CO-PARENTING FOR RESILIENCE
This one-session workshop teaches parents how to help their children adjust to changing family structures during and after a divorce.

$35.00 registration fee required
Make payment to OSU Extension
2500 NE 63rd Street, OKC 73111
Payment by credit card over the phone is also an option. 405-713-1125.

English
OSU-OKC Campus
Student Center, 3rd Floor
900 N Portland Avenue
Oklahoma City, OK 73107
Tuesday, September 13 | 12:30pm - 4:30pm
Tuesday, September 27 | 12:30pm - 4:30pm
Tuesday, October 11 | 4:30pm - 8:30pm

Spanish
OSU-OKC Campus
Business Technology Building, Rm 304 A
900 N Portland Avenue
Oklahoma City, OK 73107
Saturday, September 10 | 12:30pm - 4:30pm
Saturday, October 8 | 12:30pm - 4:30pm

coparenting.okstate.edu
Map of OSU-OKC campus for class locations
**MARKET GARDENING SCHOOL**

Friday, September 2 | 9:00am - 3:00pm
$15 | Registration is required
This is the last workshop of a six-week series. Included is classroom and on-farm instruction in specialty crop production for those interested in starting their own small farm business.
The topic for this workshop is marketing. Previous attendance is not required.
Lunch is provided.
Call 405-713-1125 to register.

**MASTER COMPOSTER TRAINING**

Wednesdays from September 14 to October 19
1:00pm - 4:00pm
$60 | Registration is required
This series of classes will provide you with a better understanding of composting and solid waste recycling. Participants who complete the training will be awarded a Master Composter training certificate and be encouraged to complete a compost project in their community and volunteer hours related to composting.
Call 405-713-1125 to register.
Presented by Joshua Campbell, Urban Agriculture and Natural Resources and Julia Laughlin, Horticulture

**EASTSIDE FRESH MARKET**

Tuesdays through October 25, 2022
4:00pm - 7:00pm
Join us on Tuesday, October 4 for our first FREE Harvest Fest at the Eastside Fresh Market. We will have a wide range of fun activities for the entire family such as pumpkin decorating, a Fall photo booth, creating a Fall planter with pumpkins and pansies, and much more!

NE Regional Health and Wellness Campus
2500 NE 63rd Street OKC, OK 73111

**INTERNET FOOD SAFETY MYTHS**

Thursday, September 22 | 9:30am - 10:30am
Free | No registration required
There is a lot of misinformation on the internet regarding food safety. Learn about common food safety myths and proper food handling.

**DO IT ALL IN THE FALL**

Tuesday, September 20 | 6:00pm - 9:00pm
$5 | Registration is required
Learn tips and tricks about lawn and landscape care throughout the fall season. A live cooking and tasting demo will be part of this workshop using cool-season vegetables available at the Eastside Fresh Market.

**FESTIVE FALL CRAFTS FOR KIDS**

Saturday, October 1 | 10:00am - 2:30pm
$15 | Registration is required
We would like to welcome children ages 8-18 to a fun day of Fall themed crafts, activities, and tasty treats.
We will provide pizza for lunch.
Call 405-713-1125 to register.

**BABYSITTING 101**

October 13-14 | 9:00am - 4:00pm
$55 | Registration is required
Due by October 7
Ages 12 - 19
Participants will learn to be responsible for children of all ages and how to develop creative activities so that your experience is both safe and fun!
Includes CPR training for infants and children.
Call 405-713-1125 to register.

**INTERNET FOOD SAFETY MYTHS**

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Free | No registration required
Learn about common food safety myths and proper food handling.

**WE'RE HIRING FOR CNEP**

The Community Nutrition Education Program is hiring a Nutrition Education Assistant.
If you have further questions, please contact Lori Goodbary, CNEP Area Coordinator.
lori.goodbary@okstate.edu or 405-713-1125.
Scan the QR code to apply.

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