

# 4-H Clover Connection

## Junior Master Gardener Program

While historically known to focus on traditional agricultural projects, the Oklahoma 4-H Youth Development program has something for everyone. Something that many young people will find fun and exciting is the Junior Master Gardener Program.

This curriculum covers all aspects of horticulture and landscape architecture. It's not just about growing pretty flowers or tasty fruits and vegetables. The Junior Master Gardeners program incorporates soil and water conservation, ecology, plant growth and development, insects and diseases, and even nutrition. 4-H has a big emphasis on STEM activities and the JMG fits right in with that. There are two levels of the curriculum, including Level 1 for 3rd through 5th grade and Level 2 for grades 6th through 8th.

Level 1 covers plants and landscape architecture along with career exploration and life skills. There are supplemental curricula including literature activities to go with several popular children's books. Level 1 also covers basic gardening, nutrition and physical activity. Level 2 covers plant growth and development along with water and soil conservation. It also expands on the lessons learned in Level 1. The lessons can stand alone as needed or be used in conjunction with other programming and activities such as summer camps or after-school programs.

There is plenty of material available if someone wanted to start a JMG club. The materials for the activities are inexpensive and readily available. It takes just five youth and one adult to start an official JMG group. It's easy to get a group registered at [jmgkids.us](http://jmgkids.us). The lessons can also be incorporated into the classroom. Each activity has background information for the teacher or volunteer leader.

4-H strives to provide opportunities for club members to develop citizenship, leadership and other life skills through hands-on activities. The JMG program inspires youth to be of service in their communities through service-learning projects. Clubs could start a school or community garden. As part of a 4-H citizenship project, 4-H'ers can donate excess produce from their own gardens to a local food bank.

4-H'ers can get involved in exploring their world through meaningful activities that encourage leadership development, personal pride and responsibility. Through these activities, they'll develop critical thinking skills and the ability to identify community concerns and take action to address them through individual and group projects.

For more information about the Junior Master Gardener program, contact the OSU Extension Center.

## Major County OSU Cooperative Extension Service

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### Website

[www.extension.okstate.edu/county/major](http://www.extension.okstate.edu/county/major)

### Facebook

Major County 4-H

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## County Public Speaking Contest

The County Public Speaking Contest is rescheduled for Monday, January 23 following the Countywide 4-H Meeting that begins at 6:00 p.m. at the fairgrounds. This is a for those originally entered in November when we had to postpone due to weather.

## District Public Speaking Contest

The West District Speech Contest starts at 9:00am on **Saturday, February 11<sup>th</sup>** at the Pleasant View Mennonite Church – 94948 N 2450 Rd., Hydro. The cost is \$5.00 per participant (team would be \$10). If we have youth participating in the speech contest, we will need to provide 2 adults to assist with the speech contest either as a judge or a room monitor. Major County 4-H will pay your entry fee for you; however, if you don't attend, you must reimburse the county. There are categories for Animal Science; Plants, Natural and Mechanical Sciences; Family, Consumer, and social Science; and Communication & Expressive/Visual Art. The types of presentations and the time limits are the same as our county contest.

Entries are due to the District Office by **January 27<sup>th</sup>**. Call the office for more information.



## COUNTY WIDE 4-H MEETING

Please plan to attend the next Countywide meeting for members, parents and volunteers on Monday, January 23 beginning at 6:00pm at the fairgrounds. We will discuss and plan upcoming events. The county public speaking contest will follow.

## 2023 Spring Dates for Livestock Exhibitors

Major County Jr. Livestock Show & Bonus Auction  
February 13, 14 & 15

Woodward District Jr. Livestock Show  
February 18 to March 28

Enid District Jr. Livestock Show  
February 28 to March 6

Oklahoma Youth Expo  
March 8 to 19



at "Major County 4-H"

Information can also be found on our website:

[www.extension.okstate.edu/county/major](http://www.extension.okstate.edu/county/major)

2023

## Major County Jr. Livestock Show



at the Major County Fairgrounds in Fairview

Monday, February 13:

9:00am- Sheep in place  
9:30am- Goats in place  
10:00am- Sheep Show  
11:00am- Goat Show  
12:00pm- Beef in place  
1:00pm- Beef Show

Sunday, February 12:

12pm- Swine entered and in place by 3:30pm

4:00pm- Swine Show

Tuesday, February 14:

4:00pm- M. Nichols Award Interviews  
5:30pm- Bonus Auction Meal  
6:15pm- Award Presentation  
6:30pm- Bonus Auction

School weigh-in order:

Aline-Cleo  
Fairview  
Cimarron  
Ringwood

**4-H Concession Stand at the Jr. Livestock Show:** we will be deciding on the work schedule and food items needed at the January 23 Countywide Meeting. Please check with your 4-H club leader after that date for details.

