HARPER COUNTY 4-H RECORD BOOK KIT

Project Records Run From July 1st _____ till June 30th _____

Here is your supply of forms to start your very own Harper County 4-H Record Book. These are only the basic forms you need for your book. As you begin keeping records of your 4-H work, you will find more details that you wish to record. Additional forms are available at the OSU Extension Center or your local 4-H Organizational Leader to help you expand your record book or you may use your own creativity to make your own forms.

Assembling Your 4-H Record Book (Secure all materials in 4-H Record Book Folder)

1. **Cover Page** – ("My 4-H Record Book") – you may decorate this page

2. Personal information/**Photo Page**

3. Blank divider page with **tab** for "**Table of Contents**"

4. **Table of Contents** – list all pages

5. Blank divider page with **tab for "4-H Story"**

6. **My 4-H Story** – Your 4-H Story shows growth in your 4-H work by telling in story form your most outstanding accomplishments, funny things that have happened as well as disasters. Avoid a year-by year-listing of what you did, but may include work all the way back to your first year. Don't save the best for last, put it near the beginning to catch the reader's interest. Try to show the human interest side of what 4-H has done for you, your family, your community and how it has influenced your future plans in 4-H and in life. Be specific—explain what you mean when something is "great" or "wonderful." Ask someone to read your story to check for mistakes and clarity. If something is not clear, rewrite it.

7. Blank divider page with **tab** for "**4-H Participation Section**"

8. **4-H Leadership**
   4-H Citizenship/Community Activities
   4-H Offices Held/Committees Served On
   4-H Exhibit Record
   4-H Speeches/Illustrated Presentations
   Other 4-H Events and Activities
   Non 4-H Experiences in School, Church and Community
   Awards and Recognitions
   Workshops/Programs Attended
   Tours/Field Trips Attended
   Newspaper Articles/Radio/TV Programs
   Judging Events/Workouts Attended

9. Blank divider page with **tab** for **each Project Section**

10. No limit on number of projects or pages you can have in a project section. Individual Project Pages are available at the Harper County OSU Extension Center or 4-H Organizational Leaders. Each project section can have the individual project page in which **"Project Objective"** is written, **"New Things Learned"** is written, and **"Work Done in Project"** is reported. An **"Expense/Income"** sheet may be completed. Project photographs may be included in the individual project section. Picture pages will be limited to three pages and three pictures per page.

My 4-H Record Book

_____

Name

_____

4-H Club

_____

Year in 4-H

Medals I **Have Already** Received:

Please mark all that apply

☐ Achievement	☐ Conservation of Nat'l Resources	☐ Food Preservation	☐ Poultry
☐ Agriculture		☐ Public Speaking	☐ Automotive
☐ Consumer Educ.	☐ Gardening/Horticulture	☐ Childcare	☐ Hobbies
☐ Beef	☐ Dairy	☐ Safety	☐ Sheep
☐ Dairy Foods	☐ Home Environment	☐ Community Service	☐ Horse
☐ Dog Care	☐ Shooting Sports	☐ Performing Arts	☐ Aquaculture
☐ Bicycle	☐ Electricity	☐ Personal Develop.	☐ Swine
☐ Bread	☐ Entomology	☐ Leadership	☐ Vet Science
☐ Citizenship	☐ Fashion Revue	☐ Petroleum Power	☐ Pets
☐ Clothing	☐ Photography & Video	☐ Wood Science	☐ Cats
☐ Commodity	☐ Food-Nutrition	☐ Outdoor Education/ Recreation	
☐ Energy Mgmnt	☐ Consumer/Family Science	☐ Biological Sciences	☐ Judging
☐ Aerospace	☐ Forestry	☐ Fitness Leadership	☐ Demonstration
☐ Goats	☐ Earth,Water,Air	☐ Career Exploration	☐ Visual Arts
☐ Healthy Lifestyles	☐ Computer Technology	☐ Industrial Arts	☐ Reporting
☐ Family Life	☐ Waste Mgmnt	☐ Environmental Steward.	☐ Rabbits
☐ Engines, Tractors/ Field Equipment	☐ Physical Science	☐ Wildlife/Fisheries	☐ Plant Science
	☐ Electric Energy	☐ Key Club	☐ 1st Year

Medals I **Would Like** to Receive:

list 2 or 3

Attach 1 photo that is 2 x 3

Name: _____

(First) *(Middle)* *(Last)*

_____

Age (As of Jan 1 current year) Year in School (On Nov 1 current year)

_____

Address (Street, Route or Box #):

_____

Town State Zip County

Table of Contents

MY 4-H STORY

(Use no more than the three pages provided in this form.)

