



General 4-H Information

Harmon County 4-H Clubs

Enrollment and Age Requirements

Enrollment in any Harmon County 4-H Club is open to all youth who have reached their ninth (9th) birthday or has begun the fall semester of the 4th grade, whichever comes first.

Boys and girls may remain in 4-H as members provided they have not graduated from high school. Or, if they have graduated, they may remain members if they have not reached their 19th birthday by January 1 of the 4-H Year. Youth who have graduated or completed graduation equivalency may not be eligible to



participate in some events—see rules for specific events.

This membership is not dependent upon race, color, national origin, gender, religion, age, disability, political belief, sexual orientation, marital status, family status or membership in any other organization.

Note: Depending on the event or activity, the definition of a senior 4-H member changes. Check the requirements for each event or activity to see the division in which you should participate. Call 580-688-3584 for more information.

General 4-H Information

- *Enrollment & Age Requirements*
- *Cloverbuds*
- *Harmon County 4-H Clubs*
- *Responsibilities of 4-H'ers & parents*
- *Recommended order of Business for 4-H Meetings*
- *Events/Activities to Earn Participation Points*
- *The 4-H Club Ritual*
- *Harmon County Constitution*



Head

4-H Cloverbuds is for boys and girls 5, 6, 7 and 8 years of age. The 4-H Cloverbud Program involves children in a fun informal group situation. The program will help boys and girls “learn by doing” as they develop new skills and interests.

The 4-H Cloverbud Program is a noncompetitive program. There is no individual judging. In general, children of this age find it especially hard to lose. The emphasis of Cloverbuds is to help each child grow and develop at his or her own pace.



Heart

The Cloverbud program, like all 4-H projects, is a comprehensive youth development program, which endeavors to assist youth in becoming self-directing, contributing, and productive members of an interdependent global community. The concerns and needs of youth and their families are addressed by educational programs resulting from a collaboration or resources from Oklahoma’s Land-Grant Universities and from the public and private agencies and organiza-

Cloverbuds



Hands

tions. The Oklahoma 4-H Program through the Cloverbud Program utilizes experiential learning opportunities to teach the latest research-based subject matter knowledge while facilitating the development of skills for successful living.

These skills are:

1. Understanding self
2. Communicating and relating to others
3. Acquiring, analyzing and using information
4. Problem solving & decision making



Health

5. Managing resources
6. Working with others

The group learning experiences can help each child develop skills that will enhance his or her membership in the traditional 4-H program at age nine. 4-H Cloverbuds will also help strengthen the family unit by allowing the family to:

- * Explore new subjects
- * Develop an attitude of helping
- * Become aware of on-going 4-H opportunities
- * Spend ‘quality time’ together



Clubs and Responsibilities

Teen Leader Club

This is a county wide club open to any 4-H member 7th grade and up.

Contact the Extension Office for more information if you are interested in joining a project club.

Parent's Council

All 4-H Parents and volunteers are encouraged to attend the parent's council meetings. The adults meet at the Extension Office to set county policy, to make decisions and to evaluate county activities

Project Clubs

Horse, Shooting Sports and Livestock are some of the areas that are or can be represented in county-wide clubs.

These clubs might meet monthly or as the need arises. They are focused on the aspects of their respective project.

Responsibilities of a 4-H'er

1. Attend meetings
2. Present at least one speech or illustrated presentation at your local 4-H meeting.
3. Work to complete at least one project area on your own.
4. Participate in local and county events



Recommended Order of Business for 4-H Club Meetings

1. Business Session

- Call to Order (President)
- 4-H Club Ritual (Vice Pres.)
- Roll Call (Secretary)
- Read and Approve the Minutes (Secretary)
- Treasurer's Report (Treasurer)
- Committee Reports
- Old Business
- New Business

2. Illustrated Presentation and Speech Session

- Illustrated Presentations
- Speeches

3. Recreational Session

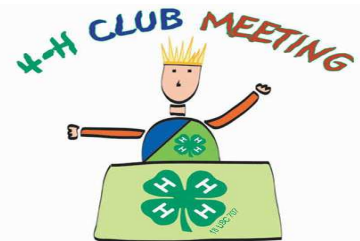
- Games
- Songs

4. Introduction of 4-H Leaders & Visitors

5. Monthly Program

- Educational Lesson

6. Adjournment



Events & Activities That Participation Points

Participation in these events/activities will earn points for Hollis Elementary and Middle School 4-H members to attend the 4-H trip at the end of the school year and for Senior High 4-H members (ages 14-19) to attend trips such as 4-H Roundup and Youth Action. Each event/activity listed earns one point. Six (6) points are required to participate in these events.

- County Fair
- Poster Contest
- Blue & Gold Fundraiser
- Talk, Demonstration or PowerPoint contest
- Share-the-Fun
- Favorite Food Show
- Livestock or Horse Shows (local/county)
- BBQ ticket sales
- Impressive Dress Contest
- Community Service Project
- Horse Club Participation (+1 parade)
- 4-H Judging (livestock, horse, land)
- Attend at least 2 4-H club meetings
- Shooting Sports (attend at least 2 trainings)



The 4-H Club Ritual

Nothing represents the purpose and character of 4-H Club work than the ritual. When correctly given, it is beautiful and impressive. Every member should commit it to memory. It should be recited by the entire membership at each club meeting. It is as follows:

Vice President: "Stand please."

