

4-H Public Speaking

Virtual Contest



OSU EXTENSION
OTTAWA COUNTY
4-H YOUTH DEVELOPMENT

4-H Public Speaking is a contest designed for 4-H members to work on communication, presentation, and public speaking skills - the exchange of thoughts, information, or messages between individuals; sending and receiving information using speech, writing, and gestures.

Divisions: The age and grade will be as of September 1 of the current 4-H year.

- Cloverbud: ages 5-8, or Kindergarten-2nd
- Junior: 3rd (and 8 yrs. old)-5th grade
- Intermediate: grades 6th-8th
- Senior: grades 9th-12th

Deadlines: Sign up by March 12 & Final entries due between March 12th-March 26th.

Sign Up: Participants must sign up by March 12th. We will need Name, 4-H Club, Grade & Speech Category. You may sign up by email to ottawaco.extension@gmail.com or by calling the Extension Office at 918-542-1688. An entry form is on the extension.okstate.edu/Ottawa website, but you do not have to use the entry form to enter. We will need the publicity release section of form completed by entry deadline.

Contest Guidelines:

- **Cloverbuds** (grades K-2nd) May enter 1 Show and Tell presentation and will receive a participation ribbon only.
- **3rd Graders:** May enter Junior Division or as a Cloverbud, but not both. If entering as Cloverbud (will receive a participation ribbon only), they cannot also enter Junior Categories.
- **Members entering in Junior, Intermediate and Senior Divisions** may pick 2 speech categories.
- Members entering Impromptu and Extemporaneous categories will receive their topics after they register
- For categories that allow props, make sure that they are shown in the video.
- With the contest being virtual, we ask the members have no outside help when giving their speeches. **Others may assist with videoing but should not coach, provide cue cards, signals, etc.**
- The video should not be edited in any way.
- Time limits are listed on next page for each category.

Categories (see descriptions on next page): Members may have one entry per category for a total of two entries.

- Regular Talk
- Illustrated Presentation Food
- Illustrated Presentation Non-Food
- Power Point
- Extemporaneous
- Impromptu
- 4-H Ritual

Judging: All speeches will be judged on the Speaker (appearance, voice, eye contact, posture); Presentation (Introduction, organization of material, delivery, interesting, conclusion, general effect of presentation, use of props); and Subject Matter (originality, topic, speaker's understanding of topic, accurate information.)

To Enter:

- **Submit 1 video of each speech category you choose any time between March 12-March 26.**
- Submit entry by email to ottawaco.extension@gmail.com or through Facebook Messenger – Ottawa County OSU Extension. Include name, club, grade, & speech category with each entry.
- Please check with the Extension Office to make sure your entry was received.

If you need help with video, make arrangements 1 week prior to the deadline with the Extension Office.

Awards: The Danish system of awarding each entry a blue, red, or white award will be used. A Champion and Reserve Champion Ribbon will be awarded within each category. Plaques will be awarded to the top two entries in each division.

Ottawa County 4-H Public Speaking Contest Categories

Cloverbud Show and Tell Presentation:

Cloverbuds- Grades K-2nd or ages 5-8, not yet in 3rd grade, can give a short show and tell presentation. Participants will receive a participation ribbon only. If entering as a Cloverbud, they cannot enter any other category.

Regular Talk:

Jr. Division 1-3 minutes.

Int. & Sr. Divisions 3-7 minutes.

Members will give one speech over any 4-H category or project area. No props can be used.

Examples include: "How to feed a show calf", "How to train a dog", "Leadership in 4-H", "What is 4-H"

Illustrated Presentation: Foods & Non-Foods

Jr. Division 3 - 15 minutes

Int. & Sr. Divisions 5 –15 minutes

Members will give one speech using posters, displays, or other props.

Examples include: "How to decorate a cake", "How to groom a horse"

Illustrated Presentation: Power Point

Jr. Division 3-7 minutes

Int. & Sr. Divisions 5-7 minutes

Members will demonstrate the skills they have mastered when integrating technology into a speech/presentation.

Members will be evaluated on their ability to design and create the PPT slides which complement the oral content of the presentation. The PPT should not be the "presentation."

