

Ottawa County 4-H Newsletter

Ottawa County Extension Office

Address: 123 E Central Ave Ste. 101, Miami, OK
74354

Phone: 918-542-1688

Email:

Educators

- Kathy Enyart, kathy.enyart@okstate.edu
- Reba Palmer, reba.palmer@okstate.edu
- Jamie Foster, jamie.foster@okstate.edu

Program Assistant

- Spirit Cox, spirit.cox@okstate.edu

Administrative Support Specialist

- Donna Richard, donna.richard@okstate.edu

Website:

<https://extension.okstate.edu/county/ottawa/>

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In this Issue

- Community Service Projects
- Ottawa County 4-H Volunteers
- Information on 4-H Enrollment
- Ottawa Co. 4-H Day Camps
- Mental Health Awareness
- FRTEP/School Enrichment
- Ottawa County Fair Info
- Dog Show Practice
- Tulsa State Fair Nomination Kits
- Upcoming Events & Deadlines

Community Service Projects

- **State Service Projects:**
 - Change for Change- all changes raised are donated to the Children's Hospital in OKC.
 - Pop Tabs- tabs are collected and donated to the Ronald McDonald House.
- **County Service Projects:**
 - Hygiene Kits- items donated to local schools.
 - Birthday Boxes- donated to the Salvation Army & Community Crisis Center
 - Riverview Park Clean Up
- **Eastern Shawnee Tribe Cultural Camp:**
 - July 30 – August 1
 - 8:30 AM – 4 PM
 - Ages 16+ needed for camp counselors.
 - More info contact Jamie.

Ottawa County 4-H Volunteers

4-H volunteers are the backbone to our county 4-H program. We are fortunate to have dedicated adult volunteers in our program who help with various events. Our office is fully staffed with 3 educators, a program assistant, an administrative support specialist, and a nutrition education assistant. With the multiple programs that our office covers, we are so lucky to have the volunteers who help our 4-H clubs be what they are. Our current volunteers are Kathy Brock, Alisha Gaines, Sarah Bowen, Jamie Foster, Spirit Cox, Mindy & Jake Wise, TJ Brewster, Dakota Riley, Erica Lewis, Heather Knepp, & Lisa McCarty.

Leading club meetings, chaperoning events, hosting day camps, and handling 4-H concessions, these volunteers are teaching our youth how "TO MAKE THE BEST BETTER!"

Please, when you see them over the next few months, give them a THANK YOU.

Information on 4-H Enrollment

Ottawa County 4-H Enrollment is open until June 15th, 2025!

Enroll online at 4h.zsuite.org

Ottawa County 4-H Day Camps

- 4-H Day Camp
 - 4-H Members (8 & in 3rd grade). Must have ACTIVE enrollment.
 - Hands-on activities, making entries for the Pecan Food Show & County Fair.
 - June 4, June 18, July 2
 - Sign up 1 week before each day camp.
 - Must bring lunch and drink.
- Cloverbud Day Camp
 - 4-H Cloverbuds ages 5-8.
 - July 16th. Sign up 1 week before.
 - Must have ACTIVE enrollment to attend.
 - *Older members needed to assist.
 - Must bring lunch and drink.

Mental Health Message

The word failure is not one that we like to have as part of our vocabulary. Not doing something well can cause us to feel vulnerable, embarrassed, not good enough, or dumb. So much so that sometimes we avoid trying new things because we are afraid we will fail. Fearing failure can hold us back in life and cause us to miss out.

How to boldly climb Fear Mountain:

- Remind yourself that trying something new means you are brave. Brave people push themselves without a guaranteed outcome. It is okay to be afraid. We can be afraid and still try new things.
- Reframe how you think about “failure” and don’t judge yourself so harshly.
- Ask yourself what you learned along the way? Did you overcome something or get better at something you wouldn’t have without trying? These are signs of progress not failure!
- Remember that trying is how we learn. No one is born knowing how to do everything. We had to try and make mistakes to make any progress in our lives. You are learning not failing.
- Lean on a supportive mentor to help you adjust and guide you as you try something new. Trying new things helps us discover our passion and learn more about ourselves. Tell us some successful times you have overcome fear and tried something new!

Ottawa County 4-H FRTEP: Federally Recognized Tribal Education Program

Have you looked up the new categories and classes that are available in the Ottawa County Fair Book? All entries must be pre-entered by July 28. Proof of Tribal status is required for these classes. Please let the Extension Office know if you need assistance with entering.

New Classes Added!

- Department 11: Open Class Fine Arts Section 1- Native American Arts
- Department 11: Open Class Fine Arts Section 6- Native American Family Heritage
- Department 12: Open Class Household Arts Section 8-Native American Clothing

Ottawa County Fair Information

- If you need assistance with pre-entry please contact the Extension Office to set up a time to get your items entered.
- Fair books are available in the Extension Office or on the website.
- Pre Entry open May 15th – July 28th for Indoor Exhibits, Dog Show, Tractor Driving, Horse Show, Poultry & Rabbits.
- Fair Check In/Weigh In Times for animals
 - Sunday, August 3rd or Monday, August 4th
 - Poultry & Rabbits 4-8 PM
 - Monday, August 4th
 - All Swine In Place: 8:30 PM
 - Weigh In 9 PM
 - Tuesday, August 5th
 - All Other Livestock In Place: 8:00 AM
 - Weigh In 8:30 AM
 - Wednesday, August 6th
 - Dairy Goats & Cows
 - IN MILK in place: Noon
- Indoor Exhibit Check-In, Exhibition Building

- Saturday, August 2nd, 9 AM – 1 PM
- Monday, August 4th, 7-9 AM
- Please allow enough time to get your items checked in, this includes adding the entry tags. ALL INDOOR EXHIBIT BOOKS WILL CLOSE AT 9 AM Monday, August 4, NO LATE ENTRIES ACCEPTED.

County Fair Dog Show Exhibitors

Practice is held Tuesdays at 6 PM Miami Fairgrounds.

*Must attend 3 to be eligible to enter in the County Fair Dog Show.

2025 Tulsa State Fair Nomination Kits

Online purchase only

Starting June 1st.

Nominations entered online & postmarked by July 7th.

If you need assistance let Jamie or Reba know! 918-542-1688

Upcoming Events & Deadlines

June 4 - Pecan Food Show-Day Camp

June 11-13 - NED Contest Days

June 18 -Day Camp

July 2 - Day Camp

July 9 - Day Camp

July 16 - CloverBud Day Camp

July 18 – County Record Books, Point Sheets, County Officer Applications Due

July 23-25 - Oklahoma 4-H State Round Up

July 28 – FairEntry closes for all indoor and other contests.

Kathy Enyart, CED, FCS/4-H Youth Development Educator

Reba Palmer, AG/4-H Youth Development Educator

Jamie Foster, FRTEP FCS/4-H Youth Development Educator

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