

# January 2020



## 2020 State 4-H Ambassador Application

*January*

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### Citizenship Washington Focus Presidential Inauguration 2021

The National 4-H Conference Center, National 4-H Council and Oklahoma 4-H are excited to announce that Oklahoma 4-H will be taking a delegation to the 2021 CWF Presidential Inauguration. This special session of Citizenship Washington Focus will help youth understand more about the peaceful transition of power that takes place in our country and the democratic process of electing a new President of the United States.

Oklahoma 4-H will be taking 8 youth and 2 chaperones to the 2021 event. The youth must be at least 16 years of age by January 1, 2021 and still be in high school. Youth must have an ACTIVE status in 4-HOnline at the time of application and the time of the trip. For more information about CWF Presidential Inauguration.

For more information,  
please use the link below or contact  
[cathleen.taylor@okstate.edu](mailto:cathleen.taylor@okstate.edu), [jerribeth.tivis@okstate.edu](mailto:jerribeth.tivis@okstate.edu)

### 2020 State 4-H Ambassador Application

The 2020 State 4-H Ambassador application is posted on the State 4-H website under the Leadership link. There are two important documents to review: Ambassador Application Informational Packet and 2020 Ambassador Application. These documents are also attached.

Please share this opportunity with members who meet the age requirements: Any youth currently involved and active in 4HOnline, who is 13 years of age or older by March 15th, 2020 and still has at least one year of high school remaining is eligible to apply.

### Youth Leadership Summit

**Save the Date: April 4th, 2020**

Innovate change in your 4-H program. Challenge yourself to learn new leadership skills, teach workshops in agriculture and computer science. Learn how to present fun and exciting programs promoting 4-H, agriculture, and STEM to other youth. Summit workshops will include replicable/repeatable lessons about Agriculture and Computer Science. The workshops selected are intended to be repeated by the participating teens to other youth. For more information, click below <http://4h.okstate.edu/innovate>

## Dates to Remember

Jan. 21st	Winter Foods Festival
Jan. 23rd	Food Showdown
Feb. 14-15	4-H Night at Science Museum OK
Feb. 26-29	County Livestock Show
March 1st	State Ambassador Applications Due
March 2nd-7th	Regional Livestock Show
March 25-26	Zoo Snooze, Registration opens Jan 1st.



## 4-H Night with the Blue

We're excited to host the third annual Oklahoma 4-H Night with the Oklahoma City Blue on Saturday, Jan. 11! The game experience includes more than a night of pro basketball, as we will feature healthy living programming throughout the game. This is being offered to all 4-H members, leaders, and families for a special price of \$12 per person! <https://groupmatics.events/event/Oklahomastate6>

## 4-H Day at the Capitol

Applications are now being taken for 4-H Day at the Capitol. 4-H Day at the Capitol will be held on April 1, 2020 at the State Capitol and Oklahoma Department of Wildlife Conservation in Oklahoma City. New for 2020 only- only 10 Oklahoma 4-H members will be included in the 4-H Day at the Capitol activities alongside the Oklahoma 4-H Leadership Council and Langston 4-H members. Applications are due on February 3<sup>rd</sup>, electronically to Cathleen Taylor ([cathleen.taylor@okstate.edu](mailto:cathleen.taylor@okstate.edu)) and will be reviewed. If needed Zoom interviews will be conducted to determine the delegates. Applicants must be 14 years old by September 1, 2019 and have an ACTIVE status in 4HOnline.

For more information please visit or contact [cathleen.taylor@okstate.edu](mailto:cathleen.taylor@okstate.edu)

## State Parent-Volunteer Conference - WANTED Workshops

Call for workshop proposals – due March 1.

The primary purpose of the 2020 Conference is to strengthen the local club or project group experience for youth, families, parents, and volunteers. We want parents and volunteers to gain greater confidence in developing and implementing a local experience that will retain youth, gain youth and use an increasing number of volunteers as project and activity leader <http://4h.okstate.edu/parents-volunteers/conferences> s.

