

STRENGTHENING OKLAHOMA FAMILIES



GARFIELD COUNTY EXTENSION

Whether they are raising scholarship money, beautifying their communities or sewing cloth face masks for healthcare workers across the state, members of Oklahoma State University Extension's group, [Oklahoma Home and Community Education](#), continue to make a difference every day.

Committed to making a difference, this group, established in 1935, will celebrate their service to Oklahoma May 2-8 during Oklahoma Home and Community Education Week. This year's theme is Celebrating Your Helping Hands. This group certainly knows how to put their hands to good work.

With nearly 3,500 members statewide, club members work together to strengthen individuals, families and communities through education, leadership and action. Through the group's relationship with [Oklahoma State University Extension](#), OHCE presents research-based information to its members.

The impact of OHCE is strong and felt far and wide. For example, when the COVID-19 pandemic began last year, there was a desperate shortage of face masks for workers in the medical field and other areas. OHCE members stepped up to the plate and put their sewing skills to good use. They made nearly 75,000 masks that were donated to hospitals, clinics and other places. McCurtain County OHCE made 9,007 masks, which was the most

Members gearing up to celebrate OHCE Week



from any one county.

Suzette Barta, community engagement coordinator for OSU's College of Education and Human Sciences - Extension, Engagement and Continuing Education, said operating a sewing machine wasn't the only way club members were making their mark on their communities.

"The pandemic certainly didn't slow them down. OHCE members also made great strides in technology usage," Barta said. "Clubs held three district meetings by Zoom and afternoon workshops were prerecorded and posted on YouTube. Groups even held silent auction fundraisers that were posted on hosting counties' Facebook pages."

Despite the challenges of the pandemic, OHCE members continue to make a difference around the state. Other highlights include:

Garfield County OHCE members made and donated a total of 5,590 masks and received the *(Continued on page 2)*

Garfield County OSU Extension

Address

316 E. Oxford
Enid, OK 73701

Phone

580-237-1228

Email

Joy Rhodes
joy.rhodes@okstate.edu

Website

<http://oces.okstate.edu/garfield/>

Social Media

Facebook: Garfield County OSU Extension Family & Consumer Sciences

In this issue:

Members gearing up to celebrate OHCE Week

L.E.A.D.

Patriotic Barn Quilt

OHCE News & Notes

Dates to Remember

award for the highest number of masks in the Western District North Division. Members assisted the Enid Mask Force Group who supplied local trucking companies with masks for truckers. 1,500 masks were made during this two week period. Garfield County OHCE sewed 175 masks for this group. No commercial masks were available and truckers needed these to make cross country deliveries. Two OHCE groups donated meals for teachers and staff at three local schools. Operation Christmas Child Shoeboxes donated 362 boxes. Garfield OHCE members donated \$3,450 cash to local food ministries and donated 30 books to schools and \$100 to purchase books. Twenty residents at local nursing homes received Valentines gift bags, cards were sent to 65 community residents, 51 Tooth Fairy pillows were made and donated with toothbrushes/paste. The Garfield County Sherriff's Department received 35 privacy covers made by OHCE members.

Garfield County OHCE members donated pies, cakes, cookies and meals to an area church community weekly "feed" valued at \$1,400. Documented work hours totaled 2,500, and four scholarships worth \$1,700 were awarded to area students.

For more information about OHCE, contact your [local OSU Extension office](#).



**GARFIELD COUNTY
EXTENSION**

L. E. A. D. Class

Live well Eat well be Active with Diabetes

Due to overwhelming response, the May LEAD class is filled. The next class will start Thursday, June 3rd through June 24th starting at 5:15 in the Garfield County OSU Extension Conference Room.

Please call 580-237-1228 to Register – Space is Limited. This program is open to anyone with type 2 diabetes and their families. A diabetic friendly meal will be served at each session with a \$30 class fee. This program includes four classes. Classes will include information on living well with diabetes, eating well with diabetes, and being physically active with diabetes. The fee covers all handouts and the meal for the 4 separate evenings.



Patriotic Barn Quilt



A Barn Quilt Workshop will be held Wednesday, June 9th at 10:00 am in our Conference Room. Cost is \$30 for a 2x2 primed board. Patterns for a Patriotic themed quilt will be available. Please register by June 2nd as space is limited. All materials are provided to complete your project.

OHCE News & Notes

Exercise for Life

The next class of Exercise for Life will begin Monday, May 10th-June 18th. Classes start at 8:30 am-9:30 am at the Garfield County Extension Conference Room. We will be focusing on Balance, Strength training, Cardio and increasing our Flexibility during classes held each Monday, Wednesday and Friday. Cost is \$20 for the six weeks of classes (no meeting May 28 or May 31). Call or stop by to enroll in this class.

June Leader Lesson

The month of June is left open (no scheduled lesson) so that groups may plan an activity, trip or family meeting of their choice. No leader lesson is scheduled for May. Enjoy your free month.

Cultural Enrichment OHCE Tour May 6

Cultural Enrichment chairs Jovita and Shirley have planned an OHCE trip to Pawhuska to visit The Pioneer Woman and Native American History during OHCE Week Thursday, May 6th. Please call the office at 580-237-1228 to let us know if you will be attending.

**Meet at Garfield County OSU Extension Office-
Leave Parking Lot at 8:30 a.m.**

Travel to Pawhuska-Arrive 10:15 a.m.

Shopping and Lunch 10:15-12:30 p.m.

Church Tour 1-2 p.m.

Museum 2-3 p.m.

Travel to Lodge and tour Lodge 3:30-5:00 p.m.

Leave for Home 5:00 p.m.

OHCE Board Meeting

The Garfield County OHCE Executive Board will meet Monday, June 7th, 9:30 am in the OSU Conference Room. Each Committee will have time to share their report. Plans will continue for the County Fair and other business as needed.



OHCE State Meeting

Plans are continuing to be made for the OHCE State Meeting. It will be held at the newly remodeled Clarion Convention Center on July 11th-13th. Plans will be shared as they are finalized, but save this date for our OHCE State Meeting. Sunday evening will be Make and Take Workshops with the Business meeting starting Monday morning.



OHCE Week Celebrations

The OHCE Week Proclamation will be signed at the County Commissioner Office May 3rd at 9:00 am. Members are invited to join this celebration. In addition, individual groups are planning various celebrations with their individual groups and also our County trip to Osage County. Be sure to join in your local group's activities.

This newsletter is published monthly by the Garfield County OSU Extension Center and is one way of communicating educational information. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement is implied.

Joy Rhodes
Extension Educator, FCS/4-H Youth Dev.



Garfield County Cooperative Extension Service
Oklahoma State University
316 E. Oxford
Enid, OK 73701

**GARFIELD COUNTY
EXTENSION**

Dates to Remember

OHCE Week—May 2nd– 8th, 2021

Cultural Enrichment OHCE Tour—May 6th

Exercise for Life — May 10th-June 18th

OHCE Board Meeting—June 7th

Patriotic Barn Quilt—June 9th



**GARFIELD COUNTY
EXTENSION**

