

PAYNE COUNTY 4-H HANDBOOK 2023 - 2024

**Payne County Cooperative Extension
315 W. 6th Ave. Suite 103
Stillwater, OK 74074
Phone: 405.747.8320
www.oces.okstate.edu/payne**

THE PAYNE COUNTY 4-H HANDBOOK

Dear 4-H Family:

The Payne County 4-H handbook has been prepared for the purpose of informing 4-H members and their parents about the Payne County 4-H Program. This handbook includes answers to many questions you may have about 4-H, including how to become involved and a list of 4-H events and rules. The key to a successful 4-H experience is an interested and informed parent. Hopefully, this handbook will assist you in achieving your goals.

A calendar including all the dates and times for the entire year is published at the beginning of each 4-H year. All dates are subject to change. The Payne County 4-H Mass Emailing from 4-H Educator, Summer Leister, Facebook Page (Payne County Extension and 4-H), Newsletter, and County Website will have the most current dates and times. Local clubs also have their own Facebook pages/groups where they will post important information for their members. If you do not have social media, please contact your club leader to make sure you are on their email list to get information to you. Please feel free to contact the Payne County OSU Extension Office at (405) 747-8320 if you have any additional questions.

REMEMBER:

1. Parents, please offer your assistance to your club volunteers. They can always use some help.
2. Information on county events is provided here; so plan now – start working on your projects.
3. Information on changes, workshops, new activities, and short courses will be included in the County 4-H Mass Emails, Newsletter, posted on the website and Facebook page, and/or distributed prior to the event by your 4-H leader or can be picked up at the Extension Office.
4. Information for the County and State Fairs, Summer Livestock Events, and other Animal Events are available in the respective catalogues and leaflets. Prior to the event come by the Extension Office or contact your local 4-H leader for more information.

Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, and Title IX of the Education Amendments of 1972 (Higher Education Act), the Americans with Disabilities Act of 1990, and other federal and state laws and regulations, does not discriminate on the basis of race, color, national origin, genetic information, sex, age, sexual orientation, gender identity, religion, disability, or status as a veteran, in any of its policies, practices or procedures. This provision includes, but is not limited to admissions, employment, financial aid, and educational services. The Director of Equal Opportunity, 408 Whitehurst, OSU, Stillwater, OK 74078-1035; Phone 405-744-5371; email: eeo@okstate.edu has been designated to handle inquiries regarding non-discrimination policies. Any person who believes that discriminatory practices have been engaged in based on gender may discuss his or her concerns and file informal or formal complaints of possible violations of Title IX with OSU's Title IX Coordinator 405-744-9154.

4-H MISSION STATEMENT

“Oklahoma 4-H is dedicated to helping Oklahoma youth, families, and communities reach their full potential. By providing hands-on programming and events in a large variety of projects, 4-H is not only helping youth learn the life skills they need to be the leaders of tomorrow, but it is also teaching its members they can lead today and can make tangible, significant changes in their clubs, their communities, their state and their world.”

4-H PLEDGE

‘I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country, and my world.”

4-H EMBLEM

The green four-leaf clover has a white “H” on each leaf to represent one of the Four H’s—Head, Heart, Hands, and Health.

4-H COLORS

White symbolizes purity and high ideals. Green is nature’s most common color and is emblematic of springtime, life, youth and growth.

4-H MOTTO

“To make the best better”

4-H SLOGAN

“Learn by Doing”

4-H CLUB WORK

The 4-H club year begins July 1 and ends June 30 in Payne County. This is not the same as the 4-H enrollment year which runs from August 1 – July 31. Payne County 4-H membership offers any youth (5-19 years of age) an opportunity for year around involvement. Urban and rural youth may join a community and/or project 4-H club. Volunteer adults and teen leaders help members:

- Select projects – any of over 50
- Hold meetings – serve as an officer
- Make exhibits – win ribbons and trips
- Learn public speaking
- Learn decision making through judging livestock, horse, meats, land, clothing, horticulture, poultry, ect.
- Participation in events – Summer Camp, Food Showdown, County Events & Activities and others
- Keep project records
- Have fun – recreation and new friends
- Develop into worthwhile and useful citizens

Club members are expected to complete projects of their choice in their homes or on their farms, on their own and with the supervision of parents and club leaders. In addition, club members are to attend and participate in 4-H club meetings and activities.

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Payne County 4-H Club List

Cimarron Valley 4-H Club		
Makayla McCasland	(405) 7143960	Makayla.mccasland@gmail.com
Second Sunday of the month	6:00 pm	First Baptist Church
Glencoe 4-H Club		
Krystal Voight		glencoe4h@gmail.com
First Thursday of the month	6:00 pm	Glencoe Public School/Cafeteria
Payne County 4-H Livestock Club		
Melissa Early	(405) 612-2755	jwandmelissa@yahoo.com
Second Tuesday of the month	7:00 pm	Payne County Expo
Payne County 4-H Shooting Sports Club		
Jason Byrd— Archery	(405) 714-1391	4bwestart@gmail.com
Richard Roach— Muzzleloader	(405) 714-5345	eirrem48@gmail.com
Trent Fittje — Shotgun		trent.fittje@grda.com
Chris Hansen— Shotgun	(405) 747-8750	hansenconst@yahoo.com
Perkins 4-H Club		
Toni Carpenter	(405) 614-5785	perkins4h.club@gmail.com
First Monday of the month	6:45pm	Evans Ag Building
Except September & January 2nd Monday		
Ripley 4-H Club		
Brett Morris	(405) 743-9685	jbrett.morris61@yahoo.com
Second Tuesday of the month	6:30 pm	Ripley School Storm Shelter
Twin Mounds 4-H Club		
Maria Percell	(918) 399-9448	Schroeder_percell@yahoo.com
Second Monday of the month	6:00 pm	Council Valley Advent Christian Church (Yale)
Heritage 4-H Club		
Hallie Litviak	(480) 510-1144	heritage4HOK@gmail.com
Second Monday of the month	6:30 pm	Payne County Expo Center
Payne County Horse Club		
Miriam McGaugh	(405) 833-7073	paynecountyhorseclub@gmail.com
First Tuesday of the month	6:00 pm	Payne County Expo Center/ Community Bldg

PAYNE COUNTY COUNCIL

The adult leadership council consists of the Parent-Volunteer Association which is an organized body of 4-H volunteers and parents/guardians who provide program assistance and leadership at the county level. Many county committees may stem from this group. The Association meets quarterly throughout the 4-H year with a special On-trac planning meeting before the beginning of each year. Special meetings may be called as needed. Officers will be elected each year at the On-trac planning meeting.

Teen Leadership Council - this council is usually composed of senior officers/members from each club, headed by the elected county 4-H youth officers. The group functions in program assistance and leadership at the county level, working in cooperation with the Parent-Volunteer Association and county Extension Educators.

Payne County Extension

315 W. 6th Ave. Suite 103
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Visit our Facebook page at Payne County Extension and 4-H

OSU EXTENSION STAFF

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Extension Educator, Family and Consumer Science/4-H.....	Dea Rash
Extension Educator, Horticulture/4-H.....	Laura Payne
Extension Administrative Support Specialist.....	Tina Hunt
Extension Administrative Support Specialist.....	Courtney Arnall

Visit the Payne County OSU Extension website for more information about each club and contacts. Many clubs also have Facebook pages where information can be found.

<https://extension.okstate.edu/county/payne/4-h.html>

GUIDELINES CONCERNING 4-H ENROLLMENT IN PAYNE COUNTY

Members must reside or attend school in Oklahoma.

Grade for Enrollment: 4-H age will be determined by the youth's public-school grade as of September 1 each year. A child's "grade division" will not change until re-enrollment on August 1. Youth may enroll in 4-H on August 1 if they are 8 AND in the 3rd grade on September 1. If they turn 8 after September 1 and are in 3rd grade, they will not be eligible to enroll as a 4-H member until the next 4-H year, but they may participate as a Cloverbud. When a child turns 9, they may join as a 4-H member regardless of grade level. 4-H membership ends on July 31 following the completion of the 12th grade, equivalence of 12th grade, GED or having reached the age of 19 on or before September 1, whichever comes first. Graduated high school seniors may complete their 4-H career by exhibiting in the fall fairs

4-H Cloverbud (K-2nd Grade) Program: The Cloverbud program is family-oriented and noncompetitive. Due to the developmental skills of this age group, Cloverbud members will not be permitted to participate in events where they or their projects are compared or judged against their peers. Research has shown children in this age range have unique learning characteristics and developmental needs different than older youth. Cloverbud programs are activity focused, not project-focused and build on cooperative rather than competitive learning. Cloverbud members may only participate in noncompetitive activities on a local or county basis as deemed appropriate by the OSU Extension Staff and Parent-Volunteer Association/Council. District and state activities will not be provided for Cloverbuds.

Enrollment Requirements for Participation: To compete in 4-H events and contests, youth must have been enrolled for 30 days prior to the event. Some events may have additional age/grade classifications as well as enrollment requirements. The family is responsible for obtaining the rules and guidelines, from the sponsoring body, of any event they choose to participate.

Annual Enrollment: The 4-H year in Oklahoma begins August 1 and ends July 31 of the following year. All enrollment becomes "inactive" August 1 each year, no matter the date enrolled. The Z-Suites Data Management System will annually close for maintenance and updates the month of July and no new enrollment will be accepted during this time. To enroll, go to <https://4h.zsuite.org>.

