



July 2022

Horse project lends itself to fun adventures

Exploring the wilds of Oklahoma with your equine partner is one of the joys of horse ownership. Horses allow us to experience nature so much more intimately than through the windshield. But as it is with any excursion, a trail ride requires planning.

Depending on the extent of your adventure, a certain level of planning must take place – even if it’s just a short trip close to home, said Kris Hiney, Oklahoma State University Extension equine specialist.

“To start with, make sure you and your horse are ready. As a rider, are you fit and balanced enough in the saddle to handle the challenges of uneven terrain? Is your horse a trained and safe mount? Is the animal calm or does it easily? Has the horse been properly conditioned to handle prolonged hours of riding? Make sure the trail you choose is appropriate for both of your skill levels” Hiney said.

While riders don’t want it to happen, sometimes the rider and the horse unexpectedly part ways, perhaps by a spook or maybe by the horse tripping. This is why it’s good to keep your cell phone on your body and not tucked away in a saddle bag. Make sure it’s charged, and you have a stand-alone charger. Also, carry a whistle on your body in the event you need help but are far from other people. Something else to consider is getting your horse microchipped.

Before leaving home, be sure to inspect and repair all of your tack. Pack a lightweight rope halter and lead rope, as well as a multi-purpose tool that can help make quick repairs.

“If you’re planning a longer trip in unfamiliar territory, you’ll need more supplies and saddle bags. Pack some key first-aid items, such as non-stick pads, gauze rolls, band-aids, antibiotic ointment and saline solution, to help address minor wounds on yourself or your horse,” she said. “These items will help until further veterinary care can be obtained.”

Hoof care is important while out on the trails, so

bring a hoof pick to remove any stones that may become lodged in a hoof. This will help alleviate soreness in the hoof. If the animal is shod, be familiar with the process of removing shoes if they become loose or sprung. Check with your farrier on how to do this.

“A sore-footed horse will result in a miserable experience for both of you,” Hiney said. “If the ride is longer than what you’re used to, you and your horse may experience some discomfort from skin rubbing tack and equipment. Diaper rash cream can help sooth chafed skin.”

Water is vital on a trail ride – more so for the rider than the horse as they can drink from streams and lakes. Check the trail map to determine where water is available and plan your route accordingly. The rider needs to bring enough water to account for both the duration and temperature of the ride.

Hiney said it’s important to pack for unexpected weather. Packing some rain gear and getting the horse used to riding in it beforehand can help if a storm comes up. Don’t forget the flashlights, mylar blanket and matches.

“Injuries along the trail aren’t uncommon. You’ll need to assess the situation and determine if the horse can make it back to the trail head safely,” she said. “Ideally, don’t leave the horse alone it at all possible.”

Vehicle and trailer problems also may arise. Changing tires on a truck and trailer along the highway can be difficult and supplemental tire changing tool kits may be necessary.

“With careful forethought and planning, trail riding can be a very rewarding experience,” Hiney said.

Kay County

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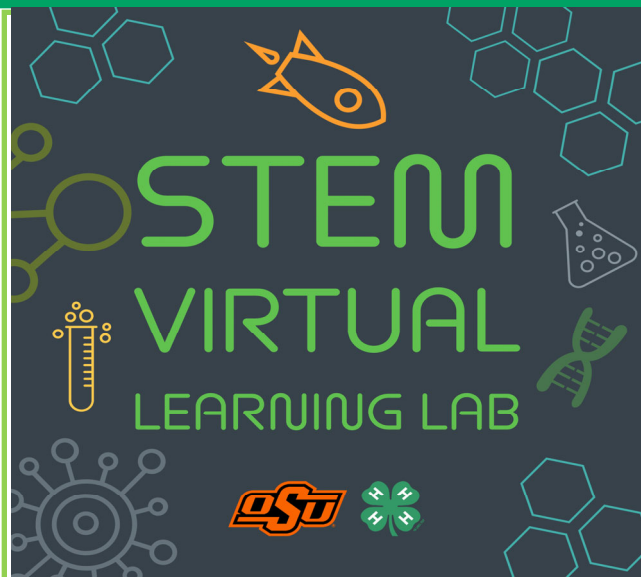
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Kay County 4-H

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VIRTUAL- LEARNING LABS

VIDEOS WILL BE POSTED AUG. 1-4

Prepare to explore the world of STEM! As the 2022 summer STEMists present fun activities for youth to learn and explore: bio-plastics & polymers, the effects of greenhouse gases and the weather phenomenon called El Niño. Participants who register by **July 15th** will receive supplies for selected workshops. You can register on ZSuites at: <https://4h.zsuite.org/event-registrations/14476>

Summertime is the perfect time to start working on **Kay County Free Fair** entries.

