



## **GARFIELD COUNTY**



## 4-H CLOVER CONNECTION

http://oces.okstate.edu/garfield http://extension.okstate.edu/county/westdistrict/ www.oklahoma4h.okstate.edu/ www.facebook.com/4H.garfieldcounty 316 E. Oxford Enid, OK 73701 (580) 237-1228 Jessica Nickels ~ jessica.nickels@okstate.edu
Rick Nelson ~ rick.nelson@okstate.edu

December 2025/January 2026

## Oklahoma 4-H'ers Learn Gratitude Through Membership

As 2025 draws to a close, Oklahoma 4-H'ers and their families are gathering to reflect on the year, cherish the moments they shared and focus on one of the most important life skills – gratitude.

Gratitude is a mindset that encompasses more than saying "thank you." Gratitude enables club members to not only be grateful for what they have, but also inspires them to give back to their communities, said <u>Cathleen Taylor</u>, state leadership and civic engagement specialist with the state <u>4-H</u> office at Oklahoma State University.

"Gratitude fits right in with the philosophy of head, heart, hands and health," she said. "When they recite the 4-H pledge, they aren't just saying the words – they live the words through everything they do in 4-H. Gratitude is woven into the fabric that is 4-H. Showing gratitude and giving back is something we do well in Oklahoma."

By practicing gratitude, research shows youth build resilience, lower stress levels and develop positive coping skills. Gratitude also shows others that you're loyal and understanding. Club members express gratitude to their club and project leaders for sharing their time and helping them develop into productive and caring leaders themselves.

"Project work encourages youth to be involved in their communities," Taylor said. "As they work alongside other 4-H'ers, caring adult mentors and members of the community, they get a sense of belonging and appreciation for everyone's involvement. They also get a sense of pride in seeing how their efforts benefit the community."

Gratitude also shows up in small ways, such as writing a thank-you note to a scholarship donor or a contest judge, older 4-H'ers mentoring younger ones or stepping up to help at the last minute. There are many ways in which gratitude is expressed in 4-H.

The Oklahoma 4-H Youth Development program relies on caring adults to mentor and share their knowledge with club members. Taylor said club members are grateful to these leaders, along with county Extension educators, for the things they learn and the knowledge they gain.

"In turn, club members carry this forward by sharing what they've learned through their project work and community involvement," she said. "It's a win-win for everyone."

Gratitude is something people tend to think about more during the holiday season. But, Oklahoma 4-H'ers know the importance of showing gratitude every day of the year.

"The 4-H program will continue to nurture thankful and thoughtful young people as they share their time and talents within their communities and beyond," Taylor said. "As we are on the brink of a new year, look back at all there is to be grateful for and look forward to the things we will be grateful for in 2026."

Be sure to 'like' and follow Garfield County 4-H to keep up on reminders and the latest in 4-H.





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### DATES TO REMEMBER

State Record Book WS Holiday Goodies Horse Club Lego Club Junky to Funky	Dec Dec Dec Dec Dec	6 8 9
Sewing Club Cloverbuds Cooking Club Rick Nelson Retirement Party	Dec Dec Dec Dec	15 18
Horse Club PLO Expressive Arts Club Junky to Funky Sewing Club Lego Club Dist. Share the Fun Cloverbuds Cooking Club	Jan 1 Jan 1 Jan 1 Jan 2 Jan 2 Jan 2 Jan 2 Jan 2	12 13 14 15 20 24 28
Pickens Legacy Scholarship Due County Speech and Job Readiness	Feb Feb	1 5



No PLO meeting for December January 12 5:30

#### 2025-26 COUNTY OFFICERS

- President— Shelbi Prince
- V. President— Joe Sharp
- Secretary—Bailey Nickels
- Reporter—Sydnee Prince
- Recreation Leader— Bentley Wickersham
- Executives Jayton
   Zimmerman & Lindy Pitts

### **CLOVERBUDS**

December 15 @ 4:30 pm. *Must sign up by December 8*. January 28 @ 4:30 pm. *Must sign up by January 21*.



### **COOKING CLUB**

December 18 @ 4:30 pm. *Must sign up by December 11.* January 29 @ 4:30 pm. *Must sign up by January 22.* 

Remember we are cooking and practicing food safety. Please have your child come with their hair pulled back!



## **SEWING CLUB**

December 11 @ 4:00 pm. *Must sign up by December 3.* Kids will be finishing their project from November. January 15 @ 4:00 pm. *Must sign up by Jan. 8.* Also, you ALWAYS need your sewing kit.