Loss of Membership: Membership in 4-H is a privilege and may be denied to or withdrawn from persons who have exhibited any of the following behavior(s): Convicted of a crime, Banned from school or school-related programs or another organization, Violated the 4-H Code of Conduct,

Exhibited behavior that may discredit the image of the 4-H program, Placed another individual or animal at undue risk, Violated published rules or guidelines governing the 4-H affiliated events or activities.

Program Fee: A 4-H Program Fee was implemented September 1, 2016.

The cost is \$20 per year and applies to all 4-H youth enrollment (Cloverbuds and 4-H members).

- If a youth is enrolled between August 1 and July 31 of the 4-H year, the full \$20 fee will be collected. There will be no pro-rated fee based on enrollment date.
- There will be no refunds issued once enrollment has been approved.
- **The payment must be remitted to the Payne County Extension Office within 30 days of enrollment, or the enrollment will be rolled back to inactive or new enrollment will be deleted.**
- The program fee can be paid a) Online by credit/ debit card; b) Cash/check/money order to the county Extension office; c) 4-H club or another organization; or d) Requesting financial assistance through the Extension office.
- The 4-H program fee is based on an individual's membership, not by club. Members are required to submit only one program fee annually through their primary 4-H club. Families with three or more children will pay a maximum of \$60 in 4-H program fees. The definition of family is identified as children living at the same address.
- No child will be denied the opportunity to enroll in 4-H due to the inability to pay. Be it understood, the enrollment process is not complete (which means "Active") until the fee is paid. Contact the county Extension office about local scholarships or opportunities for satisfying the program fee requirement. A scholarship application is posted at: <https://bit.ly/3PDjLuU>

4-H Adult Volunteer Enrollment and Certification: Serving as a volunteer with the Oklahoma 4-H Program is a privilege. Volunteers serve at the pleasure of the Oklahoma Cooperative Extension Service and Oklahoma State University. A breach in the Volunteer Behavioral Guidelines or any other established rules/guidelines is grounds for immediate dismissal as a 4-H volunteer. Active Enrollment Status: An individual who

- Meets the age requirement (21+).
- Completed a certification process: enrollment, application, background check, training, and approval process.
- Annually completes the 4-H enrollment process through 4-H online enrollment system.
- Annually complete the required continuing education, including Working with Minors and Title VII and IX training.

- On a regular interval, all volunteers will be re-certified completing the certification process.
- **4-H Program Insurance:** Only certified volunteers who have completed enrollment criteria will be covered by 4-H program insurance.

WHY IS IT IMPORTANT TO INVOLVE PARENTS IN 4-H CLUBS?

IT IS IMPORTANT TO THE 4-H MEMBER:

With parents participating in the club, the 4-H member gains support, confidence, assistance, and a feeling of security that they might not have had otherwise.

IT IS IMPORTANT TO THE 4-H PARENT:

Participation in the 4-H clubs can give parents a feeling of contribution to their community, being helpful to young people and value.

Being involved also keeps participants and parents informed of events, activities, and additional opportunities.

IT IS IMPORTANT TO THE LEADER:

4-H parents can serve 4-H leaders with time and work. Parents can provide skills that club leaders may lack.

HOW CAN LEADERS INTEREST PARENTS IN PARTICIPATING IN THE CLUB PROGRAM?

1. Get parents to attend club organizational meetings.
 - a. Explain what 4-H club work is
 - b. Explain what is expected of a 4-H member
 - c. Explain how the parent can be of help
2. Hold special parent meetings.
3. Home visits and telephone calls by local 4-H leaders to parents.
4. Both leaders and members inviting parents to attend meetings and events.
5. Be specific when asking parents for help and be sure it is meaningful help they are asked to give.
6. Ask parents to serve on advisory councils to local leaders.

WHAT CAN PARENTS DO TO SUPPORT AND/OR HELP IN THE 4-H CLUB PROGRAM?

1. Hold 4-H club meetings.
2. Help members select, finance, and manage their project.
3. Encourage record keeping.
4. Help club members get to club meetings and events.
5. Attend club meetings and events.
6. Help plan the club program.
7. Serve on committees to help plan and conduct events.
8. Share special talents (piano playing, song leaders, flower arranging, ect.)
9. Help leaders conduct project work.

LOCAL 4-H LEADERSHIP POSITIONS

ORGANIZATIONAL CLUB LEADER:

These leaders provide the basic overall leadership for 4-H clubs. Volunteer leaders coordinate the club's programs, giving general guidance and leadership. Communication with 4-H members, other local leaders, and community and county extension staff is a key responsibility of the organizational leader.

PROJECT LEADER:

Project work is the tool that 4-H primarily uses to develop growth. Project leaders provide expertise, experience or simply leadership in the project areas as they work with members. These leaders form local project groups for the in-depth work in a specified project.

ACTIVITY LEADER:

Activity leaders help organize local activities for the 4-H to enhance the learning and development of the 4-H members. An activity leader also provides local 4-H members the help they need in participating in county activities such as Share-the-Fun, Dress Revue and County Rally.

TEEN LEADER:

A teen leader is a senior 4-H member who assists with local 4-H programs. There are various levels of responsibility which a teen leader may assume. A teen leader may simply assist an organizational leader with 4-H enrollment or with other leadership tasks as requested by local project and activity leaders. As they acquire experience and training, teen leaders may become the project or activity leader for a local club.

RESOURCE LEADER:

A resource leader is a volunteer who assists the 4-H program on a short-term basis in local and/or county situations. The resource leader may be an instructor for a special interest program, a guest speaker for a 4-H club program or may assist in many other ways.

HOW TO BECOME A LEADER:

To become a Payne County leader, an individual must complete a 4-H Volunteer Certification Application, undergo a background check, and attend volunteer orientation. Contact Summer Leister at the Payne County OSU Extension Office for the application.

TO MAINTAIN LEADER STATUS:

To maintain status, certified volunteers must attend quarterly Parent-Volunteer meetings, complete four hours of training annually, as well as Working with Minors and Title 7&9.

If you are interested in becoming a club leader, volunteer, or starting a project club in Payne County 4-H, please contact the Payne County Extension Office at (405) 747-8320 or stop by 315 W. 6th Ave. Suite 103 – Stillwater, OK 74074

TEEN LEADERSHIP COUNCIL

INFORMATION SHEET

OBJECTIVES:

- ❖ Make 4-H more visible across Payne County.
- ❖ Maintain relations with 4-H alumni and supporters.
- ❖ Help 4-H members understand and tell the 4-H story.
- ❖ Represent Payne County 4-H at selected public events and at Local and County 4-H Programs.

ROLES AND FUNCTIONS:

- ❖ Supplement county efforts by attending events and providing leadership to members.
- ❖ Create media relations across the county by writing articles for newspapers.
- ❖ Contact people within the political system (legislators, county, budget boards, etc.)
- ❖ Speakers to share experience, advice, etc. at 4-H camps, club meetings, etc.
- ❖ Trainers to educate members via workshops, educational trainings, etc.

EXPECTATIONS:

- ❖ Prepare and lead a workshop at the county level or higher.
- ❖ Attend a club meeting other than clubs that they are associated with.
- ❖ Give a speech at the county level or higher.
- ❖ Attend Officer Retreat and Training
- ❖ Attend 90% of Youth Officer Meetings

WHO CAN BE A COUNTY OFFICER?

- ❖ Must be an active 4-H member in the Payne County 4-H Program no later than August 10th of the new running 4-H year.
- ❖ Must be available within the county during the year elected to carry out duties of the office.
- ❖ Must have turned in a county 4-H Record Book to the OSU Extension Office.
- ❖ Candidates should apply for County Office by the Deadline for County Record Books.
- ❖ The Newly Elected County Officers will be installed at the Achievement banquet before adjournment.
- ❖ Must continue to meet all requirements and duties verified in the constitution. Failure to do so will result in removal from office.
- ❖ Contact the Payne County Extension Office for the Teen Leader Officer Rules and Guidelines.

Election Information

Officer candidates that wish to apply for a Payne County 4-H Officer position will need to fill out a "Teen Leader Officer Application" due the same day as record books and return to the Extension Office. Officer candidates will be required to complete an interview and give a campaign speech as part of the selection process.

All requirements, duties, expectations, etc. regarding the county youth officer team are at the discretion of the County 4-H Educator and are subject to change at any time.

PAYNE COUNTY 4-H AWARDS

4-H YEAR: July 1 - June 30 – Revised September 2023

OFFICIAL 4-H AGE: Determined by the youth's public-school grade as of September 1 of the award year.

OFFICIAL AGE DIVISIONS: (Per State Rules & Regulations)

Two (2) Age Divisions:

Junior – 3rd – 7th Grades

Senior – 8th – 12th Grades

Three (3) Age Divisions:

Junior – 3rd- 5th Grades

Intermediate – 6th- 8th Grades

Advanced – 9th – 12th Grades

COUNTY RECORD BOOK (Required for all County awards and scholarships)

County Record Books will be due in the Extension Office by 1:00 p.m. on July 12th unless otherwise stated by the county Extension Educator. The Record Book should be completed in the 4-H member's handwriting or typed by the member. It may contain all 4-H work since eight (8) years of age or beginning of membership with the current year in front and all previous years in back. Only the current year's work will be judged. Record Books should include the following (in accordance with criteria):

- Folder
- Awards Applying for
- Awards Already Received
- Cover Page/Photo
- 4-H Story
- General 4-H Work Summary
- Project Section
- Project Photos

*Blank divider pages with tabs labeling each section and individual project are to be used.

