FIND YOUR SPARK

2023-2024 HASKEL COUNTY 4-H HANDBOOK



OSU EXTENSION HASKELL COUNTY 4-H YOUTH DEVELOPMENT

Now Enrolling!

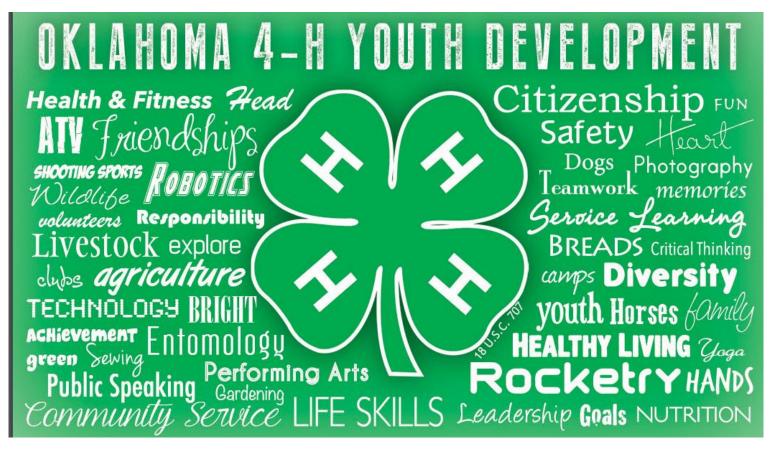
2023-2024 Haskell County 4-H Enrollment opens August 1, 2023

*Must be 8 & in the 3rd Grade by August 1, 2023

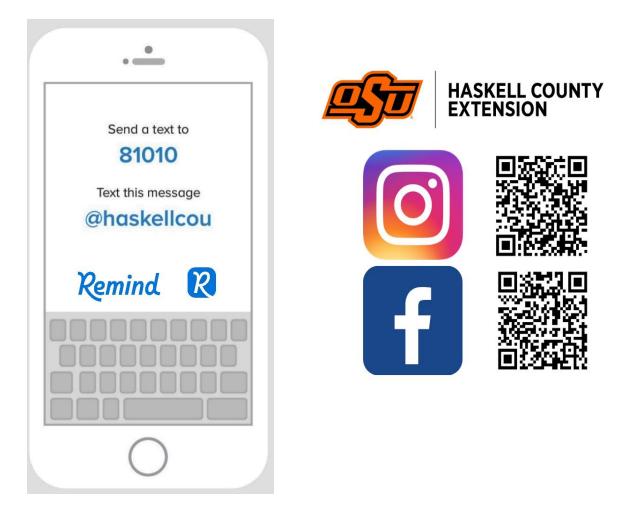
4-H Year runs August 1-July 31

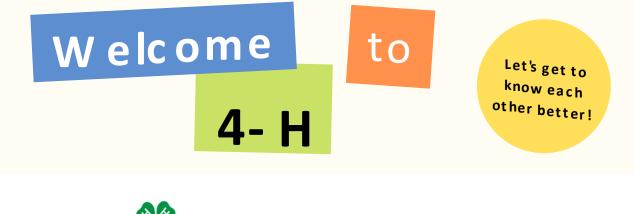
Enroll online at:

<u>https://4h.zsuite.org/</u>



Follow us on social media and Remind to stay up to date on current events!





📽 4-H: A Family Affair

• What is 4-H?

4-H is a program for youth and their families from all segments of society. It provides educational programs for diverse audiences of youth and adults based on practical skills of learning to learn, decision making, public speaking, goal setting, job skills and more. 4-H is the youth development phase of the Oklahoma Cooperative Extension Service, supported cooperatively by Oklahoma State University, USDA and local County Government.

• How is 4-H Organized?

Locally- Most clubs have monthly meetings conducted by the local youth officers. Some clubs also have special project and activity meetings where members work in smaller groups to develop specific project skills. Each club has a designated Organizational Leader. Organizational leaders are the primary contact between the local club and County Extension Office. Organizational leaders depend on the assistance of parents as volunteers in a variety of roles at the local and county level.

County - The 4-H program is managed through the County Extension Office located in Stigler, OK. Primary leadership is provided by the 4-H Youth Educator. The office is responsible for setting an educational tone and direction for 4-H and youth programs, providing instructional materials and resources, training parents and volunteers and keeping families and local leadership informed through newsletters and general correspondence. 4-H parents/volunteers are essential to the county program. All county 4-H activities and events are planned, implemented, and evaluated by a committee of 4-H parents/volunteers. 4-H parents/volunteers are encouraged to participate on the Volunteer Leadership Team, which meets quarterly.