## CWF Presidential Inauguration 2021

January 17-21, 2021

Oklahoma will select a delegation of eight 4-H members and two chaperones

Applications must be received digitally by April 15, 2020

Selected applicants will be notified May 15, 2020

Payment must be received in State 4-H Office by June 30, 2020

### Program Goals and Objectives:

- Learn the meaning and importance of the Democratic process
- Explore the history of the Presidency, the election process, and the role of the press
- Discover the intricacies of the Executive Branch and careers in politics
- Practice your role in citizenship through service, civic education, and engagement

### What You will See and Do:

- Partake in workshops, sessions, and speakers
- Visit memorials, historical sites, and museums
- Experience Inauguration Day events
- Dance the night away on an Inaugural Ball dinner cruise

### Application Process:

- Must be 16 years of Age by January 1, 2021
- Applicants must have an ACTIVE status in 4-HOnline and still be ACTIVE at time of trip
- Applicants must still be in high school at time of trip (January 2021)
- Applicants may have attended CWF in the past.
- Complete Application form including 300 -500 word essay titled: "Why is it important to take part in the Democratic process?"
- Submit one letter of recommendation from 4-H Volunteer or 4-H Educator

2021 CWF: PI Cost: \$2,000.00 per person: (additional funding may be available- final cost to be figured after delegates are chosen)

- Airfare and chaperone expenses
- 4 nights lodging and 4 breakfasts, 3 lunches, and 4 dinners during the trip
- Transportation during the program
- Shirt, drawstring backpack, button, lanyard, cold weather accessories

### **CWF PI 2021 Application**

**Due: April 30, 2020**

Email application to: Cathleen Taylor  
[cathleen.taylor@okstate.edu](mailto:cathleen.taylor@okstate.edu)

### **Requirements:**

- Must be 16 years of Age by January 1, 2021
- Applicants must have ACTIVE status in 4-HOnline and still be ACTIVE at time of trip
- Applicants must still be in high school at the time of trip (Jan 2021)
- Applicants may have attended CWF in the past.
- Must complete following questions and submit a 300-500 word essay titled: "Why is it important for me to take part in the Democratic process?"

# Muskogee County Spring Livestock Show Livestock

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## SCHEDULE OF EVENTS

**TUESDAY, FEBRUARY 25 OFFICIAL HOG WEIGH IN 4:00pm**

Weigh in order by school: Ft Gibson, Haskell, Midway, Muskogee, Oktaha, Porum, Warner, Webbers Falls

**WEDNESDAY, FEBRUARY 26**

**HOG SHOW 9:00AM**

**THURSDAY, FEBRUARY 27 Sheep check-in 9-10 AM**

**Sheep Show 11:00 AM**

**Goats check-in 11 AM-12:00 PM**

**Goat Show Following Sheep Show**

**Cattle Check-in 4-6pm**

**FRIDAY, FEBRUARY 28**

**Heifers Show 10:00 AM**

**Steer Show Following Heifer Show**

**SATURDAY, FEBRUARY 29**

**Buyers Dinner 5:00 PM**

**Premium Auction 6:00 PM**

This catalog may be viewed online at <http://oces.okstate.edu/muskogee>

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## Muskogee Junior Livestock Show