## NW District Livestock Judging Contest

This will be held February 9 at the Garfield County Fairgrounds in Enid. Teams or individuals can participate in junior or senior age divisions. Contact Troy for full details.

## HUNTER EDUCATION & SHOOTING SPORTS

We hope to be able to certify youth this spring in shotgun as we have new coaches. If you are interested, contact the OSU Extension Center so we can add your name to the list and get a hunter education class together.

### CONSUMER JUDGING CONTEST

The 4-H Consumer Judging Contest will be on Monday, February 13 at 6:00pm in the Exhibit Building at the Fairgrounds. (This is during the County Jr. Livestock Show.)

The contest will be divided into Junior and Senior classes of items such as clothing, sports drinks, games, etc.

4-H'ers will review and place the items in order of the best value for the consumer based on the given situation. Teams (3 or 4 members) and individuals can participate. Contact Dana if you have questions 580-227-3786.



### 4-H Club Pen Pal Opportunity

Would your club be interested in teaching members how to write letters, address envelopes, and make friends across the state?

Adair County would like to invite your club to join us in starting an [Oklahoma 4-H Pen Pal project](#), part of a pilot [National Pen Pal](#) program. We are looking for OK 4-H clubs to pen pal with. Student identity will be safe, all interactions will process through the club leader or Extension office and students will only use first names. No addresses or last names will be exchanged. Interested? Contact Adair County 4-H Volunteer, Karen Shell - [kshell@maryetta.org](mailto:kshell@maryetta.org)



### 4-H Day at the Capitol

4-H Day at the Capitol will happen on **April 5th, 2023**. 4-H Day at the Capitol is an excellent opportunity for members to meet with State Representatives and Senators to share their 4-H story. Delegates are 13 years and older.

Each county can bring two delegates. Registration is due on February 3<sup>rd</sup> so let us know soon if you are interested (first come).

### 4-H FOOD SHOWDOWN

- ◇ Do You Like To Cook?
- ◇ Do You Like To Create Your Own Recipes?
- ◇ Do You Enjoy Watching Food Shows Or Cooking Contests On TV?

If so, you might be interested in the 4-H Food Showdown Contest.

Teams of 2 or 3 members have the opportunity to prepare a dish to present to a team of judges.

Junior teams (*grades 3 to 5*) are given a basic recipe to prepare. Grocery items from a common pantry can be used to enhance the recipe or be served with the recipe item.

Intermediate teams (*grades 6 to 8*) given a secret ingredient and category. Groups make up their own recipe.

Senior teams (*grades 9 to 12*) are given a box containing one or more secret ingredients. The secret ingredients are used along with grocery items from a common pantry to create a dish.

**We will hold our County Contest on Thursday, April 27 at 6:00pm. Please RSVP by April 20.**

If anyone is interested in this project, please contact Dana at the OSU Extension Center (580) 227-3786) for more details.

The top two junior, intermediate and senior teams from the county can advance to the **West District 4-H Food Showdown on June 9 at Fairview.**

### District Volunteer Conference

A District Volunteer Conference will also be held **Saturday, February 11<sup>th</sup>** beginning at 12:00 Noon at the Pleasant View Mennonite Church in Hydro. Workshops scheduled at this time are: Duds to Dazzle, Livestock Project Clubs, Club Activities for 4-H Leaders, State Record Books, STEM and Small Animal Project Clubs. The registration cost for the Volunteer Conference is \$15.00 which includes lunch. This is a great opportunity for Leaders and Parents to take advantage of. Registration for this is due to the District Office by January 27<sup>th</sup>.

### County Food Show

This event will be held on Monday, February 13 at the fairgrounds. See the insert included with this newsletter for full details. The food show is open to all school-age youth in the county and is sponsored and conducted annually by Major County OHCE.