• What is my role as a parent/guardian?

4-H is a family affair! Members require the involvement and support of the entire family. Your role will include supporting and helping members, without doing it for them; giving praise and encouragement; helping a member select appropriate projects and activities; staying informed about 4-H programs; asking questions; supporting your member in meeting deadlines and following through with responsibilities and commitments; attending meetings and functions with members; and helping members focus on what's really important, not just winning! Be a part of the 4-H team! The team is made up of volunteers, like yourself, helping to provide snacks, transportation, and a meeting place; serving as a project or activity volunteer; being a resource in your area of expertise; asking what you can do at the local and county level; and helping when called upon. 4-H members get more from their 4-H experience when the whole family gets involved.

• Who and what is the Development Educator?

This individual is an Oklahoma Cooperative Extension Service professional. This professional has two primary roles: educator and educational manager. As an educator the extension professional is responsible for providing guidance and opportunities in educating volunteers, parents, teachers and other youth servicing volunteers and professionals. The educational manager's role is to serve as a mentor, counselor, liaison and resource to local and county 4-H clubs, county 4-H committees, 4-H adult and youth councils, the county 4-H Foundation, schools, community committees and other youth servicing agencies.

• What can 4-H teach my child?

4-H teaches members to set and accomplish goals for themselves through project work.

A member's project manual will assist them in learning to set goals, keep records, and evaluate what they did or did not accomplish.

4-H encourages members to record their goals and how they completed the goals. This is called record keeping. There are several ways for members to keep up with what they do in 4-H. They can: **1**. Use a county record book or medal form to record what is done in the project. **2**. Keep a diary (write in it each day).

3. Write on a calendar (write down each day what was done).

A key to successful record keeping is to wait no longer than one week to record project work. The important details and/or simple things are forgotten quickly.

The things that need to be written down include: **1.** What you did (number of times, number of items made, number of animals, number of acres planted and harvested, hours spent working in project or project work done, etc.). **2**. What you learned (what new knowledge and skills were learned, what funny or sad things happened, etc.). **3**. Learning experiences participated in (demonstrations, speeches, tours, exhibits, judging, workshops attended, lessons at local club meetings, day camps, etc.). **4**. Leadership experiences you participated in (volunteer leadership: teaching or assisting with teaching, committee work, officer, etc.).

5. Citizenship activities participated in (helping others, providing a service, etc.). **6**. Awards and recognition received.

The result of keeping good records is that a member has learned to set goals and see how goals were accomplished.

• The 4-H Philosophy

"It is better to build a boy than to mend a man."

To "learn by doing" is fundamental in any sound educational program and characteristics of the 4-H program.

Some other commonly accepted beliefs are:

- 4-H youth are more important than the 4-H project.
- Learning how to do the project is more important than the project itself.
- A blue ribbon 4-Her with a red ribbon project is more desirable than a red ribbon 4-Her with a blue ribbon project.
- Every 4-H member needs to be noticed, to feel important, to win, and to be praised. Our job is to teach 4-H members <u>how</u> to think, not <u>what</u> to think.

• What is a 4-H Project?

At the beginning of each year a member will complete enrollment. They will choose 4-H projects that they are interested in learning about. Some projects have a project manual which will guide the family in learning fundamentals and opening doors to other opportunities. Each manual is developed with age-appropriate materials and projects. The activities and projects outlined in the manual can then be entered in the county fair and other activities throughout the year. Some projects are self-directed, meaning you can use creative ways to learn about a particular subject.

4-H project work can be accomplished very easily by developing a simple plan to accomplish one project/activity each month during the year.

• How to know what's going on.

Read your yearbook! Use the calendar in the back of the yearbook! All county activities and events are planned one year in advance. Write them on your family calendar. Please note and comply with deadlines.

Email and Facebook are used to supplement the yearbook and keep you updated as to times and locations.

Check out the county website. It has the most current information.

- How will my family get the most from this experience?
 - Attend local club meetings. Ask questions of the local club leader and call the Extension Office (918-967-4330).
 - Read the yearbook. Keep it in a handy location at home.
 - Set goals and work at completing the goals in a timely manner.
 - Keep records of your project work. Do a talk or demonstration at the local club.
 - Participate in local club citizenship projects. Participate in county activities and events.

Attend club meetings! Local club leaders will make announcements regarding updated information, remind you of upcoming deadlines, and provide registration forms so you won't have to make a last minute dash to the Extension Office.

Each family is responsible for meeting deadlines and turning in forms. Most registration is done online so make sure to look for the links in emails, social media or the yearbook.