*County 4-H Record Book Starter Kit will explain guidelines in more detail. These are available at the Extension Office and on the website.

Purpose: To enhance members record keeping, writing and goal setting abilities. The 4-H program has a long history of record keeping. The focus reflects the importance of life skill in our daily lives. In 4-H, young people have tracked their activities, events, skill development, learning experiences and much more using the iconic 4-H record book. In addition to record keeping, the 4-H record book gives members an opportunity to reflect on their year, measure their achievements and growth, set goals and develop plans to meet those goals.

4-H PROJECT MEDALS

The following is a list of the criteria which will be used to determine county awards in all 4-H projects. All criteria must be completed to earn the desired medals. Project awards, based on the record book, are given to 4-H members each year at the 4-H banquet. 4-H'ers may earn as many project pins as they would like.

BRONZE

General 4-H Requirements (must be completed in this project year and can include current year project work)

Write your 4-H Story (**requires a minimum of 250 words**)

Participate in at least:

- two citizenship activities;
- one public speaking activity; and
- two county events in addition to the county fair.

Participate in at least one 4-H area at the Payne County Fair: exhibits, judging contests or live-action demonstrations. (**First time 4-H enrollees may be exempt from Payne County Fair requirement, does not include Cloverbuds)

Project Requirements (can be accumulated during multiple project years)

Complete at least:

- four items of work done in project;
- three new things or skills learned in project;
- one workshop/tour/field trip/judging event/mentoring experience related to project;
- one photo page (**3 pictures and each picture requires one caption**)

SILVER

General 4-H Requirements (must be completed in this project year and can include current year project work)

Write your 4-H Story (**requires a minimum of 250 words**)

Participate in at least:

- four citizenship activities;
- two leadership activities, either group or individual;
- two public speaking activities; and
- three county events in addition to the county fair.

Participate in at least one 4-H area at the Payne County Fair: exhibits, judging contests or live-action demonstrations. ANY three entries or activities in any combination count.

Project Requirements (can be accumulated during multiple project years)

Complete at least:

- eight items of work done in project;
- seven new things or skills learned in project;
- three workshops/tours/field trips/judging events/mentoring experiences related to project;
- two leadership activities related to project;
- one citizenship or community service activity related to project and
- three new things or skills learned in project;
- one photo page (**3 pictures and each picture requires one caption**)

GOLD

General 4-H Requirements (must be completed in this project year and can include current year project work)

Write your 4-H Story. (**requires a minimum of 250 words**)

Participate in at least:

- six citizenship activities;
- four leadership activities, either group or individual;
- three public speaking activities; and
- four county events in addition to the county fair.

Participate in at least five 4-H areas at the Payne County Fair (exhibits, judging contests or live-action demonstrations) ANY five entries or activities in any combination count.

Project Requirements (can be accumulated during multiple project years)

Complete at least:

- 12 items of work done in project;
- 11 new things or skills learned in project;
- six workshops/tours/field trips/judging events/mentoring experiences related to project;
- five leadership activities related to project, one of which must be a workshop led by the 4-H member;
- one speech or presentation related to project;
- two citizenship or community service activities related to project; and
- one photo page (**3 pictures and each picture requires one caption**)

Record Keeping

General 4-H Requirements (must be completed in this project year and can include current year project work)

Write your 4-H Story (requires a minimum of 250 words)

Participate in at least:

- two citizenship activities
- one public speaking activity
- two county events in addition to the county fair.

Participate in at least one 4-H area at the Payne County Fair: exhibits, judging contests or live-action demonstrations. (**First time 4-H enrollees may be exempt from Payne County Fair requirement, does not include Cloverbuds)

CLOVERBUD PUBLIC SPEAKING AWARD

The Cloverbud Public Speaking Award program was established in memory of David Weckler. David was an active participant in the Payne County 4-H public speaking program as well as the bucket calf program. He was a member of the 4-Him 4-H Cloverbuds. His parents chose to establish this memorial because of their belief in the value of the 4-H public speaking program. To receive this award, Cloverbuds are required to participate in both the county demonstration contest and the county talks contest during the 4-H year.

CITIZENSHIP WASHINGTON FOCUS

Citizenship Washington Focus is a 4-H leadership program for high school youth. For seven weeks of the summer, delegations of 4-H members from across the country attend this exceptional program at the National 4-H Youth Conference Center, located just outside Washington, D.C. The program is aimed at enriching young people's lives by broadening their appreciation and respect for themselves and others in the world. Participants attend workshops, committees, field trips and social events, giving them hands-on opportunities to learn and grow. Participants learn and practice skills that will make them better citizens and more successful individuals.

NEW MEXICO SENIOR LEADERSHIP RETREAT

The New Mexico Senior Leadership Retreat is an exciting opportunity for Oklahoma youth to participate in leadership workshops, career exploration field trips, cultural tours and network with 4-H youth from New Mexico. Members will be traveling to Las Cruces, New Mexico and are making plans to see Carlsbad Caverns and White Sands National Park along the way. Additionally, there will be lots of opportunities to make new friends, participate in community service programs, dance, play games and have fun!

PAYNE COUNTY 4-H SCHOLARSHIP GUIDELINES

DUANE MCVEY SCHOLARSHIP: \$350 award for one outstanding Senior 4-H member (high school junior or senior) who has been in 4-H 5 years, must have a 2.5 GPA, and plan to attend OSU. Scholarship is based on **State 4-H record book** and application form.

GLORIA HESSER MEMORIAL SCHOLARSHIP: \$1500 award for one outstanding 4-H member who is a senior in high school the year of the application. Scholarship is based on **state 4-H record book** and application form.

TARPEY HALL OF FAME: Awarded to 2 outstanding Senior 4-H members (upcoming junior, senior, or college freshman). Based on **state 4-H record book**, application form, and story. Must submit a state record book in state competition to qualify for this award.

PAYNE COUNTY 4-H SPECIAL AWARDS

DANFORTH “I DARE YOU” AWARD: 2 Outstanding Four-Square Senior 4-H Members (age 15 & older) who possess leadership qualities. Based on overall 4-H record. NOTE: Four-Square philosophy is the balancing of one’s mental, physical, social and spiritual capacities.

FOOD-SCIENCE AWARD: 2 Outstanding Food-Science project based on overall work in this project for all years. Based on county record book Food-Science project work. **(1) Junior Member 3rd -7th grade and (1) Senior Member 8th -12th grade. Members can only win the Food-Science Award once as a Junior and once as a Senior.**

DOWELL AWARD: 2 Outstanding 4-H members in **7th grade or below** and **has not turned in a State Record book**. Must complete Oklahoma Report Form to apply for this award. Application can be found on the Oklahoma 4-H website (<http://4h.okstate.edu/members/record-book-and-scholarship-information/record-book-and-scholarship-info.html>) under “Report Forms and Applications.”

JORDAN MORRIS MEMORIAL CITIZENSHIP AWARD: Presented to one outstanding Junior and one outstanding Senior member. Based on Citizenship section of County Record Book. Applicants may fill out only Citizenship section if desired. \$100.00 award to the Junior winner; \$200.00 award to the Senior winner. **The top three (3) finalists in each age division will be interviewed. (Junior 3rd -7th grade & Senior 8th -12th grade)**
******Members can only win the Jordan Morris Memorial Citizenship Award once as a Junior and once as a Senior.**

SPECIAL PROJECT AWARDS

There are special awards available for 4-H’ers who present Demonstration presentations in certain project areas (listed below.) The presentations must be of blue ribbon quality AND presented at the county level or higher. Winners will be recognized and receive special awards at the County Achievement Banquet.

Breads: A senior team and one individual demonstration is eligible and one junior team and one individual demonstration is eligible to receive awards. A 4-H member may receive the bread award only one time as a junior member and one time as a senior member. Awards donor: The Shawnee Milling Company - Shawnee, Oklahoma

Dairy Products: One team and one individual of a Dairy Products illustrated presentation are eligible to receive awards. A 4-H member may receive the Dairy Products award only one time during their 4-H career. Awards donor: The Associated Milk Producers, Oklahoma Division Oklahoma City, Oklahoma

Peanut Production or Foods: Two individual presentations or one team are eligible to receive awards. A 4-H member may receive the Peanut Production or Foods award only one time during their 4-H career. Award donor: Oklahoma Peanut Commission

Pork Promotion: One individual presentation is eligible to receive this award. A 4-H member may only receive this award once in his or her career. Winners must present a pork-related presentation that promotes pork as a food, not only the production. The winner must also complete the Oklahoma Pork Council Award application. Donor: Oklahoma Pork Council

Water Conservation: One individual demonstration is eligible to receive this award. A 4-H member must give their demonstration on water conservation, protection and utilization. Donor: Oklahoma Water Resources Board

ANIMAL SCIENCE: One individual presentation in each age group; Junior, Intermediate, and Senior individuals. Demonstrations must be over the Animal Science topic. Members can only win the award under each age category once unless you are the only one entered in the special award group. Donor: Dr. Brent Pitts

ELECTRIC: Electrical Appliance or Equipment Demonstration - Junior, Intermediate, and Senior individuals and teams. Donor: CREC Electric

BEEF SPS (Selecting, Preparing and Serving): 1 Junior and 1 Senior Winner. Awards are \$25 Beef Certificates. **4-H Member will present a demonstration using beef and covering one of the following topics: Beef Promotion, Beef Selecting and Preparing (cuts and cooking methods), Beef Safety (preparing/cooking/serving), or Beef Nutrition. Junior (3rd -7th grade) Senior (8th -12th grade) Donor: Payne County Cattlemen's Association

STATE 4-H AWARDS

More information on State 4-H Awards can be found at <http://4h.okstate.edu/awards>

STATE 4-H RECORD BOOK

To apply for Level I and II State Scholarships members will complete a state 4-H record book. This book includes all work the member has done in the project area.