Impromptu:

Jr. Division 1-3 minutes.

Int. & Sr. Divisions 3-7 minutes

Members will receive 3 topics/statements from the Extension Office. The speaker will then pick 1 topic. Speeches are judged on delivery, organization, presentation, and subject matter.

Extemporaneous:

Int. & Sr. Divisions 4-6 minutes.

Members will receive 3 questions based on current 4-H happenings. The speaker will pick 1 topic. Speeches are judged on organization, delivery, and how well the speaker addressed the question.

4-H Club Ritual:

Jr., Int. & Sr. Divisions - Recite 4-H Club Ritual

Members will be judged on appearance, clarity of speech, and how well they can recite the 4-H Ritual. Someone will need to read the parts of the Vice President and the member will respond with the Member parts. This can be a parent, adult, or another 4-H member. Only the member needs to be shown in the video.

4-H Educational Posters



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4-H Educational Posters are educational displays showing members knowledge about their project areas, and showing their creativity and knowledge with design and information.

Divisions: The age and grade will be as of September 1 of the current 4-H year.

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- Junior: 3rd (and 8 yrs. old)-5th grade
- Intermediate: grades 6th-8th
- Senior: grades 9th-12th

Deadlines: Sign up by March 12 & Final entries due between March 12-March 26.

Sign Up: Participants must sign up by March 12th. We will need Name, 4-H Club, Grade & Class. You may sign up by email to ottawaco.extension@gmail.com or by calling the Extension Office at 918-542-1688. An entry form is on the extension.okstate.edu/Ottawa website, but you do not have to use the entry form to enter. We will need the publicity release section of form completed by entry deadline.

Contest Guidelines:

- **Cloverbuds** can enter 1 educational poster and will receive a participation ribbon only.
- **3rd Graders:** May enter Junior Division or as a Cloverbud, but not both. If entering as Cloverbud (will receive a participation ribbon only), they cannot also enter Junior Classes.
- **4-H Members** entering in Junior, Intermediate and Senior divisions can enter as many Poster classes as they wish, but limited to 1 per class.
- **Educational Poster Rules:** Posters must be constructed on poster board, any size up to 14"x22". They may be horizontal or vertical. Posters may be produced by any medium-watercolor, ink, crayon, acrylic, collage, etc.
- Poster must be flat. Do not use 3-dimensional pieces on posters.
- Text on posters should be readable from at least 10 Ft. away.
- Posters will be judged on 1) educational idea portrayed, 2) public appeal and 3) creative and original ability presented.
- Posters must include 4-H clover or mention 4-H. Copyrighted or trademarked cartoon characters or other design must not be used due to copyrighted restrictions.
- **Every poster must be labeled on the back with the following information: Name, Club, County, Grade. Exhibitor will need to sign and date on the back. Lamination is not required for this contest.**
- **Poster Classes:** This contest is designed based on the poster classes in the various sections of the 4-H Exhibits at the Fair. These are the same classes/numbers in the Fair Book for the County & Tulsa State Fair. For class description, see the next page.

NOTE: For this contest we will break up the divisions for Junior, Intermediate and Senior. You do not need to worry about figuring this out. We will do it based on the grade you are in. We just wanted you to use the corresponding fair number so that it would be ready as a fair entry in August.

To Enter:

- Items can be dropped off at the Extension office March 12-March 26, between 8:00 AM and 4:30 PM, M-F.
- Every exhibit must be labeled on the back with the following information: Name, Club, County, Grade and Date exhibit was made.

Awards: The Danish system of awarding each entry a blue, red, or white award will be used. Champion and Reserve Champion Ribbon will be awarded in each class. Plaques will be awarded to the top two entries in each division.

Ottawa County 4-H Educational Poster Contest Classes

Section 300 – 4-H Poster Art Exhibit

Junior Division Class Number	Intermediate Division Class Number	Senior Division Class Number	Description
300-1	300-4	300-7	4-H promotional poster designed to recruit 4-H members, volunteers or promote any 4-H event or 4-H project.
300-2	300-5	300-8	Poster designed to promote 4-H using the national campaign, "4-H Grows Here".
300-3	300-6	300-9	Poster recognizing or documenting one of the following: Oklahoma 4-H history during one decade OR the evolution of a particular 4-H project area over the decades.

