the events. Blue, Red, and White ribbons will be given per participants. The top two individuals will be awarded Grand and Reserve Grand.

Intermediate and Senior Guidelines

1. Contestants will be expected to prepare for speeches on significant topics that have received emphasis in major magazines and newspapers. All topics will relate to youth issues and/or the impacts 4-H can have on these issues. Possible subjects will include, but not be limited to: gang activity, drugs, alcohol, teen pregnancy, citizenship, and leadership.
2. Topics will be selected by, or under the supervision of, the contest chairperson. Topics will be phrased in the form of a question specific enough for the judges to determine whether the speech is relevant to the topic.
3. Contestants will be allowed to draw five (3) topics and within two (2) minutes must select one (1) and report the topic to the person supervising the drawing.
4. The questions selected will be recorded by the person supervising the drawing.
5. The questions must be stated in the exact words before the speech begins or as a part of the speech. The contestant must hand the questions to the judge before beginning to speak.
6. Contestants will draw topics at five (5) minute intervals and have not less than 10 minutes for preparation. **NO ONE** is allowed to consult with the contestant after they have selected a topic.
7. Not less than ten (10) minutes after the selection of the topic, the contestant will deliver the speech.
8. Recommended length is five (5) minutes to seven (7) minutes.
9. The speech may be followed by one question. The judge might ask one question and it will be relevant and designed to secure verification, clarification, or amplification.
10. Each contestant will be allowed to bring one (1) file box not to exceed 15" x 24" x 10" (width x depth x height). The file box can be filled with clippings or photocopies from published newspapers, magazines, or books. Materials located by electronic databases (i.e. the Internet) may also be included. ***Each article or clipping must include a citation of page number, date published, and the title of the source. Time Magazine, July 14, 2013, page 14, is one example of a proper citation.***
11. **USE OF HAND WRITTEN OR TYPED RESOURCE MATERIALS IS PROHIBITED.** The only exception to this would be an index of materials in the files.
12. No preparatory materials may be removed from the preparation room.
13. No electronic retrieval systems will be allowed in the preparation rooms.
14. Each contestant will be permitted to make notes during his/her preparation time.
15. Each contestant will be allowed to use no more than 50 words of notes during his/her speech. These notes must have been prepared during the ten (10) minute preparation period.
16. Each contestant will give all notes used during the speech to the judge after concluding the speech.
17. Each speech will be judged on the following criteria: organization, delivery, support from resources, and how closely the speaker followed the rules.
18. Results will be announced and awards presented at the conclusion of all events. Blue, Red and White ribbons will be given per participants. The top two individuals per age division will be awarded Grand and Reserve Grand.

POWERPOINT PRESENTATION CONTEST

OBJECTIVE

The major objective of this contest is for 4-H members to gain the skills necessary to develop and present at PowerPoint presentation.

ELIGIBILITY

1. Any 4-H member may enter this contest.
2. PowerPoint presentations may be on any topic and should incorporate multiple usage features.
3. Presentations entered in the PowerPoint category will be judged against other PowerPoint presentations on a variety of topics.

EQUIPMENT PROVIDED

1. A computer and computer projector will be provided for this contest.
2. Computer will be loaded with the most current version of Power Point. Older versions may not be compatible.

REQUIREMENTS

1. Presentation must be on a flashdrive. The presentation can, if brought to the extension office in advance, be loaded onto the computer so that all you have to do is click your icon on the screen. You may make an appointment to come during that week to practice with the presentation. Call if you have any questions. 918 923-4958
2. Presentation must have at least 10 slides created by the contestant.
3. Presentation must be 5-12 minutes in length for Intermediate and Senior.
4. Presentation must be 3-10 minutes in length for Junior.

JUDGING CRITERIA

1. The speech/illustrated presentation score sheet will be used in evaluating PowerPoint presentations.
2. The judges may assess a penalty for speaking over or under time.

4-H RITUAL GUIDELINES

OBJECTIVE

The major object of this contest is for 4-H members to learn the 4-H Ritual and the meaning of 4-H. Nothing more nearly represents the purpose and character of 4-H Club work than the ritual. When correctly given it is beautiful and impressive.

ELIGIBILITY

Any 4-H member may enter this category.

JUDGING CRITERIA

Contestants will be judged on accuracy, memorization, delivery and poise. A moderator will read the VP or leader's part and the contestant will be judged on their response. It is recommended that contestant memorize the ritual and reading will be penalized. Awards will be given using the Dutch system (blue, red, white award), no Champion or Reserve Champion will be determined.

SPECIAL AWARDS

There are special awards available for 4-Her's who present speeches or illustrated presentations in certain project areas. These include: Bread, Dairy Products, and Peanut Production/Foods. Awards for those who present the highest scoring speech or illustrated presentation in those areas at the County Rally Day will be recognized and awarded special awards at the County Achievement Banquet.

Breads:

Two members of a Breads Team and one individual demonstration are eligible to receive awards. Demonstrations must be of blue ribbon quality.

A 4-H member may receive the breads award only one time as a junior member and one time as a senior member

(Donor: The Shawnee Milling Company - Shawnee, Oklahoma)

Dairy Products:

Two members of a Dairy Products illustrated presentation and one individual illustrated Dairy Products presentation are eligible to receive awards. Presentations must be of blue ribbon quality.

A 4-H member may receive the Dairy Products award only one time during their 4-H career.

(Donor: The Associated Milk Producers, Oklahoma Division Oklahoma City, Oklahoma)

Peanut Production Or Foods: (No Team Presentations Allowed)

Two individual presentations are eligible to receive awards. Presentations must be of blue ribbon quality.

A 4-H member may receive the Peanut Production or Foods award only one time during their 4-H career. Winners will receive a certificate.

(Donor: Oklahoma Peanut Commission)

Water Conservation, Protection and Utilization

One award per county. Individuals are eligible to receive this award with any speech promoting water conservation, protection or utilization. Must be of blue ribbon quality.

(Donor: Oklahoma Water Resource Board)

**Special Note: Please note on your entry form
if you plan to present one of the above.**