A 4-H member must have started the 8th grade in the program year in which he/she entered the project book(s) or special awards program(s). The 4-H member may be no older than 19 years of age by September 1 OR have completed their senior in high school of the year he/she entered the project book(s)). Members may enter up to two Level I state project books.

If a member is interested in completing a State Book, they are responsible for notifying the Payne County OSU Extension Office to obtain the appropriate forms. By completing a State 4-H record book, members are eligible for scholarships through the State 4-H Foundation. You should have your State 4-H Record Book to the Extension via email by April 1st for review. The State Record Book is composed of:

- ❖ 4-H Record Book Cover
- ❖ Oklahoma Report Form
- ❖ A story specific to project area in which book is entered (up to 6 pages)
- ❖ Three pages of project pictures
- ❖ And other necessary forms as mandated by state office

OTHER STATE 4-H SCHOLARSHIPS

Level III and IV Scholarships have separate application requirements which can be found at <https://4h.okstate.edu/members>. Level III is reserved for graduating high school seniors whereas Level IV is specifically geared specifically for undergraduate students who will have completed at least one year of college by the time they are selected for their award.

Pickens Legacy Scholarship is available for those who are planning to attend Oklahoma State University, Stillwater campus or are currently enrolled as an OSU student. Applications are due February 1 to the Oklahoma 4-H office.

STATE 4-H HALL OF FAME AND BLUE AWARD GROUP

The Oklahoma 4-H Hall of Fame is designed to recognize Oklahoma 4-H'ers who have developed outstanding programs in 4-H projects – including achievement, leadership, citizenship, and personal development – and who exemplify the high ideals of 4-H work. Blue Award Group nominees will be selected based on participation and accomplishments in projects and activities.

Applicants must be a junior or senior in high school by September 1 of the current 4-H year.

- A 4-H member may apply for Oklahoma 4-H Hall of Fame until he/she has reach 19 years of age or completed his/her senior year of high school.
- Must have been an active Oklahoma 4-H member for at least 3 years in Oklahoma or another state.
- Must have submitted a record book at the state level for at least 2 years (current year can be included).

NATIONAL 4-H CONGRESS

National 4-H Congress is the flagship event of the 4-H program, typically held the Friday through Tuesday following Thanksgiving each year. Since the 1920s, youth from the United States and its territories have participated in this youth leadership-development conference. National 4-H Congress provides youth a quality, educational, and cross-cultural experience exceeding what any state independently provides. It is designed to address the needs and issues of youth while helping to develop capable, competent and caring citizens.

The program is built upon the Cooperative Extension System's belief that young people can be significant partners in addressing the issues that face our nation, especially those affecting youth. Each year a national design team of Extension educators, 4-H youth, and 4-H adult volunteers, analyze current youth issues and determine the most effective ways to address them. The program combines sessions, seminars, discussion groups and a service-learning experience. The nation's most outstanding community leaders, speakers and educators present the most current and timely information available.

The number of Oklahoma delegates selected will be determined based on funding available. Applicants for National Congress must be in 10th or 11th grade at the time of application with enrollment status as ACTIVE in ZSuite. National 4-H Congress can only be awarded once. Applicants must submit the following items (in a folder) by the published deadline:

- National 4-H Congress Application
- Personal résumé (two page limit)
- 1 page essay, double spaced, size 12 point font. Content should include "Why I want to attend National 4-H Congress and what I plan to do with the experience(s) when I return home."
- Applicants may also be interviewed by a selection committee if there are more qualified applicants than Oklahoma can send.

OKLAHOMA 4-H KEY CLUB

Since 1950, 4-H Key Club has been recognizing the accomplishments of Oklahoma 4-H members. The club seeks to honor those 4-H members who possess leadership, loyalty and a sense of responsibility to the total 4-H program. Membership in the Oklahoma 4-H Key Club is an honor extended only to top 4-H members. Once 4-H'ers become Key Club members they accept the obligation to support the 4-H organization throughout their lives, both financially and with their time. Key Club members also strive to stay updated with Oklahoma 4-H and Oklahoma 4-H Key Club.

Qualifications for membership

1. Must be a 4-H member.
2. Must be at least 15 years old or older on September 1 of the current 4-H year in which they apply.
3. Must submit completed application form by the published state record book deadline.
4. Must accumulate the minimum number of points (400) on the application form.
5. Must be approved by the responsible county Cooperative Extension educator.
6. Must make at least one presentation to a 4-H group about Key Club.
7. Must make at least one presentation to a non-4-H group about the 4-H Youth Development Program.

CLOVERBUD & 4-H EVENTS HELD EACH YEAR

To participate in any event, members must be enrolled and in good standing with their local club. Dates, times, and locations for events are set in August of each year. Check the yearly calendar for information.

ACHIEVEMENT BANQUET:

The 4-H Achievement Banquet held in September and/or October is the Awards Program for all 4-H'ers receiving special recognition during the past year. To receive an invitation, a member must have turned in a County Record Book or received a special award at the County Demonstration Contest.

PAYNE COUNTY FAIR:

Refer to annual Payne County Free Fair Catalog for specific information. The Fair Catalog is published in the Stillwater News Press in early August. Or, visit the Payne County Expo Center website at [Payne County Free Fair | Payne County Expo Center \(pcexpocenter.com\)](http://Payne County Free Fair | Payne County Expo Center (pcexpocenter.com)) for the previous year's information. Members must be currently enrolled to exhibit.

JUDGING EVENTS:

Payne County 4-H members may participate in numerous judging events including the Tulsa State Fair and Big 3 Field Days in Stillwater which is held in July. Contact your 4-H leader or the County Extension Office for details.

STATE FAIRS:

Monitor the Tulsa State Fair website <http://www.tulsastatefair.com> for information regarding livestock exhibits or contact the extension office for dates.

NORTHEAST DISTRICT YOUTH-IN-ACTION CONFERENCE:

Two-night, three day leadership conference built around a general theme. Special instructors are used to teach principles of leadership to 4-H youth from the Northeast District. YIA is held in October, during State Fall Break. Cost will be incurred by member. To attend, delegates must be in the 7th -12th Grade and be active and currently enrolled in the 4-H program.

PAYNE COUNTY 4-H IMPRESSIVE DRESS:

This event is held in conjunction with the Talks Contest. It is designed to increase member's awareness of appropriate attire for various events. Garments can be purchased or constructed for the Impressive Dress Competition. Garments must be constructed and modeled for Dress Revue.

4-H PUMPKIN SHOW:

The Pumpkin Show highlights one of fall's most famous crops, the pumpkin! It gives 4-H'ers the opportunity to express their creativity through art, cooking, and/or decorating.

SHARE-THE-FUN:

This is an entertaining event in which 4-H'ers can display their talents on stage for an audience. Individuals and groups are eligible. Winners may go on to compete at the District or State talent contest depending on age.

PAYNE COUNTY JUNIOR LIVESTOCK SHOW:

Held at the Payne County Expo Center in Stillwater. This show is held during February/March. Information on animal project weigh-ins, shows, and the sale will be available each year in the Fall at the Payne County Extension Center or online at the Payne County Expo Website. This event is an opportunity for 4-H'ers to display their skills with livestock. All participants must be in good standing, enrolled and paid by December 1st with their local club and at the county level. It's very important you read the rules and guidelines by November.

DEMONSTRATION CONTEST:

Our annual county-wide demonstration contest! Demonstrations may be presented on any topic. Individuals and teams may compete. Read above to check out the special awards members can win with demonstrations. All 4-H members and Cloverbuds are encouraged to participate. This contest is held in December.

COUNTY TALKS CONTEST:

Our annual county-wide speech contest! Talks may be presented on any topic. Individuals and teams may compete. All 4-H members and Cloverbuds are encouraged to participate. A Job Readiness Contest is held in conjunction. This contest is held in April.

NORTHEAST DISTRICT CONTEST DAYS: Held the first part of June. It is a district contest in which members may compete in speech and talent contests, various skill-a-thons, tractor/ATV driving, livestock and clover quiz bowls, competitive food events, Fabrics and Fashions, and Archery. Some contests require participation in qualifying county events or certifications.

FOOD SHOWDOWN:

This contest challenges teams of 4-H members to create a dish from only a clue, predetermined ingredients, and a common pantry. From these ingredients, team members must use their food and nutrition knowledge, creativity, and leadership skills to prepare a dish and then make a presentation to the judges. The presentation will include information about the serving size, nutritional value, and cost of the dish. This contest allows members to demonstrate their culinary and food safety skills to judges and observers.

CUPCAKE WARS:

This event was added to the Payne County Free Fair after reaching popularity at the district and state level. Teams of 2 decorate and present 3 themed cupcakes to judges.

