

## 

### **COVID-19 RESPONSE**

# CLEANING AND DISINFECTING YOUR HOME

#### Easy everyday steps.

#### CLEAN

- Wear gloves
- Clean frequently touched surfaces, including:
  - o Tables, countertops, desks, phones and keyboards
  - o Doorknobs, light switches and handles
  - o Toilets, faucets, sinks, etc.

#### DISINFECT

- Read and follow the product label
- Wear gloves
- Make sure there is good ventilation
- Do not mix chemicals
- Diluted household bleach may be used. Mix 4 teaspoons bleach per quart of water.

#### SOFT SURFACES

- Vacuum rugs and carpets
- Wash and dry laundry

#### **ELECTRONICS**

• Use alcohol-based wipes or sprays

#### **CLEAN HANDS OFTEN**

- After blowing one's nose, coughing or sneezing
- After using the restroom
- Before eating or preparing food
- After contact with animals or pets
- Before and after taking care of another person (e.g. a child or parent)
- Use hand sanitizer if soap and water are not available

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