Your story is an important part of your 4-H record. As you write your story, you may want to include these points:

- Write about the projects you have worked on this year.
- Write about the most important 4-H experience you have had this year.
- Write about the funny, distressing, or unusual experiences encountered in your 4-H work.
- Write about your plans for the future.

4-H Speeches/Illustrated Presentations

(For All Project Areas)

Year	Project	Title of Talk/ Illustrated Presentation	Group Given To/Place	Attendance	Award
Example: 2000-01	***Example:*** *Illustrated Presentation*	*"Wonderful World of Peanuts"*	*Harper Co. 4-H Illustrated Presentation Contest, Buffalo*	*27*	*2nd Ribbon*

4-H EXHIBIT RECORD

(Examples: Fairs, Food Show, Share-the-Fun, Fashion Review, Animal Shows, Etc.)

Year	Project	Kind/Name of Exhibit	Place Held	Placing	Award
Example:	***Example:***	*Example:*			
2000-01	*Recreation*	*"Saved By The Bell" – Group Act*	*Harper Co Share-The-Fun, Seiling*	*Blue Champion*	*Ribbon*
2000-01	*Foods*	*Chocolate Chip Cookies*	*Harper Co. Free Fair*	*3rd*	*Ribbon*

WORKSHOPS/PROGRAMS ATTENDED

(For All Project Areas)

Year	Project	Name of Workshop/Program	Place Held	Instructor/ Speaker
Example: 2000-01	***Example:*** *Foods*	*Breads Workshop*	*School Cafeteria*	*Jane Doe/Bob Roll*

Tours/Field Trips Attended

(For All Project Areas)

Year	Project	Name of Tour/Field Trip	Place Toured	Sponsor
Example: ***2000-01***	***Example:*** *Citizenship*	*Junior 4-H Citizenship Tour*	(Include Farms, Ranches, Businesses, Museums, Etc.) Braum's Dairy Farm *Expo Square, Oklahoma City* *Celebration Station*	*Cloverville 4-H Club*

Judging Events/Workouts Attended

(For All Project Areas)

Year	Project	Name of Event	Place Held	Placing	Award
Example: 2000-01	***Example:*** *Beef*	*County Meat Judging Contest*	*Woodward Co. Fairgrounds*	*4th Place Team*	*Ribbon*

NEWSPAPER ARTICLES/RADIO/TV PROGRAMS

(For All Project Areas)

Year	Project	Name of Paper/Radio/TV	Subject of Article/Program	Audience Number
Example: 2000-01	*Example: Citizenship*	*Harper Co Journal*	*October Club Report*	*1,200*

4-H LEADERSHIP/PROMOTIONAL LEADERSHIP

(For All Project Areas)

Year	Project	Explain leadership or assistance given. Be specific.	Level	# Reached
Example:	***Example:***	(Include leadership in local, county, district and state 4-H events and activities: workshops, short courses, displays and programs planned and conducted; tours and field trips planned and conducted; and any other leadership experiences you have done.)		
2000-01	*Wood Science*	*Organized and taught a wood crafts workshop at Tri-County 4-H Camp*	*County*	*25*
2000-01	*Dairy Foods*	*Presented a working display at Oakwood Mall Day in Enid Displayed and explained the importance of diary food nutrition*	*District*	*178*

4-H Offices/Held/Committees Served On

(For All 4-H Projects Involved In)