PAYNE COUNTY 4-H CAMP:

4-H camp is generally held at the end of May/beginning of June at Saints Grove. It is a three day-two night camp designed to be educational as well as fun. It is open to all 4-H members in Payne County that have completed the 3rd grade or are at least 9 years old; youth over the age of 13 may attend camp as Camp Counselors. Camp Counselors must attend mandatory counselor training and will be responsible for teaching a workshop.

DISCOVERY UNLIMITED:

Discovery Unlimited is an overnight youth conference held at Sky Ranch in Cave Springs. Members in the 5th or 6th grade are eligible to attend. This is often a first leadership experience for many young 4-H members.

SUMMER WORKSHOPS:

Look for various workshops throughout the summer! Open to all 4-H youth who are interested in making exhibits for the fall fair, discovering new project areas, and learning new life skills. Watch for newsletters in April or May for more information. Special workshops geared toward Cloverbuds will also be held.

STATE ADULT VOLUNTEER CONFERENCE:

Leaders across the county are encouraged to attend this one-day conference held on the OSU Campus in Stillwater to gain knowledge of the 4-H program, find resources, and acquire new ideas. This conference is generally held during the summer. For more information, contact the OSU Extension office.

STATE 4-H ROUNDUP:

A 3 day state-wide leadership conference held on the OSU campus. 4-H members are encouraged to participate in numerous competitive events and attend workshops. Must have completed the 7th grade to attend and must attend Roundup orientation to complete forms.

4-H PUMPKIN SHOW

Please check the calendar/email for the date and location.

PRE-REGISTRATION REQUIRED

GENERAL DESCRIPTION:

The 4-H Pumpkin Show provides 4-H'ers the opportunity to:

- Demonstrate creativity through various mediums while highlighting one of America's native crops, pumpkins.
- Learn how to read and follow instructions in recipe preparation.
- Acquire and demonstrate skills in planning, purchasing, and preparing pumpkins in various forms.

The Pumpkin Show gives the 4-H'er the opportunity to practice skills and recipes and to research different aspects of pumpkin preparation, consumer buying, and nutrition.

General Rules:

1. Each participant may enter as many classes as they wish, with only one entry per class. All exhibits must be made by the exhibitor.
2. All food exhibits must be made from scratch; except for classes 3- decorated cupcake and 4 – decorated cake.
3. It is suggested that each exhibit is to be shown in a disposable plate or container covered with transparent wrapping or a Ziploc bag. Each exhibitor furnishes their own plate and transparent wrapping or bag.
4. The recipe must be attached to the outside of the food exhibits. Place name and age on reverse side of card.

Age Division: CB Division – Ages 5 to 2nd grade
 Beginner Division – Grades 3rd – 5th
 Inter. Division – Grades 6th – 8th
 Sr. Division – Grades 9th – 12th

5. Pre-entry is required. The online form will be available at least 2 weeks before the deadline.

Guidelines for Participants:

The Pumpkin Show is open to all Payne County 4-H and Cloverbud youth between the ages of 5-18 years old. The participants will have an opportunity to decorate, carve, and paint their pumpkins, as well as bake foods using pumpkin. Participants may enter only one item in each class and the exhibit must be the work of the participant. Judges will evaluate each of the categories and classes, and their decisions will be final. Pumpkins will be judged on originality, creativity, and neatness. **Name, address and age must be securely attached to each exhibit.** Posters must be 14" x 22" poster board and create a poster depicting one of the following topics related to *Cucurbita* species crop such as pumpkin, squash and gourd. **Posters must have members name, age (before January 1st), year and club name on back.** No three-dimensional posters. Copyrighted characters may not be used.

Categories and Classes

Posters

- A. History
- B. Production
- C. Use in different culture
- D. Use in different processed foods

Decorated Pumpkins --Be creative and have fun!

- E. Painted Pumpkin – Any type of paint may be used. The only embellishment allowed on the pumpkin is paint.
- F. Carved Pumpkin – The creation must be the exhibitor's.
- G. Decorated Pumpkin – Decorated with combination of any medium such as paint, construction paper, yarn, etc...
- H. Decorated People Pumpkins – Decorated with the combination of any medium such as paint, construction paper, yarn, etc. Exhibit, should be designed to represent a person or animal like body. Exhibit MUST have arms or legs attached.

Artificial Material Pumpkins & More

Anything goes here as long as pumpkin(s) are included and it is no larger than 4' x 4' and it made by the exhibitor. This can be outdoors or indoors décor. Examples are table, wall or door decorations or outdoor display in a yard, flowerbed or tree.

- I. Artificial Pumpkin Décor Items

Club Displays & Flat Flyers

Displays can be used the remainder of month of October to highlight 4-H. Display boards with sides must be used.

- J. Horticulture or Crops Display
- K. 4-H Promotional Display
- L. Flat Flyer promoting club or county fall program/activity. Computer generated flier (one side) size 8½x 11".

Pumpkin Dish

The dish must be prepared by the exhibitor and pumpkin must be the primary ingredient. Dessert, bread or vegetable dish or other categories can be made from fresh or canned pumpkin. *Canned pumpkin must be used or homemade pumpkin puree must be cooked .*

- M. Dessert
- N. Bread
- O. Vegetable Dish
- P. Decorated Cupcakes
- Q. Decorated Cakes
- R. Other- this would include items such as pumpkin soup, roasted pumpkins seeds, pumpkin chili, pumpkin ice cream (eggs must be cooked; No RAW eggs)

TABLE SETTING CONTEST

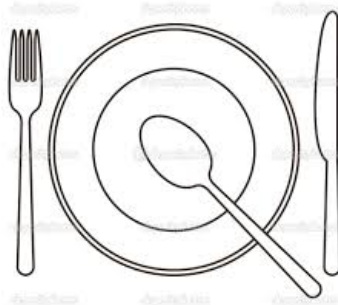
The purpose of the 4-H Table setting contest is to offer 4-H members an opportunity to learn how to properly set a table as well as allowing the member an opportunity to be creative in their theme and how they reflect that theme in their work.

Members will select a formal or an informal theme and bring all necessary items. It is the member's responsibility to bring all items, including, but not limited to: card table or small table, table covering, centerpiece, dishes and silverware to match the menu (setting for one person). At the event, the member will complete a Member Information Sheet to display with the table.

- CB Division - Ages 5 to 2nd grade
- Jr. Division- ages 8-12
- Sr. Division- ages 13 & up

*****Please see attached "4-H Table Setting Contest/Procedures & Guidelines".***

4-H TABLE SETTING CONTEST



PROCEDURES AND GUIDELINES

The Table Setting Contest is open to all 4-H members and Cloverbud– participants do not need to be enrolled in a specific project. The contest will be divided into three divisions: Cloverbud (5 years to 2nd grade), Junior (grades 3rd – 7th) and Senior (8th – 12th).

The purpose of the 4-H Table setting contest is to offer 4-H members an opportunity to learn how to properly set a table as well as allowing the member an opportunity to be creative in their theme and how they reflect that theme in their work.

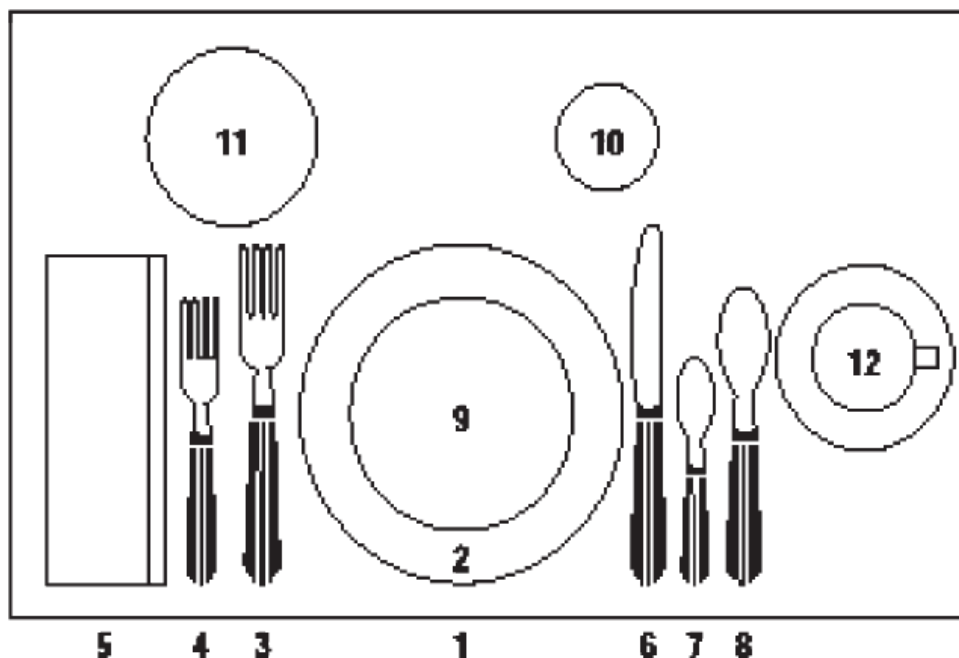
Participants select a theme and display *one place setting*, including table covering, dishes, glassware, silverware, centerpiece, and menu. The theme can be formal or informal. Once the theme is determined everything the member will need to complete that setting will be the member's responsibility to gather and bring with them to the contest. Items needed for the contest include:

- Card table or small table
- Tablecloth or some type of table covering
- Centerpiece to match the theme
- Dishes and cutlery to match the menu items

Guidelines

1. The flatware, plate, and napkin should be one inch from the edge of the table.
2. The plate is always in the center of the place setting.
3. The dinner fork is placed at the left of the plate.
4. If a salad fork is used, it is placed to the left of the dinner fork.
5. The napkin is placed to the left of the fork, with the fold on the left (unless a decorative/creative fold is used). The napkin may also go under a fork or on top of the plate.
6. The knife is placed to the right of the plate with the sharp blade facing in towards the plate.
7. The teaspoon is placed to the right of the knife.
8. If a soup spoon is needed, it is placed to the right of the teaspoon.
9. The soup bowl may be placed on the dinner plate.
10. The drinking glass is placed at the top of the knife.
11. If salad, bread and/or dessert plate(s) — or bowl(s) — are used, place at the top of the fork(s).
12. The cup or mug is placed to the top right of the spoons.