Section 304 – 4-H Science & Technology Exhibits

304-8 JR. STEM Career Poster- Draw a Scientist

304-9 SR. Careers in STEM Poster

Section 307 – 4-H Baby-Sitting/Child Care

307-3 JR. Child Care Poster Choose one of these topics to develop poster: Behavior and Guidance--Include pictures and fact about child development, Safety Risks and Procedures--include common safety risks that a babysitter needs to be aware of and procedures to address the safety issue, Ages and Stages of Development

Section 308 – 4-H Food Science

308-17 JR. Based on breads or cheeses of another country or countries

308-18 INT. or SR. Based on foods from another culture. Can be based on a cultural celebration

308-19 JR. Based on recipe modification for healthful eating

308-20 INT. Based on the nutritional combinations of fruit and vegetables

308-22 JR. Based on food or kitchen safety

308-23 INT. Based on protein food safety

308-24 SR. Based on outdoor cookery or grilling

308-25 JR. Poster illustrating place setting for specific occasion or menu

308-27 SR. Based on careers in the food industry

Section 311 – 4-H Electric

311-9 JR. Electric Concept Poster showing a basic electric concept or explaining the proper use of electricity in modern life.

311-10 SR. Electronics/Lighting Selection Poster on information that consumers might use in making a selection of any electronic devices such as computers, games, telephones, lighting fixtures, bulbs or other electronic device.

Section 312 – 4-H Model Rocketry

312-1 JR. Poster showing the parts of a model rocket, with an explanation of the purpose of each part.

312-2 JR. Poster explaining the function of the model rocket engine

312-3 JR. Poster showing one or more points from model rocketry safety code

312-6 JR. Poster on any other topic pertaining to rocketry. Ex. History of Rockets, NASA Rockets, Commercial Rockets, Recent Rocket Launches, Purpose of Rockets, Rocket Designs, etc...

312-7 SR. Poster or display showing the parts of a model rocket, with an explanation of the purpose of each part.

312-8 SR. Poster or display explaining the function of the model rocket engine.

312-9 SR. Poster or display showing one or more points from model rocketry safety code

312-12 SR. Poster on any other topic pertaining to rocketry. Ex. History of Rockets, NASA Rockets, Commercial Rockets, Recent Rocket Launches, Purpose of Rockets, Rocket Designs, etc...

Section 316 – 4-H Forestry Poster should relate to the science and technology of forestry or is otherwise directly related to forestry.

316-5 JR. Self-Determined Poster

316-6 SR. Self-Determined Poster

Section 317 – 4-H Geology

317-4 JR. Poster on well site safety

317-8 INT. Poster on Water Mineral Issue. Subject of poster should be one of the following: What water hardness and mineral testing can determine OR Secondary recovery methods OR Dangers of lead in the water

317-10 SR. Poster of a press release; collected about the energy information and your interpretation; possibly the Energy Index or other Topic.

Section 318 – 4-H Wildlife

318-4 JR. Self-determined Wildlife Poster (example: poster on wildlife, or environmental careers)

318-7 SR. Self-determined Wildlife Poster (example: poster with an emphasis on the life cycle, status, range map, and habitat of an Oklahoman threatened or endangered species.

Self-determined Fish poster. Topic to deal with fish, fishing, fish farming, aquatic food chains or pollution in Oklahoma waters.

318-11 Junior 318-15 Senior

Self-determined Bird project poster

318-19 Junior 318-24 Senior

Self Determined Wildflower Study Poster

318-27. Junior 318-33. Senior

Section 319 – Environmental Stewardship

319-2 JR. Exploring Streams & Lakes Poster with photos showing stream, lake or pond you have visited. Photos should show things like shorelines or creek banks, appearance of the water, condition of vegetation on the shore or banks, and problem areas such as erosion, trash or obvious pollution. Each photo must have a caption explaining what it shows. Overall, the poster should tell what you think is helping or harming the water or the plants and animals that live there. Poster title should include name of water body, if it has one, and town or county where it is located.