## JUNKY TO FUNKY CRAFT CLUB



Dec 10 @ 4:30 pm.

Must sign up by Dec. 3

Come make a ginger bread decoration.

Youth will need to bring a bow for the project.

Jan. 13 @ 4:30 pm *Must sign up by Jan*. 6. We will be making a

We will be making a peanut butter bird feeder



## **HORSE CLUB**

Dec. 8 and Jan. 12 @ 4:00 pm at the Extension Center.

You don't have to own a horse to be in Horse Club.



## **ROBOTICS CLUB**

Robotics club is postponed until a leader is found.

If you are interested, contact the office.



## **LEGO CLUB**

Dec.9 @ 4:15 pm.

Must sign up by Dec. 3

Jan. 20 @ 4:15 pm. Must sign up by Jan. 13.



# EXPRESSIVE ARTS CLUB

No club meeting for December.

January 13 @ 4:30 pm Must sign up/pay by January 6.

**Cost is \$3.00** 

We will be making wooden coasters.

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## State Record Book Workshop December 4 @ 5:30

If you are currently in the 8th grade and up, you can complete a state record book.

Come learn how to complete and get any questions answered.

This is for BOTH parents and youth. Sign up by December 1st.



# HOLIDAY GOODIES December 6th 10am-2 pm

Come join us to make some great holiday goodies.

Cost is \$15 and you must sign-up by November 25th.

Lunch will be provided.

Space is limited and you must pay ahead of time to reserve your space.

If county officers wish to attend, they will need to sign-up and pay as well this year



#### **District Share the Fun**

Everyone may enter and you will send entry to the district office.

Entry form included on page 5.

Cost is \$15.



# RING THE BELLS SCHEDULE December 3

4:00 — 4:30 Garber & Waukomis

4:30 — 5:00 Covington Douglas & Enid

5:00 — 5:30 Pioneer

5:30 — 6:00 Kremlin, Hillsdale Christian & Drummond

6:00 — 6:30 Chisholm



If you can't come with your club, come when you can.

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# COUNTY SPEECH AND JOB READINESS CONTEST February 5th at 5:30 at Monroe Elementary

MUST register at <a href="https://bit.ly/garfieldspeech">https://bit.ly/garfieldspeech</a> by JANUARY 21st at 5:00 PM.

If you plan to do the Job Readiness contest, contact the office for the packet. Information and rules can be found in the green yearbook on pages 33-35.

NO LATE ENTRIES ACCEPTED





## **Attention Seniors and College Students**

Pickens Legacy Scholarships will be due February 1st.

You MUST ATTEND OSU to receive Pickens scholarships.

Level III and Level IV Scholarships will be due in April and many can be used at any accredited college or trade school.

More information at:

https://4h.okstate.edu/members/record-book-and-scholarship-information/record-book-and-scholarship-info.html



## **Rick Nelson Retirement Party**

Rick Nelson, Extension Ag Educator, is retiring after 45 years in Extension.

Please come help us celebrate on December 19th from 2-4:30.

Hopefully, you can come by after school and wish him well.

Garfield County OSU Extension Office
will be closed
December 24, 2025 through January 2, 2026
Wishing you a Merry Christmas and Happy New Year
Enjoy the holidays with family and friends

# DUE WITH \$15 ENTRY FEE ~ JANUARY 14, 2026 TO: West District 4-H Office, 205 W. Maple, Suite 510, Enid, OK 73701

### **ENTRY FORM**

## WEST DISTRICT 4-H Share the Fun CONTEST January 24, 2026

COUNTY:			CLUB:		
Prefe	erred time to perform Classification of Ac Mark One:	et:Individ		ant	Depending on number of entries, acts may be divided into morning and afternoon sessions.
			Group = 5 or mo	-	
II.	Name of Act:				
III.	Volunteer Contact:				
		Town			Zip
IV. (*F		Mark those neede ge or off stage e lighting ain treatment <b>bring all items n</b>	ed)CD PAbilityFloor eeded for props	layer / to play music fr or Handheld mid s, including tab	
V.	Brief description of	act (to be used to	o introduce your	act)	
VI.	Name of 4-H meml	ber(s) in act (mus	t be a 4-H memb	per for at least 30	) days prior to event)
			<u> </u>		

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#### Jessica Nickels Extension Educator 4-H & Youth Development

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"Persons with disabilities who require alternative means for communication or program information or reasonable accommodation need to contact (Jessica Nickels, Extension Educator, 4-H) at (580-237-1228 or jessica.nickels@okstate.edu) at least two weeks prior to the event."