Note: Only the utensils needed are placed on the table.



4-H Table Setting Contest Member's Information Sheet



Complete the following information sheet and display on table:

Exhibitors Name _____

Table Theme _____

Division— CB (5 yrs & 2nd grade) _____ Junior (3rd–7th grade)

Sr.(8th–12th grade) _____

What made you select your theme? _____

What did you consider when planning your menu? _____

Is your menu balanced? Please list your item beside the group where it belongs:

Grains _____

Vegetables _____

Fruits _____

Proteins _____

Dairy _____

PAYNE COUNTY 4-H DRESS TO IMPRESS

Please check the calendar/email for the date and location.

PRE-REGISTRATION REQUIRED

Objectives – 4-H members will learn to:

1. Select fashionable garments
2. Select garments and accessories to enhance body type and personal coloring
3. Build a clothing wardrobe that is suited to individual lifestyle and needs
4. Recognize and wear properly fitting clothes
5. Practice good grooming and good posture to enhance personal appearance
6. Develop self-confidence and poise in dressing correctly for the occasion
7. Present their outfit to a judge

Categories – Participants are eligible to enter two (2) of the following seven (7) categories in the Impressive Dress competition:

1. Casual Wear: garments to wear to school, fairs, rodeos, dates, movies, spectator sports, shopping, etc.
2. Active Sportswear: garments to wear to play tennis, ski, jogging, basketball, etc.
3. Western Wear: garments that are for western wear- western shirt, western pants, or jeans, western belt and western boots (pull on or lace up) and a hat may be worn.
4. Dress Wear: garment to wear to church and other special occasions. Boys can wear a two-piece suit or dress pants and a sport jacket. The pants and jacket do not have to be of the same fabric.
5. Formal Wear: garments to wear to weddings, formal parties, proms and other formal events. Boys should choose matched three-pieced suits, jacket, vest and pants of the same fabric. Both boys and girls must own their own garments (CANNOT BE RENTED).
6. Halloween Costume: Garment must be in good taste. Costumes that refer to improper materials, violence, rude gestures, or that are not suitable for young 4-H members will not be allowed. Garments must be checked with club leaders or the Extension Office.
7. \$15 Challenge: Members are given a \$15 budget to put together a secondhand outfit from thrift shop or similar type store. Please bring your receipt.

Age divisions – based on age as of September 1 of the current 4-H year:

The contest will be divided into the following age groups:

Cloverbuds: 5 years to 2nd Grade

Junior Level: 3rd- 5th Grades

Intermediate Level: 6th – 8th Grades

Senior Level: 9th – 12th Grades

Judging:

Entries will be judged on:

- How well the garment(s) fit the individual
- How well the individual presents themselves
- The consumer value of the garment
- The becomingness of the garment
- The fashion of the garment
- Individual's Oral Presentation

Questions that *Members* should be able to answer for the 4-H Impressive Dress.

1. Please tell us your name and where you are from?
2. Do you like the clothes you are wearing?
3. Do you think that the color (or colors) look good on you?
4. Did you pick these clothes out by yourself or did someone help you? If so, who helped?
5. What do you like to do in these clothes?

Sample Score Card:

Entry	Excellent	Good	Average	Needs Improvement
Appropriate for class				
Followed guidelines				
Style and color suited to individual				
Pleasing color and pattern combination				
Exhibits current fashion trends				
Grooming				
Stayed within Assigned Cost (\$15 Challenge)				
Provided receipts or price tags (\$15 Challenge)				
Utilization of money (\$15 Challenge)				

4-H DRESS REVUE

Garments will be due to the Payne County Extension Office on the date specified in the email.

General Description

The Dress Revue is an opportunity for 4-H'ers to display their talents in Sewing Design & Construction.

General Rules

1. 4-H'ers may enter all classes for their age group.
2. The contest will be divided into three age groups:
Beginning Level: 3rd – 5th Grades
Intermediate Level: 6th – 8th Grades
Senior Level: 9th – 12th Grades
All divisions determined as of September 1 of current 4-H year.
3. Fun construction projects will be judged separately from the clothing projects.
4. Clothing projects will be modeled by the member.

DRESS REVUE BY LEVEL

BEGINNING LEVEL (3rd – 5th Grades)

Construction Projects

1. Chef or Work Apron
2. Skirt with elastic waist
3. Shorts with elastic waist
4. Simple two piece active sportswear

Fun Construction Projects:

5. Decorated ready-made shirt – using fusible web, fabric scraps, trims, buttons or paints.
Paints may be used in addition to one or more of the above.
6. Recycled Item
7. Miscellaneous Textile Design (Jewelry, hair accessories, pet clothes, etc. made by sewing)

INTERMEDIATE LEVEL (6th – 8th Grades)

Construction Projects:

8. Bath Robe
9. Pull on top and coordinating bottom with elastic waist (shorts, pants, or skirt)
10. Shorts, pants, skirt or culottes with waistband
11. One piece dress or jumpsuit
12. Two piece garment using one of the techniques from the intermediate level sample notebook
13. Clothing item from polar fleece

Fun Construction Projects:

14. Recycle a garment (show before picture and include a cost sheet)
15. Decorate a garment using one or more of the following techniques: machine
Decorative stitches, flat braid, sew-on appliqués, hand embroidery, or any other sewing technique.
16. Miscellaneous Textile Design (Jewelry, hair accessories, pet clothes, etc. made by sewing)

ADVANCED LEVEL (9th – 12th Grades)

Construction Projects:

17. Clothing item from polar fleece
18. Two piece ensemble using one of the techniques from the Advanced Sample Notebook.
19. Lined skirt, pants, or jacket
20. Unlined garment – 1 or 2 pieces using 2 techniques from Advanced Sample Notebook.
21. Coat lined or unlined.
22. Lined suit or dress
23. Special occasion garment (i.e. prom dress, English riding).

Fun Construction Projects

24. Garment constructed from another textile product such as a blanket, towel, sheet, etc.
25. Recycled item. Attach cost sheet and a “before” picture.
26. Embellished garment. Can be ready-made or hand-made.
27. Miscellaneous Textile Design (Jewelry, hair accessories, pet clothes, etc. made by sewing)

****The Advanced Sample Notebook is found at <https://4h.okstate.edu/projects/design-and-construction> ****

For more information on Design and Construction Projects visit: <https://4h.okstate.edu/projects/design-and-construction>

Sample Scorecard: Payne County Dress Revue Score Card

Contestant Name:

Item:

	Excellent 7pts	Good pts 5-6	Fair 3-4 pts	Needs Improvement 1-2pts
Fabric appropriate to garment				
Construction appropriate to garment				
Smoothly and securely sewn - pucker-free, appropriate machine tension				
Proper use of interfacing				
Correct seam finishes				
Inner construction “invisible”				
Details and closures lie smoothly				
Finishing / hems				
Appropriately pressed				
Notions and decorative detail appropriate to fabric and garment				
Cleanliness				

SHARE-THE-FUN

Please check the calendar/email for the date, time, and location.

PRE-REGISTRATION REQUIRED.

Guidelines

Share-the-Fun is intended to provide 4-H'ers with an opportunity to perform on stage and "share-the-fun" with other 4-H members and their audience. Winners over the age of 14 will be eligible to participate in 4-H Has Talent at Oklahoma 4-H Roundup.

4-H Members can participate in a maximum of three acts. One in each category: Individual, Small Group and Large Group Acts. Cloverbuds will be in their own division. Junior and Senior members may be in the same group act. Cloverbuds may *not* be members of regular 4-H group Share-the-Fun acts.

Cloverbuds: Any 4-H member 5 years old to 2nd grade

Individual Act: One 4-H member performing an act

Small Group: Two, three, or four 4-H members performing an act

Large Group: Five or more 4-H members performing an act

RULES

1. Each 4-H member may participate in a maximum of three acts (one in each category: Individual, Small and Large Group)
2. No adults (including leaders) may be on stage during the act. Adults or leaders may serve as an accompanist.
3. Individual acts will consist of one person plus accompanist, if needed.
4. The length of acts must not exceed **6 minutes**. No more than **10 minutes total time** will be allowed. Time to set up and clean up the stage should be approximately **4 minutes**.
5. **Scripts and/or lyrics for your act must be turned in with your entry forms. If lyrics or script content are determined to be inappropriate for 4-H audience, you may be asked to change your act.**
6. **IMPORTANT:** No musical or other type of group who performs for pay will be permitted to enter Share-the-Fun. This includes those who sell tapes/CDs. (This does not mean that a member of such a group cannot join with other 4-H members and participate.)

Timing - The length of the act is not to exceed six (6) minutes from the time the curtain opens until it closes. No more than ten (10) minutes total time will be allowed for any one act. This includes time to set up and clear the stage.