Year	4-H Club	Office Held/Committee Served On	Level	Responsibilities
Example:	***Example:***			
2000-01	*Local*	*Club Recreation Leader*	*Local*	*Led Songs and conducted games for the club.*
2000-01	*Electric*	*Telephone Committee*	*County*	*I was responsible for contacting a list of 10 members before club events.*

CITIZENSHIP/COMMUNITY ACTIVITY

(For All Project Areas)

Year	Project	Citizenship/Community Activity	Place Held	Ind./ Group	# Helped
Example	***Example:***	(Include citizenship experiences with senior citizens, handicapped, underprivileged, community and international service, plus any other.)			
2000-01	*Community Service*	*Christmas Caroling*	*Grace Living Center, Buffalo*	*Group*	*35*
2000-01	*Community Service*	*Collecting money for McDonald House*		*Individual*	*15*

OKLAHOMA 4-H

Shooting sportS

SHOOTING SPORTS
EDUCATIONAL EVENTS ATTENDED

Date	Name of Event	Participation	Place Held
June 2005	*Hunter Safety Course*	*2 hrs of Hunter Safety and received Certificate*	*Woodward, OK*

OKLAHOMA 4-H

Shooting sportS

SHOOTING SPORTS
CARE OF EQUIPMENT

Type of Equipment	Times Cleaned and How it was Cleaned	Value of Equipment
Compound Bow *Shotgun*	*Cleaned every 2 weeks*	*$200* *$95*

OKLAHOMA 4-H

Shooting sportS

SHOOTING SPORTS
PRACTICE LESSONS

Date	Time Spent	Place of Practice	Discipline Practiced
Jan 18, 2005	*2 hrs.*	*Harper County Shooting Sports Range*	*Archery Practice*

OKLAHOMA 4-H

Shooting sportS

SHOOTING SPORTS
COMPETITIVE EVENTS

Date	Place of Event	Type of Competition	Placing and Awards
Jan 2005	*Harper County Fairgrounds*	*Harper County Shooting Sports Inv*	*2nd place Compound Bow – Jr Div* *2nd place Team – Shotgun Jr Div*

OTHER EVENTS/ACTIVITIES ATTENDED

(For All Project Areas)

Year	Project	Name of Event/Activity	Place Held	Other Information
Example: 2000-01	*Example: Leadership*	*Tri-County 4-H Camp*	*Boiling Springs Camp Ground*	*32 4-Hers attended*

AWARDS AND RECOGNITIONS

(For All Project Areas)

Year	List awards and special recognitions you have received for your 4-H work.	Level
Example: *1990-91*	*(Trips, Medals, Trophies, Plaques, Ribbons, Scholarships and Other Recognitions not listed on Exhibit Record Page)* *Junior 4-H Citizenship Trip, Norman*	*County*

Non-4-H Experiences

Group/ Organization	School

Non-4-H Experiences

Group/ Organization	Community

Non-4-H Experiences

Group/ Organization	Church

OBJECTIVES OF MY _____ PROJECT

Project Objectives
(Copy word-for-word objectives for your 4-H project. These are available at the Harper County Extension Office or on the Oklahoma 4-H website)

New Things Learned In My ___________ Project

Year	**List the new things you learned in your 4-H project work.** **Be Specific**
Example: *1990-91*	*I learned to:* *Keep clean, fresh water in front of my lambs every single day so they will be healthy and gain more weight.* *Open a checking account at our local bank, how to write a check for entry fees and feed and how to balance a checkbook at the end of each month.*

WORK DONE IN PROJECT

(Articles Made, Animals Owned, Hours Worked, Etc. You make your own headings to fit your project.)

Year	Project	Work Done In Project

EXPENSES/INCOME

Project	Description of Expense or Income	$ Expense	$ Income

HARPER COUNTY 4-H PROJECT REPORT FORM

Eligibility:

1. Must be at least 9 years of age as of January 1 of this year to qualify for the medals or certificates.
2. Can receive only two county medals.
3. Can not receive the same medal twice

Materials Required:

1. Story: No more than three pages.
2. Pictures: (Optional) No more than 3 pictures per page and no more than 3 pages per project.

_____

Signature of 4-H Member

_____

Signature of Parent or Guardian