



**OKLAHOMA COUNTY  
EXTENSION**

## **REPORT TO THE PUBLIC June 2024**

### **OHCE HOSTS JUNETEENTH QUILT SHOW**

**To honor the Juneteenth holiday, the Scissor Tales Quilt Guild OHCE (Oklahoma Home and Community Education) group organized and hosted a quilt exhibit.**

**The show featured over 70 quilts, including underground railroad and post-civil war quilts. Several hundred people attended the two-day event, which also included a quilt raffle, door prizes, and the sale of quilt pattern books. Members from five other county OHCE groups and 4-H youth also assisted in hosting the exhibit.**





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**Squeeze  
Every  
Drop.com**  


## **Sustainable Urban Landscape Conference**

**On Tuesday, June 25, Julia Laughlin partnered with Oklahoma City Beautiful, Oklahoma Conservation Commission and the OKC Squeeze Every Drop campaign to present a one-day conference called the “Sustainable Urban Landscape Conference.” The conference was held at the OSU Oklahoma County Extension Conference Center and included lectures on soil building, water conservation in the landscape, proper mulching techniques, sustainable lawn care, native and drought tolerant plants, and native grass lawn establishment.**

**The conference was well attended with over 130 professionals and homeowners. There were also 9 vendors from local non-profits, nurseries, and government agencies with booths.**





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**Savannah Mackey, OSU Extension summer dietetic intern, hosted a cooking demonstration at the Eastside Fresh Market.**

**The recipe made was a high-fiber bean salad, using produce straight from the farmers market. Along with the cooking demonstration, educational handouts were provided to share information about the many benefits of fiber.**

**The purpose of the demonstration was to share nutrition education and a healthy recipe made with accessible ingredients.**





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## **Yoga for Kids at SPARK**

**Taylor Conner, Family & Consumer Sciences Educator, led a four-week Yoga for Kids program at the Urban Mission's Summer SPARK (Support Program of Arts and Reading for Kids) program.**

**Held once a week, these engaging classes introduced children to the benefits of yoga through a combination of poses, breathing techniques, and playful yoga games.**

**The sessions were designed to be both fun and educational, helping the kids develop physical strength, flexibility, and relaxation skills.**





OSU EXTENSION  
**OKLAHOMA COUNTY**  
**4-H YOUTH DEVELOPMENT**



## Latino Agency STEM Day Camps

**OSU Extension partnered with the Latino Agency to provide STEM Day camps. It allowed young minds to explore the wonders of science, technology, engineering, and mathematics.**

**The week long camp aimed to foster curiosity and innovation with hands-on experiments, interactive workshops, and guest speakers from the STEM field. Highlights included building and launching model helicopters, coding basic programs, and learning about lego robotics.**

**The collaboration with the Latino Agency was instrumental in reaching a diverse group of youth and promoting STEM education within the community.**



## Junior 4-H Camp

**The Junior 4-H Annual Camp was held at Cedar Hills Baptist Campground. The camp brought together a vibrant group of young 4-H'ers for a week of adventure, learning, and camaraderie. Activities ranged from traditional campfires and hiking to more specialized workshops in leadership and environmental stewardship. The camp also featured team-building exercises, arts and crafts, and a talent show.**

**Seven counties came together to expand the reach and impact of the camp which also strengthen the bond between these counties.**





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## *Extension Staff:*

LaDonna Hines - Extension Director

Lisa Hamblin - Family & Consumer  
Sciences Educator

Taylor Conner - Family & Consumer  
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Julia Laughlin - Horticulture Educator

Cody Yount - 4-H Educator

Mindy Aragon - 4-H Educator

Lori Goodbary - CNEP Area  
Coordinator

Danyelle Kuss, 4-H Youth Mental  
Health Educator

Aleshia Maldonado, Strong Dads  
Educator

Kenny Garcia-Taveras, Strong Dads  
Educator

OSU Extension provides research-based resources you can use to improve your home, workplace, and community. We offer programs and services that are specifically designed to solve the problems that county residents face.

Please check out our website for the calendar of events <https://calendar.okstate.edu/oces/> to learn of new workshops or programs being offered.

You can follow us on Facebook for a glimpse into how your Oklahoma County Extension Educators and staff are serving you and the community.

Be sure to check out Oklahoma County OSU Extension's monthly podcast "The Urban Gardener" with Julia Laughlin, Horticulture Educator, and Lili LeClaire and Andrew Fleet, Program Assistants.



## *Contact Us:*



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