



**OKLAHOMA COUNTY
EXTENSION**

REPORT TO THE PUBLIC December 2022

Eastside Fresh Market holds Vendor Listening & Appreciation Dinner

OSU Extension held an appreciation dinner for the Eastside Fresh Market vendors. This event was to recognize the vendors for participating in the first year of the market along with thanking them for being a part of the first market season. We had 9 vendors along with their guest who attended.

During the dinner, it gave us time to ask questions to the vendors on things they enjoyed about the market and ways we can improve next year. Everyone was very thankful for the opportunity to be a part of the market and all said they will be back next year for Season 2.

We are planning on opening Season 2 of the Eastside Fresh Market, Tuesday, April 18th, 2023!





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Water Conservation Tips Given at Local Nursery

Julia Laughlin, Horticulture Educator, and Joshua Campbell, Urban Agriculture Natural Resources Educator, manned a water conservation booth at Precure Nursery during their annual Holiday Sale. Facts sheets were offered, rain gauges and the OSU Extension hand brochure “Water-Efficient Landscapes for Oklahoma”. The booth was held for four hours inside the nursery where they spoke to customers who were shopping for poinsettias and other items.

**Squeeze
Every
Drop.com**



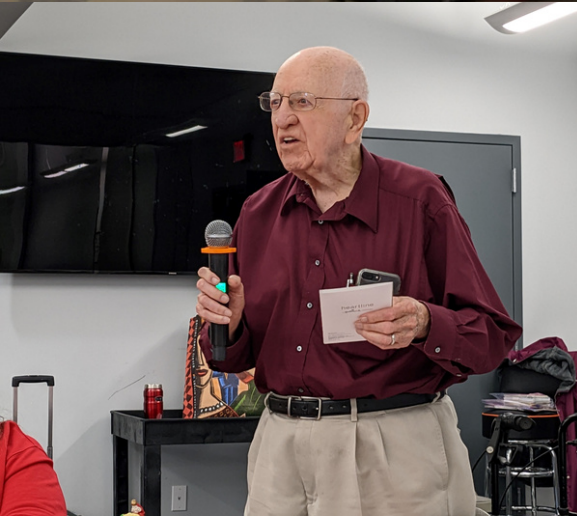


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Stockings Donation Highlights OHCE Luncheon

The OHCE (Oklahoma Home and Community Education) Holiday Luncheon was held recently, which included the donation of 626 homemade stockings to two charitable organizations.

Deputy Tara Hardin of the Oklahoma County Sheriff's Department accepted stockings on behalf of the Grandparents Raising Grandchildren program, and Nigel Moore received stockings for the Mental Health Association's Lottie House and crisis center clients. This event brings together OHCE members representing local communities such as Bethany, Edmond, Choctaw, Midwest City, Harrah, and Oklahoma City. County officer installation and a visit from Santa were also highlights of the annual event.





COMMUNITY NUTRITION EDUCATION PROGRAMS

CNEP a service of OSU Extension, educates and empowers low-income individuals, families, pregnant teens and school-age youth to improve nutrition and physical activity behaviors.

Employment, partnership and program opportunities are available with CNEP

Holiday Baskets 2022



Derrill and his family received a CNEP Holiday Basket

The Annual CNEP Holiday Baskets were gathered and distributed to a total of five families. These families participated and completed the program during 2022. These families invest time and energy to attend both adult and youth classes in most cases. Wishing all of participants in 2022 a Healthy and Happy 2023.



Nutrition Education Assistants working hard to provide Holiday Basket for families.



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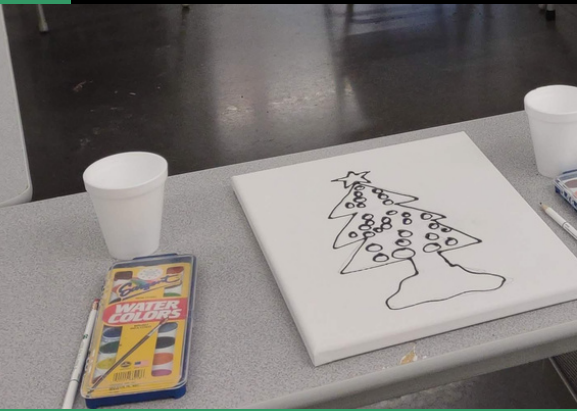
**OKLAHOMA COUNTY
4-H YOUTH DEVELOPMENT**

Financial Literacy

Over the past several months, 4-H Youth Development Educator, Mindy McNeil, has been teaching a financial literacy curriculum called "My Financial Future" to students at Harrah High School. This program reached students enrolled in the alternative education program who are either in the workforce or getting ready to enter the workforce. High School students in Oklahoma are required to take a financial literacy course but most are only offered online. This six week program prepares students for consumer decision making in the future by setting SMART goals, researching banking products, learning about interest, loans, credit cards, saving and more.

Parents Day Out

This December, Oklahoma County 4-H teens and volunteers decided to hold a workshop aimed to help out parents. OK County teens planned and implemented an afternoon's worth of holiday themed workshops and activities for children. Participants had a ton of fun decorating cookies, building gingerbread houses, and painting trees! The event was a big success, benefitting parents that needed to do a little holiday shopping without their children, and served as a fundraising opportunity for continued programming.





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Julia Laughlin - Horticulture Educator

Josh Campbell - Urban Agriculture
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Mindy McNeil - 4-H Educator

Rachel Morse - 4-H Youth Mental
Health Multi-County Educator

Lori Goodbary - CNEP Area
Coordinator

OSU Extension provides research-based resources you can use to improve your home, workplace and community. We offer programs and services that are specifically designed to solve the problems that county residents face. Please check out our website for the calendar of events <https://calendar.okstate.edu/oces/> to learn of new workshops or programs being offered.

You can follow us on Facebook for a glimpse into how your Oklahoma County Extension Educators and staff are serving you and the community.

Contact Us:



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