• What Things Will My Local Club Do?

Each 4-H Club is encouraged to select a project or issue to focus on during the year. Suggested projects are:

- Natural Resources and Environmental Education water conservation (use of water in homes), soil conservation, and environment (keeping the air we breathe and our surroundings clean). Conserving natural resources today and for the future.
- Youth Issues Education, Depression, Child Abuse, Health, Teenage Pregnancy, Substance Abuse, Career Selection, and Suicide.
- **Health and Wellness** Maintaining and improving physical, intellectual, emotional and social health. Learn about community health resources and environmental issues.
- **Safety** Learn how to reduce accidents and injuries, recognize and correct hazards, and think and practice safety. Encourage families, clubs and communities to become safety conscious.
- **Family Strengths** Preparing responsible youth by promoting family communication, leadership development and positive self-esteem. This will enhance the youth's parenting skills.
- Science and Technology Focusing on the "why" of all 4-H projects the way it is put together the way it functions, etc.).

4-H Clubs who have a project to focus upon have more involvement of members and parents, and in turn achieve and learn more.

• 4-H Record Book Medals: What do they mean?

RECORD BOOKS-MEDAL CRITERIA (award form 1) MUST FILL OUT & INCLUDE WITH RECORD BOOK. The following items are a list of criteria that will be used to determine your success in your 4-H projects. All criteria must be completed to earn the desired medal or award. Each County Record Book will be judged from cover to cover on the following criteria: (To be turned in with Record Book)

Participation Certificate

- □ Be enrolled in 4-H
- □ Turn in Haskell County 4-H Record Book on time
- □ Write a ½ page story
- □ Include at least 2 pictures in project area
- Overall Bronze Medal (will not be judged on individual projects, rather on entire book)
 - □ Be enrolled in 4-H and attend at least 3 meetings
 - □ Turn in Haskell County 4-H Record Book on time
 - □ Write a 4-H story 1 page in length
 - □ Include 3 pictures in project area
 - D Prepare at least one county fair 4-H exhibit
 - □ Give at least one speech or demonstration
 - □ Be a member of a club committee or a club officer
 - □ Participate in at least one citizenship activity
 - Participate in at least two county or district events
- Overall Silver Medal (will not be judged on individual projects, rather on entire book)
 - □ Be enrolled in 4-H and attend at least 4 meetings
 - □ Turn in Haskell County 4-H Record Book on time
 - □ Write a 4-H story 1 1/2 pages in length
 - □ Include 3 pictures in project Area
 - □ Prepare at least two county fair 4-H exhibits (may exhibit 2 different species of animals)
 - □ Give at least two speeches or demonstrations
 - □ Be a member of a club committee or a club officer
 - Participate in at least two citizenship activities Participate in at least 3 county or district events
 - □ Provide at least one form of leadership to others
- Overall Gold Medal (will not be judged on individual projects, rather on entire book)
 - □ Be enrolled in 4-H and attend at least 5 meetings
 - □ Turn in Haskell County 4-H Record Book on time
 - Write a 4-H story 2 pages in length
 - □ Include 3 pictures in project Area
 - Prepare at least three county fair 4-H exhibits (may exhibit 2 different species of animals)
 - □ Give at least three speeches or demonstrations (may use same speech, different audiences)
 - □ Be a member of a club committee or a club officer
 - □ Participate in at least three citizenship activities
 - □ Participate in at least 4 county or district events
 - Provide at least two types of leadership to others

SPECIAL AWARDS CHECKLIST MUST FILL OUT AND RETURN WITH RECORD BOOK

May apply for more than one award Eligible one time & must meet all requirements.

Rookie 4-H'er

- □ Recognize two beginners (Age 8-9) 4-H members that have the most outstanding overall achievement.
- □ Requirements: Age 8 by January 1st of current 4-H year & meet Bronze medal requirements or above Eligible one time & meet all requirements

Outstanding Junior Youth Award

- Recognize two Junior 4-H members that have the most outstanding achievement
- Requirements: Must submit a county record book & meet Bronze medal requirements or above Age 10-12 by January 1 of current 4-H year 2 or more years of club work Eligible one time & meet all requirements

Outstanding Intermediate Youth Award

- Recognize two Intermediate 4-H members that have the most outstanding achievement
- Requirements: Age 13-14 by January 1 of current 4-H year 2 or more years of club work Must submit a county OR state record book & meet Bronze medal requirements or above Eligible one time & meet all requirements

SR Outstanding Public Speaker Award or JR Outstanding Public Speaker Award:

To recognize an outstanding public speaker in the county during the current year

- Requirements: Must submit a state OR county record book & meet Bronze medal requirements or above,
- □ 2 or more years of club work
- $\hfill\square$ JR 9-12 or SR 13 and up
- Must participate in county speech contest Eligible one time & meet all requirements

• What is the 4-H Philosophy about Recognition?