**MONDAY, MARCH 2**

**HOG CARDS FOR MINOR BREEDS: BERKS, CHESTER, SPOT, POLANDS & HEREFORDS DUE BY 3:00PM**

**ALL OTHER BREEDS: DUROCS, HAMPSHIRE, YORKS AND CROSSES DUE BY 3:00PM**

**MINOR BREEDS SHOW AT 5:00PM**

**TUESDAY, MARCH 3**

**ALL OTHER SWINE BREEDS SHOW AT 8:00AM**

**WEDNESDAY, MARCH 4**

**DOE KIDS WEIGH 9-10:30AM SUPT WILL WEIGH**

**DOE KIDS SHOW 11:00AM**

**MARKET GOATS WEIGH 9:00AM TO NOON**

**MARKET GOAT SHOW: 30 MINUTES AFTER DOE KID SHOW**

**THURSDAY, MARCH 5**

**SHEEP WEIGH 10:00AM TO NOON SUPERINTENDENTS WILL WEIGH**

**SHEEP SHOW 2:00PM**

**CATTLE CHECK IN 10:00AM TO 1:00PM**

**Registered Heifers - A-M 10:00am to 11:30am and N-Z 11:30am to 12:30pm**

**Commercial Heifers - 10:00am to 11:30am**

**Steers - 11:30am to 12:30pm**

**FRIDAY, MARCH 6**

**HEIFER SHOW 8:30AM**

**STEER SHOW 7:00PM**

**SATURDAY, MARCH 7**

**ALL SALE ANIMALS IN PLACE**

**4:30PM**

**CHUCK WAGON FEED**

**5:00PM**

**BUYERS DINNER SPONSORED BY KILHAREN'S LODGE**

**5:00PM**

**PREMIUM AUCTION SALE**

**6:00PM**

Link for Rules <http://www.muskogeeregional.org/scheduleofevents.html>

Muskogee County 4-H  
Winter Foods and Technical Challenge  
January 21, 2020  
ENTRY FORM-Due January 17, 2020

Exhibitor Name: \_\_\_\_\_  
Club: \_\_\_\_\_  
Grade: \_\_\_\_\_

All entries should be exhibited on a paper plate and in a sealed plastic bag. All entries should be made from scratch. No commercial mixes allowed except in the decorated classes. Items needing refrigeration should be labeled. **Member may exhibit one entry in each age appropriate class. PLEASE CHECK ALL CLASSES THAT YOU MIGHT ENTER.**

**Food Showdown: January 23, 2020 Entry form due: January 21, 2020**

**Team Members:** \_\_\_\_\_

- Juniors- Grades 3rd-7th as of Jan. 1, 2019. All supplies furnished by office.
- Seniors-Grades 8th-12th as of Jan. 1, 2019. Team must bring their supply box.

**Winter Foods Show and Technical Challenge**

**Grade 3rd-5th**

1. **Technical challenge: Blueberry Muffins (3)** (must follow provided recipe)
2. **Cupcakes (3):** Any recipe- judged on cupcake/icing combination-not decoration.
3. **Decorated Cupcakes (3):** judged on decoration, must use 2 or more decorating techniques.
4. **Salsa:** May be fresh or canned. Exhibit one pint jar with lid. Provide one small bag of chips for judges to taste with.
5. **Technical challenge: Informal table setting** (Office will supply all table ware) Contestant must use provided menu card and arrange an informal place setting.
6. **Informal table setting:** any theme. Member provides tableware, place mat, and menu card. Use judging card as reference.

**Grade 6th-8th**

7. **Technical challenge: Thumbprint Cookies (3)** (must follow provided recipe)
8. **Decorated Sugar Cookies (3):** Any recipe- judged on decoration, must use 2 or more decorating techniques.
9. **Cinnamon Rolls (3):** Any recipe- no icing, no caramel glaze.
10. **Dip-any recipe-no salsa type dips.** Exhibit 1 ½ to 2 cups in a plastic container with lid. Supply a small bag of chips, veggies, or fruit for judges to sample.
11. **Technical challenge: Informal table setting** (Office will supply all table ware) Contestant must use provided menu card and arrange an informal place setting.
12. **Informal table setting:** any theme. Member provides tableware, place mat, and menu card. Use judging card as reference.

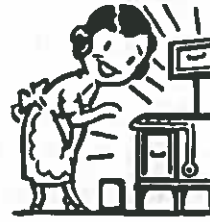
**Grade 9th-12th**

13. **Technical challenge: Angel Food Cake (1)** (must follow recipe provided, no icing)
14. **Decorated Cake (1)** any recipe-judged on decoration, must use 3 or more decoration techniques.
15. **Yeast Bread (1 loaf)** any recipe including bread machine.
16. **Jerky (3-5 pieces)** any recipe, exhibit in plastic bag.
17. **Technical challenge: Informal table setting** (Office will supply all table ware) Contestant must use provided menu card and arrange an informal place setting.
18. **Informal table setting:** any theme. Member provides tableware, place mat, and menu card. Use judging card as reference.

