



# 4-H Clover Connection

## Oklahoma 4-Her's Prepare for a Summit in Washington, DC

A group of Oklahoma 4-H'ers will participate in the four-day, interactive Ignite by 4-H summit in Washington, D.C., March 12-16. More than 1,500 teens from across the country will collaborate, create and ignite their passion for expanding their minds and their world.

Delegates from Oklahoma include Charramaiyne Brown and Jeremiah Lam, Grady County; Rebekah Gilmore and Amberly Gilmore, Dewey County; Andy Jolly and Amanda Jolly, Pontotoc County; and Kate Wardlaw, Payne County.

Participants will have four tracks from which to choose, including agri-science, community accelerators, healthy living and STEM. Kelly Wardlaw, Oklahoma 4-H Youth Development STEM specialist, said the Oklahoma 4-H'ers will present two STEM-related workshops.

"One workshop is called Under Pressure: The Magic of Hydraulics and Pneumatics. They will build mini presses and squish Play-Doh while learning the science behind them," Wardlaw said. "Their other workshop is Shoot for the Moon and will concentrate on space. They'll build straw rockets, model moon phases and make mini planetariums. I'm proud of the work they've put in to make these presentations educational and fun for participants."

Wardlaw said these club members have been heavily involved in STEM activities for the past year and recently presented these two workshops at the statewide Innovators Summit. This gave them a chance to come together and practice their presentation before presenting on a national stage at the Ignite by 4-H summit.

"I'm looking forward to getting more ideas from other states to bring back to Dewey County and Oklahoma, and share my ideas with others," said Amberly Gilmore. "I'm also looking forward to learning more about STEM."

Jeremiah Lam said since he became a STEM Innovator, he is now more confident in his presentations.

"I've been able to teach several workshops in a leadership role and I'm looking forward to gaining even more knowledge and experience in STEM," he said.

Kate Wardlaw said her previous experiences teaching workshops to large groups have helped her prepare for this upcoming national presentation.

"I learn something new every time I teach a workshop and being a STEM Innovator has helped me grow my leadership skills," Kate Wardlaw said. "This conference has so much to offer and I'm looking forward to learning about the STEM programs in other states."

In addition to teaching workshops, the Ignite by 4-H participants will hear from guest speaker Emily Calandrelli, a science communicator and host of "Emily's Wonder Lab" on Netflix. They'll also have the opportunity for some sightseeing while in Washington, D.C.

Learning by doing has long been the philosophy of 4-H, and Kelly Wardlaw said these club members are honing many skills as they prepare for this leadership experience, including public speaking, communication, and teamwork.

"It's important to remember that STEM is part of everything we do, not just in 4-H, but in life," Kelly Wardlaw said. "In 4-H, STEM activities provide a place for kids to belong and find their spark. People often think of 4-H as ag-related, which it is, but it's so much more. STEM has something for everyone, and these kids going to this summit have found their spark and can't wait to share it with others."

Contact the OSU Extension Center for information regarding available 4-H STEM projects and curriculum.

## Major County OSU Cooperative Extension Service

### Address

500 E. Broadway, Courthouse Suite 3  
Fairview, Oklahoma 73737

### Phone

580-227-3786

### Educators Email

Dana Baldwin, FCS/4-H & CED  
dana.baldwin@okstate.edu

Shelby Robertson, Ag/4-H  
shelby.robertson13@okstate.edu

### Website

<https://extension.okstate.edu/county/major>

### Facebook

Major County OSU Extension

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## COUNTYWIDE 4-H MEETING

The next County-Wide Meeting of 4-H Parents, Members and Volunteers will be held on **Tuesday, April 29 beginning at 6:00 p.m. at the county fairgrounds.** Trainings for certified volunteers will take place in addition to discussions and planning of upcoming events.

The Consumer Judging Contest will be held prior to and the Fashion Revue/Impressive Contest will be held following the meeting. See more details in this newsletter.



## CONSUMER JUDGING CONTEST

The county Consumer Judging Contest will be held on Tuesday, April 29 beginning at 5:15pm at the county fairgrounds. This is for any 4-H member- no previous practice needed as instructions will be given prior to beginning. Participants will be given a situation with items to purchase; then rank those items best to least based on the given situation.

Please let Dana know by Tuesday, April 22 if you plan to participate so that materials can be prepared.

## SEWING WORKSHOP



On Wednesday, March 19 a 4-H Sewing Workshop will be offered from 10:00am-3:00pm at the fairgrounds. This is for 4-Hers in grades 3 to 12; beginners or advanced, and we will be making items that can be entered in the county fair.

A supply list will be available; let Dana know by March 12 if you plan to attend. Spaces are limited.

## SHOOTING SPORTS COACHES TRAINING

Are you an adult interested in volunteering your time so our youth can have more opportunities in 4-H Shooting Sports? A training for certified coaches is coming up on March 29 & 30 at the OKC Gun Club. There are opportunities in archery, shotgun, air & .22 rifle and air & .22 pistol. Let us know soon as we can get you through the process! Registration is due no later than March 17.