Creating an environment that nurtures growth and development includes the careful, creative and balanced use of recognition. Recognition is the acknowledgment and affirmation of an individual or group and any personal growth they have experienced. In 4-H, recognition is the encouragement and support for learning that is part of participation in the wide array of educational experiences the program provides. Recognition in 4-H may be public or private. It can be within the individual or provided by others. Whatever its form, recognition in 4-H is a strategy for helping young people become more capable and more competent. Through the acknowledgment, affirmation and positive reinforcement of each person's effort, feelings of competence and capability increase and participation continues. The purpose of recognition is to encourage and support the efforts of young people in learning to improve their knowledge and develop their life skills. Using a comprehensive recognition process can create a broad array of experiential learning environments. These learning environments must respect individual differences as related to the form of recognition that is most effective in encouraging and supporting development.

• 4-H Recognition Model

The recognition model is part of a comprehensive plan that rewards positive learning behaviors in youth. In all aspects of the model, recognition should be based on the young person's involvement, participation, and/or efforts and should be designed to meet the needs, interests, and aspirations of young people with different backgrounds and experiences. Recognition should be focused on individual learning and not influenced by factors such as monetary resources to purchase high-quality project materials, top grade animals, and use of equipment. The recognition model can be used to design a recognition system to meet the needs of all youth.

The five parts of the 4-H Recognition Model include recognition for:

- *Participation* -The first step toward building a positive self-concept in the participant is acknowledging his/her involvement.
- *Progress toward personal goals* This enables youth to gain experience in goal setting and realistic self-assessment.
- *Standards of excellence* These give young people an external predetermined set of criteria for their learning experiences against which they can assess their progress and gain insights into their own interests, efforts, and abilities.
- *Peer competition* Peer competition subjectively identifies, in a concrete time and place, the best team or individual. It is not developmentally appropriate for younger children.
- *Cooperation* Helps younger people learn and work cooperatively, preparing them for living in today's interdependent, global society.

Underlying principles of developmentally appropriate recognition.

- Recognition is a basic human need, along with security, new experiences and responses. Recognition should be part of all 4-H learning experiences.
- Appropriate recognition takes place.
- Respect for individual differences is essential.
- Recognition must be structured to build positive self-esteem.
- Opportunities for self-assessment and reflection allow youth to learn.
- A range of opportunities and challenges provide choices to meet individual needs.
- Adult support is essential in youth learning and recognition.
- Everyone should be recognized at some level.
- A balance between all elements of the recognition model is essential.

Assumptions about recognition in 4-H

- Recognition can be a motivator for some young people to excel and take pro-social risk.
- Recognition can foster self-appraisal skills, providing a strong foundation for each young person to engage in self-reflection and self-praise without the need for external rewards.
- The recognition can encourage and support the efforts of young people as they engage in all forms of learning.
- Recognition, used in all its forms, can provide balance to the recognition young people receive as they move through educational programs to more increasingly difficult challenges.

Some key principles of recognizing youth for:

Participation

- Through participation young people can more clearly define self-concept and strengthen self-image.
- Support and encouragement of young people in significant roles fosters ongoing participation.

Progress toward personal goals

- This form of recognition is appropriate for youth of all ages and fits many different interests.
- Goals should be realistic and reachable in a set time period.
- Goals are set by the youth with interaction with experienced persons.

Peer competition

- Competition involves a high risk activity with possible stress, conflict, disagreement, and hurt feelings.
- Participation in competition should be optional.

Standards of excellence

- Everyone can utilize standards in their life.
- When using standards developed by an expert, it is critical that those standards are available to all people involved.

Cooperation

- Life skills develop when young people learn and work cooperatively.
- Through joint problem solving, young people can strengthen their own self-concepts as well as understand and appreciate individual differences.

County Activities and Events

- Guidelines for county activities and events are included in this section of the handbook. Use these pages to set your goals for the 4-H year. Read the guidelines and develop your project or projects.
- Quality work takes time, preparation and practice.
- Members, parents and leaders will be notified of changes, corrections and updates of county activities and events through the county website, Facebook page and email.
- Updates, special programs and activities, as well as livestock updates will also be published through the county website, Facebook page and email.