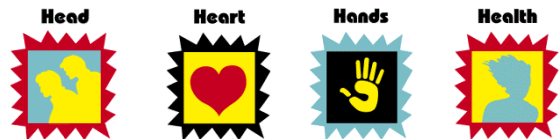
Club: **All members arise and stand erect.**

Vice President: "What is our **4-H club motto?**"

Club (in unison): **"To Make the Best Better."**

Vice President: "We will repeat the **4-H Club Pledge.**"

Club (in unison): **I Pledge**



My head to clearer thinking, (raise right hand to side of head)
My heart to greater loyalty, (lower right hand and place over heart)
My hands to larger service, and (extend hands, palms upward)
My health to better living, (stand at attention)
For my club, my community, my country and my world.

Vice President: "We will now give the **Pledge to the Flag.**"

Club (in unison): **"I pledge my allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all."**

Vice President: "We will now review the meaning of the club emblem. What is the National **4-H Club emblem?**"

Club (in unison): **"The National 4-H Club Emblem is the four leaf clover with the letter 'H' on each leaflet running parallel with the midrib of the leaflet."**

Vice President: "What do the four H's on the club emblem represent?"

Club (in unison): **"They represent the equal training of the head, heart, hands & health of every member."**

Vice President: "For what is the head trained?"

Club (in unison): **"To think, to plan, to reason."**

Vice President: "For what is the heart trained?"

Club (in unison): **"To be kind, to be true, to be sympathetic."**

Vice President: "For what are the hands trained?"

Club (in unison): **"To be useful, to be helpful, to be skillful."**

Vice President: "For what is the health trained?"

Club (in unison): **"To resist disease, to enjoy life, to make for efficiency."**

Vice President: "In the All-Star Emblem, what does the Fifth H represent?"

Club (in unison): **"The Home."**

Vice President: "In what way can we be a help in our home life?"

Club (in unison): **"By striving to train for a home life that represents true character, comfort and contentment."**

Vice President: "Be seated, please."



Harmon County 4-H Constitution

ARTICLE I - NAME

This organization shall be called Harmon County 4-H Club.

ARTICLE II - OBJECTIVE

The objective of Harmon County 4-H shall be: to help boys and girls develop into useful and responsible citizens and leaders by accepting the responsibility of 4-H project an activity work, and to promote other activities that will aid in the development of its members and encourage a cooperative spirit in the state.

ARTICLE III - MEMBERSHIP

Any boy or girl who lives in a Harmon County School District may enroll in 4-H at any time after he/she has reached age nine or has completed the third grade and participate until graduation. 4-H membership is open to all youth irrespective of race, sex, color or national origin. Harmon County 4-H Club shall have smaller clubs making up its membership. These shall be local and county clubs approved by the adult leaders. Members-at-large and members of special county clubs shall be members of the Harmon County 4-H Club.

ARTICLE IV - RULES

Rules of the National and Oklahoma 4-H Club shall serve as rules of the Harmon County 4-H Club unless specified in the Harmon County 4-H Club's Constitution or By-laws.

ARTICLE V - OFFICERS

County officers shall consist of President, Vice President, Secretary, Treasurer, Reporter, Song Leader and Game Leader and shall preside over county events and the teen leaders club.



Section I - DUTIES

- A. The President shall preside at all county functions. President shall also, with assistance of adult leaders, be in charge of all county events.
- B. The Vice President shall assist the President with all county activities. In the absence of the President, shall be in charge.
- C. The Secretary shall keep the minutes of all officers' meetings and shall keep official records of all county events.
- D. The Treasurer will be responsible for keeping records and reporting finances at county meetings.
- E. The Reporter shall be responsible for reporting all county 4-H news to public news sources.
- F. The Song Leader shall be in charge of leading singing at all county functions.
- G. The Game Leader will be in charge of leading games at all county functions.

ARTICLE VI - METHOD OF ELECTION

The officers shall be elected **at the first club meeting of the 4-H year**. Each club present shall have three voting delegates. Delegates will be present President, Vice President and Secretary of each local club. Substitution may be made for any officer who cannot be present to serve as a voting delegate. Officers cannot serve in the county office for 2 consecutive years.

(Constitution continued on page 5)



Harmon County 4-H Constitution

ARTICLE VI - METHOD OF ELECTION (CONTINUED)

Qualifications:

Candidates for county office must be 13 by January 1st of the current year with a Record Book to be completed by due date of current year. If not completed and turned in by due date, office will be forfeited. In such case, a special election will be called to fill the office. In addition, candidates must attend at least five Teen Leaders meetings within the current 4-H year of running for the office.

If an elected officer misses two unexcused meetings of the Teen Leaders Organization the county officers have the right to hold a special election to replace that officer.

Majority of delegates present are needed to elect the officers and vote on constitutional changes.

ARTICLE VII - AMENDMENTS

This constitution may be amended by a 3/5 vote of the voting delegates present.

Any proposed amendment will be presented to a meeting of the county 4-H officers or may be made at any countywide meeting. All 4-H clubs must be notified of proposed change in constitution at least 30 days before the amendment can be voted on.

ARTICLE VIII

Method of government of Harmon County 4-H Club shall be outlined in the Harmon County 4-H By-Laws.

ARTICLE IX

Adult leaders will as advisors to Harmon County 4-H Club.
