



# Ottawa County 4-H

## 2020-2021 Enrollment

**Join  
Now!**



**4honline.com**

Help us welcome our new Ag/4-H Educator. Brooke Downing!  
She is working 50% in both the Ottawa and Delaware County Offices!

We are planning a meet and greet soon!

Check out the website and Facebook for updated information!

### Ottawa County

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#### Phone

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#### Email

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brooke.downing@okstate.edu

#### Website

Extension.okstate.edu/Ottawa

#### Facebook

Ottawa County OSU Extension

#### YouTube

Ottawa County OSU Extension

#### Future Dates

- Jan. 18– Animal Science Club Meeting (Zoom)
- Jan. 25– NE Dist. 4H Volunteer Conference (Zoom)
- Jan. 30– OK 4-H State Air Rifle & Air Pistol contest
- Feb. 8- 4H Leaders Meeting
- Feb. 5– Equine Field Day \$25
- Feb. 19– OYE Entries Due
- March 6– Horsemanship Clinic
- March 8– OYE Begins
- April 1– Shooting Sports: Coach training registration due
- April 10-11– Shooting Sports: Coach Certification training



**Our 4-H Christmas float  
won 1st place in both the  
Fairland and Afton  
Christmas Parades!**



## Coming Soon!

Be watching our Facebook and YouTube Channel for the 2019-2020 Award Celebration Slideshow!



**OYE Entries are due ONLINE by Feb. 19.**

The Extension Office or FFA teacher must complete the entries. Call the office to set up a time.  
918-542-1688

*“What the new year brings to you will depend a great deal on what you bring to the new year” -  
Vernon McLellan*

## Collegiate 4-H has a place for everyone



It is the oldest student organization on the Oklahoma State University campus. Collegiate 4-H was established at what was then Oklahoma A&M College in 1916. Not only that, this club also was the first ever Collegiate 4-H club established in the country – so its roots are deep and strong.

Collegiate 4-H is a student organization involved in community service, promoting 4-H, encouraging citizenship, developing leaders and assisting 4-H clubs around the state. Jeff Sallee, Oklahoma 4-H STEM state specialist, who serves as one of the advisers of the club, said Collegiate 4-H is built on the same principles as the traditional 4-H program.

“This club really is a continuation of youth development, but our role as advisers is a bit different. Collegiate 4-H members are adults, and we’re here more to advise them, not direct them,” Sallee said. “I also want to point out that club members don’t have to have been involved in 4-H in high school to belong to this club.”

Kaylee Rumbaugh comes to OSU from California and serves as president of OSU Collegiate 4-H.

“I decided to join Collegiate 4-H because I wanted to be involved on campus and throughout the community of Stillwater,” Rumbaugh said. “4-H had such a positive impact in my youth that I wanted to continue that throughout my college years and help young members love it as much as I do.”

She said the club has a small project every meeting that gives back to the community and she enjoys the people the group encounters. She likes that the club works together as one to better themselves and the community.

In addition to community service, Rumbaugh said the club is active on campus and participates in a variety of homecoming events, including the lawn sign competition, window painting and the harvest festival.

“Community service has always been a big part of 4-H, and that continues with Collegiate 4-H,” Sallee said. “Our club here at OSU does a lot for our community. One of the projects they really enjoyed was the Bake and Take project. Members made 1,000 dog treats and donated them to the Humane Society.”

Cathleen Taylor, state leadership and civic engagement specialist with the State 4-H office, said Collegiate 4-H gives members a sense of community.

“It gives them a place where they’re comfortable and a place to belong. And, it’s very likely new members are going to know someone in the club because they met them at a 4-H event in high school,” Taylor said. “Our group recently finished a sock drive and they collected 1,361 pairs of new socks that were donated to shelters in Payne County.”

Another great thing about Collegiate 4-H is it allows former members to continue developing their leadership skills. Taylor said former 4-H’er Austin Rankin started a Collegiate 4-H Club at Northwestern Oklahoma State University in Alva this year.

“Collegiate 4-H really is a natural progression of the Oklahoma 4-H Youth Development Program,” she said.

Rumbaugh said she encourages anyone to become involved in Collegiate 4-H.

“Last year we hosted several clubs from across the country for our National Collegiate 4-H Conference,” she said. “I really encourage high school seniors to join because of the wonderful community service projects we get to do throughout the year, while also being highly involved on campus.”