- Entry information for all county events and activities is available in the Handbook, county website https://extension.okstate.edu/county/haskell/4-h.html and Facebook.
- All deadlines are final. Entries or exhibits that are not received in the Extension Office by the specified deadline in the handbook will not be considered for awards.
- Incomplete entries will not be considered "meeting the deadline" and will not be considered for awards.
- Learning responsibility in meeting deadlines is an important life skill 4-H teaches.
- Each event listed will include guidelines/restrictions. Grades listed are the member's grade on August 1 of the current year.
- Good 4-H work can be done anytime, but GREAT 4-H work requires you to make yearly goals and plans.
- Plan the work and work the plan! The handbook can help you do that.



"Plan the Work! Work the Plan!"

4-H project work is more than the county activities in this book. It is participation in your local club activities, community service and beyond and it is the work that takes place at home.

The lack of quality project work is evident but can be made fantastic with a little planning. Planning means not waiting on someone else to do it for you and following through with the plans you make.

4-H members who plan are more likely to learn important life skills, find what they are passionate about and maybe even win a scholarship someday.

The end goal of 4-H is to create well-rounded individuals who can be a contributing member of society. It's not about what you've won, it's about what you've done and learned through the process.

Beginning with September, after fall enrollment, start outlining the plan month-by-month in general terms, of what you plan to do each month.

For Example:

• **October**: Leadership Project related to a 4-H promotional event. This is a simple thing to pencil in because National 4-H Week and Oklahoma 4-H Month are held in October. There are lots of opportunities to promote4-H through displays, posters, flyers, speeches, etc. The tour will be a tour directly related to your chosen project area.

- **November**: Community Service Project (This should be very simple to accomplish because November and December provide many opportunities for community service.) The one project to be completed is researching and writing a speech related to your project area.
- **December:** Present speech at local club meeting, provided you planned ahead and asked to be on the Agenda.
- January: Participate in a county event (i.e., Healthy Living Fair) by completing 3 projects. Two of the three will be related to your main project and the third will just be for fun.
- **February:** Participate in Public Speaking Event with speech prepared in November, as well as, doing one more project related to project area.
- March: Do one Leadership Project and 1 project related to project area.
- **April:** Do one Community Service Project and 1 more projects related to project area.
- May: Complete Medal Form or Record Book.
- June: Attend workshop (summer day camp, livestock judging camp, etc.) and 2 more projects related to project area.
- July: Participate in a County Activity Camp. Do 2 more projects that are crafts.
- August: Participate in a County Activity Awards Program and 2 more projects
- September: Participate in County Event County Fair exhibiting 12 items (projects) made over the past 11 months (1-2 projects at a time).

Wow, look what has been accomplished without a lot of hassle and last minute pressure. The key is planning your work and work your plan!





* Aerospace & Rocketry * ATV Automotive * Beef Bicycle * Child Care * Civic Engagementgovernment, service learning, and community service * Communication & Expressive Arts * Companion Animals * Consumer Education * Dairy * Design & Construction - Apparel & Sewing * Design & Construction-Hobbies & Textiles Quilting, * Knitting, Embroidery * Design & Construction-Interiors, Personal Living Space & Sewing * Electricity & Electronics * Energy-Wind, Electric, Hydro, Oil, Gas * Entomology & Bees * Entrepreneurship * Environmental Stewardship-Recycling, Composting, Water, Conservation * Farm Machinery * Flower Gardening & House Plants * Food & Nutrition-Breads, Cooking Preparation, Preservation, Presentation Gardening-Fruits & Vegetables * Goats-Meat, Milk, and Hair * Health & Fitness * Hobbies & Collectibles * Horse, Donkey, Mule * Industrial Arts- Woodworking, Welding, Construction * International & Cultural Education-Exchange Service Abroad, Education Abroad * Leadership * Llama Meats * Meteorology-Weather & Climate * Natural Resources-Wildlife & Fisheries, Game Birds, Forestry, Geology, Range * Ornamental Horticulture & Landscaping * Outdoor Education-Camping, Recreation, High Adventure, * Performing Arts-Dance, Drama, Theater, Clowning, Mime, Music * Personal Hiking, Etc. Development * Photography * Plant & Soil Science * Postmark * Poultry * Public Speaking * Rabbits * Recreation & Leisure Education * Robotics * Safety-Home, Farm, School, Personal * Science Engineering & Technology-Techxcite, GPS, UAV, Computer Science, Etc. * Sheep * Shooting Sports * Small Engines * Sport Fishing * Swine * Tractor & Machinery Safety * Vet * Visual Arts-Drawing, Painting, Sculpture, Crafts, Leather, Etc. Science

HASKELL COUNTY 4-H EVENT SCHEDULE PLANNER 2023-2024

4-H Events

Haskell County OSU Extension CRYSTAL SHIPMAN & KOLI ROSSI 918-967-4330 All contests and events rules, times, and dates are subject to change throughout the year.