## Check FACEBOOK for Updates!

Be sure to check our Facebook page for regular updates: Major County OSU Extension  
Information is shared on this page that may miss our newsletters as well as reminders for entry deadlines, etc.



## OKLAHOMA 4-H

### RISING LEADERS CONFERENCE

Are you a rising leader in 4-H? Attend the Oklahoma 4-H Rising Leaders Conference— an exciting new event designed for 4-H members in grades 3-7 who want to explore the many opportunities that 4-H has to offer. Participants will engage in hands-on experiences across a variety of projects, develop essential leadership skills, and make lasting friendships with fellow 4-H members. Whether you're looking to grow as a leader or discover new passions, this conference is a perfect opportunity to connect, learn, and lead in the 4-H community.

The 4-H Rising Leaders Conference will be held on April 5, 2025 at Oklahoma State University, in Ag Hall. Cost is \$20. Parents/volunteers may attend lunch for an additional \$20 per adult. Please register on ZSuite at <https://4h.zsuite.org/event-registrations/35785> by March 16.



## STATE 4-H RECORDBOOKS

For 4-H members in the 8th grade and above and in active state in ZSuite, State 4-H Reco books will be due by noon on Monday, April 28. These recordbooks are submitted through an online process and are different than our county recordbooks.



If you submit a state recordbook and are selected for an interview in your project area, those will be conducted on Tuesday, June 10 in Stillwater. If selected in the top 3 in your project area, you will be recognized at State 4-H Roundup on Thursday, July 24 in Stillwater.

Why do a state recordbook? To learn recordkeeping skills, for a chance to receive scholarships and in order to be selected as a Major County 4-H Hall of Fame winner you must submit a state recordbook.

Contact Dana or Shelby for more information.

## ARCHERY CONTEST



We will be hosting a Statewide 4-H Invitational Archery Contest on Saturday, May 17 at the county fairgrounds.

If you are interested in learning more about the archery discipline, come observe on this day. We will begin competition at 9:30am.

Also, if any 4-H club is interested in provided a concession stand at the contest, please let Dana know.

### 4-H HEALTHY LIVING AMBASSADORS

4-H Healthy Living Ambassadors work both individually and as a team, bringing wellness awareness, programs, and initiatives to communities across Oklahoma. Oklahoma 4-H Healthy Living Ambassadors provide support and programming to local 4-H clubs, county, district, and state programs and will also be called upon to attend health related programs and events.

The cycle for the Healthy Living Ambassadors is moving to better align with the 4-H year. New Healthy Living Ambassadors will come on board this summer and kick off their year with the start of the new 4-H year.

4-H Healthy Living Ambassadors will: help set and achieve goals in the 4-H Healthy Living framework, support the work of 4-H Healthy Living, participate in Oklahoma Healthy Living Summit and conference calls, and work closely with Healthy Living Ambassador Advisor at the Oklahoma State 4-H office and other team members.

Applications are due May 1, 2025. Applicants should be 4-H members who will be High School Freshmen, Sophomores, Juniors, or Seniors during the 2025-26 school year.

### SPRING BREAK GARDENING WORKSHOP!

- When: March 21 from 9 am to Noon!
- Cost: \$15
- Come join us and get your hands a little dirty!
- We will be learning about plants as well as planting some of our own to take home!
- This is for 4-Hers in grades 3-12, Let Shelby know by March 17th if you plan to attend. Minimum of 4 participants to hold the session.



### STATE SERVICE PROJECTS

#### *"Change for Change"*

Change collected benefits the Oklahoma Children's Hospital Foundation for supporting specialties such as cancer, genetics, autism, and infectious diseases. Collect change at your 4-H meetings or other events and turn it in to the OSU Extension Center where it will then be sent to the State 4-H Office.

#### *"Pull for Kids"*

Collect pop tabs to support the Oklahoma City Ronald McDonald House. Turn tabs into the OSU Extension Center. You are encouraged to collect the entire can and use the money to support your 4-H club, but we only want the tabs turned in to us. The tabs will be sold and the money sent to the State 4-H Office for distribution to the Ronald McDonald House.

### 4-H OUTDOOR ADVENTURES

Interested in a challenge? One that requires outdoor skills in backpacking, camping, compass/map reading, outdoor cookery, safety, and working with other people? A challenge demanding physical conditioning to take on mountain hikes of 4-5 miles a day? The 2025 4-H Outdoor Adventure Program can offer you those challenges. Crews made up of 4-H youth and adult volunteers from across the state will have the opportunity to experience this unique and challenging program.

Required two and one-half days shakedown training will be held April 25-27, 2025 for participants. The trip will take place July 7-13, 2025 going to southwest Colorado (Durango area) completing a whitewater rafting trip and day hikes in the beautiful San Juan Mountains.

4-H members participating must be 14 years of age before January 1, 2025.

Registration deadline is April 10<sup>th</sup>.



### FASHION REVUE/IMPRESSIVE DRESS CONTEST

This contest will be held on Tuesday, April 29 at 7:00pm or immediately following the Countywide Meeting that begins at 6:00pm at the county fairgrounds.