More information about OSU Collegiate 4-H is available [here](#) or contact Sallee at 405-744-8885. Be sure to check out [Collegiate 4-H on Facebook](#).



## POINSETTIA FACTS:

- Poinsettias are not poisonous. A study at Ohio state showed that a 50lb child would have to eat more than 500 leaves to have any harmful effect. Leaves can cause vomiting and diarrhea in animals though.
- Have also been called the lobster flower and the flame-leaf flower, due too red color.
- They come in colors like the traditional red, white, pink, burgundy, marbled and speckled.
- In Mexico the poinsettia is a perennial shrub that will grow 10-15 feet tall.

For info on how to care for poinsettias check out the OSU Fact Sheet "Poinsettia Care"

BROUGHT TO BY OUR LOCAL JUNIOR MASTER GARDENING CLUB.



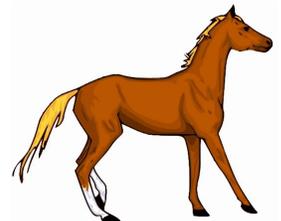
### 4-H Horse Project Update

1. State and District Horse Show Rulebook is available online.
2. The Horse Topic Communication Contest will take place February 6th at Totusek Arena. Entries must be received by January 22nd, for all contests, including photography contest.
3. The state horse judging contest will take place on April 17th at Totusek Arena.
4. State Horse Show will be held July 15-17 in Grady County.
5. Equine Field Day will be held February 5th at Connors State College.

Registration \$25 Due Jan. 29. Includes t-shirt, lunch, and workbook

6. Tulsa Co. 4-H Horse Club-Horsemanship Clinic March 6th. Registration due Feb. 9th

**OCHC—is Planning to start meeting this Spring. Please be on the lookout for updates!**

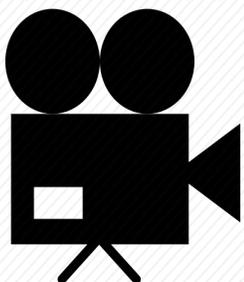


### COUNTY MEETINGS COMING UP!

**ANIMAL SCIENCE CLUB: JANUARY 19TH @ 4PM ON ZOOM**

**JUNIOR MASTER GARDENING CLUB: FEBRUARY 1ST @ 4PM ON ZOOM**

**TO ATTEND THESE MEETINGS PLEASE MESSAGE OR CALL OUR OFFICE FOR THE MEETING LINK**



Ottawa County 4-H is looking for local members who would be interested in creating a video focused on one of the many projects or activities related to 4-H. The video will be added to other videos on our YouTube channel and shared to our County Extension Facebook page. If you would like to participate or have already created a video contact our office.

## New Year's Wish Pillow

This fun craft activity is a great way to set goals for the New Year to help inspire you to achieve your wishes and dreams.

Grades: 3-8

Top: Crafting, Mindfulness

Estimated Time: 30 Minutes

Courtesy of the Ponysitters Club



Before you start, you might be asking yourself, “Why stuff a pillow with goals?” Good question! New Years is an ideal time to think about goals because they motivate you both in the short term and for the long term. The act of writing them down is like mapping out a better future. Plus when you get specific, you can measure (and celebrate) your success as you go.

To find the step by step instructions visit: [4-h.org](http://4-h.org)

## Cheesy Broccoli and Ranch Smashed Potatoes

### Supplies:

Scrubber

Measuring cup & spoon

Large Microwave-safe dish with lid

Towel or oven-safe gloves

Potato masher

Mixing Spoon

Microwave

3 medium Potatoes

1 1/2 cups frozen broccoli florets

3/4 cup of low fat ranch dressing

3/4 cup low-fat milk

Salt and pepper to taste

optional: extra cheese for topping

### Activity Steps:

1. Wash your hands and clean your cooking area

2. Scrub the potatoes

3. Place the whole potatoes in a large microwave-safe dish

4. Add the frozen broccoli on top

5. Completely cover the bowl with a microwave-safe lid

6. Microwave on high for 12 min, or until the potatoes are tender.

7. Use a towel or oven-safe gloves to carefully take off the lid and remove the dish from the microwave

8. Use a potato masher to break up the potatoes and broccoli.

9. Stir in the cheese, ranch dressing, and milk

10. Taste the dish and then add salt and pepper as needed

11. As an option, you can sprinkle cheese on top of the potato mixture