Penalty points will be deducted for acts that exceed time limit:

One-half minute over – 2 point penalty

One minute over – 5 point penalty

Each additional minute – 10 point penalty

COUNTY TALKS CONTEST

Please check the calendar/email for the date, times, and location.

PRE-REGISTRATION REQUIRED

General Information

- The County Talks Contest is an opportunity to display and improve public speaking talents
- Pre-registration is required by the due date. Electronic presentations MUST be submitted with pre-registration form
- Results will be announced and awards presented at the conclusion of the event. Ribbons will be given to the participants at that time. Blue and red ribbons will be given per participant. The top two individuals per age division will be awarded Grand and Reserve Grand
- Anyone associated with the event will be allowed in the room to watch speeches
- Members are responsible for getting to speech rooms in a timely manner. Hall monitor may be available to assist in getting to the correct room

CATEGORIES & GUIDELINES

Cloverbud:	5 years to 2 nd grade	No minimum—3 minutes maximum
Juniors:	3 rd - 5 th grades	3-5 minutes
Intermediate:	6 th - 8 th grades	5-7 minutes
Seniors:	9 th - 12 th grades	5-7 minutes

Cloverbuds: There will be a "Show and Tell" class for Cloverbuds

Regular Speeches: Any subject, no visuals

Illustrated Presentations: Includes demonstrations and presentations with visual aids. Props must be used to qualify for this event. Teams and individuals will NOT compete for the same awards. Teams consist of two (2) people only. In presenting a team illustrated presentation, both members must share in the presentation equally (preparation and presentation).

PowerPoint: The objective of the PowerPoint presentation contest is for 4-H members to demonstrate the skills necessary to develop and present a PowerPoint presentation in a professional manner. 4-H members who participate in this contest should develop and demonstrate public speaking skills using a PowerPoint presentation as an illustration to add emphasis to their presentation. The PowerPoint program is not meant to be the members' presentation; it is designed to add dimension and illustration to the members' public speaking presentation. 4-H members are expected to design and create their own PowerPoint presentation.

Extemporaneous Speech: Members are given a topic relating to 4-H or a current issue. The member should follow regular talk format with introduction, body and closing. Props are not to be used. See Extemporaneous Speech Guidelines (found on page 31) for more information.

Ritual: Members recite the ritual in front of a judge. Judging is based on knowledge of the ritual, voice, stage presence, and power of expression.

Job Readiness: Job Readiness is an individual event that recognizes members who communicate a personal understanding of and ability to perform specific job requirements. Each age level will have specific criteria.

ILLUSTRATED PRESENTATION GUIDELINES

1. Illustrated Presentations include both demonstrations and presentations with visual aids. Props must be used to qualify for this event.
2. Participants must pre-register by due date. Please identify age and presentation type on the presentation form. For team presentations, fill out only one (1) registration form.
3. It is the responsibility of the individual or team to be at the proper place and time to give the presentation.
4. Teams and individuals will not compete for the same awards. Teams are composed of two individuals and may consist of no more.
5. Teams with individuals of two different age categories will participate in the older age category of the participating individuals. Example: A team consisting of an 11 year old and 12 year old will participate in the intermediate category (Intermediate: 12-14 years)
6. Foods Illustrated Presentations: All 4-H members must bring all needed equipment with them, including items needed to clean up after their presentation. No supplies will be available. Water in the room may be optional. Electricity will be available. Please keep these things in mind when compiling your materials needed for presentation. ***It is the responsibility of the individual/team to clean up the demonstration table following their presentation.***

POWERPOINT PRESENTATION GUIDELINES

1. 4-H members who participate in this contest should develop and demonstrate public speaking skills using an electronic presentation as an illustration to add emphasis to their presentation. The electronic program is not meant to be the members' presentation; it is designed to add dimension and illustration to the members' public speaking presentation. 4-H members are expected to design and create their own electronic presentation.
2. Presentations using PowerPoint, Prezi or other software as a medium for illustration can only be presented in the Electronic Speech Division.
3. Depending upon the number of pre-registrations, subject matter categories may be merged or split into smaller sections.
4. A laptop computer and LCD projector will be provided. However, participants may bring their own equipment. Participants must also bring a second copy of their electronic presentation with them to the contest.

EXTEMPORANEOUS SPEECH GUIDELINES

- Contestants will be expected to prepare for speeches on topics relating to youth issues and/or the 4-H program.
- The question must be stated in the exact words before the speech begins or as a part of the speech.
- The contestant must hand the questions to the judge before beginning to speak.
- **NO ONE** is allowed to consult with the participants after they have selected a topic.
- Judge may ask one question following the speech. Questions will be relevant and designed to secure verification, clarification or amplification.
- Each contestant will give all notes used during the speech to the judge after concluding the speech
- Each speech will be judged on the following criteria: organization, delivery, and how closely the speaker followed the rules. There are no preset point limits for these criteria. Each speaker will be given a blue or red award.

4-H RITUAL CONTEST GUIDELINES

Contest Objectives:

1. Encourage 4-H members to learn the 4-H Ritual. The Ritual is part of the opening ceremony recited at every 4-H meeting.
2. Provide experience in public speaking.

A copy of the Ritual may be obtained from any 4-H leader, the County Extension Office, or on page 39.

Rules:

1. Any child that is enrolled in 4-H who is **(A) 3rd grade and 8 years old through 4th grade and (B) a first year** member is eligible for this contest.
2. Contestants will enter the contest room one at a time as called by the adult supervisor. The contestant, judge and adult supervisor are the only people allowed in the room during the contest.
3. The adult supervisor will recite the Vice President's part of the Ritual with the 4-H member responding with the member's part before a judge.
4. The adult supervisor and the judge will not stand during any of the contest (for example: the Pledge of Allegiance).

Each Participant will receive a Blue or Red Award. Special awards will be given to the

DEVELOPING A SPEECH

Speech is the most effective means of communication between individuals. The most effective speech is the one that most clearly expresses what the speaker has in mind.

1. Select a subject that you are familiar with and you have a knowledge and interest.
2. Narrow down the topic so it can be covered in a short period of time.
3. Consider your audience - number, age and interest.

Collect Information

1. Learn more about your subject than you will need to know for a short speech.
2. Think about the experience you have had and why you chose this topic.
3. Read about the subject in books, magazines, and 4-H publications.
4. Ask others their opinion (teachers, parents, 4-H agent and leaders, or people experienced in your subject area).

Organize Your Talk

1. **Introduction** - should be short and get the attention of the audience.
2. **Body** - longest, most important parts, contains the heart of your carefully selected 3-5 main points. Give the facts, and tell a story, include your ideas in the body portion of your talk. Be sure to stick to your subject.

3. Conclusions - summarize your main points. End your talk so that the audience knows you are finished, you may even want to ask if there are any questions. This is your last chance to impress the audience, so plan your conclusion carefully and with an impact.

Presentation

1. Be prepared
2. Become a good communicator
3. Be confident
4. Be well-groomed
5. Be natural
6. Be enthusiastic

JOB READINESS PRESENTATION GUIDELINES

Job Categories: Individuals must choose one of the four below. **Juniors must choose Home Based Business.**

Services- Could include full-service restaurants, fast food stores, employment at a day care center, automotive service/repair, farm/ranch worker, contractor/construction worker, photography, cosmetologists, etc.

Home Based Business- Could include babysitting (for an individual), housekeeping, catering service, lawn care and maintenance, home repair/maintenance, custom sewing, pet care, word processing, special occasion photography, etc.

Retail/Office- Could include any retail store (discount, department, specialty, farm supply, garden/nursery, or bookstore) or office-type work (including clerical, filing, and receptionist).

Other- Please specify job type. It should be a job that does not fit into one of the other categories. If you have questions, contact the County Extension Educator.

Age Divisions:

Junior: 4th – 5th Grade
Intermediate: 6th – 8th Grade
Senior: 9th – 12th Grade

Criteria for Evaluation:

NEW - Junior

- Home based business advertisement flier
- Ability to answer questions about the business

Intermediate

- Application folder: resume, job description sheet, letter of application OR home-based business advertisement flier, and completed job application form
- Ability to answer questions about the position

Senior

- Application folder: resume, job description sheet, letter of application OR home based business advertisement flier, and completed job application form
- Ability to answer questions about the position
- Follow-up letter to be completed immediately after the interview

4-H FOOD SHOWDOWN

Please check the calendar for the date, time, and location

PRE-REGISTRATION REQUIRED

The Food Showdown is a youth culinary challenge where three or four member teams compete to create a dish while demonstrating their knowledge in foods and nutrition, kitchen safety, equipment and creativity in food preparation. 4-H Food Showdown teams will create their dish using only a clue, provided secret ingredients and items from the common pantry. From the secret ingredients, 4-H members must identify, prepare and then present information related to the serving size, nutritional value and cost of the dish. Grab your apron, chef's hat and sharpen your knowledge in foods and nutrition for the exciting 4-H Food Showdown!

Objectives

- Provide opportunities for participants to exhibit their food and nutrition knowledge, skill, and creativity when preparing and presenting food.
- Provide opportunities for participants to learn from other team members, while promoting teamwork.
- Give participants opportunities for public speaking and leadership.