**Master Technical Challenge- 3rd-12th Grade**

19. **Pie shell, 8 inch pan (1)** (must follow recipe provided, no filling)

# Baking Tips



1. Always have the correct butter consistency. For example, room temperature for cookie dough, cold butter for pastry
2. Room temperature is key when a recipe calls for it. For example, room temperature egg whites for meringues
3. Read recipe BEFORE you begin
4. Always have ingredients prepped
5. Learn how to measure correctly
6. Get an oven thermometer
7. Keep your oven door closed. You may be tempted to peek but the less you peek the better.
8. Chill dough before baking. HINT: pastry crust dough must be chilled to have a flaky crust and chilling cookie dough will help with sticky dough

## *Essential Equipments for Baking*



Oven

Mixing Bowl

Wire Whisk

Baking sheet

Measuring cups & spoons

Baking pans

Wooden spatulas

Ingredients

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## 4-H Science Night at the Museum Survival Science

**When:** Friday, February 14th, 2020

**Cost:** \$45.00 for Youth

**Cost:** \$25.00 for Adults

Brush up on your archery skills and learn the art of survival. Learn to camouflage yourself in order to trick those who might be hunting you (or those you may be hunting). Collect clean water using water filtration and tie unbreakable knots! Can you successfully traverse the Survival and Compass challenge course? Who will survive? So, skip dinner, flowers, and chocolates and join us for a night of fun science experiments and learn survival skills!

For more information, contact [carrie.winslett@okstate.edu](mailto:carrie.winslett@okstate.edu)

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## GET YOUR OVENS PREHEATED!

**It's time for the Winter Foods Festival/Technical Challenge & Food Showdown Contest**

**TWO DAYS THIS YEAR**

Winter Foods may be dropped off throughout the day on January 21, Tuesday 3:00-6:00 Technical Challenge items/ place setting will be from 3:00-6:00 **Sign-up deadline Jan. 17th**  
Food Showdown is January 23, Thursday 5:30 **Sign up-deadline Jan. 21<sup>st</sup>**

### IMPORTANT!

Technical Challenge recipes have changed this year. Copies are available at the extension office

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## State Parent- Volunteer Conference

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**Save the Date:** June 27, 2020

**Location:** OSU Campus, Stillwater OK

Conference workshops and programming will focus on strengthening local club programming and opportunities.

### **Conference Objectives:**

- Working with others – youth, parents, volunteers, Extension staff
- Adventure in 4-H is exciting experiences, typically bold, sometimes even risky undertakings.
- Nurturing, safe and inclusive environment for youth and adults
- Teamwork established through coaching, mentoring and challenging both peers and youth while gaining satisfaction from group achievement.
- Educate – Strengthening club and project group experiences to increase long-term retention of members.
- Develop independence, generosity, and mastery through 4-H programming.

Marketing materials include two flyers and a video.

Check out Ag Youth Website for dates and information on livestock shows!! [WWW.AGYOUTH.COM](http://WWW.AGYOUTH.COM)

Facebook: Muskogee County 4-H  
[Oces.okstate.edu/muskogee](http://Oces.okstate.edu/muskogee)



### Muskogee County Newsletter

is published by the following:

Muskogee County OSU Ext. Center  
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Phone: (918)686-7200 FAX: (918) 686-7204

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Oklahoma State University, US Department of Agriculture, State and Local Governments cooperating. Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of race, color, national origin, religion, sex, age or disability and is an Equal Opportunity Employer.

Issued in furtherance of Cooperative Extension work, acts of May and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Robert E. Whitson, Director of Oklahoma Cooperative Extension Service, Oklahoma State University, Stillwater, Oklahoma. This publication is printed and issued by Oklahoma State University as authorized by the Dean of the Division of Agricultural Sciences and Natural Resources and has been prepared and distributed at a cost of 85 cents per copy. 12/19 TT



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**MUSKOGEE COUNTY 4-H NEWSLETTER**