Follow our Facebook page: www.facebook.com/haskellcoext

Website: https://extension.okstate.edu/county/haskell/

PROJECT	STARTING	ENDING	PROJECT	STARTING ENDING						
COUNTY ROUND-UP	TBD	TBD	LEGO BUILDING CONTEST	1/8/24	1/15/24					
HASKELL COUNTY FREE FAIR	9/7/23	9/12/23	TRI COUNTY SPEECH CONTEST	TBD	TBD					
AG SKILLATHON	9/8/23		COUNTY LIVESTOCK SHOW	TBD	TBD					
PUMPKIN DECORATING CONTEST	10/19/23	10/23/23	PHOTOGRAPHY CONTEST	3/1/24	4/30/24					
THANKSGIVING FOOD DRIVE	10/30/23	11/13/23	T-SHIRT DESIGN CONTEST	5/1/24	5/15/24					
CHRISTMAS ORNAMENT CONTEST	11/28/23	1/2/24								

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2023 HASKELL COUNTY FREE FAIR

SPARK 4-H/FFA AND OPEN CLASS

General Rules and Guidelines

SEPTEMBER 7TH, 8TH, 11TH, & 12TH,							
10 A 10	2023						
PREMIUM SALE	DINNER	SALE					
SEPTEMBER 12TH	@ 6:00 P.M.	@ 7:00 P.M.					

Haskell County Fair SCHEDULE

4-H & YOUTH EXHIBIT CHECK-IN

4:00-6:00PM

SEPT

8

SEPT

SEPT

SEPT

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7:30-8:30AM 8:15-9:00AM 9:00AM 10:00AM 1:00PM

CHECK IN FOR BAKED GOODS ONLY POULTRY & RABBIT SHOW CHECK-IN FOLLOWED BY SHOW FFA TRACTOR DRIVING CONTEST JUDGING OF EXHIBITS (CLOSED JUDGING) 4-H & FFA AG SKILLATHON

8:00-10:00AM WEIGH IN OF SWINE & LAMBS 1:00-8:00PM 6:00 PM **EXHIBITS OPEN** SHEEP SHOW FOLLOWED BY SWINE SHOW

6:00 PM **BUYER APPRECIATION DINNER** 7:00 PM LIVESTOCK PREMIUM SALE

9:00-NOON

PICK UP INDOOR EXHIBITS AT HASKELL COUNTY OSU EXTENSION OFFICE



HASKELL COUNTY

FRIDAY, SEPTEMBER 8 1:00 **HASKELL COUNTY** FAIRGROUNDS

(SUBJECT TO CHANGE)

 ΔG

HASKELL COUNTY FAIR

Age Divisions Jr: 8-12 Int: 13-15 Sr: 16 & above

Winners!!!

*Must be a 4-H or FFA Member of a Haskell County Club to participate

SKILLATHON

The Ag Skillathon will be a written exam and an identification practicum based on cumulative knowledge over the four livestock species shown at the Haskell County Livestock Shows. **Examples of topics include:**

BREEDS OF LIVESTOCK

EQUIPMENTID

FEEDSTUFF ID

LIVESTOCK TERMS

CARCASS TRAITS & MEAT CUTS

CONTACT THE HASKELL COUNTY OSU EXTENSION OFFICE FOR STUDY MATERIALS

(918) 967-4330

OSU is an Affirmative Action, Equal Opportunity, E-Verify Employer. Persons with disabilities who require alternative means for communications, program information or reasonable accommodations, need to contact the Haskell County Extension Office at 918-967-4330 at least two weeks prior to the event.

4-H Pumpkin Decorating

Contest

CHECK IN: OSU EXTENSION OFFICE

Thursday & Friday 10/19-10/20 between 8:00am – 4:30pm.

Judging Monday, October 23, 2023

Check Out:

Tuesday, October, 24, 2023 8:00a.m. – 4:30 p.m.

Please call to make arrangements if pumpkins are not able to be picked up. Pumpkins left will be disposed of.

CATEGORIES

- 1. Pick of the Patch-Prettiest
- 2. Otherworld Originality- Most creative
- 3. Jovial Jack O' Lantern- Funniest
- 4. Ghoulish Gourd-Scariest
- 5. Prideful Pumpkin- 4-H Themed

ENTRY RULES

- Each contestant may enter only one pumpkin
- All pumpkins should have an entry tag with Class designated and attached.