Rules

- Participants must be 4-H members currently enrolled in Oklahoma 4-H.
- Age divisions are determined by a participant's age as of January 1 of the current 4-H year.
- Each team will have a maximum of three members
- There will be four possible food categories: Main Dish, Fruits and Vegetables, Breads and Cereal, and Nutritious Snacks. All teams will be assigned the same category and given the same ingredients. Category, secret ingredients, and the clue will not be announced until the start of the contest.
- Clean aprons, lab coats or chef's coats; closed toed shoes; long pants, and hair coverings are required for all team members. Appropriate clean hair coverings include: caps, bandanas, skullcaps and hairnets. Long hair must be tied back. Each team will have the option of wearing coordinated clothing.
- Resource materials will be provided for each team at the contest. These may include MyPyramid for Kids, FightBac, Cooking Food Safely is a Matter of Degrees, Nutrient Needs at a Glance, Altering Recipes for Good Health, Kitchen Safety, 4-H Food Showdown Worksheet, and copies of grocery receipts. No other resource materials will be allowed. Cell phones or other electronic devices will not be permitted in the contest area. Teams may not use their personal copies of the resources during the contest.
- Judges reserve the right to disqualify teams demonstrating unsafe food safety practices or dangerous use of the equipment.
- Any competitor who requires auxiliary aids, special accommodations, or has food allergies must notify the 4-H Office at pre-registration.

4-H Cupcake Wars

Please check the calendar for the date, times, and location.

PRE-REGISTRATION REQUIRED

Objectives

- Provides 4-H members an opportunity to practice their culinary, creativity, teamwork, and presentation skills
- Provide opportunities for participants to learn from other team members, while promoting teamwork.
- Give participants opportunities for public speaking and leadership.

Guidelines

Cupcake Preparation:

1. Each team will decorate and display three cupcakes.
2. Each team will bring “naked” cupcakes. The cupcakes should have no frosting and be in the paper wrappers only.
3. Each team will bring their own frosting and bowls for mixing. The frosting should not be tinted prior to contest. Teams will tint and place in frosting bags, if needed at the contest. Frosting can be either store bought or homemade. Can be **ONLY** white or chocolate frosting.
4. If teams are using fondant they can use either homemade or purchased fondant. Teams are allowed to purchase tinted (colored) fondant to use or may tint fondant off site.
5. Teams are allowed to use edible decorating items. **Only** edible items can be used on the cupcakes.
6. Select a theme and a name for your cupcakes. Your three cupcakes should be presented as a group. They can each be decorated the same or different but should relate to your theme/name.

Presentation:

- Teams are allowed to bring their presentation scripts with them.
- All team members must participate in the presentation; all team members must have a speaking role.
- When time is called, each team will present their cupcakes to the judge(s). There is a time limit of 4 minutes for presentation.

The team should provide the following information:

Introduction

Creative Name of Cupcakes

Two major nutrients

Food preparation principles

Food Safety

- Cupcakes will not be tasted during judging – but will be judged based on theme representation, neatness, technical difficulty and creativity.
- The judge(s) may ask questions.
- No talking and no writing allowed among any team members while waiting to give the team presentation.

Rules

- All team members must be enrolled 4-H members.
- Teams will consist of two 4-H members.
- The age and grade will be as of September 1 of current 4-H year.
- There will be two Divisions:
 - Junior: 3rd – 7th grade
 - Senior: 8th – 12th grade

During Contest

1. Each team should check in at judging area at designated time and items you bring for the contest will be checked by contest facilitators.
2. No coaching will be allowed during contest.
3. Judges will observe preparation to assist in determining the team score.
4. Each team will have thirty minutes to decorate their cupcakes and clean up the preparation area.
5. Teams are allowed one picture no bigger than 8 x 10 of the item they are creating. It must not have any writing or directions on the picture.
6. No use of electricity or heat sources are allowed. Teams should select their recipe with this in mind.
7. Each team must provide their own equipment. Washing facilities will not be available for teams to wash and share equipment during contest.
8. Teams should practice proper food safety and be prepared to discuss food safety practices used by their team in their presentation to the judges.
9. Table decorations are allowed. Clean-up Teams must clean up their preparation areas. Clean-up time is included in the 30-minute preparation allotment. Dirty dishes should be placed in a plastic container, bag or box to be cleaned at home. Leftover food should be disposed of properly. Each team should bring their own cleaning supplies.

An awards program will be held at the conclusion

ORDER OF 4-H CLUB MEETINGS

Suggested form for order of Business at 4-H club meetings:

PRESIDENT: "Will the meeting please come to order? The Vice-President will now lead the 4-H Club Ritual."

VICE PRESIDENT: "Stand please." (Vice President leads ritual.)

PRESIDENT: "The Song Leader will now lead us in a song."

SONG LEADER: Leads a song.

PRESIDENT: "The Secretary will call the roll."

SECRETARY: "Will each member answer with _____."

PRESIDENT: "We will now have the reading of the minutes of the last meeting."

SECRETARY: Reads minutes of the last meeting.

PRESIDENT: "Are there any additions or corrections to the minutes of the last meeting? (The President directs any additions or corrections to be made, if there are none he says), "If not the minutes stand approved as read."

PRESIDENT: "Is there any unfinished business to come before the club?" (Any business left over from previous meetings — if any, it receives attention. If not, president proceeds to new business.)

PRESIDENT: "Is there any new business to come before the club?" (The president or any member may bring the business before the club. It is discussed and then voted on. Newsletters should be read by the secretary.)

PRESIDENT: "Are there any announcements?" (Adult leader may make announcements at this time.)

PRESIDENT: "Do I hear a motion for adjournment of the business meeting?"

MEMBER: "I move to adjourn."

MEMBER: "I second it."

PRESIDENT: It has been moved and seconded that the meeting adjourn. All in favor say aye, all opposed same sign. Motion carries."

PRESIDENT: "I will now turn the program over to our vice president who will introduce our program speaker."

VICE PRESIDENT: "Mr. President, 4-H members, and visitors I would like to present _____ who will _____ for our program today. Recreation may follow after meeting."

THE 4-H CLUB RITUAL

Nothing more nearly represents the purpose and character of 4-H club work than the ritual. When correctly given, it is beautiful and impressive. Every member should commit it to memory. It should be given by the entire club in unison at each club meeting. It is as follows:

VICE PRESIDENT: "What is our 4-H Club Motto?"

MEMBERS: (in unison) "To make the best better."

VICE PRESIDENT: "We will repeat the 4-H Club Pledge."

MEMBERS: "I pledge my head to clearer thinking,
My heart to greater loyalty,
My hands to larger service, and
My health to better living, for
My club, community, my county and my world."

(In repeating the pledge, raise right hand to side of head when speaking line No. 1; lower right hand over heart when speaking line No. 2; extend hands, palms upward when speaking line No. 3; and stand at attention when speaking line No. 4)

VICE PRESIDENT: "We will now give the Pledge to the Flag."

MEMBERS: "I pledge allegiance to the Flag of the United States of America
and to the Republic for which it stands, one Nation under God,
indivisible, with liberty and justice for all."

(At attention facing the flag repeat together the pledge of allegiance. The right hand should be placed over the heart while giving the pledge of allegiance. This change was made by Congress, December, 1942, Section 7, Public Law 623).

VICE PRESIDENT: "We will now review the meaning of the club emblem. What is the National 4-H Club Emblem?"

MEMBERS: "The National 4-H Club Emblem is the four leaf clover with the letter "H" on each leaflet running parallel with the mid-rib of the leaflet."

VICE PRESIDENT: "What do the four H's on the club emblem represent?"

MEMBERS: "They represent the equal training of the head, heart, hands, and health of every member."

VICE PRESIDENT: "For what is the head trained?"

MEMBERS: "To think, to plan, to reason."

VICE PRESIDENT: "For what is the heart trained?"

MEMBERS: "To be kind, to be true, to be sympathetic."

VICE PRESIDENT: "For what are the hands trained?"

MEMBERS: "To be useful, to be helpful, to be skillful."

VICE PRESIDENT: "For what is the health trained?"

MEMBERS: "To resist disease, to enjoy life, to make for efficiency."

VICE PRESIDENT: "In the All-Star Emblem, what does the fifth "H" represent?"

MEMBERS: "The Home."

VICE PRESIDENT: "In what way can we be a help in our home life?"

MEMBERS: "By striving to train for a home life that represents true character, comfort and contentment."

VICE PRESIDENT: "Be seated, please."

4-H Danish Judging System

(Why we give Blue & Red Ribbons)

Having one's accomplishments evaluated can be motivating and educational for 4-H'ers. When judges critique their work or performance, it serves as a guide to further improvement. The judging process is probably more valuable than the award or recognition. To plan, practice, and present a finished product is to "learn by doing." To graciously accept constructive criticism of one's work is a real-life experience. 4-H'ers learn quickly that judging results reflect a personal opinion, and that evaluation will vary among judges.

In 4-H most judging involves the Danish system of judging. In this system, the judges do not judge one person's work by comparing it to another's. The evaluation is made against a standard. A judge looks to see whether requirements are met. What would an ideal version of this item be? Often a score sheet is used, available from the county 4-H office.

One advantage of this system is that everyone whose work fulfills minimum qualification can receive a ribbon. If all entries are judged to be excellent, all receive blue or 1st place ribbons, opposite of the American judging system where there is only one 1st, one 2nd and one 3rd given in each category. The purpose of using the Danish judging system is to give every 4-H member the recognition deserved for the work that was done. It also helps young people recognize the need to improve their skills and to "make the best better."