



Ottawa County 4-H News

JR 4-H Member Shares her Heart with ReaLove

Rylie Oakley is a JR 4-H member from the Fairland 4-H Club. She has selected her Community Service Project for this year. It will be for ReaLove Inc. in Miami, OK. ReaLove is a Boutique in Miami, Oklahoma that supports foster families, and kinship families who are raising children in their most urgent time of need. "Families get to come in and shop for free!" says Oakley. Rylie is asking all 4-H members to assist with this project. Items can be dropped off at the OSU Ottawa County Extension Office or Riley has set up an Amazon wish list that items can be sent to her and she will donate them for you! "This is going to be a great event that will help an amazing nonprofit organization!" The deadline for donations is March 7th.

We will be seeking donations for the following items that they have requested.

- New or Gently used School Age Shoes (All Sizes-Girls, Boys, Men's & Women's)
- New or Gently Used Socks (All Sizes Kids-Boys & Girls, Men's & Women's)
- New Underwear (Kids-Boys & Girls, 2T & Up, Men's Small - XL, Women's Size 5(XS) - 9(2XL))
- New or Gently Used PJ's (All Sizes Boys & Girls Size 2T - Men's & Women's Size Adult XL)
- New Baby Bottles/Sippy Cups (Any Brands/Colors)
- Nice Gently Used or Brand New Warm Winter Coats (Boys-Girls-Men's-Women's)

Follow the link below to see the wish list.

[Amazon Wish List](#)

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Notes from Ottawa County 4-H President

4-H members,
Thank you for everyone that has been sharing our Hygiene Kit and Birthday Box service projects. So far we have donated 4 birthday boxes! I would like to invite any person in grades 7th-12th to attend our Teen Council Meetings. Our next meeting is February 18 with a chili bar. Make sure to RSVP to the meeting email. If you haven't re-enrolled do so now! You don't want to miss out on the activities we have coming up.

Ottawa County 4-H President
Gracie Smith-Wyandotte 4-H

Teen Council Meeting

February 18
6:30PM

OSU Extension Office

Community Service Projects

State Service Projects:

Change for Change-all change raised is donated to the Children's Hospital in OKC.

Pop Tabs-tabs are collected and donated to the Ronald McDonald House.

County Service Projects:

Hygiene Kits-items donated to local schools.

Birthday Boxes-donated to the Salvation Army & Community Crisis Center

Riverview Park Clean Up

ReaLove Inc. Donation Drive



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- OCHC Ottawa County 4H Horse Club
- Ottawa County 4 H Shooting Sports
- Oklahoma
- Ottawa County OHCE

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Ottawa County 4-H Enrollment is open until June 15th, 2025!

County 4-H & Cloverbud Club Meetings

Afton Club

2nd Thursday of each month, Sept.-May.
After school-4:30 PM,
Afton Middle School Science Room.
Lead by Sarah Bowen and Alisha Gaines.

Commerce Club

Need a Club Leader! Call for more info.
Welcome to attend Miami or Quapaw Club meetings.

Fairland Club

2nd Tuesday of each month, Sept-May.
After school-5:30 pm, Fairland First Christian Church.
Lead by Kathy Brock, Mindy Wise, and Heather Knepp.

Miami Club

3rd Tuesday of each month, Sept-May.
5:00-6:30 pm, Extension Office.
Lead by Jamie Foster.

Quapaw Club

Watch Facebook for Dates, Sept-May.
4:00-6:00 PM, Quapaw AG Building
Lead by Dakota Riley and Brandi Harris.

Wyandotte Club

2nd Wednesday of each month, Sept-May.
After school-5:30 pm, Wyandotte Schools Commons Area.
Lead by Kathy Brock.

Check with the office for project club meetings and practice times. Shooting Sports, OCHC, Teen Council & Dog Club.

4-H Enrollment 4h.zsuite.org

All 4-H enrollments are processed online through Z Suite. Families will need to create a family profile first, then sign up each youth for their individual enrollment. The annual enrollment cost is \$20 per youth. If the enrollment fee is a financial challenge for your family, please reach out to inquire about our scholarships and assistance forms.

It is important to note that in order to compete as a 4-H member in County, District, and State events—including the County Fair, Tulsa State Fair, and Oklahoma Youth Expo—4-H members must have active enrollment. If you are unsure whether your child is listed as an active member, please contact the office to confirm.

OYE Entries

OYE Entries are due online by **FEBRUARY 21**. Entries must be completed by your FFA Advisor or an Extension Educator. Please make arrangements to complete your entries before the deadline.

ENTRY FEE MONEY FOR THE 2025 OKLAHOMA YOUTH EXPO MUST BE POSTMARKED BY FEBRUARY 28, 2025 AND MAILED TO THE OYE OFFICE No personal checks accepted.

