

# Noble County 4-H Record Book for May 1, 20\_\_ to April 30, 20\_\_

Name:	
Mailing Address	
City, State Zip	
4-H Club and age	

#### Parts of a County 4-H Record Book

Place the following items in a 4-H folder:

- This form (typed or handwritten)
- One or more Project Report Sheets
- Up to two pages of pictures per project (with captions)
- Story (6 page maximum)

	Two Projects Reported in this County 4-H Record Book:
1	
2	

#### Requirements to receive a medal (may receive up to two medals each year):

- Be enrolled, on the 4-H Enrollment Form, in the project you are reporting on.
- Complete all pages of the Record Book.
- Participate in at least 8 club, county, district or state events during the year.
- Prepare at least 3 or more items for exhibit including the county fair exhibits.
- Present at least one speech or demonstration in any project area.
- Provide at least one form of leadership in any project area.
- Participate in at least one citizenship activity in any project area.
- Write your 4-H Story.
- Complete a page of photos.

# To receive a Participation Certificate in a project area (may receive up to two participation certificates each year):

- Be enrolled in 4-H.
- Include information on the record book but does not meet the minimum requirements for medal.
- Write your 4-H Story.

We have reviewed this form and believe the information in it to be correct

Member	Date
Parent	Date
4-H Leader	Date

## 4-H PROJECT WORK IS BASED ON QUALITY NOT QUANTITY!

#### What is a 4-H Project?

A project is a subject or topic that you learn about in 4-H. More important, a project is something you do or make, which results from knowledge and skills you learned in the project. You learn about your project from attending club meetings club meetings and educational workshops and working with adult leaders and other 4-H members. You can also learn from field trips and camps, by participating in shows and competitions, as well as through family and self-study.

#### Why Complete a 4-H Record Book?

A record book is not meant to be a chore. Instead, it is a way for you to learn. Here are some important reasons why 4-H expects you to complete a 4-H Record Book for your project.

#### Keeping a 4-H record book will help you:

- Learn how to organize yourself
- Learn how to use project objectives to set goals and plan your project work for the year
- Learn how to set reasonable goals for yourself
- Appreciate and explain what you've learned this year in your project work
- Gather information needed to apply for awards
- Meet requirements to participate in some county and state 4-H events

#### Why do we have objectives for project work?

Objectives are available for more than 25 projects with state scholarships available for members age 14 and over. While a different form is completed by members to compete for scholarships, the individual forms that accompany this form will help members work toward the project objectives from the beginning.

- ✓ Objectives provide standards or guides for project work like a map, they give direction
- ✓ Members who work toward the stated project objectives have the opportunity for similar project experiences regardless of their location
- ✓ Judging committees use objectives to evaluate progress a member has made in improving his/her skills in a particular area

What project areas are available for me to get a medal?

Achievement	Consumer & Family	Horticulture	Physical Science
Aerospace	Science	Goats	Plant Science
Agriculture	Dairy	Health	Poultry
Aquaculture	Dairy Foods	Home Environment	Public Speaking
Beef	Demonstration	Hobbies & Collections	Rabbits
Bicycle	Dog Care & Training	Horse	Reporting
Breads	Electricity	Industrial Arts	Safety
Cats	Electric Energy	Judging	Shooting Sports
Child Care &	Engines, Tractors, &	Leadership	Sheep
Development	Field Equipment	Outdoor Education &	Swine
Citizenship	Entomology & Bees	Recreation	Technology &
Clothing & Textiles	Family Life	Performing Arts	Engineering
Commodity Marketing	Fashion Revue	Personal Development	Veterinary Science
Community Service	Food Nutrition	Petroleum Power	Visual Arts
Computer Technology	Forestry	Pets	Wildlife & Fisheries
Consumer Education	Gardening &	Photography & Video	Wood Science

7<sup>th</sup> grade: Personal Development 10<sup>th</sup> grade: Leadership

8<sup>th</sup> grade: Communication Arts 9<sup>th</sup> grade: Citizenship 11<sup>th</sup> grade: Achievement 12th grade: Lamp of Knowledge

Year
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Participation in Events and Activities (What have you done in this project(s)?) (Limited to the 2 pages provided)

Date	Name of event activity or exhibit	L	C	D	S	Placing
	(workshops attended, contests, speeches, livestock shows					or award
	etc.)					

Year
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Participation in Events and Activities (What have you done in this project(s)?) (Limited to the 2 pages provided)

Date	Name of event activity or exhibit (workshops attended, contests, speeches, livestock shows etc.)	L	С	D	S	Placing or award
	ctc.)					

<b>Club Meetings At</b>	tended
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Year
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(List date of meeting attended)
Put "DNM" if your club did not meet that month.

Month	Date
May	
August	
September	
October	
November	
December	
January	
February	
March	
April	

## **Skills Learned**

What have you learned in this project(s)

Project	Skills Learned

<b>Leadership and Citizenship in all Projects</b>	
(Limited to the space provided)	

Year
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Leadership

List your most meaningful leadership activities you have been involved in. Leadership is defined as one-on-one assistance, organizing an activity, teaching a workshop, holding an office, serving on a committee, etc.

Date	Description of activity	L	C	D	S	# of	Number
						Hours	Reached

#### Citizenship

## (Limited to the space provided)

List your most meaningful citizenship/community service activities you have been involved in. Include activities that benefit an individual, a non-4-H group or the community. May include activities that exhibit the qualities of a good citizen.

Date	Description of activity	L	С	D	S	# of hours	Number Helped
						nours	Ticiped

4-H Awards	s and Special Recogni	tion
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Year		

## (Limited to the space provided)

List your most meaningful 4-H awards, honors and recognition received.

Type of Award or Recognition	L	C	D	S

## **Non-4-H Experiences**

## (Limited to the space provided)

List your most meaningful non-4-H experiences including participation in school, church/faith or community organizations

Type of Activity, Award or Recognition	L	C	D	S

# 4-H Project Expenses and Income (Limited to the space provided) If any, please list and describe expense or income from your 4-H project(s)

Year
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Project	Description of Expense or Income	Expense	Income
		m · ·	m - 1
		Total	Total

## My 4-H Story – up to 6 pages

In your own words, tell about yourself, your project work, leadership and citizenship experiences and highlights of the 4-H year.						

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7	

7	

My 4-H Photos – 2 pages per project area

Include photos of yourself, your project work, leadership and citizenship experiences and highlights of the 4-H year.

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