AGE DIVISIONS

- Cloverbud Division
- Junior Division 12 and under
- Senior Division- 13 and over





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Haskell County 4-H Thanksgiving FOOD DRIVE **Battle of the Clubs** October 30-November 13 Donate Food to your choice club box. Club with most items wins a party hosted by Haskell County Extension. Food collection boxes will be in the extension office

PLEASE DONATE NON-PERISHABLE AND/OR UNEXPIRED GOODS ONLY

HOT/COLD CEREAL, WATER BOOTLES JUICE BOXES, RICE, PASTA, CANNED TOMATOES, CANNED SAUCE, MILK, CHIPS, BAGGED SNACKS, OATMEAL,

FOR MORE INFORMATION : 918-967-4330

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2023 **4**-H

Christmas Ornament

Contest

Entries are due by November 28, 2023 are the Haskell County OSU Extension Office and may be picked up on January 2nd, 2024

This event is intended to be a fun activity, allowing members to express creativity, and show their Christmas Spirit.

Rules:

- Participants may enter one item in each category
- All entries must be able to hang on tree





Age Dívísíons:

- Cloverbud: K-2nd Grade
- Junior: 3rd- 7th Grade
- Senior: 8th-12th Grade

• Original Natural Resources- created from objects found on nature

- Original Recycled- made from recycled material- Popsicle sticks, bottle caps, scrap material, puzzle pieces, etc.
- Original Design ornament can be store bought as long as it is plain, member must add decorations (ex. Painting, beads, glitter, etc.)

Crowd Pleaser Award:

- · Must fit into one of the categories above
- Will be chosen from the most "likes" received on our Haskell County OSU Extension Service Facebook page



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LEGO WINTER WONDERLAND CONTEST

Create a Lego Winter Wonderland

Entries will be accepted 1/8/24-1/15/24 3 Age Divisions: Cloverbud(5-7), Junior(8-13), Senior(14-18)

> For more information contact the Haskell County Extension Office 918-967-4330



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It's your turn to speak

2024 Tri-County Speech Contest

About

4-H Public Speaking is a contest designed for 4-H members to work on communication, presentation, and public speaking skills - the exchange of thoughts, information, or messages between individuals; sending and receiving information using speech, writing, and gestures.

Divisions:

* 4
5/12
18 USC 707

CLOVERBUDS

 (grades K-2nd) May enter 1 Show and Tell presentation and will receive a participation ribbon only.



JUNIOR, INTERMEDIATE, SENIOR

• May pick 2 speech categories.

Judging: All speeches will be judged on the <u>Speaker</u> (appearance, voice, eye contact, posture); <u>Presentation</u> (Introduction, organization of material, delivery, interesting, conclusion, general effect of presentation, use of props); and <u>Subject Matter</u> (originality, topic, speaker's understanding of topic, accurate information.)

The Event Will Be Held On:

Categories

- Regular Talk
- Illistrated Presentation Feed
- Illistrated Presintation Non-Food
- Power Point
- Extemporaneous
- Impromptu
- 4-H Ritual

Members may have one entry per category for a total of two entries.

More Information Contact: koli.rossi@okstate.edu - 918-967-4330

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HASKELL COUNTY 4-H AND FFA INESTOCK SHOW

FEBRUARY 2024











HASKELL COUNTY SHOW BARN LIVESTOCK SHOW 2/ /24 @ 6:00PM PREMIUM SALE 2/ /24 BUYERS DINNER @ 6:00 SALE @ 7:00



BUCKET CALF PROJECT

H A S K E L L C O U N T Y O S U E X T E N S I O N

4-H Youth Development



- CALVES MUST BE BORN BETWEEN 9/1/23-11/31/23
- CHILD AGE LIMIT: 5-8 (as of August 1, 2023, 2nd grade and under)
- ✓ Awards for all
- Exhibitor must sign up by: 10/1/2023
- Perfect introduction to a 4-H cattle project.

4-HSCloverbyds

FOR OFFICIAL RULES SCAN QR CODE

L 918-967-4330

 \searrow

- 105 SE 3rd, Suite A, Stigler, OK
- https://extension.okstate.edu/county/haskell/4-h.html

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"
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HASKELL COUNTY 4-H PHOTOGRAPHY CONTEST

March 1-April 30

- Most liked photo every week will be used in final judging
- All entries need to be emailed to koli.rossi@okstate.edu
- Brief Caption, Name, and 4-H Club must be included with every entry
- No Selfies
- Photos taken in Haskell County are preferred
- All Phots are subject to copyright release to Haskell County Extension

FINAL WINNING PHOTO WILL BE ANNOUCED: MAY 1ST FIRST AND SECOND PLACE PHOTOS WILL WIN: (AWARD TO BE ANNOUNCED)





More Information Contact: koli.rossi@okstate.edu - 918-967-4330

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Design the Haskell County 4-H T-Shirt! Winner Receives a Free Shirt!