Entries are due by Monday, April 21; entry/information forms are available at the OSU Extension Center and on the "Major County OSU Extension" Facebook page.

Fashion Revue entries must be constructed by the 4-H member; Impressive Dress entries may be purchased or constructed by the 4-H member or other individual.

Please contact Dana with any questions.



### 4-H/FCS and AGRICULTURE WORKSHOPS

Check out the pages in this newsletter with dates and other details about the monthly 4-H/FCS and Agriculture Project Workshops. There is something for everyone!





# 4-H/Family & Consumer Sciences Workshops



## 2025 Sessions & Topics!

*Explore 4-H through Family & Consumer Sciences related projects at these once a month workshops!*

**5:30 p.m. to 8:00 p.m.**

**Major County Fairgrounds in Fairview**



### \*First Quarter 2025 dates and projects:

- **Thursday, January 23:** *Apparel Design & Construction*  
We will make fleece hats and scarves.
- ~~Thursday, February 20~~ **Date Change-Monday, March 3:** *Food Science, Civic Engagement*  
We will discuss MyPlate, make soup, cornbread, and items for a community service project.
- **Thursday, March 20:** *Personal Development*  
We will discuss goal setting and make project-related fair entries.
- **Thursday, April 17:** *Consumer Education*  
We will learn about the Consumer Judging Contest and more!

### \*Remaining 2025 dates and projects (activities to be announced):

- **Thursday, May 22:** *Safety, Child Care*
- **Tuesday, June 17:** *Apparel Design & Construction*
- **Thursday, July 17:** *Food Preservation, Civic Engagement*
- **Thursday, August 21:** *Personal Development*
- **Thursday, September 18:** *Consumer Education*
- **Thursday, October 23:** *Interior Design & Construction*
- **Thursday, November 20:** *Personal Development*

\$5 fee per person per session to cover the cost of supplies.

**Register by calling the Major County OSU Extension Center at 580-227-3786  
at least 3 days prior to the session you plan to attend.**

*\*Dates and topics are subject to change, and there will be a minimum and maximum number of participants for each session.*

OSU is an Affirmative Action, Equal Employment Opportunity, E-Verify Employer.

Persons with disabilities who require alternative means for communication or program information or reasonable accommodation, please contact Dana Baldwin at 580-227-3786 at least one week prior to the workshop.

**Dana Baldwin**

*Extension Educator*

*Family & Consumer Sciences/4-H Youth Development  
and County Extension Director*



OSU EXTENSION  
**MAJOR COUNTY  
4-H YOUTH DEVELOPMENT**

500 E. Broadway, Courthouse Suite 3  
Fairview, Oklahoma 73737  
dana.baldwin@okstate.edu



# YOUTH AGRICULTURE WORKSHOPS

## 2025 Sessions & Topics!

**April 21:** Earth Day

**May 19:** Gardening

**June 16:** Farm-to-Table

**July 21:** Insects

**August 18:** Water

**September 15:** STEM

**October 20:** STEM

**November 17:** Weather

**December 15:** Ag Literacy



To Register, please call the Major County Extension Office at 580-227-3786 at least 4 days prior to the session(s) you plan to attend. Minimum of 4 participants to hold a session

## Major County Fairgrounds

808 E Highland St. Fairview

**6-8 PM**

## \$10/Person per Session

This covers supply cost.

Payment is required 4 days prior to each session

Join us for an exciting new series of hands-on agriculture workshops!

Learn new skills in a fun atmosphere.

Attend one, a few, or come to them all!

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Persons with disabilities who require alternative means for communication or program information or reasonable accommodation, please contact Shelby Robertson at 580-227-3786 at least one week prior to the workshop.



OSU EXTENSION  
**MAJOR COUNTY  
4-H YOUTH DEVELOPMENT**

# Are you into it?

"4-H Clover Connection" is published on a regular basis at the Major County OSU Cooperative Extension Center. This newsletter is just one way of communicating educational information to the citizens of Major County. Major County OSU Cooperative Extension Service educational program and information are provided to you, in part, through the Major County sales tax. Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. *Oklahoma Cooperative Extension Service:* Oklahoma State University, as an equal opportunity employer, complies with all applicable federal and state laws regarding non-discrimination and affirmative action. Oklahoma State University is committed to a policy of equal opportunity for all individuals and does not discriminate based on race, religion, sex, color, national origin, marital status, sexual orientation, gender identity/expression, disability, or veteran status with regard to employment, educational programs and activities, and/or admissions. For more information, visit <https://eeo.okstate.edu>

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Editors:

**Dana Baldwin**

Extension Educator

Family & Consumer Sciences/4-H Youth Development  
and County Extension Director  
e-mail: [dana.baldwin@okstate.edu](mailto:dana.baldwin@okstate.edu)

**Shelby Robertson**

Extension Educator

Agriculture/4-H Youth Development  
e-mail: [shelby.robertson13@okstate.edu](mailto:shelby.robertson13@okstate.edu)

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500 E. Broadway, Courthouse Suite 3  
Fairview, Oklahoma 73737  
Phone: (580)227-3786



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