319-4 JR. Where Does My Water Come From Poster showing or describing the source of your water lake, aquifer, private well and/or what is done to it before it (water treatment plant, in home filtration system) gets to your home.

319-5 JR. Natural Resources of My County Poster with photos showing a mixture of local natural resources like prairies, forests, scenic views, water bodies, agriculture, wildlife or similar things. Each photo must have a caption naming the resource. Overall, the poster should convince the reader that your county is a great place to live. Poster title should be at least 1 inch tall and include name of your county.

319-7 JR. Aquatic Habitat Poster with photos showing a stream, lake or pond you have visited. Photos should illustrate distinct habitats such as shoreline vegetation, undercut banks, rocky shores, riffles, pools or runs. Each photo must have a caption explaining what it shows. Overall, the poster should comment on things you observed that could be helping or harming the critters or their habitat. Poster title should include name of the water body, if it has one, and town or county where located.

319-9 SR. What is a Watershed?-Poster Describe what watersheds are and how they work. Title must contain the word, "watershed".

319-10 SR. Natural Resources of My County Poster with photo's showing a mixture of local natural resources like prairies, forests, soils, scenic views, water bodies, agriculture, wildlife or similar things. It is desirable to show people using the resource. Each photo must have a caption naming the resource and explaining how people use and enjoy it. Overall, the poster should convince the reader that your county is a great place to live. Poster title should be at least 1 inch tall and include name of your county.

319-11 SR. Stream, Pond or Lake Poster with photos showing a stream, pond or lake you have visited. Poster should show things people have done or might do, along the shore or in the watershed that can harm this stream, pond or lake. Poster title must include name of water body and town or county where located.

319-14 SR. Illegal Dumping-Poster Discourage illegal dumping and explain how illegal dumps can contaminate water or create other problems.

Section 320 – 4-H Crops Choose an agronomic crop, and create a poster depicting one of the following topics related to that crop: 1) History (domestication process, global spread via immigrants, etc.), 2) Production, 3) Use in different cultures, 4) Use in different processed foods

320-21. Junior 320-22 Intermediate 320-23 Senior

Section 324 4-H Horticulture Terrariums

Horticulture in Our Lives Poster Choose a fruit, vegetable, nut, spice or beverage (tea, coffee, chocolate) crop, and create a poster depicting one of the following topics related to that crop: History (domestication process, global spread via immigrants, etc.), OR Production , OR Use in different cultures, OR Use in different processed foods

324-10 Junior 324-11. Intermediate 324-12. Senior

Section 325 4-H Companion Animals Companion Animal Poster illustrating one of the following A) Animal Health and/or Nutrition B) Good Husbandry and/or Grooming C) Training and/or showing D) Service and/or Citizenship.

325-1. Junior 325-2. Senior

4-H Graphic Design



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4-H Graphic Design is creating visual and written content by hand or using computer software to communicate ideas that inspire, inform, or captivate customers.

Divisions: The age and grade will be as of September 1 of the current 4-H year.

- Cloverbud: ages 5-8, or Kindergarten-2nd
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- Senior: grades 9th-12th

Deadlines: Sign up by March 12 & Final entries due between March 12-March 26.

Sign Up: Participants must sign up by March 12th. We will need Name, 4-H Club, Grade & Class. You may sign up by email to ottawaco.extension@gmail.com or by calling the Extension Office at 918-542-1688. An entry form is on the extension.okstate.edu/Ottawa website, but you do not have to use the entry form to enter. We will need the publicity release section of form completed by entry deadline.

Contest Guidelines:

- **Cloverbuds** can enter 1 graphic design and will receive a participation ribbon only.
- **3rd Graders:** May enter Junior Division or as a Cloverbud, but not both. If entering as Cloverbud (will receive a participation ribbon only), they cannot also enter Junior Categories.
- **4-H Members** entering in Junior, Intermediate and Senior divisions can enter as many Graphic Design classes as they wish, but limited to 1 per class.
- Copy written materials such as professional photos, books, publications or items on the internet **should not** be used as original.
- Items do not need to be laminated for this contest.

