

# Staff

**Extension Director**  
LaDonna Hines

**Extension Educators**  
Joshua Campbell  
Taylor Conner  
Christi Evans  
Lisa Hamblin  
Julia Laughlin  
Mindy McNeil  
Cody Yount  
Fabiana Males

**Support Staff**  
Janet Birchall  
Susan Davis  
Diana Sansing  
Julie Soulsby

**Nutrition Assistants**  
Donna Albright  
Kelly Horst  
Lou McCullough  
Della Pickens  
Cassandra Saldivar

## Program Areas

4-H Youth Development  
Horticulture  
Master Gardeners  
Jr. Master Gardeners  
Urban Agriculture & Natural Resources  
Master Composters  
Family & Consumer Sciences  
Master Wellness  
Oklahoma Home & Community Education  
Community Nutrition  
Education Program

## Urban Agriculture & Natural Resources



Joshua Campbell, Urban Agriculture and Natural Resources Educator, provided many programs this past year. Program topics included composting, vegetable gardening, lawn care, pond management, irrigation systems, water conservation, backyard chickens, erosion control, and much more.

Joshua is also considered an expert in water resource conservation and is regularly invited to speak at state and regional conferences. One of the workshops he facilitated last year was "Water In Our World". This program covered water-related topics such as septic system management, irrigation system repairs and management, plant selection for low water-use landscaping, money saving tips for lawn and landscaping, among other topics.

In 2019, 20 students completed the first annual Master Composter training program and will be assisting the Oklahoma County OSU Extension Office with public outreach, education and volunteerism related to composting, recycling and solid waste management.



The program was a 6-week training that consisted of 5 weeks of classroom and hands-on learning activities, along with a field trip. Based on the results of the pre/post surveys, there was a 42% increase in the percentage of participants composting after the course. 100% of participants reported an increase in knowledge of solid waste, recycling, and composting issues along with increased confidence in their ability to teach others about solid waste, recycling, and composting issues.



Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, and Title IX of the Education Amendments of 1972 (Higher Education Act), the Americans with Disabilities Act of 1990, and other federal and state laws and regulations, does not discriminate on the basis of race, color, national origin, genetic information, sex, age, sexual orientation, gender identity, religion, disability, or status as a veteran, in any of its policies, practices or procedures. This provision includes, but is not limited to admissions, employment, financial aid, and educational services. The Director of Equal Opportunity, 408 Whitehurst, OSU, Stillwater, OK 74078-1035; Phone 405-744-5371; email: [eeo@okstate.edu](mailto:eeo@okstate.edu) has been designated to handle inquiries regarding non-discrimination policies: Any person (student, faculty, or staff) who believes that discriminatory practices have been engaged in based on gender may discuss his or her concerns and file informal or formal complaints of possible violations of Title IX with OSU's Title IX Coordinator 405-744-9154.



OKLAHOMA COUNTY  
EXTENSION

## OSU Extension Impact Report 2019



## 2019 Outreach

Attendance at  
Educational  
Programs:

35,237

Individual  
Consultations:

32,897

Media  
Reached:

12,701,931

Volunteers  
Involved:

528

Volunteer  
Hours:

40,092

Volunteers  
Valued At:

\$970,024

**For us, it's personal.** Oklahoma County, OSU Extension provides research based educational programs to help residents solve local issues and concerns, promote leadership and manage resources wisely. Programs in 2019 focused on:

- Gardening, insect and pest management
- Natural resources and environmental management
- Food, nutrition, health and wellness education
- Youth, family and community development

## Developing Youth "4-H in Action"

Oklahoma County 4-H is dedicated to helping youth, families, and communities reach their full potential. By providing hands-on programming and events in a large variety of projects, 4-H is not only helping youth learn the life skills they need to be the leaders of tomorrow, but is also teaching its members they can lead today.

Cody Yount and Mindy McNeil, 4-H Youth Development Educators, provided leadership to thirteen 4-H clubs across Oklahoma County. This included 236 youth and 52 adult volunteers.