Kay County Free Fair dates September 12th-18th



4-H entries will be taken:

Monday Sept 12th - 2:00 PM- 6:00 PM

Tuesday Sept 13th - 8:00 AM- 6:00 PM

<https://extension.okstate.edu/county/kay/>

4-H Sewing Day Camp

COST \$10.00

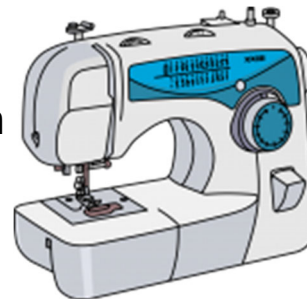
LIMIT of 12

Ages 8-18

July 19th and July 20th

9:00 AM—12:00 PM

**Extension Office
Multipurpose Room
RSVP by July 15th**



Volunteers Needed for Southern Legislative Conference

4-H members have the opportunity to serve as volunteers at the Southern Legislative conference. This is a group of state legislators from the Southern Region. Ag in the Classroom staff will be presenting workshops for youth attending the conference with their parents. Volunteers will assist presenters from 8am to 12 noon, **July 11, 2022**. The conference is at the Convention Center attached to the Omni Hotel in downtown Oklahoma City. There is no advance preparation needed – volunteers would assist the presenter as needed. Members should wear clothing that shows 4-H affiliation.

4-H Enrollment for the new year

<https://4h.zsuite.org/>

**Begins August 1,
2022**



OSU SHEEP FIELD DAY TUESDAY, JULY 19

Morning Program
8:00-9:00 a.m. Registration

9:00 a.m. Welcome - Rusty Gosz OSU Youth Livestock Specialist

9:15 a.m. Sheep Judging Contest - 7-8 Classes (Including 1-2 goat classes)
Noon Lunch - On your own

Afternoon Program
1:30 p.m. - 4:30 p.m. OSU Tour (FAPC and Meat Science Lab)

OSU BEEF FIELD DAY WEDNESDAY, JULY 20

Morning Program
8:00-9:00 a.m. Registration

9:00 a.m. Welcome - Scott Nemecek OK Ag Ed Supervisor and FFA Advisor
Welcome and Awards - Steve Beck OK State 4-H Program Leader

9:15 a.m. Beef Judging Contest - 7-8 Classes
Noon Lunch - On your own

Afternoon Program
1:30 p.m. Best of the Best Reasons Competition

OSU SWINE FIELD DAY THURSDAY, JULY 21

Morning Program
8:00-9:00 a.m. Registration

9:00 a.m. Welcome - Dr. Richard Coffey ANSI Department Head
Welcome - Kylee Deniz Executive Director, OK Pork Council

9:15 a.m. Swine Judging Contest - 7-8 Classes
Noon Lunch - On your own

Afternoon Program
1:30 p.m. Oklahoma Pork Council Workshop
3:30 p.m. Awards Program (Sheep, Beef, Swine, and Overall) in the Arena

More than 100 awards & scholarships awarded, including the Joe Hughes Memorial Traveling Trophy!



July 19-21, 2022 - OSU Animal Science Arena
THE MOST TIME-HONORED SUMMER FIELD DAY IN THE COUNTRY!

2022 Title Sponsors!





Teen Leader/PLO Meeting

July 25, 2022

**Kay County Extension Office
Multipurpose Room**

The Teen Leader Meeting will be held at 6:00 PM

The PLO Meeting will be held at 6:30 PM



July 25, 2022– 5:30PM

Roundup delegates orientation

Kay County Extension Office Multi-purpose Room

2nd Annual Kay County FAIR PAGEANT

(Sponsored by Kay County 4-H)

Wednesday, September 14th

Kay County Fairgrounds

6:30 p.m.

Deadline is September 9th, 2022

Age divisions by 1/1/22

Little Kay County Fair 4-8 entry fee \$20.00

Junior Kay County Fair 9-13 entry fee \$30.00

Teen Kay County Fair 14-18 entry fee \$50.00

Checks are made payable to Kay County OSU Ext.or Cash. We do not accept debt cards.

Contestants will complete in formal or pageant wear. They will be judged on poise, style and personality in the following:

Self- introduction, modeling on stage, each contestant will draw an age-appropriate question to answer on stage, teens will be interviewed by the judges prior to the Pageant. This can be done Virtually.

Entry forms are available in the OSU Extension Office, 226 S Maple, Newkirk



CALENDAR

July

- 11 Southern Legislative Conference
- 15 STEM Virtual Learning Lab Registration Due
- 15 4-H Sewing Day Camp Registration Due
- 19-21 OSU "Big 3" Field Day
- 19 4-H Sewing Day Camp
- 20 4-H Sewing Day Camp
- 25 Roundup Delegate Orientation
- 25 Teen Leader/PLO Meeting
- 26-29 State 4-H Roundup– Stillwater

August

- 1 4-H Enrollment Begins

September

- 9 Kay County Fair Pageant Registration and Fee Due
- 12-18 Kay County Free Fair
- 12 4-H entries taken
- 13 4-H entries taken
- 14 2nd Annual Kay County Fair Pageant

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