Graphic Design Classes: This contest is designed based on the Science and Technology (Section 304) Exhibits at the Fair. These are the same classes/numbers in the Fair Book for the County & Tulsa State Fair.

NOTE: For this contest we will break up the divisions for Junior, Intermediate and Senior. You do not need to worry about figuring this out. We will do it based on the grade you are in. We just wanted you to use the corresponding fair number so that it would be ready as a fair entry in August.

304-1 JR. Flat Flyer—8 ½" x 14" or 8 ½" x 11"

304-3 JR. Brochure, Card, or Invitation to 4-H Event—8 ½" x 14" or 8 ½" x 11"

304-5 JR. PowerPoint Presentation related to 4-H—include 4-H Clover and 5-10 slides.

304-2 SR. Flat Flyer—8 ½" x 14" or 8 ½" x 11"

304-4 SR. Brochure, Card, or Invitation to 4-H Event—8 ½" x 14" or 8 ½" x 11"

304-6 SR. PowerPoint Presentation related to 4-H—include 4-H Clover and 5-10 slides.

304-7 JR & SR Digital Media- 3 min. max-Promotional, informative, music, or documentary.

To Enter:

- Items can be dropped off at the Extension office March 12-March 26, between 8:00 AM and 4:30 PM, M-F.
- Every exhibit must be labeled on the back with the following information: Name, Club, County, Grade and Date exhibit was made.

Awards: The Danish system of awarding each entry a blue, red, or white award will be used. Plaques will be awarded to the top two entries in each division within each class.

Oklahoma State University, U.S. Department of Agriculture, State and Local governments cooperating. Oklahoma State University in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal and state laws and regulations, does not discriminate on the basis of race, color, national origin, gender, age, religion, disability, or status as a veteran in any of its policies, practices, or procedures.

4-H Photography



OSU EXTENSION
OTTAWA COUNTY
4-H YOUTH DEVELOPMENT

4-H Photography is for all levels of photographers. Teaching 4-H members about different techniques, presentation, and organization skills.

Divisions: The age and grade will be as of September 1 of the current 4-H year.

- Cloverbud: ages 5-8, or Kindergarten-2nd
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Deadlines: Sign up by March 12 & Final entries due between March 12^h-March 26^h.

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Contest Guidelines:

- **Cloverbuds** can enter 1 photography exhibit and will receive a participation ribbon only.
- **3rd Graders:** May enter Junior Division or as a Cloverbud, but not both. If entering as Cloverbud (will receive a participation ribbon only), they cannot also enter Junior Classes.
- **4-H Members** entering in Junior, Intermediate and Senior divisions can enter as many Photography classes as they wish, but limited to 1 per class.
- **DIGITAL PHOTOS** are allowed. Adjustment to digital photographs are limited to common techniques of color and contrast adjustments, cropping, gray scaling, exposure adjustments, and red eye reduction (with the exception of classes 25-28).
- **PRINTS:** Black & white or color prints may be exhibited. Prints must be no smaller than 4" x 6" and no larger than 5"x7" (except when panoramic prints are used) for all classes, except classes 5, 10, 14, 18 and 22 where prints may be up to 8"x10". Prints should be printed on photo-quality paper (not copy paper). Print quality is taken into consideration by the Judges. Photos will be disqualified if in a frame.
- **TITLES, CAPTIONS AND OTHER REQUIRED INFORMATION:** On the front of the board, there must be a title (i.e. My Trip to the Zoo or My Favorite Photo) and each photo must have a caption giving the viewer more information about the photograph. The back of each board must include the exhibitor's name, county, number of years in the 4-H photography project, camera type (digital SLR, smart phone, digital point-and-shoot or 35 mm film), and megapixels (if camera is digital). If the exhibitor is entering classes 11-16, please include the film speed or digital ISO, shutter speed and aperture (if the camera is adjustable)
- **BOARDS:** Prints must be securely attached to the surface of a single black or white (not colored) 14"x14" poster board, foam core, or mat board. Photos will be disqualified if on regular paper or cardstock. No double matting, use of multiple layers or more than one color. The entire print must be seen. It cannot be masked in any way.