Proceeds from the T-Shirt sales benefit the Haskell County 4-H program members. Contest runs May 1st- May 15th

Find Official Rules and Guidelines on our website ,https://extension.okstate.edu/county/haskell/4-h.html or call the Haskell County Extension Office 918-967-4330,

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In 4-H project work we encourage:

• Education of our members. • Setting and completing goals. • Developing communication skills. • Developing life skills. • Developing quality citizens and tomorrow's leaders.

4-H Record Books

What is a Record Book?

A record book is an accumulation of all 4-H project work done in one or more years. A 4-H member continues to add to a record book each year. 4-H Record Books are not scrapbooks. No other items such as results sheets, certificates, programs, etc. should be added to the book.

Why do a Record Book?

A record book is an excellent way to look back and see how much you have grown and learned through your 4-H experience. Record keeping is an important skill needed for most jobs. A record book can also be used to apply for other awards and recognition. Many of the 4-H scholarships require that the member has completed record books.

Which Form Do I Use?

4-H members 3-7th Grade (as of August 1 of the current year) should use the Haskell County Jr. Record Book Form. Members 8-12th Grade (as of August 1 of the current year) use the State Record Book Form.

Steps to Keeping Records

Use a copy of the record book form to record and organize the things you do throughout the year. What to Report

Report all 4-H activity completed this year (June 1-May 31). They are due to the Haskell County Extension Office on the last Friday of June (June 28) by 4:00.

Jr. Record Book Report Form Cover Page – The cover page provides basic information about the 4-H member and requires signatures.

Step 1. What Have I Learned In This Project? - At the end of the 4-H year write down those things you learned about a particular project. You will complete Step 1 for every project reported.

Step 2. Project Resources - Use your 4-H project manual, books, internet and human sources as a guide to complete your goals and learn about your project. Record the resource(s) on the report form under Step 2. You will complete Step 2 for every project reported.

Step 3. Summary Of Project Work - Apply what you learn by completing suggested project(s) and/or creating your own self determined project(s). By doing a project/activity a member reinforces or applies what they have learned through hands on experience. A member is "learning by doing." Record project work under Step 3 of the county report form. Complete step 3 for each project reported (There is no limit on the number of projects reported. One to 3 projects is a good number to choose.

Step 4. Leadership - Leadership is the act of showing, teaching, or leading one or more people. There are various levels of leadership:

- Helping an individual on a one on-one basis.
- Helping several individuals with a project in a group situation
- (presenting workshops, demonstrations, speeches and other oral presentations).
- Helping individuals learn about a project through a promotion (displays, distribution of literature, etc.).
- Serving as a committee chairman or officer.
- Planning, organizing, implementing and evaluating a program or activity.
- Serving as a leader for a project club or regular club.

Step 5. Citizenship/Community Service - Citizenship is the way you think, feel and act toward your family, other 4-H'ers, your school and church groups and other people in your community. A 4-H'er

shows good citizenship by working with people to carry out the duties and responsibilities of a good citizen. Citizenship activities can include helping an individual or a group or carry out a project. Citizenship can be activities which help foster greater understanding of the role of a community citizen; contribute to the welfare of your local 4-H club; individuals in your community; or the community as a whole.

Step 6. Top 10 4-H Awards or Honors – List your top 10 most meaningful 4-H awards, honors and recognition.

Step 7. Non 4-H Experience - List your most meaningful participation in school, church and community organizations other than 4-H. Include non 4-H leadership and/or honors received.

Step 8. Story - Your story is where you can expand on what your 4-H experiences have meant to you; how it has developed/affected your confidence, your attitude, etc. The story adds warmth and depth to the information reported in the record book form. The story should be a minimum of 2 pages. **Photo Pages** - Photos help the evaluator get to know the 4-H member better. They document work by showing growth. Photos should be high quality action shots (you actually doing your project work). Use specific captions to explain the pictures. A total of three pages of photos may be included for ALL project(s) reported. Only one side of the page may be used. Do not use photo collages. Limit the number of photos to 4-5 photos per page. Photo pages can be added at the end, after the record book story. **Awards and Recognition** All members completing and submitting a record book at the specified time will be invited to the Achievement Banquet.