



My County 4-H Record Book for (year) _____

Name:	
Mailing Address	
City, State Zip	
4-H Club	

Parts of a County 4-H Record Book

Place the following items in a folder:

- This form
- One or more Project Report Sheets
- One page of pictures per project (with captions)
- Story (2 page maximum)

Projects Reported in this County 4-H Record Book:
1. _____
2. _____
3. _____
4. _____
5. _____

County Guidelines: *Insert your specific guidelines here regarding requirements for a medal, how many times a medal can be won, specifics for standard-based awards (gold, silver, bronze, etc) if they are based on record books, etc.*

1. Must be at least 9 years of age by January 1 of this year to qualify for medals or awards.
2. Can receive only two county medals each year.
3. Can not receive the same medal twice.
4. Can receive only one county project award each year.

Medals received in Previous Years:

Project medals you would like to receive this year.

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We have reviewed this form and believe the information in it to be correct

Member _____ Date _____

Parent _____ Date _____

4-H Leader _____ Date _____

What is a 4-H Project?

A project is a subject or topic that you learn about in 4-H. More important, a project is something you do or make, which results from knowledge and skills you learned in the project. You learn about your project from attending club meetings club meetings and educational workshops and working with adult leaders and other 4-H members. You can also learn from field trips and camps, by participating in shows and competitions, as well as through family and self study.

Why Complete a 4-H Record Book?

A record book not meant to be a chore. Instead, it is a way for you to learn. Here are some important reasons why 4-H expects you to complete a 4-H Record Book for your project.

Keeping a 4-H record book will help you:

- Learn how to organize yourself
- Learn how to use project objectives to set goals and plan your project work for the year
- Learn how to set reasonable goals for yourself
- Appreciate and explain what you've learned this year in your project work
- Gather information needed to apply for awards
- Meet requirements to participate in some county and state 4-H events

Why do we have objectives for project work?

Objectives are available for more than 25 projects with state scholarships available for members age 14 and over. While a different form is completed by members to compete for scholarships, the individual forms that accompany this form will help members work toward the project objectives from the beginning.

- ✓ Objectives provide standards or guides for project work – like a map, they give direction
- ✓ Members who work toward the stated project objectives have the opportunity for similar project experiences – regardless of their location
- ✓ Judging committees use objectives to evaluate progress a member has made in improving his/her skills in a particular area

Objectives for All Projects

- Apply all 4-H training and experience in choosing and preparing for a vocation
- Practice leadership skills and roles in 4-H and the community
- Take part in community affairs and demonstrate citizenship responsibility.
- Develop integrity, sportsmanship, decision-making capability and public speaking skills through experiential learning.

Participation in Events and Activities

Note: L=local club or community event; C=county event; D=district event; S=state events

Name of event activity or exhibit	L	C	D	S	Placing or award

Leadership and Citizenship in all Projects

Leadership

List leadership activities you have been involved in. Leadership is defined as one-on-one assistance, organizing an activity, teaching a workshop, holding an office, serving on a committee, etc.

Description of activity	L	C	D	S	# of Hours	Number Reached

Citizenship

List the citizenship/community service activities you have been involved in. Include activities that benefit an individual, a non-4-H group or the community. May include activities that exhibit the qualities of a good citizen.

Description of activity	L	C	D	S	# of hours	Number Helped

4-H Awards and Special Recognition

Type of Award or Recognition	L	C	D	S

Non-4-H Experiences

List your most meaningful non-4-H experiences including participation in school, church/faith or community organizations

Type of Activity, Award or Recognition	L	C	D	S