## National 4-H Conference

National 4-H Conference is a future-focused program that aims to build strong leaders through roundtable discussions, town hall meetings, group assemblies, and visits with national legislators. Being selected to represent our state at this conference is one of Oklahoma 4-H's highest honors.

- Through an application process, three to four Oklahoma 4-H delegates will be selected to attend National 4-H Conference.
- Applicants must be 16 years old as of January 1, 2023.
- Delegates are responsible for:
- \$500 Registration fee (Oklahoma 4-H and the OK 4-H Foundation will cover the remaining cost)
- Transportation to and from the airport
- Meals on travel days to and from Washington D.C.

Lunch one day.

Applications are due no later than Midnight, Sunday, February 5- so let us know if you are interested.

### STATE 4-H RECORD BOOKS, SCHOLARSHIPS AND KEY CLUB APPLICATIONS

4-H'ers who are currently 8th grade and up are eligible to submit a State 4-H Record book this year.

If you are planning to submit a book you should contact the OSU Extension Center if you have not already!

To have your books reviewed prior to completion, please have a copy of them at the OSU Extension Center by Friday, April 14.

These record books are submitted on-line and are due by Thursday, April 20.

State 4-H Scholarships and Oklahoma Key Club Applications are also due by April 20. Contact us for information and assistance.

## Citizenship Washington Focus

Citizenship Washington Focus is live in 2023! Oklahoma will be sending a delegation on June 15-24, 2023. The event will be held at the Hyatt Regency Hotel in Bethesda, MD. Cost for each delegate will be \$2,500.00 and registration with payment will be due to the State 4-H Office on February 21. Contact us if interested in participating.

**State 4-H Ambassadors:** The 2023 State 4-H Ambassador applications are now available and are due by March 15. Any youth currently involved in Oklahoma 4-H who is 13 years of age or older by March 15th, 2023 and still has at least one year of high school remaining is eligible to apply. Contact us for more information.



## 4-H Day at OSU

**Saturday, January 21- 9:00 a.m. – 12:30 p.m.**

We are Cowboys. We live by the **Cowboy Code**, which means "We dream only as big as the sky."

We know 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> grade 4-H members have big dreams too. The OSU **College of Education and Human Sciences** and the **Ferguson College of Agriculture** want to help you find your pathway for making their dreams a reality. OSU has a dedicated faculty, staff and student leaders who study and work in areas that 4-H members learn about through their projects, activities and competitions. You are invited as to attend the inaugural **4-H Day at OSU**, where you'll discover how to connect your 4-H passions to your dreams and future purpose.

Participation is free but **limited to the first 125 4-H members**. Registration is by individual. Have your members register now at [orange.okstate.edu/register/4-H Day!](https://orange.okstate.edu/register/4-H%20Day) Go Pokes!

# Major County 4-H Photography Contest



Entries are due to the OSU Extension Center no later than 5:00 p.m. on Thursday, February 9, 2023.

Judging will follow; all photos will be on display during the Major County Jr. Livestock Show on February 12 & 13 at the fairgrounds.

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place certificates in each age division.

Each 4-H member may enter one photo.  
(Open to all Major County 4-H members.)

## Grade divisions:

Junior (grades 3-5)

Intermediate (grades 6-8)

Senior (grades 9-12)

Photography must meet the following guidelines- Photo must be of a 4-H activity and member(s), in color *or* black & white with photo no smaller than 4"x6" and no larger than 8"x10". Photo must have been taken by the 4-H member entering it. Mount the photo on 14" x 14" black or white mat board or foam core and include a title and caption for the photo on the front of the board that briefly describes the activity pictured. Attach a label on the back of the mat board with the name of the member entering the photo, Major County, number of years in the 4-H photography project, camera type and megapixels if the camera is digital.



# MAJOR COUNTY FOOD SHOW

MONDAY, FEBRUARY 13, 2023

Entry Time: 5:30 – 6:30 p.m.

Judging 6:30 p.m.