Also, School Enrichment programs reached over 10,000 youth across the county. A variety of educational programs were taught; such as S.T.E.M., Yoga for Kids, gardening, babysitting, sewing, water conservation and health & wellness.





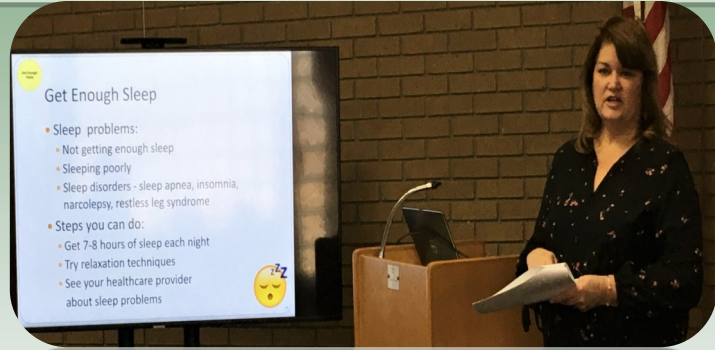


# Strengthening Families

In Oklahoma County, the Family and Consumer Sciences (FCS) Educators provided programming in the areas of Health and Hunger, Family and Child Resilience, and Safety & Environment.

FCS educators worked to provide programs for the public at the Extension Center or at community partnership sites such as the Metropolitan libraries, Community Literacy Centers, local congregations, and other organizations.

Taylor Conner, FCS Educator and Registered Dietitian, provided various FCS programs in 2019 related to food preservation, healthy cooking food demonstrations, youth cooking workshops, and physical activity programs. In addition, some of Taylor's trained Master Wellness Volunteers provided over 300+ hours of Tai Chi.



Lisa Hamblin, FCS Parenting Specialist, taught Co-Parenting for Resilience classes to 586 parents. A few of the workshop topics parents reported were most helpful were 1) Understanding the emotional impact of divorce on my child and helping them adjust 2) How to interact and communicate with my co-parent 3) Mediation information.

Parenting and professional development programs were also taught at partnering sites such as Prairie Queen and Wheeler Elementary Schools, Putnam City North High School, Mid-Del Technology Center, OSHD and the Federal Transfer Center, reaching around 300 parents. In addition, Lisa's Oklahoma Home & Community Education volunteers provided monthly educational lessons to the public along with many hours of community service.



## COMMUNITY NUTRITION EDUCATION PROGRAMS

The Community Nutrition Education Programs (CNEP) strives to educate low income residents by providing youth and adults basic nutrition education. Nutrition Education Assistants (NEA's) taught lessons which focused on helping increase consumption of fruits & vegetables, and ideas to stretch food dollars and more.....

CNEP in Oklahoma County reached 533 adults, 1,168 youth directly and 1,588 family members indirectly. Data showed 89% of adults picked healthier options when consuming fruits and vegetables, drinking less sugary beverages, and cooking dinner at home. Percentage of adults increasing their physical activity practices were 81% and 84% of youth increased their knowledge to choose healthier snack options.

# Enhancing Horticulture

A new annual educational program called "Earth-Kind Earth Day" was created and presented by Julia Laughlin, Horticulture Educator, in Spring 2019. This all day workshop was designed to help homeowners and gardeners of all knowledge levels learn more about sustainable gardening methods and conservation practices. The event was co-sponsored by Will Rogers Gardens and the City of OKC Water Utilities Department. Topics included drought tolerant plant selections, organic gardening techniques, composting tips and much more.



Not only does OSU Extension provide education, but also offers soil, forage and water testing. Getting your soil tested is a must before starting any gardening project. The OSU Extension office tested 1,701 soil, forage and water samples in 2019.

Last year, forty-three new students completed the annual Master Gardener training and will be assisting the OSU Extension Office with call center phone duties, along with providing community service in 2020. The Master Gardeners were trained by horticulture state specialists and county educators to help residents with various questions such as tree planting, pest management, gardening, lawn care and many other topics.



The annual three weekend "Home Gardening 101" and four seasonal "Four Seasons Living" workshops were held last year along with other general horticulture programs in gardening, lawn care, landscaping and general horticulture topics offered within the county.