This contest is based on the fair guidelines for Photography (Section 303) Exhibits. Please see next page for classes. NOTE: For this contest we will break up the divisions for Junior, Intermediate and Senior. You do not need to worry about figuring this out. We will do it based on the grade you are in. We just wanted you to use the corresponding fair number so that it would be ready as a fair entry in August.

To Enter:

- Items can be dropped off at the Extension office March 12-March 26 between 8:00 AM and 4:30 PM, M-F.
- Every exhibit must be labeled on the back with the following information: Name, County, Number of Years in the 4-H Photography Project, Camera Type (digital SLR, smart phone, digital point-and-shoot or 35 mm film), and Megapixels (if camera is digital). If the exhibitor is entering classes 11-16, please include the film speed or digital ISO, shutter speed and aperture (if the camera is adjustable)

Awards: The Danish system of awarding each entry a blue, red, or white award will be used. A Champion and Reserve Champion Ribbon will be awarded in each class. Plaques will be awarded to the top two entries in each division.

Ottawa County 4-H Photography Contest Classes

Photos must be taken by member.

Members can only enter in one level, based on their skills.

LEVEL 1 – Focus on Photography – For members who have beginning skill level.

Junior Division Class Number	Senior Division Class Number	Description
1	6	Four (4) photos, one photo from each of the following categories: people, animals, plant life, and scenery.
2	7	Four (4) photos of people doing different things, showing a variety of activities, camera angles and lighting choices.
3	8	Four (4) otherwise outstanding photos showing common mistakes in picture taking. The caption for each print must correctly identify what is wrong and provide an appropriate solution to prevent the mistake.
4	9	Series of four (4) photos telling a story or illustrating a single event.
5	10	Best individual photo made this year.

LEVEL 2 – Controlling the Image – For members who have intermediate skill level.

Junior Division Class Number	Senior Division Class Number	Description
11	15	Four photos showing <u>good composition</u> , such as placement of subject, framing, contrast or perspective. The caption for each photo or the title of the board must explain the ideas being illustrated.
12	16	Four action photos <u>showing use of film speed of digital ISO</u> , please include the film speed or digital ISO, shutter speed and aperture (if the camera is adjustable).
13	17	Four photos showing effect (lighting, media, techniques and processes). The caption for each photo or the title of board must explain the ideas being illustrated
14	18	Best individual photo made this year

LEVEL 3 – Mastering Photography – ALL GRADES – For members who have advanced skill level

19. Four (4) photos showing members' knowledge of one of the following: different lenses, photo lamps, existing light, filters, or special effects. The caption for each photo or the title of the board must explain the idea(s) being illustrated.

20. Four outstanding "people" pictures.

21. Four landscapes or nature photos.

22. Best individual photo taken this year.

DIGITALLY ADJUSTED PHOTOS

Exhibit must include both the original photo labeled "original photo", the digitally adjusted photo labeled "adjusted photo", with a short summary of what was done (cropping, red-eye removal, color or contrast adjustment, exposure adjustment, etc.). Must be on a single black or white poster board, form core or mat board 14" x 14".

23. Junior (grades 3-7)

24. Senior (grades 8-12)

Digitally altered photograph/photographic illustration taken with a digital camera by the exhibitor. Alterations are beyond common photography techniques of red eye removal, cropping, etc. Exhibit includes a print of the original photograph, labeled "original photo," and the digitally altered image, labeled "photographic illustration". Must be on a single black or white poster board, form core or mat board 14" x 14". Attach up to 1/2 page written explanation of the alterations to the back of the exhibit.

25. Junior (grades 3-7)

26. Senior (grades 8-12)

Digitally altered scanned image. Exhibit must include the original image, labeled "original image," and the digitally altered image, labeled "altered image". Alterations are beyond common photography techniques of red eye removal, cropping, etc. Must be securely attached to a single black or white foam core or poster board 14" x 14". Attach up to 1/2 page of written explanation of the alterations to the back of the exhibit. Trademark images may not be used.

27. Junior (grades 3-7)

28. Senior (grades 8-12)