Exhibit Building at the Major County Fairgrounds in Fairview, Oklahoma

## CLASSES:

### 5-8 YEAR OLD

1. No Bake Cookies\*\* (3, any kind, with recipe)
2. Edible Creature\* (see note below)

### 9-11 YEAR OLD

3. Muffins\*\* (3 muffins, with recipe)
4. Edible Creature\* (see note below)

### 12-14 YEAR OLD

5. Battered Coffee Cake\*\* (no yeast, entire cake, with recipe)
6. Rolled Sugar Cookie\*\* (no icing, 3, with recipe)

### 15-19 YEAR OLD (not a H.S. graduate)

7. Yeast Dinner Rolls\*\* (3 rolls, with recipe)
8. Enhanced Cake\*\* (using cake mix & other ingredients, with recipe, entire cake, no icing, any shape)
9. Brownies\*\* (3 – 3x3 inch squares, with recipe)

### OPEN CLASS (Any of above age groups may also show in any of the following classes.)

10. Snack (Using ingredients from each food group)
11. Decorated Cut-Up Cake\*\* (cut to create shape, animal, etc. Evaluated on design and neatness.)
12. Quick Bread\*\* (1 standard loaf of pumpkin, banana, etc. with recipe)
13. Bread Machine Bread\*\* (any kind – 1 standard loaf, with recipe)
14. Yeast Cinnamon Rolls\*\* (3 rolls, no icing, with recipe)

\*Edible Creature is evaluated on uniqueness of design and variety of foods used, and is a “creature” of some type made up of chosen food and food items. Include a description of your “creature” on a 3x5 notecard.

\*\* All foods must include a recipe written on a 3x5 notecard.

## TABLE SETTING CONTEST – Must be Formal, Use a Theme

- TS1 Ages 5-8  
TS2 Ages 9-11  
TS3 Ages 12-14  
TS4 Ages 15-19 (Not a H.S. graduate)



## MAJOR COUNTY FOOD SHOW RULES

Contest is open to **ALL MAJOR COUNTY STUDENTS, AGE 5-19** in public, private, or home schools. Exhibits must be labeled with contestants name, age, school and school classification.

**All exhibits must include recipes** with the exception of Edible Creature, and be the work of the exhibitor.

**NO MIXES** allowed (except class 8).

Only one (1) entry per class, per person.

ENTRIES SHOULD BE REMOVED FROM THE BAKING PAN AND DISPLAYED ON A PAPER PLATE, PLASTIC BAG OR PIECE OF CARDBOARD – in other words, something disposable.

**Exhibits will be evaluated at 6:30 p.m. February 13<sup>th</sup>**. Exhibits will be placed in blue and red ribbon groups with outstanding exhibits named as the judge chooses. Entries accepted from 5:30-6:00 p.m..

All exhibitors are encouraged to be present for the judging. Exhibits must be picked up following the judging of the entire show. Anything not picked up will be discarded.

All exhibitors' names will be entered in a drawing to be held during the judging. Exhibitors' names drawn may receive cash or prizes. Must be present to win!

**TABLE SETTING CONTEST GUIDELINES:** Participants will set up a formal place setting (on a card table – bring your own) including a table cover (cloth or placemat), appropriate flatware, dishes, glass or cup for beverage (whatever is needed) for the exhibit. Plan the menu and place a written menu on the table. (Put the exhibitor's name and age on the back of the menu.) Be creative! **Exhibitor must set up table in front of the judge and may be asked questions by the judge about their setting.**

The Major County Food Show is sponsored annually by the Major County Association of Oklahoma Home and Community Education (OHCE).



For information contact the OSU Extension Center at 580-227-3786.



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**MAJOR COUNTY  
EXTENSION**

*Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating.  
The Oklahoma Cooperative Extension Service offers its programs to all eligible persons regardless of race, color,*

# Are you into it?

"4-H Clover Connection" is published on a regular basis at the Major County OSU Cooperative Extension Center. This newsletter is just one way of communicating educational information to the citizens of Major County. Major County OSU Cooperative Extension Service educational program and information are provided to you, in part, through the Major County sales tax. Oklahoma State University, U.S. Department of Agriculture, State and Local Governments Cooperating. *Oklahoma Cooperative Extension Service:* Oklahoma State University, as an equal opportunity employer, complies with all applicable federal and state laws regarding non-discrimination and affirmative action. Oklahoma State University is committed to a policy of equal opportunity for all individuals and does not discriminate based on race, religion, sex, color, national origin, marital status, sexual orientation, gender identity/expression, disability, or veteran status with regard to employment, educational programs and activities, and/or admissions. For more information, visit <https://eeo.okstate.edu>

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