



Adair County 4-H

Team Name: _____

Club: _____

Team members (Include all team members on one form)

Age on January 1

- | | |
|----------|-------|
| 1. _____ | _____ |
| 2. _____ | _____ |
| 3. _____ | _____ |

Age Divisions as Follows:

Junior: 8-10 years old (***Child must be 8 years old AND in 3rd grade to compete**)

Intermediate: 11-13 years old

Senior: 14 and up

****Mixed Age group teams are permitted. However, the team will compete in the division of the oldest member. ** To compete as a senior at District Contest ALL team members must be 14 years old and up.**

Adult Contact for Team: _____

Contact person phone #: _____ Cell: _____

****Please be aware ingredients included in the common pantry or secret ingredients maybe allergenic for some individuals. If any team member has food allergies, please list members name and their allergy on reverse.**

A Medical Release form must be done online for each Food Showdown participant.

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