Ottawa County 4-H FRTEP: Federally Recognized Tribal Extension Program

Classroom Enrichment

We offer a variety of classroom enrichment programs that can be taught by our staff or provided for teachers to use on their own. These programs can be tailored to daycare centers, elementary schools, middle schools, and high schools, with lesson lengths ranging from 30 minutes to 6-8 weeks. If you're looking for engaging activities or curriculum, please reach out, and we'll be happy to assist! If you have specific topics in mind or need help creating custom lessons for your group, don't hesitate to get in touch!

Some examples of topics we can offer include:

- STEM Education:** Hands-on science, technology, engineering, and math activities.
- Healthy Living:** Lessons on nutrition, physical activity, and making healthy lifestyle choices.
- Leadership Development:** Skills-building activities to help students develop leadership and teamwork abilities.
- Agriculture & Gardening:** Teaching about plants, animals, and sustainable farming practices.
- Financial Literacy:** Fun lessons about money management, budgeting, and saving.
- Civic Engagement:** Lessons on community service, citizenship, and social responsibility.
- Animal Science:** Understanding animals, their care, and their role in our world.



Reserve your chick embryology unit now for March & April.

OCHC-Rachel Wright Memorial Horse Show

The Ottawa County 4-H Horse Club (OCHC) is seeking sponsors for the Rachel Wright Memorial Horse Show scheduled for March 15. Follow the event on Facebook for updates and how to enter. Show shirts can be ordered by anyone for \$20.

4-H members are needed to assist with the concession stand and other volunteer opportunities during the show. Contact spirit.cox@okstate.edu with questions!



State 4-H Ambassador Applications

For 30 years, outstanding 4-H members have been serving as State 4-H Ambassadors. Once again, the Oklahoma State 4-H Ambassador program is looking for self-motivated, enthusiastic youth leaders to promote the 4-H organization using the skills, knowledge and leadership abilities acquired in 4-H. Any youth currently active in Oklahoma 4-H who is 13 years of age or older by March 15th, 2025 and still has at least one year of high school remaining is eligible to apply. Once selected a State 4-H Ambassador, one may remain an Ambassador through the end of their 4-H career in accordance with the Oklahoma 4-H Rules and Guidelines.

Applications are due by **MARCH 15**. Please let the Extension Office know if you want to apply.

Healthy Relationships

Relationships are a cornerstone of mental health; both friendships and romantic relationships. A healthy connection should add to your life, not complicate it. You should feel supported, respected, and free to be yourself. Here are some green flags to look for:

- They encourage you to do the things you love and stay focused on your goals
- You can express differences without worrying they will be angry or will make fun of you
- You speak respectfully to one another (no yelling or name calling)
- You feel better about yourself after seeing them
- They don't pressure you to do something that makes you uncomfortable

If you ever have doubts or concerns about the health of a relationship, talk to a trusted adult or mentor. What are the green flags you look for?

Upcoming Events & Deadlines

- Feb 8 – Envirothon Teaching Workshop
- Feb 14 - OCHC & RWMHS T-Shirts Orders Due**
- Feb 17 – YQCA Scholarship Due**
- Feb 21 – OYE Entries Due
- Feb 28-Mar 2 – Innovate Leadership Summit
- Mar 7 - OCHC Banquet
- Mar 11-21 - OYE
- Mar 12-16 – IGNITE Conference
- Mar 15 - Rachel Wright Memorial Horse Show
- Mar 15 – State 4-H Ambassador Applications Due**
- Mar 17 – Reg. Due for Level 1 Coach Cert. Training**
- Mar 28 – First Draft State Book Due!**
- Mar 29-30 – Level 1 Coach Cert. Training



Future Events

- Apr 5 – 4-H Rising Leaders
- Apr 9 – OSU Honor's College Envirothon
- Apr 10 – Reg. Deadline for 4-H Outdoor Adventure**
- Apr 11 - Second Draft State Book Due!**
- Apr 11-16 – National 4-H Conference
- Apr 18 – State 4-H Horse Judging
- Apr 23 - 4-H Day at the Capitol
- Apr 24 – Final Draft State Book Due**
- Apr 26 – State 4-H Meat, Land, & Livestock Judging Contests
- Apr 29-May 1 – National Land and Range Contest
- May 2 – Entries due for OK 4-H Public Speaking Contest**
- May 17 – Oklahoma 4-H Public Speaking Contest
- May 30-31 – Northeast District Horse Show

Kathy Enyart, CED, FCS/4-H Youth Development Educator
Reba Palmer, AG/4-H Youth Development Educator
Jamie Foster, FRTEP FCS/4-H Youth Development Educator

State 4-H Record Books

Now is the time to start planning your State 4-H Record Book. Any 4-H member that is in 8th-12th grade can complete and submit a State 4-H Record Book. Many scholarships and awards are only available through this process.

State Record Book help after school during February & March. Check on times and dates available. ✓

Let us know if you are planning to complete a book. We must have the final copy by April 24.

We are here to help you! Contact Jamie if you are interested or want more information.
jamie.foster@okstate.edu