



# Caddo County Record Book 2023-2024

Attach (1) Photo of  
yourself

<b>Name:</b>	
<b>Age:</b>	
<b>Grade:</b>	
<b>Address:</b>	
<b>City, State, Zip:</b>	
<b>4-H Club:</b>	

### Projects Reported in this County 4-H Record Book:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### Projects Medals I have already received:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Participation in Events and Activities**  
**Years \_\_\_\_\_**

Name of event activity or exhibit	L	C	D	S	Placing or award

L-Local                  C-County                  D-District                  S-State

# Leadership and Citizenship in all Projects

Year \_\_\_\_\_

## Leadership

List leadership activities you have been involved in. Leadership is defined as one-on-one assistance, organizing an activity, teaching a workshop, holding an office, serving on a committee, etc.

Description of activity	L	C	D	S	# of Hours	Number Reached

## Citizenship

List the citizenship/community service activities you have been involved in. Include activities that benefit an individual, a non-4-H group or the community. May include activities that exhibit the qualities of a good citizen.

Description of activity	L	C	D	S	# of hours	Number Helped

**4-H Awards and Special Recognition**

**Year** \_\_\_\_\_

Type of Award or Recognition	L	C	D	S

**Non-4-H Experiences**

List your most meaningful non-4-H experiences including participation in school, church/faith or community organizations

Type of Activity, Award or Recognition	L	C	D	S

# Objectives in My

# Project

Project Objectives
<i>(Copy word-for-word objectives for your 4-H project. These are available at the Caddo County Extension Center or from your local 4-H leader)</i>

# New Things Learned In My

# Project

Year	List the new things you learned in your 4-H project work. Be specific
<i>Example 98-99</i>	<i>I learned to: keep clean, fresh water in front of my lamb every single day so they will be healthy and gain more weight.</i>
<i>Example 98-99</i>	<i>I learned how to open a checking account at our local bank, how to write a check for entry fees and feed, and how to balance a check book at the end of the month.</i>



## **4-H Story**

**Your story is an important part of your 4-H record. The introductory paragraph could include such things as reasons for joining 4-H, things that make 4-H interesting to you and how you have helped other 4-H members. It should focus on the projects or activities in which your record is to be considered for medals or certificates. You may include reasons for selecting the project(s), new things learned and plans for the future. The story should be limited to two pages and be in your own handwriting.**