

CANADIAN COUNTY 4-H RECORD BOOK KIT

Project Records Run From May 1st _____ until April 30th _____

Here is your supply of forms to start your very own CANADIAN County 4-H Record Book. These are only the basic forms you need for your book. As you begin keeping records of your 4-H work, you will find more details that you wish to record. Additional forms are available at the OSU Extension Center or your local 4-H Organizational Leader to help you expand your record book or you may use your own creativity to make your own forms.

Assembling Your 4-H Record Book (Secure all materials in 4-H Record Book Folder)

1. **Cover Page** – (“My 4-H Record Book”) – you may decorate this page
2. Personal information/**Photo Page**
3. Blank divider page with **tab** for “**Table of Contents**”
4. **Table of Contents** – list all pages
5. Blank divider page with **tab** for “**4-H Story**”
6. **My 4-H Story** – Your 4-H Story shows growth in your 4-H work by telling in story form the most outstanding accomplishments, funny things that have happened as well as disasters. Avoid a year-by-year-listing of what you did, but may include work all the way back to your first year. Don’t save the best for last, put it near the beginning to catch the reader’s interest. Try to show the human interest side of what 4-H has done for you, your family, your community and how it has influenced your future plans in 4-H and in life. Be specific—explain what you mean when something is “great” or “wonderful.” Ask someone to read your story to check for mistakes and clarity. If something is not clear, rewrite it.
7. Blank divider page with **tab** for “**4-H Participation Section**”
8. **4-H Leadership**
4-H Citizenship/Community Activities
4-H Offices Held/Committees Served On
4-H Exhibit Record
4-H Speeches/Illustrated Presentations
Other 4-H Events and Activities
Non 4-H Experiences in School, Church and Community
Awards and Recognitions
Workshops/Programs Attended
Tours/Field Trips Attended
Newspaper Articles/Radio/TV Programs
Judging Events/Workouts Attended
9. Blank divider page with **tab** for **each Project Section**
10. No limit on number of projects or pages you can have in a project section. Individual Project Pages are available at the CANADIAN County OSU Extension Center or 4-H Organizational Leaders. Each project section can have the individual project page in which “**Project Objective**” is written, “**New Things Learned**” is written, and “**Work Done in Project**” is reported. An “**Expense/Income**” sheet may be completed. Project photographs may be included in the individual project section. Picture pages will be limited to three pages and three pictures per page.

Attach 1 photo that is 2 x 3

Name:

(First)

(Middle)

(Last)

4-H Age Division

Year in School (On Sept 1 current year)

Address (Street, Route or Box #):

Town

State

Zip

County



Table of Contents



MY 4-H STORY

(Use no more than the three pages.)

Your story is an important part of your 4-H record. As you write your story, you may want to include these points:

- ❖ Write about the projects you have worked on this year.
- ❖ Write about the most important 4-H experience you have had this year.
- ❖ Write about the funny, distressing, or unusual experiences encountered in your 4-H work.
- ❖ Write about your plans for the future.
- ❖ To access the formatting panel to adjust font, weight, size, or other settings, select CTRL-E (Command-E on Mac).

OBJECTIVES OF MY _____ PROJECT

Project Objectives

(Copy word-for-word objectives for your 4-H project. These are available at the CANADIAN County Extension Office or on the Oklahoma 4-H website)

CANADIAN COUNTY 4-H PROJECT REPORT FORM

Eligibility:

1. Must be at least 9 years of age as of January 1 of this year to qualify for the medals or certificates.
2. Can receive only two county medals.
3. Can not receive the same medal twice

Materials Required:

1. Story: No more than three pages.
2. Pictures: No more than 3 pictures per page and no more than 3 pages per project.

Signature of 4-H Member

Signature of Parent or Guardian