



#### **REPORT TO THE PUBLIC JUNE 2020**









# Oklahoma County OSU Extension Partners with Bethel Foundation for Educational Fun at Kids Rock Camp!

For the past 15 years, the Oklahoma County OSU Extension Service has partnered with the Bethel Foundation to provide a fun, educational experience to Oklahoma City youth at the annual Kids Rock Camp. This year, the kids got hands-on learning through workshops in hand washing, table etiquette, water conservation, kitchen safety, and the MyPlate nutrition guide. Taylor Conner - Oklahoma County Family & Consumer Sciences Educator, Diana Sansing - Oklahoma County Program Assistant, and Della Pickens - Nutrition Education Assistant provided their knowledge to teach the kids about each of these topics.

Each day after the lesson, LaDonna Hines - Oklahoma County OSU Extension Director, along with Keiran Faulkner - Oklahoma County Summer Intern, guided the kids through a self-made lunch and dessert experience. They gathered in groups to prepare their own lunch for the day. At the end of the week, they each received a cookbook filled with the recipes they used and more to take home and continue to cook there!







## OKLAHOMA COUNTY EXTENSION



#### **History of Depression Glass**

"A History of Depression Glass" workshop was recently held via Zoom in partnership with Kiamichi Technology Center. Family and Consumer Sciences Educator, Lisa Hamblin, presented the virtual course to 100 people from Oklahoma, Texas, and as far away as Virginia and Maryland. Participants learned the difference between Carnival Glass and Depression Glass, how to identify pieces, and the keys to understanding value.





#### **Get Cooking: Freezer Meals**

Taylor Conner, Registered Dietitian and Family & Consumer Sciences Educator, led the virtual program Get Cooking: Freezer Meals on Tuesday, June 16th. This program, hosted as a part of the Metropolitan Library System, was an hour packed-full of information on how to create healthy and organized freezer meal plans. A total of 38 people attended the event and were provided a seven-day freezer meal plan to get started. They were also given templates so they can create their own plans. Taylor concluded the event with a demonstration of a Taco Soup recipe and how to assemble and properly store to maximize quality and taste. As part of the series, there will be a July virtual event called Get Cooking: Quick & Easy Smoothies.



#### **OSU EXTENSION**

#### **MASTER GARDENERS**









# Oklahoma County Master Gardeners are Back to Work in the Call Center & at Local Gardens

Beginning in June, the 40 plus interns of the 2019 class of Master Gardeners were able to start volunteering at our partner sites and in the "Ray's Place" Call Center located at the Oklahoma County OSU Extension Center. While in the call center they answer all kinds of gardening, lawn and landscape questions.

Our partner gardening sites include OSU-OKC, Will Rogers's Gardens, the OKC Zoo and our interns also volunteer in the teaching gardens here on our grounds. Interns work their required hours in these gardens and the call center to certify as Master Gardeners and then continue to serve our county residents with their horticulture needs.

Pictured are volunteers in the Butterfly Garden at the Zoo.





### **EXTENSION**









#### Irrigation Checkup Training for City of Edmond Employees

On June 5th, Joshua Campbell, Urban Agriculture and Natural Resources Educator, provided a full-day training for City of Edmond Utilities Customer Service employees. The training provided detailed classroom and hands-on irrigation system education to help employees better understand how to assist Edmond residents with questions related to landscape water use.

### Landscape Design for Water Conservation

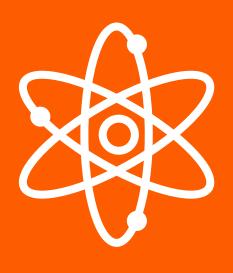
On June 26th, Extension Educator Joshua Campbell for Water Conservation held Landscape Design workshop. The workshop provided practical tips for planning and designing landscapes that require less water and maintenance yet are able to look beautiful in Oklahoma conditions. Participants learned about selecting good plants, improving soil, and other subjects related to designing landscapes that utilize less water. This event was a hybrid event that offered both in-person and online registration. The in-person registration was capped at 40 to allow appropriate social distancing and all participants were provided face masks. In addition to the in-person audience, the event was made available via zoom for participants who were unable to attend in-person. Drip irrigation equipment was given away as a prize drawing for inperson participants



## OSU EXTENSION OKLAHOMA COUNTY 4-H YOUTH DEVELOPMENT







# 4-H Provides Virtual Opportunities to Keep Members Engaged

This summer, 4-H Camp was held virtually via ZOOM. Between Oklahoma, Canadian and Noble Counties, we had an average of 30 kids each day. Unlike camp in the past where we leave for four days and stay overnight, everyone logged in from home for a couple hours of teen led workshops three days in a row. Each 4-H'er made several crafts, treats, and musical instruments. We completed each day with a mini online concert and a decade themed music quiz.

The Oklahoma 4-H Virtual Clovers Facebook page has been giving 4-H'ers the opportunity to learn new activities and projects while stuck indoors. It features short videos of educators and 4-H members from across the state doing the projects they love. This page focuses on Expressive Arts, Health, STEM, Agriculture, and much more. These video activities are intended for youth (and parents) at home. "It's a great way to get involved with the 4-H community at home!" says Madison Stephens, Oklahoma 4-H President.

### YouTube











Click the photo to take you to the corresponding video on our YouTube channel.

# Oklahoma County OSU Extension



Uploads



Problems in Squash Plants: Poor Pollination 3 views · 3 days ago



Plant It Earth Youth Day-Camp 2020 6 views · 1 week ago



Moving Houseplants Outdoors for the Summer 9 views · 1 week ago



Simple Control Methods for Squash Bugs in Your Summer Garden

372 views · 2 weeks ago

Oklahoma County OSU Extension continues to fulfill its mission of serving Oklahoma County with research-based information and services to help Oklahoma County residents improve their lives. One of the ways we have continued this during the pandemic is by providing timely, research-based educational media content for Oklahoma County residents through regular television appearances, YouTube and social media content.

Our educators have weekly television spots highlighting gardening and parenting topics on Fox 25's Living Oklahoma show and in March, we launched our own YouTube channel to better serve Oklahoma County residents. Regular video content is being created for our new YouTube channel. Many of these videos have been shared via social media through our Facebook, Twitter and Instagram platforms as well.

Subscribe to our channel and check our videos using the link below!

https://www.youtube.com/channel/UCB9BldNoz0SA3wh 0HfZAm2g?view as=subscriber





#### Extension Staff:

LaDonna Hines - Extension Director

Lisa Hamblin - Family & Consumer Sciences Educator

Taylor Conner - Family & Consumer Sciences Educator

Julia Laughlin - Horticulture Educator

Josh Campbell - Urban Agriculture & Natural Resources Educator

Cody Yount - 4-H Educator

Mindy McNeil - 4-H Educator

Christi Evans - CNEP Area Coordinator

### What's Coming Next:

OSU Extension will be offering summer youth workshops in July. Also a few adult programs will be held in July.

Please check out our new website for our calendar of events https://calendar.okstate.edu/oces/.

We continue to take calls and answer questions daily. Please follow us on Facebook for a glimpse into how your Oklahoma County Extension Educators and Staff are continuing to serve you and our communities.





405-713-1125



@OKCountyExt



2500 NE 63rd Street Oklahoma City, OK 73111



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